

WEST WOLDS QUARTERLY

ESTABLISHED 1999



THE UNIVERSITY OF THE THIRD AGE

"Learn, Laugh and Live"



**THE NEWSLETTER OF THE WEST WOLDS U3A
IN MARKET RASEN AND SURROUNDING VILLAGES**

ISSUE 71

SEPTEMBER 2017



EDITORS' CHAT



Hi all, this month we are trialling a Crossword on the back page of the mag, give it a try and see if you can complete it, if there are any crossword compilers in the U3A let us know. We will be publishing the answers

to this puzzle on the WestWolds website a couple of weeks after the magazines are distributed. Please let us know if you would like us to carry this on in future issues.

We are also pleased to increase the size of the magazine up to 24 pages, showing that people are willing to offer articles and images that they think are interesting, although we have struggled to get responses from group leaders to our request that they 'shout out' about what they do – see pages 16/17.

Remember that the ethos of all U3As is to LEARN, LAUGH, LIVE!

We hope that this will be echoed in these pages and that you will bring something to them through your own contributions. So don't be shy, put pen to paper and send us your thoughts, and details of your work and deeds plus any unusual photos, to: magazine@westwoldsu3a.org.

Many thanks from Terry Francis – Production Editor, and Brian Ward – Copy Editor.

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WEBSITE STATISTICS Number of Web Accesses over the last two years

	Jan	Feb	Mar	Apr	May	Jun	
2015			478	776	894	1,207	
2016	878	1,127	960	1,275	1,266	789	
2017	2,153	1,321	1,392	1,253	909	1,063	
	Jul	Aug	Sep	Oct	Nov	Dec	Total
2015	1,592	1,729	2,055	993	1,175	528	11,427
2016	1,086	1,386	1,609	1,636	1,170	1,466	14,648
2017	1,417						

COPY DATE FOR THE DECEMBER ISSUE

Articles for the next edition should reach the editor no later than

20th November 2017

Send contributions it to magazine@westwoldsu3a.org



CHAIRMAN'S REPORT

In the coming month we are preparing for membership renewals and at the same time we are switching banks with the hope that renewals in 2018 can be made by Direct Debit. These things take time and nothing is as straightforward as it first seems.

We are redesigning the Membership Form so that it should be easier to complete and we are also asking for a little information about you and the skills that you could bring to the organisation.

With the selection of a new committee in November we already know that two members will be standing down so if you would like to help in the continued development of our U3A then please let me know.

Our Speaker programme for 2018 is now full thanks to the hard work of Sharon Rupp and I'm sure we all look forward to the new programme being published.

With an ever increasing membership we continue to look for people to start new groups. If you are interested in getting more involved then we will make sure there is support available to get you started.

As always if you have any ideas or suggestions please let me know.
Steve McCarthy

A Message from Mandy Murphy

If anyone knows of any member that is ill or in any difficulty and would welcome a get well card or some other contact, please let Mandy Murphy know and she will arrange it. Her contact details are 01673 565295 or email mandy.murphy1396@gmail.com.

Cover Picture: Lincoln Cathedral, see article by David Oliver

A Volunteer at Lincoln Cathedral

As many of you may remember, shortly after I joined West Wolds U3A I co-ordinated a Buildings and Architecture group; it was quite successful and the group visited many buildings and structures such as the Humber Bridge, Immingham Docks, Drax Power Station, the JCB factory and last, but certainly not least, Lincoln Cathedral. Little did I know at that time that I was destined to spend many more happy and fascinating hours showing visitors from all over the world around this, "our" glorious Cathedral, but there again I am biased!

In grandeur of situation, Lincoln has no rival among English cathedrals. It rises on its "sovereign hill," a conspicuous landmark from every part of the surrounding country; its towers are in full view as the traveller winds upward toward the Cathedral Close.

A. F. Kendrick BA

Initially I started as a volunteer in the Cathedral's Medieval and Wren Libraries some five years ago. It was a relatively easy introduction to the ways and workings of the Cathedral. Volunteers are asked to attend two or three sessions per month, but only in the months between April and October, the other six months the libraries are closed as the books and

manuscripts prefer it when it is cold and it can certainly get cold in the there as I well know! A session lasts for two hours and you are assisted by another volunteer, each of you taking a turn in both the Medieval and Wren library.

Whilst I was "on duty" with a colleague in the library, I was asked whether I would be interested in joining the team which look after the Cathedral Information desk which is manned most of the mornings and afternoons when the Cathedral is open to visitors, but not during services. I agreed, and commenced reading and learning an initially daunting list of facts and figures about the Cathedral, its history, bishops and architecture. I was hooked and somewhat spellbound by what I was reading and learning. Did you know that:

"Lincoln Cathedral is not only a masterpiece of Early English Gothic architecture, but for over 250 years until 1549, it was the tallest building in the World".

That was just one of the myriad of facts that I found out during my training for the information desk. Being alone on the desk can sometimes be a little daunting, as you have to be able to field occasional difficult questions

regarding anything to do with the building, its history, its Bishops and Clergy, and people frequently do ask some taxing questions. However, I have to admit that the majority of people come up to the desk and ask “where is the Imp?”, “where are the lavatories?” or “where is the cafe?”

I initially contacted the Cathedral about volunteering when I retired some six years ago and I expressed an interest in being a guide. However, at that time, whether they had a sufficient number of guides or whether they wanted to see the “cut of my jib” they suggested I might like to help in the libraries, which I did. Out of the blue last summer (2016) I was contacted by the chief guide and asked if I was still interested in becoming a guide and would I like to attend an interview, (it’s harder to get into the Cathedral than to join MI5). I was accepted as a potential guide and a group of ten fellow trainees, two ladies and eight men, met up last September to start our training course. Sessions were held every Tuesday morning for two hours, initially about the history of the Cathedral to give us a base from where the story started. This was then followed by detailed information about the West Front, the Nave, the Transept, St Hughe’s Choir and the Angel Choir. Interspaced with the details of each of these areas we were told of the Bishops and historical figures associated with Lincoln and particularly its Cathedral.



St Hughe’s Choir with the “Father” Willis Organ - looking west

The training process was very intense and the revision work was something of a baptism of fire, as I had not studied so intently since my promotion courses whilst serving in the Royal Navy. Half way through our course, shortly after a Christmas and New Year break, we were each required to give a fifteen minute presentation to the group and our guide mentors on any subject of our choice connected with the Cathedral. I gave a presentation on Michael Honywood who as Dean of Lincoln was instrumental in restoring the Cathedral, its chapter and famous choral services after the English Civil War. It was he who paid for Sir Christopher Wren to design and build a library at the Cathedral for

Michael's collection of over 5,000 books.

By March 2017 we had come to the end of our training. But all was not finished, as further walks through the cathedral with our fellow trainee guides and mentors needed to be undertaken in order for us to hone our skills at explaining the story of the building. The final hurdle was to individually take the head guide and one of her colleagues round the "patch". The tour was to take no longer than one hour ten minutes and we would be expected to answer all of her questions. It was daunting! Some of my trial tours in hindsight were pretty awful, but I slowly tightened up my story and got my facts and dates together. In early April I succeeded in passing the guides' test and after being told that I had passed, I informed my examiners (inquisitors) that "I would rather face an Exocet Missile in the Falklands than do the test again", which raised a laugh.

Guides are expected to undertake a minimum of two tours per month, but in most cases we carry out one tour per week, especially in the summer months.

During the busy periods there are five tours of the Cathedral each day and are known as floor tours. In addition to the floor tours there are booked tours when known groups of visitors and organisations

including many U3A's visit and a volunteer guide will escort them round. Tours of the Central Tower are undertaken by specialist guides three times every Saturday between March and November and tours of the roof are available at 13:30 Monday to Friday and at 11:00 and 13:30 on Saturdays. There are no tours on Sundays.



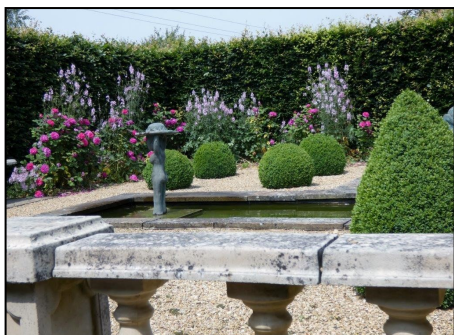
The Vault of the Cathedral Nave. Showing the joint between the Early English Gothic and Norman architectural styles.

I will not give too much information or facts away, as I have been asked by our Local History group to give a presentation to them later this year. I hope and look forward to seeing you there.

David Oliver

Barnsdale Garden Trip

I had been looking forward to it ever since I had booked my place and it did not disappoint. As usual it was very well organised by Brian and Mary, the hiccup with the coach providing a little excitement and more anticipation!



What was to come was a delight, the gardens were beautiful and full of interest both flora and fauna and the sun shone brightly for most of the time. While taking a break sitting in the sun on one of the many seats, we were entertained by a dunnock feeding her young on a nest close by.



There were plants aplenty to buy, lots of ideas and information to think about and ice creams at the end to round off an excellent day.



Thank you both so much and hopefully, I shall be making a return visit in early September with my family to see the garden in a different guise, but I wonder if it will be as entertaining!!

Shelagh Bridges

THE CHOCOLATE DROP – Tuesday 20th June



After the mini-heatwave in the days leading up to our visit, we were happy that our day for making Truffles was cooler. After a warm welcome from Andy & Roseanne we changed into our attractive protective wear and trooped into the chocolate-making room. After an interesting demonstration on mould and truffle-making, we got to work to fashion our own creations from Strawberry, Tia Maria, Baileys and Mint flavoured ganache, which had been pre-made and cooled overnight by Pauline.

Despite the demonstration making it look so easy, we soon realised there was more skill to this than at first thought and after re-decorating the room and ourselves in cocoa powder and melted chocolate, we ended up with 6 delicious tasting but slightly odd looking chocolates apiece.

Whilst they cooled prior to being boxed up, we enjoyed a delicious hot chocolate and a fascinating talk of how cocoa beans are grown and processed, all the while being fed samples of a variety of flavoured chocolate finishing with a professionally made truffle of our choice. All in all this experience was very good value for the money.

Did you know that cocoa started out as a medicine and has been proved in several recent trials to fight dementia, diabetes, high blood pressure and dissolves cholesterol? Just a mug of good quality cocoa or approx. 60g of high quality 72%-80% chocolate a day can bring these health benefits. Needless to say, we will start on this healthy regime immediately!

Sharon Rupp



EXCITING ONE OFFS FOR ALL TO ENJOY!!

Here's your chance to enjoy something different, and not have to get involved with a regular group date. Sign-up sheets for these (and future) ideas will be available at each Monthly Meeting, from July. The events themselves will be arranged for later this year.

Cote Hill Farm cheese makers, Osgodby: September 5th

The Davenport family has been farming at Cote Hill for over 40 years, and their own herd provides the milk for their well known four varieties of cheese. These are Gold Medal winning cheeses, so are well worth tasting! The price of £5.00 pp gives you a two hour tour of the dairy and cheese making room, followed by a tasting session. Yum, yum!

Somerby Vineyards, North Lincs:

Postponed until 2018 – Watch this space!

Antiques Roadshow:

We all enjoyed the presentation by David Palmer at an earlier Monthly Meeting, and he is willing to come back to see us, accompanied by some colleagues. This team will give you a valuation on your prized possessions, and talk to you personally about what you have brought along. This is a real exclusive for us, so please show your support! Each item you bring, up to a maximum of three per person, will be valued for a fee of only £2.00 per item. Amazing value, so get digging in Auntie's drawers and see what you can bring to light!

(All arranged by Sharon Rupp)

Notice Board

General Meetings 2017

Held at Festival Hall, Market Rasen

October 12th: *"The Real Queen Mother"* by Jean Townsend

November 9th: AGM followed by members' entertainment

December 14th: *"Christmas Customs"* with folk musicians Tom Lane, Nigel Creasey and Terri Clarke adding authentic local voice to the songs

Local History Programme 2017

Meetings held at the Church Rooms, Middle Rasen

Tuesday 12th September: *"Food through the ages"* – Ruth Andrews from Gainsborough Old Hall.

Tuesday 10th October: Stuart Sizer – title tba

Tuesday 14th November: *"Vernacular Architecture"* – Ken Hollamby

Tuesday 12th December: *"A Guide at Lincoln Cathedral"* – David Oliver

THE WEST WOLDS QUARTERLY DIARY INSERT

Remove this insert from your magazine, fold along the lines indicated

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2017

Chairman

Steve McCarthy Tel: 01673 308364
steve@pigyard.com

Deputy Chairman

Ken Howitt Tel: 01652 678490
kenhowitt@btinternet.com

Business Secretary

David Oliver Tel: 01673 880188
david.g.oliver@btinternet.com

Treasurer

Eunice Hughes Tel: 01673 849906
1949@eunicehughes.plus.com

Assisting Treasurer

Shelley Franklin Tel: 01652 678283
shelley_franklin@yahoo.co.uk
Mary Howes Tel: 01673 849554
mary-howes1@hotmail.co.uk

Membership Secretary

Lyn Henry Tel: 01673 843851
lynhenry@btinternet.com

Groups Co-ordinator

Ken Howitt Tel: 01652 678490
kenhowitt@btinternet.com

Archivist

Paul Davison Tel: 07746 626482
davison216@btinternet.com

Neighbourhood Representative

David Oliver Tel: 01673 880188
david.g.oliver@btinternet.com

Charity Commission Liaison

David Oliver Tel: 01673 880188
david.g.oliver@btinternet.com

Press Liaison

Brian Ward Tel: 01472 852273
briandgill@btinternet.com

Visits Organiser

Brian Ward Tel: 01472 852273
briandgill@btinternet.com

Webmaster

Steve McCarthy Tel: 01673 308364
steve@pigyard.com

Magazine Editor

Terry Francis Tel: 01673 842088

Copy Editor

Brian Ward Tel 01472 852273
magazine@westwoldu3a.org

Speaker Finder

Sharon Rupp Tel: 01673 849393
sharonrupp@hotmail.com

Catering Co-ordinator

Margaret Foster Tel: 01427 668050
gordonmfoster@btinternet.com

Make sure you visit our website at
www.westwoldsu3a.org

INTEREST GROUPS

WEEK	Monday	Tuesday
1st	10:00 German 14:00 Bridge 14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	14:00 Film 14:30 Spanish
2nd	09:30 Paper Engineering 10:00 German 13.30 Cardcraft 14:00 Bridge	10:00 Local History 10:00 IT Workshops 14:30 Spanish
3rd	10:00 German 14:00 Bridge 14:00 Digital Photography	10:00 Country Walks 10:30 Strollers 14:30 Spanish 19:00 Film
4th	09:30 Paper Engineering 10:00 German 14:00 Bridge 14:30 Art Appreciation	10:00 IT Workshops 10:00 Music Appreciation * (*<u>Last Tuesday of month</u>) 10:30 3 Mile Walkers 14:30 Spanish

MONTHLY TIMETABLE

Wednesday	Thursday	Friday
10:00 Country Walks 10:30 Strollers	10:00 French 10:00 Patchwork * 10:00 Keep Fit 14:00 Drama	10:00 Beginners Family History 10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:30 Cycling 14:00 Scrabble
10:00 Embroidery 10:00 4 Mile Walkers 12:00 Luncheon Group 14:00 Canasta 14:00 Poetry 19:00 Mr Ukulele Group	09.45 GENERAL MEETING Festival Hall Market Rasen  14:00 Drama	10:00 Family History 10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:30 Cycling
10:00 Telling our Stories 14:00 Readers Group 1 14:00 Gardening Group	10:00 French 10:00 Keep Fit 10:00 Patchwork * 10:30 Cycling 14:00 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:30 Cycling 14:00 Scrabble* (* And 5th Friday of the month, if there is one)
10:00 Embroidery * (*Last Wednesday of month) 14:00 Readers Group 2 14:00 Knitting and Crochet (Oct – April) 19:00 Mr Ukulele Group	10:00 Cross Stitch 10:00 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Drama	 10:00 COFFEE MORNING Jossals, Market Rasen 10:00 Latin 10:00 Line Dancing* 10:00 Biblical Hebrew 10:30 Cycling* (* And 5th Friday of the month, if there is one) 14:00 Mah Jong 

INTEREST GROUP CO-ORDINATORS

ART APPRECIATION

Linda Coveley 01673 857153

BIBLICAL HEBREW

Alison Atkinson 01673 849979

BRIDGE

Bryan Storey 01673 849625

CANASTA

Jan Watkins 01673 308791

CAR ENTHUSIAST GROUP

Steve McCarthy 01673 308364

CARD CRAFT

Cynthia Burke 01673 849506

CROSS STITCH

Cynthia Burke 01673 849506

CYCLING

Gordon Jennings 01673 844222

DIGITAL PHOTOGRAPHY

Allen and Alice Forster 01652 678034

DISCOVERY GROUP

Mary Howes 01673 849554

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Steve Field 01673 857519

FAMILY HISTORY - BEGINNERS

Jacqueline Reid 01673 849490

FILM GROUP

John Bartlett 01673 857480

FRENCH

Pat Spolton 01673 828568

GARDENING

Mary Howes 01673 849554

GERMAN

Jo Howard 01673 862015

IT WORKSHOPS

Steve McCarthy 01673 308364

KEEP FIT

Dawn Stopper 01472 851133

KNITTING AND CROCHET

Sue Jacobs 01673 828898

LATIN

Gwen Parsons 07749 044413

LINE DANCING

Margaret White 01673 849274

LOCAL HISTORY

Jean Childs 01472 859347

LUNCHEON GROUP

Pam John 01673 844260

MAH JONG

Jacqueline Reid 01673 849490

MUSIC APPRECIATION

Ron Jones 01673 843438

PAPER ENGINEERING

Lyn Henry 01673 843851

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP 1

Audrey Storey 01673 849625

READERS GROUP 2

Lyn Henry 01673 843851

RECORDER GROUP

Geoff Goddard 01673 842287

SCRABBLE

Audrey Storey 01673 849625

SPANISH

Alison Atkinson 01673 849979

TELLING OUR STORIES

David Atkinson 01673 849979

TURKISH DELIGHT DESERT

DANCERS

Gillian Anderton 01673 844382

THE 4-MILERS

Mary Ellis 01673 842584

THE 9-MILE HIKERS

Allen and Alice Forster 01652 678034

THE COUNTRY WALKERS

Ken Howitt 01652 678490

THE STROLLERS

Cynthia Burke 01673 849506

UKULELE

Heather Barratt 01673 849393

UPHOLSTERY AND FURNITURE

RESTORATION

Gail Dennis 01673 843575

VISITS

Brian Ward 01472 852273

THE GROUPS CO-ORDINATOR IS: KEN HOWITT

01652 678490 kenhowitt@btinternet.com

LIFTS: If you do not have transport it is usually possible to arrange lifts to the various venues. A contribution to the cost of fuel is also welcome.

GROUPS NEWS

Important Notice for Local History Group

After many years of excellent service, Jean has announced that she will be retiring from running the Local History Group at the end of this year so we are looking for someone to step up and take on the organisation of the programme of meetings and coach trips for next year. If you are interested in this exciting opportunity, please contact Jean, she will be extremely pleased to help you with all the details and contacts she has.



West Wolds U3A Gardening Group

Forthcoming Programme

Wednesday September 20th 2pm: **Visit to E.H.Thorne**, (Beehives) Ltd. Rand, nr Wragby. Tour and talk. Everything you need to know about bees and bee-keeping. Lunch and /or cream teas available.

Wednesday October 18th 2pm: **'The B.B.C. Great Allotment Challenge'**. A talk about her experiences by the 2015 Finalist Sandra Bright.

Wednesday November 15th 2pm: **'Crew Yard to Courtyard'**. The transformation of a crew (cattle) yard into a Mediterranean style courtyard. Talk by John and Gail Summerfield from Westshores Nurseries.

Wednesday December 20th 2pm: **Christmas Party**. Fun and games, prize quizzes, raffle, and lots of food!

Visitors and new members welcome. Enquiries/details. Mary Howes 01673 849554



*"I do not like broccoli. And I haven't liked it since I was a little kid and my mother made me eat it.
And I'm President of the United States and I'm not going to eat any more broccoli."*

George Bush, U.S. President, 1990

A SHOUT OUT FROM THE GROUPS

We have again invited a selection of group coordinators to provide a piece of about 75 words describing where and when you meet, how the group operates, what you get up to at your gatherings, your aims and objectives, if you are planning to expand or even to add a second group to cope with growing demand, all the sort of things that will interest members.

We are doing this in sections over the year, this issue we are looking at the second ten groups in alphabetical order to submit an item for publication, starting with letters L-R.

Next Issue: S-Z inclusive, please get your information about your group in early to get it into the next issue.

[The French Group](#) (Missed off last issue)

Co-ordinator: Pat Spolton 01673 828568
This group was set up by Graham Wallace when the West Wolds U3A was formed in 1999. It was made up of people who had some knowledge of French and who wanted to improve or refresh this. When I gave up work in 2002 I was asked to take over the group as I had been a teacher of modern languages and had spent ten years in Adult Education. Since that time the group has progressed to a very competent level of fluency and has acquired a wider knowledge of the structure of the language. We do a lot of general conversation on personal activities and keep up to date on current affairs in France via the publication 'La Vie Outre-Manche'. The aim of the group is to increase confidence in communication with native French

speakers and to understand aural and written French as encountered by visitors to French-speaking countries. This is not a self-help group and is dependent on the input of a specialist linguist. New members are welcome to attend in order to find out if the level and content are suitable for their needs and can contact me by telephone on the number in the list of group co-ordinators. It is interesting to note that some of the original group members still attend!

[Knitting and crochet group](#) (Missed off last issue)

Co-ordinator: Sue Jacobs 01673 828898
We are a small chatty group sometimes focusing on our own projects and sometimes making things for charity. As well as the tiny clothes for the premature babies, charities are asking for almost everything else that can be knitted or crocheted. Sometimes we knit squares and have so far made a single blanket and three lap rugs that we have given to The Poplars care home. We always have the best chocolate biscuits with our tea!

[Latin Group](#)

Co-ordinator: Gwen Parsons 07749 044413
The Latin group formed over 6 years ago. It is a small group and meets most Friday mornings between 10am and 2pm in a house in Welton. The leader, Gwen Parsons, is a retired teacher of Latin. The Cambridge Latin Course and the Oxford Latin Course are used. Although the Latin language is the main focus, a lot of time is spent studying Roman civilisation.

Anyone who wishes to join the group should have O level Latin and be willing to do homework. If you are interested in joining the group, contact Gwen.

Line Dancing

Co-ordinator: Margaret White 01673 849274

Quite a few years ago, I had done a lot of line dancing, something I enjoyed very much, so when I re-joined the U.3.A, and heard about the class I decided to give it another try. I went along to the group with a mixture of trepidation and anticipation of joining in with something that I thought that I could easily pick up where I had left off. I was received with such a warm welcome from the other "dancers" and Margaret, our teacher. Everyone introduced themselves and we all got into position as Margaret proceeded to talk us through the moves of the first dance. I soon found that in the interim years, I had poorer retention of the patterns of the dances and slightly less flexible hips and knees, (by the way, line dancing strengthens hips, knees and ankles.) None of us are perfect and we all have times where the rest of the room are facing in the opposite direction from yourself but no one is judgemental and there are quite a few giggles and at times, it could be that you are right and the rest wrong.

If you are thinking of joining us, then don't think too long. Come along and have a go. You may find as I did, lots of fun and exercise, not to mention, the coffee and banter at the Advocate afterwards.

We meet at the Methodist School Room at 10.00am every Friday for about 1½hrs. We look forward to meeting you!
Sheila Robinson

Local History *

Co-ordinator: Jean Childs 01472 859347

This very popular group meets at the Church Hall, Middle Rasen at 10:00 on the 2nd Tuesday of each month. It offers an opportunity, through listening to various speakers, to further your knowledge of local history and, during the summer months, members go on field trips to places of interest.

Luncheon Group *

Co-ordinator: Pam John 01673 844260

Each member of the group is invited to take a turn to choose the luncheon venue – pub or restaurant. They meet at 12:00 on the 1st Wednesday of each month.

Mah Jong *

Co-ordinator: Jacqueline Reid 01673 849490

Mah Jong is a Chinese game, similar to Rummy, but played with tiles instead of cards. Some think it is complicated, but this is not the case. The group meets in Market Rasen at 14:00 on the 4th Friday of every month.

Music Appreciation *

Co-ordinator: Ron Jones 01673 843438

An informal group that comes together at 10:00 on the 4th Tuesday of every month in Market Rasen. On alternate months a member will present a 2 hour programme of their choice. Otherwise, each person brings their own musical selection- to last about 10 minutes

Paper Engineering *

Co-ordinator: Lyn Henry 01673 843851

Learn about the world of simple engineering in a fun way. Make intriguing and decorative paper models incorporating gears, cams, cranks etc.

Patchwork *

Co-ordinator: Lyn Henry 01673 843851

From beginner to advanced. Work at your own pace on projects of your own choice.

Poetry *

Co-ordinator: Eva Smith 01673 842218

Members take along poems of their own choice which are read and then discussed by all those taking part. The group meets at various venues at 14:00 on the 2nd Wednesday of each month.

Readers Group 1 *

Co-ordinator: Audrey Storey 01673 849625

Meet at 14:00 on the 3rd Wednesday of each month in Market Rasen.

Readers Group 2 *

Co-ordinator: Kathryn Wade 01673 849487

Recorder Group *

Co-ordinator: Geoff Goddard 01673 842287

Contact Geoff for details.

* Information taken from the Groups Guide available to new members, in the absence of a response from the group leaders themselves.

Latin has its Uses!

On 2nd July the Latin Group abandoned its usual format when Pat Spolton invited the members to her garden for a practical session on Latin plant names.

The group was told a bit about the history of naming plants and how Latin was used in the seventeenth century as the means of communication for the scientists of different countries.

She pointed out that it was still useful today, as there are many regional as well as foreign names for plants. As an

enthusiastic gardener she had experienced difficulties with the local names of plants in France and Germany, but if the Latin name was known there was no problem with understanding.

The group was able to guess a lot of the Latin descriptive names and by the end of the session having viewed the plants in the garden could see why such names were used. The morning ended with lunch at Pat's house.

15K Sky Dive Challenge

On 11th August one of our intrepid Committee members Sharon Rupp took up the 15,000 feet tandem parachute jump challenge in aid of the Lincs/Notts Air Ambulance at Sky Dive Hibaldstow.

Here she is with her Certificate of Courage so anyone who sponsored her can see she did it. Sharon says she would quite happily do it again.



'Looking up a recipe on-line for
Spotted Dick didn't bring up quite
what I expected?!



Drawn by Gillian Anderton

Pictures from Cardiff visit
supplied by
Marion Blackstock



Wallace and Gromit at The Royal Mint

Wallace and Gromit
at the Royal Mint

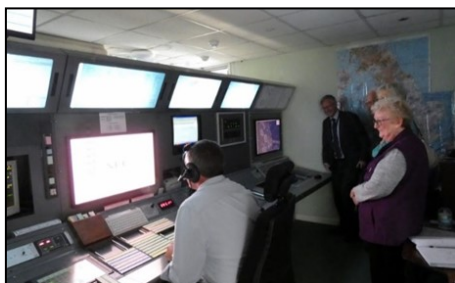


Jacqueline ready to leave The Royal Mint on her pennyfarthing

Jacqueline ready to leave The
Royal Mint on her pennyfarthing

Humberside Airport Trip

On Monday 3rd July a merry band of 16 U3A members joined a minibus on the way to a backroom visit at Humberside Airport. When we arrived we were met by David Austen who with one of his colleagues split us into groups of four to lead us behind a locked door and up into the Air Traffic Control Radar room to show us how they control the airspace around Humberside.



We then climbed up even further into the Control Tower to see the 360 degree views they have of the two landing strips and arriving/departing planes and to meet the controllers.



Getting back on the bus we travelled around to the Airport Fire Station where we were driven along and across the main runway to where the firefighters

were training how to put out aircraft engine fires on a dummy fuselage using water and foam. (We wouldn't have been allowed to do this at Heathrow.)



The three Barracuda fire tenders they use are worth about £300,000 each, and the huge tyres cost £3000 each and last only about 100 miles.



By then it was lunchtime and we returned to the Airport Café for a very tasty lunch and a chance to look around the concourse travel agents to see all the destinations that you can get to from Humberside, and pick up brochures to plan our next holidays. As there are only a limited number of arrivals/departures on a Monday, the check in desks were

completely empty at this time although there were a couple of flights to Aberdeen and Amsterdam on the departures board for the later afternoon. There are helicopter services to the North Sea rigs from here, and we saw an arrival whilst in the Tower.



After lunch it was back on the bus to be taken around to the Coastguard Search and Rescue Station where we were shown the control room and taken out into the hangar to be given tours around and inside the Sikorsky S92 Helicopter they use for rescues over land and sea, each of the helicopters is worth about £50million. That morning, they had

rescued a woman passenger from a cruise ship off the Norfolk coast! It was a very interesting day and gave an insight to the workings of the airport and how lucky we are to have an International airport right on our doorstep. Well done to Brian for organising this trip.

Terry Francis

DAY VISITS & LONGER TRIPS ...

Our Programme for the rest of the year ahead is as follows:

21st September: Sheffield Assay Office, Winter Garden, Cutlers' Hall

10th October: *The Shakespeare Revue*, Louth Riverhead Theatre

14th October: Cafe Jazz, Central Hall, Grimsby: *Magnificent 7 Jazz Band*

13-17th November: Turkey & Tinsel, Eastbourne

15th November: *Oh! What a Lovely War*, Louth Riverhead Theatre

2018 Plans

13-16th April: Dutch Bulbfields

27th June: Scampston Walled Garden, Jackson's Wold, Yorkshire
Lavender

22nd August: Hitachi UK Train Builders & P2 Steam Loco Construction

18-20th September: Return to Solberge Hall, North Yorkshire

FOOD & DRINK APPRECIATION, ALONG WITH ANTIQUES

Part Two: Continued from last issue

The first years of air travel also brought exclusivity and glamour to that new mode of mainly long distance travel, when passengers were served by uniformed stewards, with real food! This air of glamour continued until the days of cheap package flights, with 'plastic' meals, put paid to that, but some airlines managed to try to retain some grace and style with their in-flight service.



Wardair Canada B747 postcard 1970s



BA china nibbles dish

FROM THE BAR	MENU
softdrinks	broodje met fricandeau
mineral water	en ravigotebater
fruitjuices	roll with fricandeau
alcohol free beer	and ravigote butter
beer	canapé met brie
campari	canapé with brie
	•
WINES	kaas
white wine	cheese
red wine	•
champagne	chocolade
	chocolate
LIQUORS	
gin	
vodka	
rum	
scotch whisky malt	
blended scotch whisky	
genever	
DIGESTIVES	
drambuie	
cointreau	
cognac	
baileys	
bol's premier	

sweetener available on request
RTM 07-3/5 '93

KLM Cityhopper 1993 menu

Airline food is best left alone, unless you are up at the front end, whilst



Pan Am B747 menu cover 1980s



*Welcome Aboard Pan Am's
Special Business Class*

Libations

Aperitifs Cocktails Spirits Red and White Wines
Champagne Premium Beer Liqueurs and Cognac

Menu

Cocktail Nuts

Shrimp Appetizer Salad

Savoury shrimp nestled on a bed of fresh salad greens

Medallions of Veal

Sautéed Medallions of Veal in a rich sauce prepared with shallots and heavy cream.
Served with parisienne potatoes and spring vegetables

or

Fillet of Sole

Poached Fillets of Dover Sole complemented by a unique nantua sauce.
Served with rice pilaf

Strawberry Tart

Ripe red strawberries in a tender flaky pastry tart

Continental Breakfast

French Croissant

Blueberry Crumb Cake

Creamery Butter and Premium Preserves

Coffee Taster's Choice Decaffeinated Coffee Tea
Coca-Cola Canada Dry Beverages Pepsi Cola
Diet Coke Diet Pepsi
Caffeine Free Diet Coke Diet Pepsi Free
Country Time® Lemonade Flavor Drink

Please accept our apology if your choice is not available.

appear the Standerwick Hostess service from the North West to London, but not for too many years, as I recall.

Returning again to the early days of railway travel, the first means of providing refreshments was to make a stop at a station with refreshment rooms, where travellers had to rush to get served hot drinks and food which they could not get down them in the length of time allowed for the train to stop! At least nowadays, even though the at-seat

Pan Am B747 menu 1980s

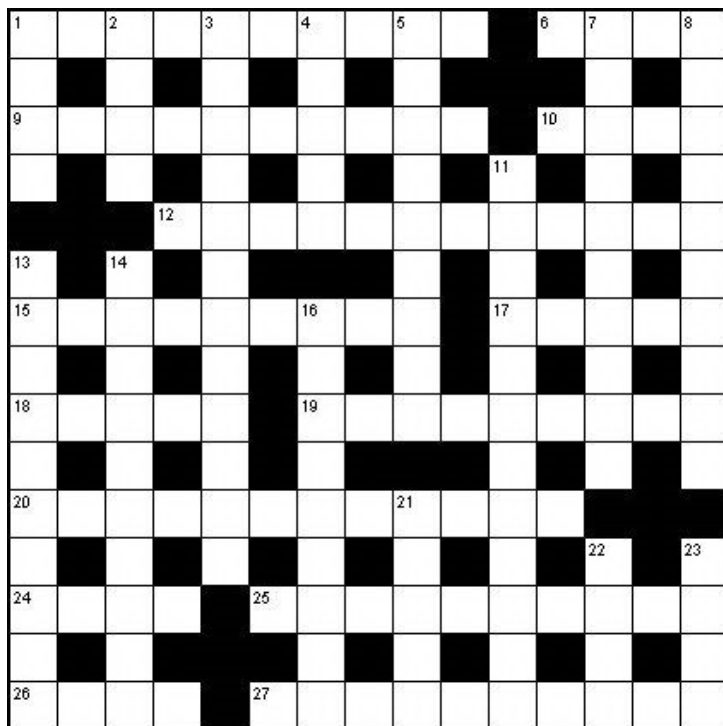
those who go on cruise ships will be able to attest to the unlimited bounty which, apparently, is their daily fare!

What could road transport offer by way of food and drink on the move? Not a lot really, although with the advent of motorways and express long distance coaches, there did

service of hot meals is rarely provided, you can still get some form of food and drink on board, whilst on the move.

Brian Ward

Joke of the Day : I've written a book on reverse psychology. *Don't read it!*



25 Boundary rope may produce such a decision (10)
 26 E.g. dogs returning from walk (4)
 27 Not quite one's best friend on the ship (6,4)

DOWN

1 Pretty girl gets some food (4)
 2 Animal found in sea location (4)
 3 Fat little Edward is biased (12)
 4 The First Lady touring Oklahoma will awaken memories (5)

ACROSS

1 Came across a record concerning journalist (10)
 6 Language of old city belonging to the French (4)
 9 They'll get wrongly blamed for heading off escape by animals (10)
 10 There's potato in Mum's pudding (4)
 12 Style of cooking providing contrasts (5-3-4)
 15 Country-loving Irishman in charge of containing disturbance (9)
 17 Giving note to terrorists makes one angry (5)
 18 One who latches on to another is a sucker (5)
 19 Sailor's intent perhaps is to be self-restrained (9)
 20 A comment sure upset in due proportion (12)
 24 Man told to get on his knees? (4)

5 The thresholds of delights (9)
 7 Heartless robbers go off with a pet. The villains! (10)
 8 Below, below, below (10)
 11 Managed to get clergyman in dead awkward situation (12)
 13 They are seeking work after demolition of aspic plant (10)
 14 Steam railway takes on head of Railtrack to improve efficiency (10)
 16 To perform in a different key, one's parts must be arranged (9)
 21 Went on horseback round cowboy show (5)
 22 Junk mail from the capital (4)
 23 Nothing but a lake (4)

*See the WestWolds website for the answers to this Beginners Puzzle in a couple of weeks after the Magazine is distributed.
 Set By Alberich ref: www.alberichcrosswords.com*