



Message from our Chair

Dear Member

It hardly seems possible that we're already approaching the halfway point of the year! 2026 has started positively for our u3a, with strong attendance at monthly meetings and membership numbers remain healthy; it is lovely to see several new faces joining us in recent months.



Our group leaders continue to do a superb job offering such a wide variety of learning and social opportunities. From history and languages to walking, archaeology, and crafts, there truly is something for everyone. A huge thank-you to each Group Leader who gives their time to make this possible. If you've ever thought of starting a group, please do chat with our Groups Coordinator – new ideas are always very welcome.

Events and Activities

The next few self-drive events coming up are the Romany Caravan Museum on June 1st, and the Doddington Uniform Collection on July 20th – tickets are still available for these. The gardening group also have trips coming up – do have a look later in this newsletter or check out our Website under Events.

We've also enjoyed some excellent monthly speakers recently – covering everything from local wildlife and music history to military action, and feedback has been positive. If you have suggestions for future topics or contacts for potential speakers, please let Ginny our Speaker Finder know.

Looking ahead, we're pleased to introduce a "Signs of Summer" Photo Challenge for all members to take part in throughout May.

We invite you to capture what "summer" means to you. This could be anything that reflects the changing season, such as:

- Blooming flowers and gardens
- Sunny landscapes or local walks
- Wildlife and nature
- Seaside scenes or countryside views
- Everyday moments that feel like summer

Whether you use a camera or a smartphone, everyone is welcome to join in—no experience necessary! Selected photos will be featured in the June newsletter. Please send your photos to me via Whatsapp (07803 694889) or by email to newsletter@westwoldsu3a.org.

This is a great opportunity to get outdoors, be creative, and share your perspective with fellow members. We look forward to seeing your wonderful interpretations of summer.

Wishing everyone a happy, active, and sunshine-filled month ahead.

Thank you for being part of our community.

Sharon Rupp
Chair

Local History Group 2026 Programme

May 12th. – A talk by **Jann Reade** entitled "Wisewoman".

June 9th. – Visit to Caistor with **Elizabeth Jefferson**.

July 13th –A tour of, and a talk about: "**The Graffiti in Lincoln Cathedral**". (Meet outside the main entrance – under the Rose Window at 10.30am)

Meetings are held at Middle Rasen Village Hall

For information about any of these talks or visits contact Paul Ettridge telephone 07916 910023
Email paulettridge28@gmail.com



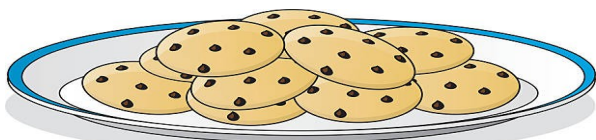
At the monthly meeting, tea & coffee is served from 9.15 – 10.15

Catering stops serving at 10:15,

Please ensure all cups are returned to the kitchen by this time.

Thank you for your co-operation.

If anyone needs help carrying their drink to their chair, please ask one of the catering team.



Greeters Rota

May

Gail Dennis
Peter Fox
Eunice Hughes

June

Janice Adams
Steve Field
Kate Roberts

If anyone would like to volunteer as a greeter, please contact Pauline Cooper at the meetings or greeters@westwoldsu3a.org .

Catering Helpers Rota

May

Serving: Jill James
Eileen Bedford
Kitchen: Bernadette Heald
Alan James

June

Serving: Helene Vancliffe
Anna Etteridge
Kitchen: Sue Beck
Bernadette Heald

If you would like to volunteer to help with catering at future meetings, please contact Rachel Telfer at the meeting.

Front Desk Rota Volunteers

The volunteers to sit with Sheila Nash on the front desk for the next meetings are :-

14th May—Amanda Curtis
Norma Willis

11th June—Gillian Anderton
9th July— Jill James

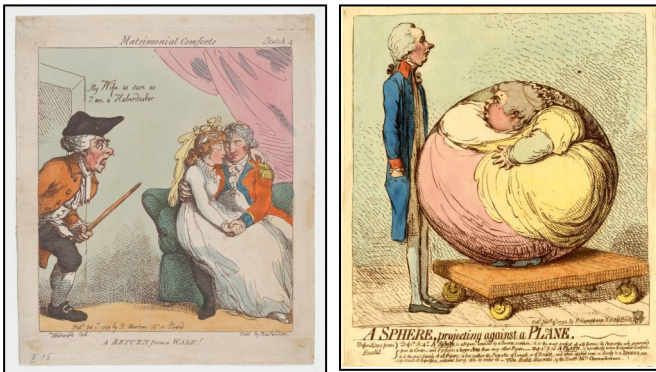
13th August—Bess Scott Gunn

If anyone else is happy to be added to the list, please let me know.

Sheila Nash

General Meeting Speaker Programme 2026

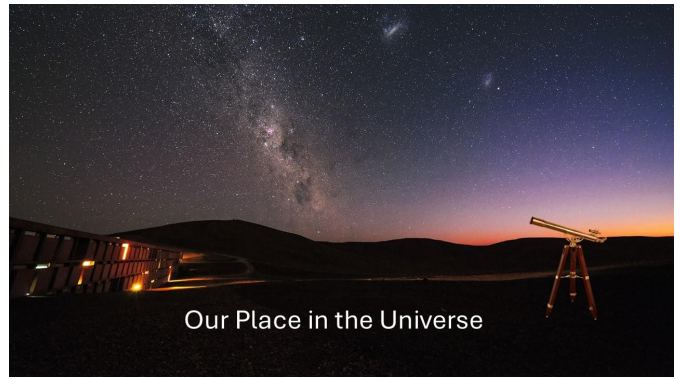
14th May 2026 – Adrian Gray MA - “Scandals of the Lincolnshire Gentry”



Scandals of the Lincolnshire Gentry and aristocrats of Lincolnshire who have repeatedly proved that they are ‘no better than anyone else’ through a succession of scandals – greed, corruption, adultery and much else. This entertaining talk picks out a few of the more colourful incidents from across the county, featuring most of its best-known historic families.

11th June 2026 – Peter Rea “Our Place in the Universe”

Which also includes a short history of the Beacon Hill Observatory in Cleethorpes founded in 1969 and located at Beacon Hill Allotments.



9th July 2026 – Dr Julie Boundford “History and Highlights of Louth Museum”



Founded in 1910, Louth Museum is independently owned and operated by the charity, the Louth Naturalists', Antiquarian and Literary Society, locally known as 'Ants & Nats'. This illustrated talk will outline the story of the Museum, from its late

Victorian origins to a modern attraction with, ‘always something new to notice’, and will feature the Museum’s notable attractions.



WE NEED YOUR HELP TO RUN OUR U3A

© RUN OUR U3A



If you can help with
producing some of our
posters or have some basic
tech ability, please can you
help support us temporarily?
For more information please
get in touch
chair@westwoldsu3a.org



JUNE 16TH 10AM-11.30AM

New Members Meeting

Market Rasen New Life Centre.
chair@westwoldsu3a.org



West Wolds

INSPIRING, SUPPORTING AND GROWING OUR U3A COMMUNITY

GROUP LEADER WORKSHOP



About the Workshop

Join Jane and Sandra for a lively and supportive two-hour workshop designed for:

Current Group Leaders

Members considering becoming Group Leaders in the future

Anyone curious about how our u3a groups run and the support available

This is a fantastic opportunity to explore leadership in a friendly, encouraging environment. Whether you're already leading a group or simply wondering if it might be for you, this session will help you feel informed, confident, and connected

Meeting Details



19 September, 2026



1.30pm - 3.30pm



New Life Church,
Market Rasen



jane.m.guy@gmail.com

What to Expect

Practical guidance on running successful groups

Insights into the support available for leaders

Ideas for starting new groups

A welcoming space to share experiences and ask questions

Light refreshments and plenty of time to chat

Why Attend?

Build confidence in leading or starting a group

Connect with fellow leaders and future leaders

Discover new opportunities within our u3a

Help shape the future of our vibrant learning community

Getting Involved

Look out for the upcoming email invitation from our Chair. We'd love to see both seasoned leaders and those who might be ready to take their first step.

Let's grow our u3a together—one group, one idea, one leader at a time.

THEATRE GROUP NEWS



Are you interested in organising trips to local Theatres. Cathy is asking for someone to take over the Theatre Group as she will be stepping down from running the group.

**For more details contact
Cathy Whelan**

**For other Theatre Trips look at the
Lindsey u3a offering at
<https://www.lindseyu3a.org.uk/copy-of-theatre>,
you will need to join them as an Associate member**

German Group Leader Required

Due to illness the German language group needs a leader.

Is there anyone who would be prepared to take on the role for the time being. You don't need to be a fluent German speaker, merely an enthusiast, who likes finding material for this small group. If interested, please get in touch with anyone on the committee.

For all Group Leaders

Looking for New Members? Why not tell us more about what your group does. Write a short article or create an advert for a future newsletter.

Speak to the Groups' Coordinator or Newsletter Editor to find out more

West Wolds

u3a
learn, laugh, live

MONDAY 20TH JULY 2026 10.30AM
DODDINGTON HALL UNIFORM COLLECTION
£5 DONATION

Most of the collection is of British Army officers' ceremonial uniforms dated from 1881, to 1945, the end of the Second World War. There is a small but good component of Navy and RAF uniforms and some court and civil ceremonial outfits. Most of the uniforms are from Savile Row or best Edinburgh tailors. About half the uniforms are named and in many cases the name, rank and regiment can be cross referenced with the Army List and in turn with interesting personal history.



Attention Indoor Bowlers

Summer Bowling



The Bowls group have been given 3 rinks on Thursday mornings at 10.00 for 10 30 start.

Cathy is hoping to negotiate some spaces for Tuesdays also.

New non bowlers are always welcome. Bowls and shoes available.

Please ring Cathy Whelan 07974856984

BEHIND THE SCENES AT POTTERTON'S NURSERY

We were blessed with a beautiful spring morning to enjoy the tour of Potterton's by owner Jackie, who was recovering from a long weekend at the Alpine Garden Show in Chesterfield and Plant Hunters Fair at Tamworth. They will be attending plant fairs most weekends now until October as well as their own Open Days and regular work in the Nursery.



We viewed several of their tunnels learning about their different uses depending of the position to the sun or whether it has open or closed sides. Many of their plants are grown from seed which is a long and labour-intensive process. They spend many hours propagating and pricking out and moving seedlings along to the next stage.



We were shown seedlings that were a year old and looked like a blade of grass, then at different ages until they were at the correct stage for the nursery, some took 10 years to be ready for sale. Most of the work is at ground level, but Jackie and Rob are gradually trying to raise up onto tables to save their backs and knees.



We finished off with a hot drink and delicious home made cake, and a few plants seemed to fall into our shopping baskets before we left.



Potterton's is a specialist Alpine nursery which has been awarded 7 Chelsea Flower Show Gold Medals and is open Monday - Friday 10am - 3pm.

Sharon Rupp

15 years old plant

APRIL WALKS

1st April—Nettleham

The first April walk was on April Fools day but was anything but a joke. The weather was cool and ideal. We heard lots of birdsong and the scent from a stand of daffodils was lovely.

We had a light lunch in the Tea Cosy in Nettleham afterwards and it was a relaxed morning with a friendly group. Why don't you join us next time.



8th April—Nettleton—4 Miles

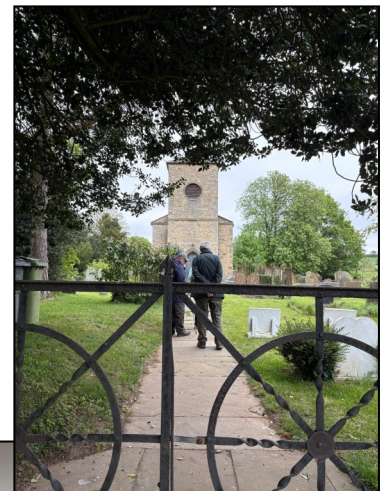
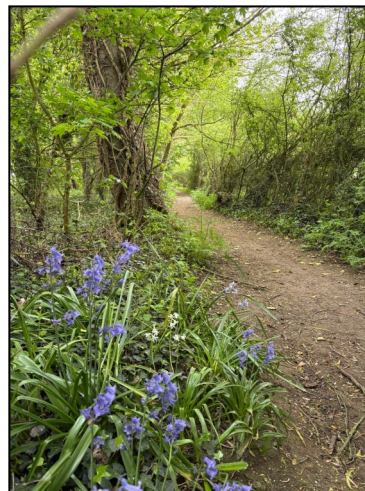
A beautiful day for Richard's lovely circular 4 mile walk from Nettleton to Caistor, finishing at his beautiful garden with homemade scones by his wife Hazel.

Always a popular walk, but not just for the scenery!



28th April—Hemswell—4 Miles

A pleasant though windy walk from Hemswell through Willoughton village, not a big village but it does boast racehorse stables, & on occasion we have been lucky to see the jockeys on the gallops, as our path through the woods runs parallel! Unfortunately we missed the sunshine but did enjoy refreshments at Hemswell antique centre!



INTERGENERATIONAL DISCUSSION GROUP
WITH DE ASTON SIXTH FORMERS 24TH
MARCH

The West Wolds u3a Discussion group met with students at De Aston School for our second discussion, this time on the subject of "Memories of Our Youth". This was a lively, entertaining interchange, with eight students and five u3a members, where dramatic changes in our respective early lives were highlighted. The main surprise to our hosts were the facilities we lacked, especially in our homes, such as basic sanitation and washing facilities, lack of central heating, lack of TV and rarely a telephone to name but a few! Computers and mobile phones were unheard of!

In contrast the Sixth Formers, had often experienced events and activities which we seldom had even a chance to undertake. Travel now is commonplace so foreign holidays are not unusual, travel in general is easier with the freedom of movement afforded by modern vehicles, exotic sports such as skiing and mountain climbing are now commonplace and educational opportunities are far more varied as are career options. In all, the discussion strongly highlighted the huge difference in our early lives probably to be reflected in the careers and lives they eventually experience.

Further meetings were planned for April and May, but regrettably the April event had to be cancelled as the Sixth Form Teacher, Sarah Tucker, had broken her foot, so the next meeting will be in May. We wish Sarah a rapid recovery.

Dave Ebbage

WRITING FOR PLEASURE GROUP

Another successful meeting on Tuesday, interesting variations on our set pieces. It is amazing where the ideas come from. A memory, an incident, a noise. They all tell a story and can be written about. We write on various subjects for each time we meet, we have set topics and a 'free' writing piece

Information for our Meetings.

We meet on the Third Tuesday of the month, in the Station Masters Office at the Station Market Rasen. Our next meeting will be May 19th. Please, Call in and join us, it's free, and see what we do. The cafe is open at the Station now from 10.00 to 2.00 so grab a coffee and sit in with us. You will be made very welcome.

Anne Gill

Smashes and Staffordshire : A Perfect March Weekend

Our long weekend began on a Thursday in March with the quiet charm of the Midlands countryside, a perfect palate cleanser before the city's buzz. On arrival, we found The Plough, a cosy country pub just outside Lichfield, where the lure of a countryside view and a hearty meal set the tone for the trip. We spent the afternoon on a tranquil canal walk along the Coventry Canal, watching the narrowboats slip effortlessly through the water while the warm March weather called us to return later for further refreshment in the sun. The quiet of the towpath was the ideal prelude to the excitement ahead, offering a moment of calm before the vibrant energy of the West Midlands' urban heart.

Did You Know?

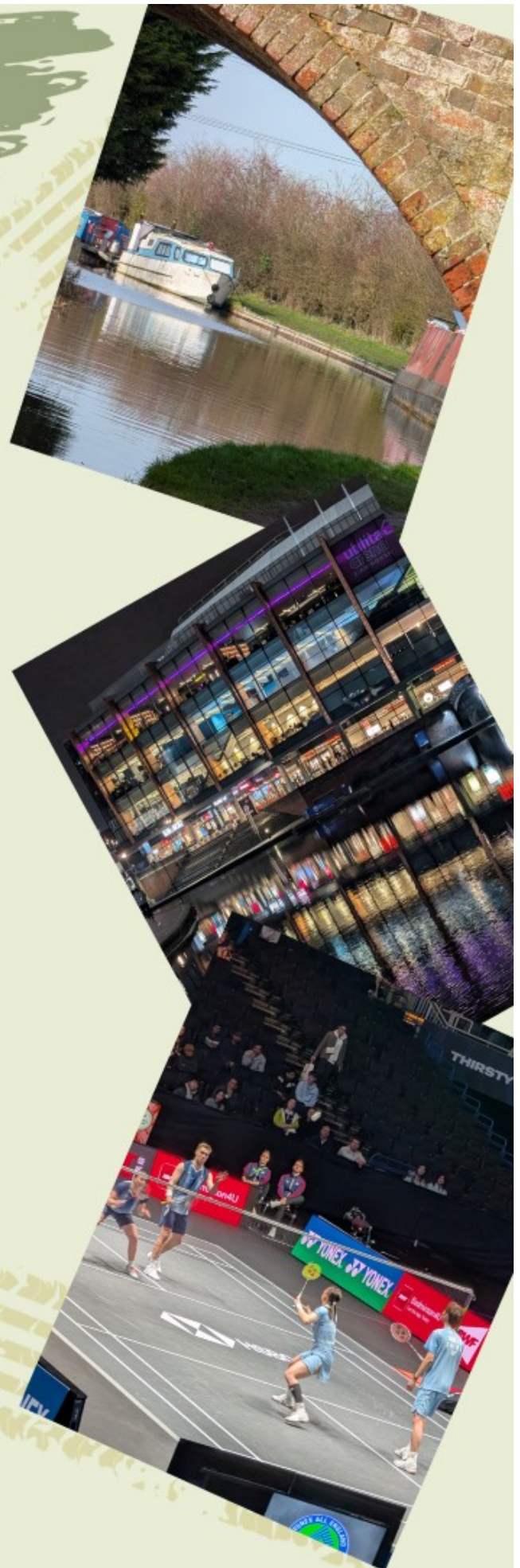
Birmingham is often called the "City of a Thousand Trades," but it's also a city of a thousand bridges! It famously has more miles of canals than Venice (about 35 miles compared to Venice's 26).

While Venice might have the gondolas, Birmingham's canal network is a massive part of its Industrial Revolution heritage—and they've been beautifully restored into vibrant hubs for cafes, bars, and scenic strolls. A Great place for a citybreak in the UK.

By Friday, the energy shifted entirely as we headed into the heart of Birmingham for a full day at the Yonex All England Open Badminton. We were there for a day of lightning-fast rallies and the electric atmosphere of the Utilita Arena, where the world's best players made every smash and net-drop look like a choreographed dance.

When we weren't courtside, we were on our feet exploring the city's evolving skyline. We walked all over Birmingham, logging thousands of steps as we navigated the bustling streets from the modern curves of the Library to the historic Jewellery Quarter, soaking in the architectural contrast of a city that feels both ancient and brand new. Miles of canal towpath help set Birmingham's claim to fame as "having more canals than Venice."

SD for Big Wide World



Sunday offered a final change of pace as we detoured to Tamworth on our way home. We traded the modern facade of Birmingham for Tamworth's market town heritage. Wandering through the park and beneath the stone walls of the castle, we enjoying the slower rhythm of a quiet market town. It was the perfect bookend to a weekend that balanced high-octane sport with peaceful walks. After a whirlwind four days of world-class athleticism and scenic wanders, we headed back home, our legs a bit weary from the miles covered but our minds full of the bright lights of the stadium and the quiet charm of the Staffordshire canals.

Did You Know?

Tamworth, located in Staffordshire was the former capital of Anglo-Saxon Mercia. It's located near the M1, M6 and M42 and boasts many modern attractions such as the Snowdome and Draton Manor Resort together with historical gems such as Tamworth Castle.

Did You Know?

The Three Ladies of the Vale: Lichfield Cathedral is the only medieval cathedral in the UK with three spires. They are locally known as the "Ladies of the Vale." While other cathedrals like Truro have three, they weren't built in the Middle Ages like Lichfield's.

The Birthplace of the Dictionary: Lichfield's most famous son is Samuel Johnson, the man who wrote A Dictionary of the English Language in 1755. Before him, English spelling was a bit of a free-for-all; he spent nine years single-handedly defining over 40,000 words.

A "Field of the Dead": The name "Lichfield" actually has a slightly dark origin. It is believed to mean "field of the dead" in Old English, allegedly referring to a legendary massacre of 1,000 Christian martyrs during the Roman era.

The "Lichfield Angel": In 2003, during some routine work under the Cathedral floor, archaeologists discovered the Lichfield Angel—a stunning 8th-century limestone carving. It is one of the most important Anglo-Saxon finds in the country and still has traces of its original bright pigments!





Garden Group News

Step into Summer with our Outdoor Seasonal Events. Garden visits, coach trips, afternoon teas and a holiday to Norfolk and beyond—we've got it all!

May 2026



A Year of Meetings in Full Bloom

Our programme has been packed with variety — expert talks, seasonal visits, and plenty of laughter along the way. Members have explored everything from alpines to airplants, snowdrops to seed-sorting, each session offering new ideas and practical tips to take home. What truly stands out is the warmth in the room at every gathering: friendly faces, lively questions, and the simple pleasure of learning together.

“Making the Most of Vegetables” — A Talk by Martin Fish

One of the highlights of our spring season was a fabulous visit from well-known gardener and broadcaster Martin Fish, who joined us to share his down-to-earth wisdom on growing vegetables with confidence and creativity. Martin's talk was packed with practical advice — from choosing reliable varieties to improving soil health and making the most of small spaces. His relaxed style, humour, and wealth of experience made the afternoon both informative and great fun. Members left buzzing with ideas and itching to get sowing!

Our Fabulous Annual Plant Sale

This year's plant sale was a triumph — a colourful, bustling afternoon filled with bargains, chatter, and the irresistible scent of spring. Tables overflowed with healthy plants grown and donated by our talented members, and there was something for every garden: perennials, veg seedlings, shrubs, alpines, and a few irresistible surprises. Thanks to everyone's generosity, the sale raised a wonderful boost for our group funds, helping us continue to offer high-quality speakers, workshops, and visits. It was also a lovely opportunity to welcome new faces — proof that nothing brings gardeners together quite like a good plant hunt!



New members are always made very welcome.

Contact Jane for more details

jane.m.guy@gmail.com

Gardening Group – Future Events

Highlights

A Summer visit to Sue Boorman's Garden Wednesday, 20th May

We're kicking off our summer visits with a trip to Sue's delightful garden in Market Rasen – a space full of colour, character, and the personal touches that make a garden feel truly loved.

Sue's garden is known for its inviting atmosphere: thoughtful planting, gentle pathways, and those little surprises that make you pause and smile. It's the perfect place to gather ideas, enjoy good company, and soak up the early-summer mood.

Whether you're a long-standing member or thinking of joining us for the first time, this visit is a lovely way to step into the season. Expect inspiration, friendly faces, and a relaxed afternoon surrounded by plants that are thriving under Sue's care.



A Day of Gardens, History, and Great Company

Our next big summer outing takes us to two truly inspiring Nottinghamshire gems: Felley Priory and The Old Vicarage at Southwell. It promises to be one of those uplifting days where gardens, friendship, and a little adventure come together beautifully.

At Felley Priory, we'll wander through elegant borders, peaceful cloisters, and plant-filled corners that offer ideas for every kind of garden. It's a place full of atmosphere – historic stonework softened by generous planting and seasonal colour.

In the afternoon, we continue to The Old Vicarage, a garden known for its creativity and charm. Expect thoughtful design, gorgeous plant combinations, and plenty of inspiration to take home. It's the perfect contrast to the morning visit, giving us two very different styles to enjoy in one relaxed day out.

This visit is now full, however if you've missed out then do take a look at the next coachtrip in September as there are one or two places left.



Check out the monthly Gardening Group Newsletter for full details.

Available to all GG Members

New members always welcome

Gardening Group Leader – Jane Guy jane.m.guy@gmail.com

GG, May 2026

Solo Group



The solo group met on Friday 17th April, although small, still had a lovely afternoon sharing some board games with each other and enjoying the company and refreshments.

The next meeting will be on Friday 15th May and one of our members, Patti Thomas has volunteered to give a talk on her journey from Canada to Market Rasen.

Thank you again to all in our group. Anyone who has any suggestions or ideas for future meetings is more than welcome to contact me at GinnyB644@sky.com

For further information about the solo group please contact Ginny Beard on telephone

01673 844432 or 07980 209642

Backgammon Group – at the Bistro



We meet at the Bistro, anyone wanting to join the group, please contact Bill Roberts for further details.

We are keeping to 2pm on the first Tuesday of the month.

Bill Roberts

Poetry Group

Do you like poetry but never seem to have the opportunity to sit down and read and enjoy the words and thoughts of someone else.

Our poetry group meets once a month on the second Wednesday of the month. We are not a writer's group but if you want to read your own work that is fine. We each choose a favourite poem to read, and this usually leads on to some interesting short discussions, maybe about the poet or the subject or even the memories it has revived.

We break for coffee or tea and then continue with a second poem each. It is a very pleasant relaxing two hours. Unfortunately, we have lost a few members recently and the number has dropped. It would be nice to welcome some new members with their fresh thoughts and opinions.

Contact Group leader Eva Smith on 01673 842218.

Anyone for Table Tennis?



Table tennis is fortnightly on Tuesday mornings

At least 4 people are needed to keep hiring costs per person down.

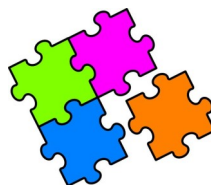
Interested ?

Please contact Martin Keen on 07928 120265

Jigsaw Exchange

Are you a jigsaw fan?

WW u3a member Lyn Henry has set up a Jigsaw exchange/library. She has around 50 jigsaws to choose from.



If you'd like to borrow/swap or donate a jigsaw then please contact her – tel: 01673 843851.

Games On



We meet at the new Bistro Bar and Kitchen at 7 Queen Street, Market Rasen. Please come along and join us on the 11th May at 2pm, for an afternoon of fun. You are welcome to bring along your favourite game. There is parking at the back of the premises if needed.

If you are interested in joining us then please get in touch with Pamela Britton On 01673 847750.

EVERYONE WELCOME.



Canasta Group

We meet every other Tuesday at Lammas Leas, Market Rasen, in the common room. From 2pm until 5pm. We are a friendly group and have 18 members at present. Not everyone comes all the time.

If you have never played Canasta before and think you might like to give it a go, come and visit us, you would also be welcome if you have played before!

If you are interested please contact us.
chrispeaone@gmail.com. Or
verabrisbane@gmail.com



IMPORTANT ANNOUNCEMENT

Language Group Meetings From April 2026

As fuel and general living costs continue to affect many people, we're putting a simple contingency plan in place to help keep our language groups running smoothly and inclusively.

Here's what we'll be doing:

- Car-sharing (optional): Members may choose to share lifts to reduce travel costs - something many of you already do brilliantly.
- Fewer face-to-face meetings if needed: We may occasionally reduce in-person sessions during periods of high fuel prices and/or fuel shortages.
- More online options: We'll make greater use of our WhatsApp groups for quick practice and updates, and we'll hold Zoom sessions when travel is difficult.
- Flexible approach: We'll adjust the balance between in-person and online meetings month by month, depending on circumstances.

Our aim is to keep everyone connected and enjoying our groups together while being mindful of the pressures some members may be facing.

If you ever find travel or cost a barrier to attending, please feel free to let me know in confidence.

Best wishes,
Sandra Dean



languages@westwoldsu3a.org

MAHJONG GROUP



The Mahjong Group meets at the Lammas Leas Community Hall on the 4th Friday of the month.

Contact Margaret Allerston on 01673 842247

Thursdays Fortnightly

**ITALIAN: BEGINNERS PLUS
 ITALIAN: NEW BEGINNERS**

We share a range of activities in a supportive and fun way. Meetings are fortnightly (1st and 3rd Thursdays from 10am) in Middle Rasen.
 New Beginners welcome at the same time.
 Further details from:-
languages@westwoldsu3a.org

Dates to suit the group

SPANISH FOR YOUR HOLIDAYS

A very popular short course lasting five weeks and a "must" if you're planning on speaking a little Spanish when you travel.
 Next course - From August 2026
 Minimum Participants - 6

Tuesdays Weekly

SPANISH: INTERMEDIATE PLUS

This popular and friendly group meets every Tuesday. We enjoy finding out about Spain and using the language to engage with others in our own group and beyond. Suitable for all who already speak the language

LANGUAGE GROUPS ON EVERY DAY OF THE WEEK AND AT TIMES TO SUIT BUSY U3A MEMBERS

Dates to suit the group

PORTUGUESE FOR BEGINNERS

5 Week Short Course
 Examines both the culture and the language. Ideal if you've no past experience
 Next course Summer 2026
 Minimum Participants - 6

Beginners - 3rd Monday monthly
 Intermediates - 1st Monday monthly

NEW - SPANISH MEETUP

Great for everyone who wants to join a group with no travel involved
 30 minutes conversation

Fridays Fortnightly

SPANISH BEGINNERS

We make language learning fun and realistic.
 Ideal as a follow-on course to Spanish for Your Holidays. 2nd and 4th Fridays each month (1.30pm - 3pm).

Wednesday Evenings Fortnightly

FRENCH BEGINNERS & FRENCH CONVERSATION

Both groups meet fortnightly on 2nd and 4th Wednesday evening each month sharing the same venue at 6pm in Lammas Leas Community Room.
 Sessions last one and a half hours and we have lots of fun!

**Be quick :
 Our groups fill fast!**

Contact Sandra

languages@westwoldsu3a.org



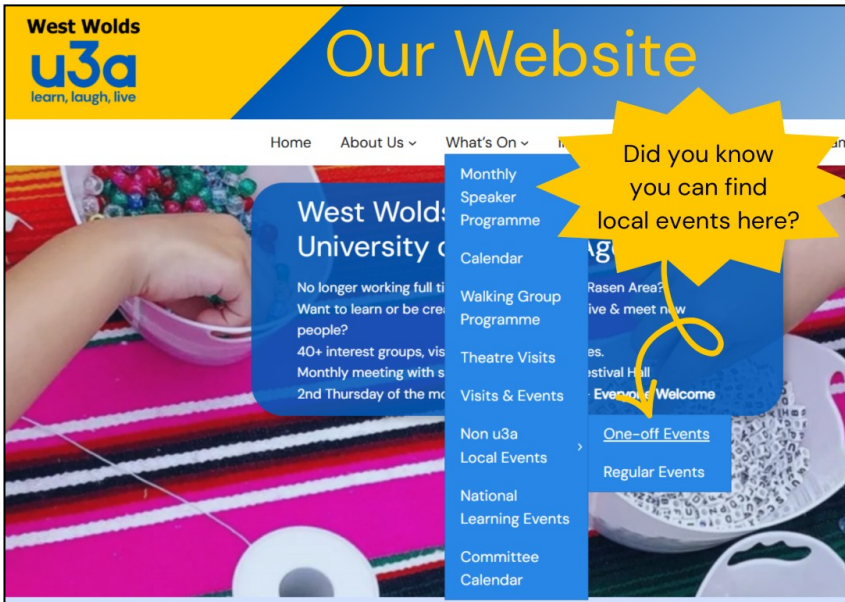
or simply use the QR Code to head straight to the language you require and to leave a message - we'll always get back to you!

SPACES AVAILABLE

- French Beginners / 3 spaces
- French conversation / 3 spaces
- Spanish Beginners / 2 spaces
- Spanish Language Meet-Up / 2 spaces

STARTING THIS SUMMER

- Portuguese for Beginners
- Holiday Spanish



Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.

westwoldsu3a



Walking Groups Programme for next two months

Please contact the Walk Leader direct to sign up any of these walks or see Ken Howitt at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Date	Place	Distance	Walk Leader	Telephone
May 13th	Waters Edge	4 Miles (Brisk)	Merilyn Coombes	07814 470265
May 19th	Scothern	4 Miles	Sharon Rupp	07803 694889
May 26th	Mkt Rasen/Mid Rasen	5 Miles	Lesley Brewis	07510 353502
June 3rd	Twigmore Woods	4 Miles	Yvonne Heathershaw	07990 643933
June 10th	Goltho	2.75 Miles	Sharon Rupp	07803 694889

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

If you can offer to fill in any of the blanks and lead a walk, please contact Ken Howitt on 07933 744043 with the details of the walk.

IMPORTANT: Due to recent issues, please ensure you have the walk leaders' mobile number and they have yours. If a walk has to be changed or cancelled at short notice it is imperative that you have provided a mobile number so you can be reached on the day. In addition PLEASE ENSURE YOU HAVE TOLD THE WALK LEADER YOU INTEND TO COME ON THEIR WALK. If you have not, and it is cancelled/changed, you will not be informed. If you cannot come after all, please let the leader know so the group do not delay the walk waiting for you. Thank You.

Digital Photography Group Pictures of the Month for April

Here are some photos from the Digital Photography Groups challenges from April, based on a theme of 'Boxes, Squares, Rectangles' plus a favourite of the month. This selection was voted on at our Digital Photography Group meeting.

Favourites of the month



Bluebells in Woods (taken in Wiltshire)

Taken by Norman Douglas

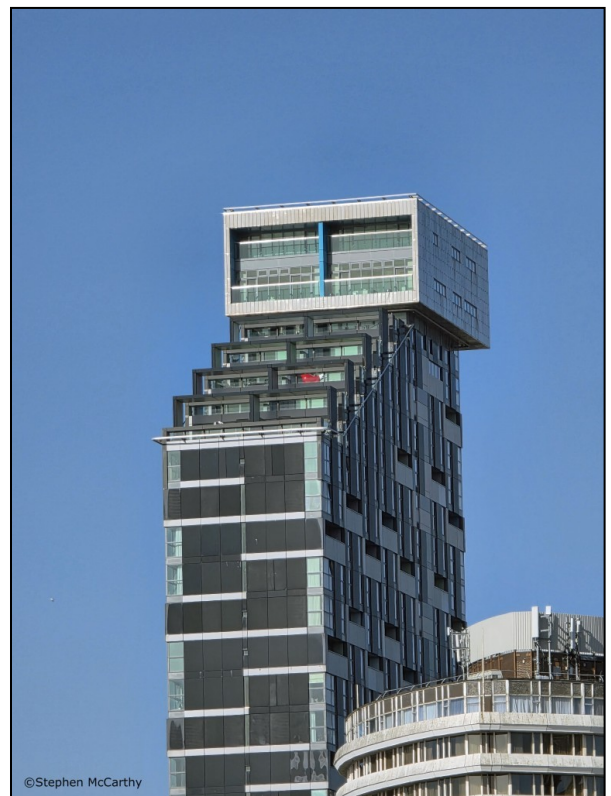


Ringing Singing Tree (Burnley)

Taken by Terry Francis

Boxes, squares, rectangles etc.

Liverpool-tower-block
Taken by Steve McCarthy



For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=32438

Groups Disclaimer

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid be adhered to. *The Committee*

Changes of Circumstance

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups' Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2025/2026

Chairman & Safeguarding Officer

Sharon Rupp Tel: 07803 694889

chair@westwoldsu3a.org



Vice Chair, Publicity Officer, and Website Support

Business Secretary and Data Protection contact & Displays Team

Kay Green Tel: 07900 818373

secretary@westwoldsu3a.org



Treasurer & Membership Secretary

Newsletter Production Editor and Technical Support

Terry Francis Tel: 01673 842088

treasurer@westwoldsu3a.org
membership@westwoldsu3a.org
newsletter@westwoldsu3a.org



Speaker Finder

Ginny Beard Tel: 07980 209642

speakerfinder@westwoldsu3a.org



Groups' Coordinator

Nick Wilson Tel: 07938 186626

Groupcoordinator@westwoldsu3a.org



Displays Planner

Cathy Whelan Tel: 07974 856984

committee2@westwoldsu3a.org



Displays Team and Group Coordinator Support

Pam Britton Tel: 01673 847750

committee1@westwoldsu3s.org



Events Coordinator

Mandy Curtis Tel: 07950 658057

events@westwoldsu3a.org



Support Roles (Non Committee)

Catering Coordinator

Rachel Telfer Tel: 01673 844244

racheltefler1@hotmail.co.uk

Greeters Coordinator

Pauline Cooper

greeters@westwoldsu3a.org

Welfare

Julia Francis Tel: 01673 842088

juliafrancis22@gmail.com

Website Administration & Auditor

Steve McCarthy Tel: 01673 308364

webadmin@westwoldsu3a.org

Social Media Admin

Stephen Flockton 07746 665521

stevlaf@yahoo.com

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Open the West Wolds website homepage westwoldsu3a.org look for the Subscribe box..

Enter your email address and click on the 'Subscribe' button.

You will receive an email from Wordpress, which refers you to opening your account.

Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Leader shown overleaf to ascertain if the group is running, and times and where they meet.

Leaders, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	<p>13:30 Spanish Beginners/ Portuguese</p> <p>14:00 Crochet</p> <p>14:00 Digital Photography</p> <p>14:00 Turkish Delight</p> <p>Desert Dancers</p> <p>19:00 Spanish Online</p>	<p>10:00 Family History</p> <p>11:00 Table Tennis</p> <p>14:00 Backgammon</p> <p>14:00 Upholstery</p> <p>14:30 Spanish Intermediate</p> <p>14:00 German</p>	<p>10:00 Walking Group</p> <p>10:00 Cycling (Short Rides)</p> <p>10:00 Walking Group</p> <p>14:00 West Wolds Warblers</p>	<p>10:00 Patchwork</p> <p>10:00 Italian for Beginners</p> <p>10:00 Italian Taster</p> <p>10:00 Indoor Bowls</p> <p>10:15 Keep Fit</p> <p>14:30 Drama</p> <p>14:30 Recorder Group</p>	<p>10:00 Latin</p> <p>10:00 Line Dancing</p> <p>10:00 Biblical Hebrew</p> <p>10:00 Cycling (Longer Rides)</p> <p>14:00 Scrabble</p> <p>14:00 Spanish Conversation & Scrabble</p>
2nd	<p>10:00 Embroidery 2</p> <p>13:30 Spanish Beginners/ Portuguese</p> <p>14:00 Board & Card Games</p>	<p>10:00 Local History</p> <p>11:00 Table Tennis</p> <p>14:00 Upholstery</p> <p>14:00 Canasta</p> <p>14:00 German</p> <p>14:30 Spanish Intermediate</p>	<p>10:00 Embroidery</p> <p>10:00 Walking Group</p> <p>10:00 Cycling (Short Rides)</p> <p>12:00 Luncheon Group</p> <p>14:00 Poetry</p> <p>18:00 French Beginners</p> <p>18:00 French Conversation</p>	<p>09:15 GENERAL MEETING Festival Hall Market Rasen</p> <p>14:30 Drama</p>	<p>10:00 Latin</p> <p>10:00 Line Dancing</p> <p>10:00 Biblical Hebrew</p> <p>10:00 Cycling (Longer Rides)</p> <p>13:30 Spanish Beginners</p> <p>14:00 Mah Jong</p>
3rd	<p>13:30 Spanish Beginners/ Portuguese</p> <p>14:00 Crochet</p> <p>14:00 Digital Photography</p> <p>19:00 Spanish Meet-Up For Beginners via WhatsApp</p>	<p>10:00 Walking Group</p> <p>10:00 Writing for Pleasure</p> <p>11:00 Table Tennis</p> <p>14:00 Upholstery</p> <p>14:30 Spanish Intermediate</p> <p>14:00 German</p>	<p>10:00 Cycling (Short Rides)</p> <p>10:00 Discussion Group</p> <p>11:00 Table Tennis</p> <p>14:00 Readers Group – FULL</p> <p>14:00 Gardening Group</p>	<p>10:00 Patchwork</p> <p>10:00 Italian for Beginners</p> <p>10:00 Italian Taster</p> <p>10:00 Indoor Bowls</p> <p>10:15 Keep Fit</p> <p>14:30 Drama</p> <p>14:30 Recorder Group</p>	<p>10:00 Latin</p> <p>10:00 Line Dancing</p> <p>10:00 Biblical Hebrew</p> <p>10:00 Cycling (Longer Rides)</p> <p>14:00 Scrabble* (*And 5th Friday of the month, if there is one)</p> <p>14:00 Solo Group</p>
4th	<p>10:00 Embroidery 2</p> <p>13:30 Spanish Beginners/ Portuguese</p> <p>14:00 Board & Card Games</p>	<p>10:30 Walking Group</p> <p>11:00 Table Tennis</p> <p>14:00 Upholstery</p> <p>14:00 Canasta</p> <p>14:00 German</p> <p>14:30 Spanish Intermediate</p>	<p>10:00 Embroidery (*Last Wednesday of month)</p> <p>10:00 Cycling (Short Rides)</p> <p>13:30 Beading Group</p> <p>14:00 Rasen Book Group</p> <p>14:00 Artificial Intelligence</p> <p>18:00 French Beginners</p> <p>18:00 French Conversation</p>	<p>10:00 Cross Stitch – FULL</p> <p>10:00 Indoor Bowls</p> <p>10:15 Keep Fit* (* And 5th Thursday, if there is one)</p> <p>14:00 Architecture – every two months</p> <p>14:30 Drama</p>	<p>10:00 Latin</p> <p>10:00 Line Dancing</p> <p>10:00 Biblical Hebrew</p> <p>10:00 Cycling (Longer Rides)</p> <p>13:30 Spanish Beginners</p> <p>14:00 Mah Jong</p>

Interest Groups & Leaders

ARCHAEOLOGY

David Ebbage 01673 847750

ARCHITECTURE - CLOSED TIL NEXT YEAR

New Leader Required

ARTIFICIAL INTELLIGENCE (AI)

Sandra Dean, sandrawwu3a@gmail.com

BACKGAMMON

Bill Roberts 07544 593070

BEADING GROUP

Ann Hadlow 07827 292813

BIG WIDE WORLD TRAVEL GROUP (BBW)

Sandra Dean, sandrawwu3a@gmail.com

BIBLICAL HEBREW

Eunice Hughes 07783 738533

BOARD & CARD GAMES GROUP

Pam Britton 01673 847750

CANASTA

Vera Brisbane 07870 185247

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROCHET

Pat Hage 01673 849447

CROSS STITCH—FULL

Audrey Storey, 01673 849625

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCUSSION GROUP

Dave Ebbage 01673 847750

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

EMBROIDERY 2

Pat Hage 01673 849447

FAMILY HISTORY

Janet Wilson 07966 232247

FRENCH BEGINNERS

Sandra Dean, sandrawwu3a@gmail.com

FRENCH CONVERSATION

Sandra Dean, sandrawwu3a@gmail.com

GARDENING

Jane Guy 0797 1277482

GERMAN—CLOSED FOR THE FORESEEABLE FUTURE

Gary Beighton 0758 2227856

INDOOR BOWLS

Cathy Whelan 01673 565622 / 07974 856984

ITALIAN BEGINNERS PLUS

Amanda O'Connor/Sandra Dean,
sandrawwu3a@gmail.com

JIGSAW EXCHANGE

Lyn Henry 01673 843851

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 01673 601086

LINE DANCING— FULL

Pauline Cooper paulinetwinkletoes734@gmail.com

LOCAL HISTORY

Paul Ettridge 07916 910023

LUNCHEON GROUP

Kay Green Tel: 0790 081 8373

MAH JONG

Margaret Allerston 01673 842247

MUSIC FOR PLEASURE

Nick Wilson 07938 186626

ORNITHOLOGY

Ann Hadlow 07827 292813

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

PORTUGUESE—LANGUAGE & CULTURE

Sandra Dean, sandrawwu3a@gmail.com

RASEN READERS

Stanley Shiel 07510 152471

RECORDER GROUP

Geoff Goddard 07752 945543

SCRABBLE

Audrey Storey 01673 849625

SOLO GROUP

Ginny Beard 07980 209642

SPANISH—BEGINNERS

Sandra Dean, sandrawwu3a@gmail.com

SPANISH MEET-UP FOR BEGINNERS ONLINE

Sandra Dean, sandrawwu3a@gmail.com

SPANISH MEET-UP (INTERMEDIATES PLUS) ONLINE

Sandra Dean, sandrawwu3a@gmail.com

SPANISH CONVERSATION & SCRABBLE

Sandra Dean, sandrawwu3a@gmail.com

SPANISH INTERMEDIATE PLUS

Sandra Dean, sandrawwu3a@gmail.com

SPANISH FOR YOUR HOLIDAYS

Sandra Dean, sandrawwu3a@gmail.com

TABLE TENNIS

Martin Keen 07928 120265

THEATRE VISITS

Cathy Whelan 07974 856984

TURKISH DELIGHT DESERT DANCERS

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE RESTORATION—

CONTACT GAIL FOR FURTHER INFORMATION

Gail Dennis 01673 843575

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

WINE TASTING GROUP

Nick Wilson 07938 186626

WRITING FOR PLEASURE

Anne Gill 0767 073976

WALKING GROUPS

Ken Howitt 07933 744043

If a group is showing as FULL, and you would like to join, talk to the relevant Group Leader, they may be able to help you start up a new second group.