

Walking Group Sign-Up

Length

Duration

Date

Time

Leader

Leader's

Meeting Point

Mobile Number

Please make a note of leader's number in case of delays or cancellations

Notes

Pace Amble 1.5 mph Medium 2.5 mph Brisk >2.5 mph

Stiles Hills Muddy Rough surfaces

You must have a level of fitness to keep to the stated pace.

Walks are undertaken at your own risk