

WEST WOLDS

u3a

"Learn, Laugh and Live"

Website: www.westwoldsu3a.org

November 2024 Newsletter

Issue 135

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

CHAIR'S REMARKS

Dear Member

This is my final newsletter comment as I step down at the AGM as interim chairman.

At the beginning of the year the committee went through some difficult times and as a consequence I was invited to join the committee as interim chairman. My acceptance of the role was on the understanding it was only until the AGM. My aim was to bring stability, common-sense and enjoyment to the role of being a committee member. I believe that aim has been achieved, however the committee are in the best position to judge that.

It was very satisfying to be part of the Group Leaders/Volunteers event on 30th October. It was wonderful to see so many of our members coming together to discuss the running of groups and their role in making this a great community.

I'm sure the new committee will take us forward and continue to work hard to make West Wolds u3a even better.

To all members and friends I say farewell.
Have a great month.

Steve McCarthy, Interim Chair,
chair@westwoldsu3a.org

FRONT DESK ROTA VOLUNTEERS

The volunteers to sit with Sheila Nash on the front desk for the next meetings are :-

14th Nov. – Norma Willis

12th Dec. – Bess Scott Gunn

2025 / 9th Jan - Marilyn Combes

If anyone else is happy to be added to the list, please let me know.

Sheila Nash

MEMBERSHIP RENEWAL FOR 2024-25

We are down to the last 21 members who have yet to renew their membership, which runs from September 1st to August 31st, we hope you continue to support the West Wolds u3a next year with all that we can offer. However if you do not wish to renew, please let me know as soon as possible.

If you do not renew by the November AGM meeting we will take it that you do not wish to and will remove you from the Membership, this means you will not be allowed to go to any further groups or General Meetings.

You can pay for your 2024-2025 membership fees online by BACS, or by presenting a cheque, or cash, or using a contactless card at the Meetings. For details, you will need to download and fill in a new 2024-25 Membership form, see online on our website, or available to pick up at the meetings, and return it to the Membership Secretary as detailed on the form.

Alternatively, you can now fill in the online Membership form on our website which sends your details directly to the email address membership@westwoldsu3a.org. We do need you to complete a form each year so that we can ensure that the data we hold against your name is correct and up to date.

The Membership fee for September 2024 to August 2025 has remained the same as last year for Individual and Joint membership, but we have decided that Associate Membership need only be £5 :-

£18 for Individual membership

£34 for Joint Membership

£5 for Associate Membership.

Terry Francis, Treasurer & Membership Secretary

SECRETARY'S NOTEBOOK - NOVEMBER



This month: Disability & Accessibility

West Wolds u3a takes steps to review accessibility needs for individual members and makes reasonable adjustments, where possible, to accommodate the needs of members with disabilities and/or health related needs. We will, as far as is reasonably possible, make sure that people with disabilities or health-related needs are afforded equal opportunities and are not discriminated against for a reason relating to their disability.

Whilst reasonable adjustments will be made to ensure that individuals can participate and can attend with carers to support their needs, there will be certain needs that the u3a will not be able to accommodate due to the level of care that an individual may need.

To this end we will take reasonable steps to develop procedures and practices that enable those with disabilities to participate fully in the organisation. WWu3a has a duty of care to all members and this may mean that difficult decisions have to be taken in assessing an individual's ability to participate either in the u3a as a whole or within individual activities.

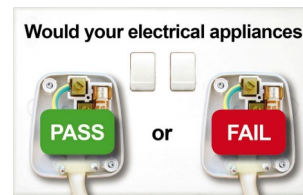
At the monthly members meetings the front row of seats will be reserved for members who have impaired hearing or vision. General meetings will, as far as possible, be held at a well lit, fully wheelchair accessible venue, spacious enough to cope with wheelchairs and mobility scooters, with wheelchair accessible toilet.

The full policy can be found on our Website and any Committee member can help with queries.

Thank you
Secretary on behalf of the Committee

PAT TESTING

I have arranged a PAT testing session in the Festival Hall Committee Room on **Wednesday 20th November from 09:00 to 12:00.**



All electrical equipment used for groups in venues such as the Festival Hall or New Life Church etc. must be PAT tested and certified every year. Please bring your equipment on the day or contact me to arrange to let me have it before the date.

Terry Francis

Greeters Rota

December

Penny Nott
Lucie Kew
Pam John

January

Anna Ettridge
Peter Fox
TBA

Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.

Catering Helpers Rota

December

Serving:: Jane Bridger
Stephanie Fox
Kitchen: Bernadette Heald
Bill Roberts

January

Serving:: Alison Laing
TBA
Kitchen: Mike Newton
Stephanie Fox

Rachel is looking for members who would like to volunteer to help with catering at future meetings, please contact her at the meeting.

25TH ANNIVERSARY GAMES EVENT

This event might have been considered to be a quiet , thoughtful event, but not so! The atmosphere from the start was lively with the players showing considerable enthusiasm for their chosen game. The 30 attendees soon settled down to Scrabble, Canasta, Chess, Mah Jong, Mexican Train, Backgammon, Rummikub, and Tri-onimos .



Then silence descended until the tea break! With so many games available there was an opportunity for everyone to join in with games they did not know about, let alone had played before.



Hopefully this will encourage more players to join the respective games groups in the future. It is also hoped to organise a similar event next year.

Lastly, I would like to thank all those attending for their support in making this event so memorable, as shown in the photographs on the u3a website.

Pam Britton, Board Games Group Leader

THANK YOU GROUP LEADERS & VOLUNTEERS

On 30th October, the Group Leaders meeting was followed by the arrival of our Volunteers for an Afternoon Tea of epic proportions, provided by Mrs B's Catering. We were pleased that so many could make it, and was an opportunity to say a big Thank You for everything our leaders and volunteers do to keep our u3a vibrant. 'Without our volunteers, this u3a would collapse' said Steve McCarthy, adding 'everyone in this room IS the u3a, we cannot exist without you'.

Sharon Rupp



Christmas Lunch Menu

**The Kings Head, Tealby
Thursday 12th December 2024**

Lunch is booked for 1.00. pm please be seated by 12.45 p.m.

Escalope of Lincolnshire Turkey

**Served with duck fat roast potatoes, chipolatas wrapped in bacon and
pub gravy**

Grilled Fillet of Salmon

**With a tarragon, lemon and hollandaise sauce,
topped with juicy tiger prawns**

Leek, Wholegrain Mustard, Brie, Cranberry and Broccoli Bake

All served with a selection of vegetables

Christmas Pudding

Served with brandy sauce

Banoffee Cheesecake

Served with chantilly cream

Chocolate Brownie

Served with ice cream

Tea/Coffee

2 Courses - £21.00

(This includes a tip for the staff)

**Tickets still
available at the
November
meeting**

Any dietary requirements please state at point of booking

Please consider car sharing if possible

**Payment please by cheque made to West Wolds u3a, cash or
contactless card which will incur an extra 50p charge.**



DECEMBER RAFFLE

**Pick up your FREE Raffle Ticket
from the Reception Desk at
the December Meeting to be
in with a chance of winning
a bottle of Asti Spumante.**

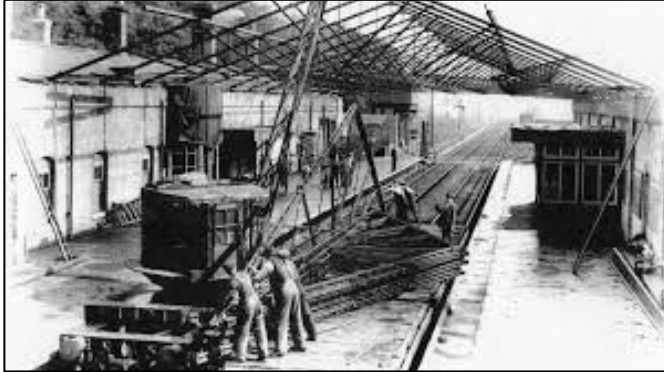


**The Draw will take place at the
start of the Meeting.**

GENERAL MEETING
SPEAKER PROGRAMME 2024

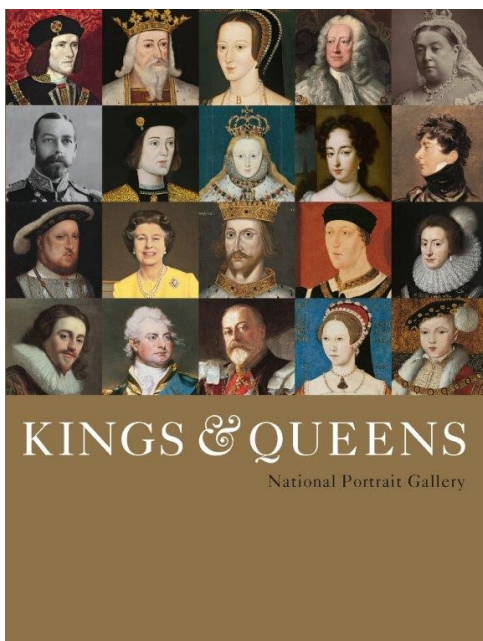
14th November - AGM

**12th December - The Arrival of the Railway to
Market Rasen by Hazel Barnard**



SPEAKER PROGRAMME 2025

**9th January – Kings and Queens since 1066 by
Keith Hanson**



**13th February 2025 - Life as a local Councillor
by Stephen Bunney**



LOCAL HISTORY GROUP
PROGRAMME

Meetings at Middle Rasen Village Hall

November 12th. A Talk by “The Red Arrows” -
Awaiting Confirmation

December 10th. The Christmas Quiz set by
Caroline Foster. A light hearted event with prizes
for winners and losers.

For information about any of these talks or visits
contact Paul Ettridge telephone 07916 910023
Email paulettridge28@gmail.com

THEATRE GROUP



**UPCOMING EVENTS AT THE
RIVERSIDE THEATRE LOUTH**

**WATCH THIS SPACE FOR EXCITING
SHOWS NEXT YEAR**

If interested please ring Cathy Whelan
01673 565608

Transport by own car/car share.

FOR ALL GROUP LEADERS

Looking for New Members? Why not tell us more
about what your group does.

Write a short article or create an advert for a
future newsletter.

Speak to the Group's Coordinator or Newsletter
Editor to find out more

ANYONE FOR TABLE TENNIS ?

This is an early call for anyone who would like to play table tennis on a reasonably regular basis at our local leisure centre. A table can be booked any day of the week between 9.00 -1600..

At least 4 people are needed to keep hiring costs per person down.

Interested ? Please contact Roy James on 07933 361213 or e-mail on roystonjames@gmail.com

JIGSAW EXCHANGE



Are you a jigsaw fan?
WW u3a member Lyn Henry has offered to set up a Jigsaw exchange/library. She has around 50 jigsaws to choose from.

If you'd like to borrow/swap or donate a jigsaw then please contact her – tel: 01673 843851.

MAHJONG GROUP



The Mahjong Group meets at the Lammas Leas Community Hall on the 4th Friday of the month.

If any members have a Mah Jong set that is surplus to requirements and destined for a charity shop, would you be willing to donate it to our group? We would be very grateful.

Contact Margaret Allerston on 01673 842247

BEADING GROUP



Would you like to join a new group to do beading? Beading involves the working of a variety of stitchwork to produce bracelets, earrings, necklaces or bookmarks etc, following patterns or being creative to produce something unique.

As always, the aim is fun, not work.
Interested? Please contact Ann Hadlow on 07827 292813



BACKGAMMON GROUP – AT THE BISTRO

For our meeting in November we will be at the Bistro, anyone wanting to join the group, please contact Bill Roberts for further details.

We are keeping to 2pm on the first Tuesday of the month.

NATIONAL U3A FRIENDS SITE

Look at the u3a Friends site on the National u3a website at

<https://www.u3a.org.uk/get-involved/u3a-friends>

u3a Friends is an exciting new initiative to bring together stories and interests from across the u3a movement; to use our collective voice to change lives and to share exclusive member offers with our exclusive Friends Extra benefits program. All of these come together under the banner of u3a Friends. Signing up to the newsletter means you are up-to-date and in touch with all that's happening across the movement as it happens.

GAMES ON!



The next games meeting will take place on the 25th November at The Bistro Cafe, Market Rasen, 2-4pm. Please come along and join us for a fun afternoon.

Contact: Pam Britton on
davepame@gmail.com or 01673 847750



CANASTA GROUP

The Canasta group is now in its second year. We meet every other Tuesday at Lammas Leas, Market Rasen, in the common room. From 2pm until 5pm. We are a friendly group and have 18 members at present. Not everyone comes all the time.

If you have never played Canasta before and think you might like to give it a go, come and visit us, you would also be welcome if you have played before!

If you are interested please contact us.
chrispeaone@gmail.com. Or
verabrisbane@gmail.com

Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.



DISCUSSION GROUP

Space travel:

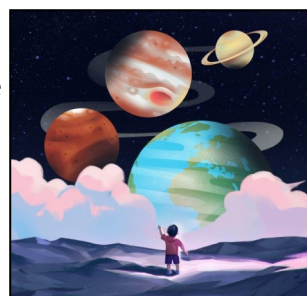
Can we afford it, can we afford not to?

What are the benefits, if any, and what about the disadvantages?

Should we try to

colonize the Moon or

Mars? Is it a realistic or beneficial project?



Inter planetary exploration is a fact of life these days and it may be the solution to extending the human race, what thoughts do you have on the matter? Your children's children might be interested! Come and give your opinion at our next discussion on Wednesday 20th November at our usual venue.

Contact David Ebbage for further information on davepame@gmail.com or 01673 847750.

SOLO GROUP



The next meeting of the Solo Group will be on Friday 15th November 2024 at 2.00 p.m. at the New Life Church, Market Rasen. Our guest speaker this month is another u3a member, Jane Guy, OBE who will entertain us with her life story and how she was awarded her OBE by Queen Elizabeth. There will be no meeting in December and we will resume again on Friday 17th January 2025.

Ginny Beard

CREATIVE WRITING GROUP

Would you like to join a group of like-minded people who will support each other to create short pieces such as poems, comic verse, and stories? As always, the aim is fun and satisfaction, not work. We are not looking to develop serious authors who seek fame and fortune. However we might just aspire to having the groups efforts appearing in this newsletter !

Interested ? Want to know more? Please contact Sue Flower 01673 849188

THE WEST WOLDS GARDENING GROUP.



We welcome any new members to our group. Below is our programme. For our meeting programme we meet at The New Life Church in Serpentine Street on the third Wednesday of every month from 2 p.m./4 p.m.

Meeting Programme from September 24 to April 25

Meeting date	Speaker	Topic
20 th November	Rob Potterton	A labour of love
18 th December	Quiz perhaps!	Christmas celebrations and afternoon tea
15 th January	Alan Mason	More travels
19 th February	Andrew Ward	Gardening in a changing climate
19 th March	Martin Fish	Propagation – plants for free
16 th April	Hannah Sylvester	The medicine chest in your back garden

If what you have read sounds like something you would like to do too, then please do join us for any events – but let Jane know first; jane.m.guy@gmail.com

Jane Guy

TURKISH DANCING GROUP

Just a note to inform the dancers among us, that for the time being this group will not be holding classes until maybe the New Year. Hopefully we may be able to encourage a few more to join us. In the meantime if you do fancy trying a few hip rolls, swaying and laughing, then please contact me.

Gillian Anderton 01673 844382 or
07983930019

RASEN BOOK GROUP

This group is now being run by Jo Speakman, please contact her if you are interested.
07922 002251

MUSIC APPRECIATION GROUP

Please contact Kathryn Wade for further information. 07783 977800

West Wolds u3a Gardens of Shropshire

Friday 18th to Monday 21st July 2025 - 4 days

4 Days

by coach

£575pp sharing

£675 sole occupancy

Half board

Inclusive of
entrance fees



Friday 18th July - Lincolnshire to Telford

Depart Market Rasen 8.30 am.

Our first stop is at John's Garden, Ashford Nursery, Kingswinford.

Arrive 11.15 for visit and lunch (take pack up or purchase something in the restaurant at the Nursery).

Depart at 1.30pm and continue to Ruthall Manor near Bridgnorth, arriving at approximately 2.30pm. Visit includes entrance and tea and cake.

Depart at 4pm and continue to Telford, arriving at our hotel at approximately 5pm with time to relax before dinner.

Saturday 19th July: Goldstone Hall/David Austin Roses/Grooms Cottage

Depart hotel at 9.30 am for our visit to Goldstone Hall, Telford.

Coffee & biscuits included. Depart 11.00 am.

11.30 am. Arrive at David Austin Roses, Telford. We have lunch here

(included in tour cost). Depart at 2.30pm and return to hotel.

3.15pm arrive at hotel. Time to relax before an early dinner at 6 pm.

7 pm: Depart hotel and travel to Grooms Cottage, Telford, arriving at

approximately 7.30 pm. Visit includes a glass of prosecco and cake.

9 pm: Depart Grooms Cottage. Arrive back at hotel 9.30pm.

Sunday 20th July - Hodnet Hall/Wollerton Old Hall/Moat Hall

9.30 am: Depart hotel and travel to Market Drayton, to arrive at Hodnet Hall at approximately 10 am. Visit and lunch included.

1 pm: Depart Hodnet Hall and continue to Wollerton Hall, Market Drayton, arriving at approximately 1.30pm. Depart 3.30pm and travel to Shrewsbury.

Arrive at Moat Hall at 4.00pm for tea and cake. Depart 5.15.

Arrive at hotel 5.45 pm.

Monday 21st July - Depart hotel at 9.30am and commence journey home.

With a garden visit en route, we aim to arrive back at Tesco's Car Park, Market Rasen at approximately 6 pm

Please note: Some gardens may involve steps or uphill walks to and from where the coach can park. This holiday is therefore not advised for those with restricted mobility.

ALL DEPARTURE TIMES WILL BE ANNOUNCED ON THE COACH

Departing from Market Rasen at 8.30am:

For further details contact Jane Guy

Tel. 07971 277482 (e-mail jane.m.guy@gmail.com)

Telford Hotel Spa & Golf Resort, Shropshire (AA 4 star)

Situated in 170 acres and overlooking the Shropshire countryside, this stunning hotel with first rate facilities is located five miles from Telford and on the doorstep of Ironbridge Gorge.

- Bar & lounge, restaurant
- En-suite bedrooms
- Indoor pool, sauna, steam room & 18-hole golf course
- Lift

What's included:

- ✓3 nights' accommodation with 3 course, 3 choice dinner, and full English breakfast
- ✓Return executive coach travel
- ✓Porterage on arrival and departure
- ✓Visits and entrance fees as shown

*Price based on a minimum group size of 30 passengers and two persons sharing a twin/double room.

Single room supplement £100

Deposit £75 by 31st January '25.

Optional insurance £17pp

Booking Terms & Conditions apply

just for
groups!

Tour details are subject to change and have been arranged in conjunction with *just for groups!*

The Old Bakery, Queens Road, Norwich NR1 3PL
01603 886740 www.justforgroups.co.uk





West Wolds

GARDEN GROUP HOLIDAY BOOKING FORM

18TH/21ST JULY, 2025 to Shropshire

Name(s):No. of places required:

Main contact address:

.....Postcode.....

Email:.....Tel:.....Mobile.....

Special requests (mobility, dietary requirements, etc) :

Next of kin.....Their mobile.....

U3a Membership Number.....

PICK UP POINT: Lorry car park, behind Tesco, Market Rasen @ 8.30 a.m. Return 6.00 p.m.

COST: £575.00 PER PERSON, (SHARING A TWIN OR DOUBLE ROOM) WHICH INCLUDES TRAVEL, DRIVER'S TIP, GARDEN ENTRANCES AND 3 LUNCHESES. NO REFUND WITHIN TWO WEEKS OF DEPARTURE. Single Room Supplement £100. Insurance £17.00

To confirm your reservation please complete this booking form with your deposit of £75.00 as soon as possible to secure your place. Cheques to be made payable to West Wolds u3a and posted to: **Mrs Jane Guy, 14 Jubilee Avenue, Faldingworth, Lincs., LN8 3FF.**

To make an online payment (BACS) pay Lloyds Bank; a/c The West Wolds University of the Third Age (Sort code 30-96-09, account No 71220968) Ref. GG Holiday

**More booking forms and any enquiries please contact Jane.
0797 1277 482 or jane.m.guy@gmail.com**

ITALIAN

We meet every fortnight on Thursdays to share a range of activities in a supportive and fun way. We don't take ourselves too seriously. This very popular group has some space if you're quick. Contact details below.

SPANISH FOR YOUR HOLIDAYS

This short course has now finished for another year. Always popular if you're planning on speaking a little Spanish when you travel. Next course 2025.

SPANISH: INTERMEDIATES PLUS

This popular and friendly group meets every Tuesday and enjoys finding out about Spain and using the language to engage with others in our own group and beyond. Limited space available.

WEST WOLDS U3A: MEET OUR LANGUAGE GROUPS

FRENCH BEGINNERS AND FRENCH CONVERSATION

From September there will be two groups covering a wider ability range so you'll fit right in whatever level of French you're at. Our groups meet fortnightly on 1st and 3rd Wednesday evenings each month at 6pm.

SPANISH BEGINNERS

We use the BBC Talk Spanish materials as a core text with a range of other materials to make our language learning fun and realistic.

Resuming in January 2025. We're currently looking for new members and have a few spaces left, so hurry!

GERMAN

Now meeting in a new venue every Tuesday at 2pm this expanding group welcomes new members at the New Life Church, Market Rasen. Contact groupcoordinator@westwoldsu3a.org

FRENCH, ITALIAN AND SPANISH

Contact Sandra for more details
sandrawwu3a@gmail.com

SPANISH GROUPS HIT TOWN!

Flamenco Extravaganza

Members of our Spanish Intermediate group, together with the new group leader of Intermediate Spanish in Wakefield attended a very lively flamencan show at the Lincoln Arts Centre in October.



Flamenco Dancer. Image created in AI

Trained at the Royal Conservatoire of Music in Cordoba, Daniel Martinez is a leading exponent of the flamencan style of guitar playing. Now running his own company he tours the world with a group of fellow musicians and dancers.

From the very first chord, it was impossible to believe you weren't in deepest Andalucia on a warm summers evening!

Sue, one of our Spanish Group members said, "The evening was very special. The artists and venue made for a fabulous occasion."

Next Event

We're off to Ole Ole in Lincoln again in December to celebrate the return of several members from foreign corners of the world, and Christmas. A little Spanish and some good food will be the order of the day!



Local ladies dancing in the square by La Nucia Auditorium.
Photo C. Stubbs.

Dance and Music in La Nucia

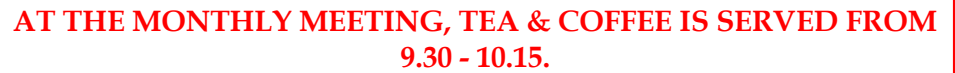
Autumn is a time of cultural celebration and one of our Spanish Group members has been taking in the delights of some music and dance culture while in the Valencia region.

While staying in Altea on the coast, Chris travelled into La Nucia to experience some traditional folk dancing in the sunshine after a concert at the Auditorium. Chris reported that "The costumes were beautiful with the local people taking great pride in their Valencian province and old traditions. The concert was free to watch but the local people were offering small gifts for donations to the local cancer charity. I bought some lovely earrings and when we opened our little parcel wrapped in a blue chequered scarf, there were four delicious homemade biscuits!"




Group members meet Daniel Martinez after the show
Photo A Dean

Flamenco music, deeply rooted in the cultural tapestry of Andalusia in southern Spain, features a captivating blend of singing (cante), guitar playing (toque), dance (baile), and rhythmic handclaps (palmas). One fascinating aspect is that Flamenco was recognized by UNESCO as an Intangible Cultural Heritage of Humanity in 2010, highlighting its profound cultural significance and influence.



THANK YOU FOR YOUR CO-OPERATION.

A stack of several round, golden-brown chocolate chip cookies sits on a white plate with a blue rim. The cookies are piled on top of each other, showing their characteristic dark chocolate chips. The plate is set against a plain white background.

WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS

Date	Place	Distance	Walk Leader	Telephone
Nov 13th	Heighington	4 Miles	ROGER & IRENE DIXON	07716 805107
Nov 19th	Ingham	3.75 Miles	YVONNE HEATHERSHAW	07990 643933
Nov 26th	Pye Wipe to Doddington	4 Miles	ROGER & IRENE DIXON	07716 805107
Dec 4th	Cleethorpes Lunch at Steels	4 Miles	MERILYN COMBES	07814 470265
Dec 11th	Xmas Walk Around		YVONNE HEATHERSHAW	07990 643933
Jan 2025	Walks Meeting			

Please contact the Walk Leader direct to sign up any of these walks or see Ken Howitt at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

If you can offer to fill in any of the blanks and lead a walk, please contact Ken Howitt on 07933 744043 with the details of the walk.

DODDINGTON WALK

On 15th October the walking group went on the Doddington circular walk via Harby which is a nice flat walk of about 4 ½ miles. Having reached the Nottinghamshire/Lincolnshire border, we split into our preferred counties, with one Libran unable to make up her mind. After a tour of the Farm Shop and Country Store, we finished off with a hot drink in the cafe and rested our feet.



DIGITAL PHOTOGRAPHY GROUP-
PICTURES OF THE MONTH FOR OCTOBER 2024

Here are some photos from the Digital Photography Groups challenges for October, based on a fun theme 'Lincolnshire' and a technical theme of 'Monochrome' plus a favourite of the month. This selection was voted on at our Digital Photography Group meeting.



PB Comet

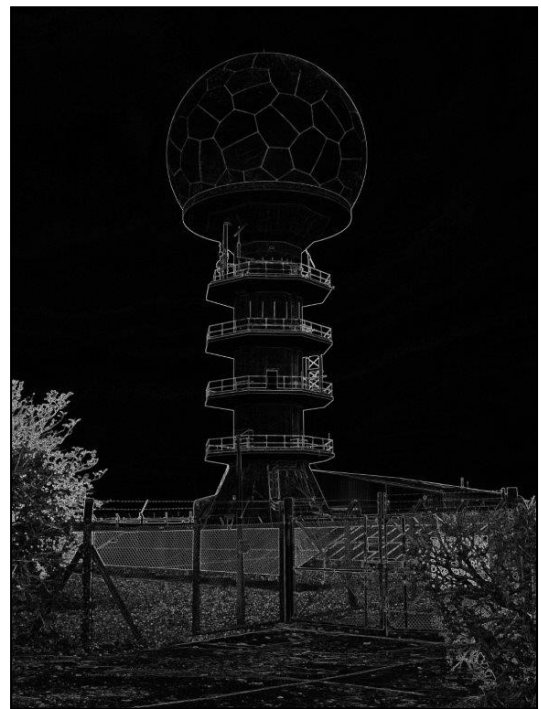
Favourite of the Month –

Comet

Taken by Pam Britton



Monochrome
Lincoln Street Scene
Taken by Brian Ward



Monochrome
Golf Ball in Negative
Taken by Steve McCarthy



Lincolnshire
Lancaster Crew & Cathedral
At Bomber Command
Taken by Terry Francis

For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

GROUPS DISCLAIMER

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to. *The Committee*

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2023/2024

**Interim Chairman
and General Meeting Coordinator**
Steve McCarthy Tel: 07540 302603
chair@westwoldsu3a.org



Speaker Finder
Ginny Beard Tel: 07980 209642
speakerfinder@westwoldsu3a.org



Vice Chair
TBA
vicechair@westwoldsu3a.org

Visits
Dave Ebbage Tel: 01673 847750
visits@westwoldsu3a.org



**Business Secretary & Safeguarding
Officer**
Sharon Rupp Tel: 07803 694889
secretary@westwoldsu3a.org



**Committee member
without portfolio**
Nick Wilson Tel: 07938 186626



**Treasurer & Membership Secretary
Newsletter Production Editor
and Technical Support**
Terry Francis Tel: 01673 842088
treasurer@westwoldsu3a.org
membership@westwoldsu3a.org
newsletter@westwoldsu3a.org



Support Roles (Non Committee)
Catering Coordinator
Rachel Telfer Tel: 01673 844244
racheltelfer1@hotmail.co.uk

Greeters Coordinator
Caroline Dale Tel: 01673 844142
ginger.mike29@btinternet.com

**Publicity Officer, Groups'
Coordinator
and Website Support**
Gary Beighton Tel: 01673 849364
publicity@westwoldsu3a.org
groupcoordinator@westwoldsu3a.org



Welfare
Mandy Murphy Tel: 01673 565295
Mandy.murphy1396@gmail.com

Website Administration
Steve McCarthy Tel: 01673 308364
webadmin@westwoldsu3a.org

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, www.westwoldsu3a.org, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts

Receive Updates

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Leader shown overleaf to ascertain if the group is running, and times and where they meet.

Leaders, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Crochet 14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	10:00 Family History 14:00 Backgammon 14:00 Upholstery 14:30 Spanish Intermediate 14:00 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group 14:00 Spanish Conversation & Scrabble
2nd	10:00 Embroidery 2 13:30 Spanish Beginners	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery 14:00 Canasta 14:30 Spanish Intermediate 14:00 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 13:30 Beading Group 14:00 Poetry 14:00 Music Appreciation 18:00 French Beginners 18:00 French Conversation	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)
3rd	14:00 Crochet 14:00 Digital Photography	10:00 Country Walks 14:00 Upholstery 14:30 Spanish Intermediate 14:00 German	10:00 Cycling (Short Rides) 10:00 Discussion Group 14:00 Readers Group – FULL 14:00 Gardening Group	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* (*And 5th Friday of the month, if there is one) 14:00 Solo Group 14:00 Spanish Conversation & Scrabble
4th	10:00 Embroidery 2 13:30 Spanish Beginners 14:00 Board & Card Games	10:30 3 Mile Walkers 14:00 Upholstery 14:00 Canasta 14:30 Spanish Intermediate 14:00 German	10:00 Embroidery (*Last Wednesday of month) 10:00 Cycling (Short Rides) 13:30 Beading Group 14:00 Rasen Book Group 14:00 Artificial Intelligence 18:00 French Beginners 18:00 French Conversation	10:00 Cross Stitch – FULL 10:15 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Architecture – every two months 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) 14:00 Mah Jong

INTEREST GROUP LEADERS

ARCHITECTURE

David Oliver 01673 880188

ARTIFICIAL INTELLIGENCE (AI)

Sandra Dean, sandrawwu3a@gmail.com

BACKGAMMON

Bill Roberts 01673 842703

BEADING GROUP

Ann Hadlow 07827 292813

BIBLICAL HEBREW

Alison Atkinson 01673 849979

BOARD & CARD GAMES GROUP

Pam Britton 01673 847750

CANASTA

Vera Brisbane 07870 185247

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROCHET – FULL

Pat Hage 01673 849447

CROSS STITCH – FULL

Audrey Storey, 01673 849625

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCOVERY GROUP

Mary Howes 01673 849554

DISCUSSION GROUP

Dave Ebbage 01673 847750

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

EMBROIDERY 2

Pat Hage 01673 849447

FAMILY HISTORY

Janet Wilson 07966 232247

FAMILY HISTORY – BEGINNERS

Janet Wilson 07966 232247

FRENCH BEGINNERS

Sandra Dean, sandrawwu3a@gmail.com

FRENCH CONVERSATION

Sandra Dean, 0773 4456213

GARDENING

Jane Guy 0797 1277482

GERMAN

Gary Beighton 0758 2227856

INDOOR BOWLS

Cathy Whelan 01673 565608 / 07974 856984

ITALIAN (for beginners) – FULL

Sandra Dean, sandrawwu3a@gmail.com

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 01673 601086

LINE DANCING

Pauline Wood 07716 805580

LOCAL HISTORY

Paul Ettridge 07916 910023

LUNCHEON GROUP

Kay Green Tel: 0790 081 8373

MAH JONG

Margaret Allerston 01673 842247

MUSIC APPRECIATION

Kathryn Wade 01673 849487

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP – FULL

Audrey Storey 01673 849625

RASEN BOOK GROUP

Jo Speakman 07922 002251

RECORDER GROUP

Geoff Goddard 07752 945543

SCRABBLE

Audrey Storey 01673 849625

SOLO GROUP

Ginny Beard 07980 209642

SPANISH – BEGINNERS – STARTING FROM JAN 2025

Sandra Dean, sandrawwu3a@gmail.com

SPANISH CONVERSATION & SCRABBLE

Sandra Dean, sandrawwu3a@gmail.com

SPANISH INTERMEDIATE PLUS

Sandra Dean, sandrawwu3a@gmail.com

SPANISH FOR YOUR HOLIDAYS – STARTING FROM SEPTEMBER 2025

Sandra Dean, sandrawwu3a@gmail.com

THEATRE VISITS

Cathy Whelan 07974 856984

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS – PAUSED UNTIL THE NEW YEAR

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE RESTORATION – CONTACT GAIL FOR FURTHER INFORMATION

Gail Dennis 01673 843575

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

THE COUNTRY WALKERS

Ken Howitt 07933 744043

THE STROLLERS – NEW LEADER REQUIRED