

WEST WOLDS

u3a

"Learn , Laugh and Live"

Website: www.westwoldsu3a.org

August 2024 Newsletter

Issue 132

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

CHAIR'S REMARKS

Hello everyone,

Are you missing out on your membership? We have over 300 members, however the average attendance at the General Meetings is around 60. I have been told by a few members that the speakers can be hit and miss therefore it's not worth attending. I agree that some speakers are better than others, however, generally, they all have something to offer. I encourage you to come along, try for yourself and get value for money.

It is wonderful to report that there is a constant stream of new and exciting groups coming into being. Take a look at the website or read the monthly newsletter to see what's new. If you would like to start a new group please contact me or speak to a committee member at the General Meeting.

And finally let me remind you that there is clear evidence that people who volunteer are happier than those who don't. Why not volunteer, become a positive part of your u3a community. Contact me or a committee member to discuss the opportunities. I hope the coming month is good for you.

Steve McCarthy, Interim
Chair, chair@westwoldsu3a.org

AGM in November

Some members of the Keep Fit , Turkish Dancing and the Line Dancing Groups are intending to put on a short performance of the River (Rase) Dance at the AGM in November.

If anyone is interested in joining in, please contact Gillian Anderton, Dawn Stopper or Margaret White.

MEMBERSHIP RENEWAL FOR 2024-25

Now is the time when we need you to renew your membership, which runs from September 1st to August 31st, we hope you continue to support the West Wolds u3a next year with all that we can offer.

From now on you can now start to pay your 2024-2025 membership fees online by BACS, or by presenting a cheque, or cash, or using a contactless card at the Meetings.

For details, you will need to download and fill in a new 2024-25 Membership form, see online on our website, or available to pick up at the meetings, and return it to the Membership Secretary as detailed on the form.

Alternatively, you can now fill in the online Membership form on our website which sends your details directly to the membership@westwoldsu3a.org email address.

We do need you to complete a form each year so that we can ensure that the data we hold against your name is correct and up to date.

The Membership fee for September 2024 to August 2025 has remained the same as last year for Individual and Joint membership, but we have decided that Associate Membership need only be £5 :-

**£18 for Individual membership
£34 for Joint Membership
£5 for Associate Membership.**

Terry Francis, Treasurer & Membership Secretary

Thanks go to Gary Beighton for creating and testing the Online Form.

SECRETARY'S NOTEBOOK - AUGUST



What is Safeguarding?

Safeguarding is the protection of vulnerable people from harm, abuse and neglect. Some people may be more at risk because they are vulnerable due to physical or mental illness, or disability.

There are many signs and indicators that may suggest abuse or neglect including:

Unexplained bruises or injuries – or lack of medical attention for an injury

Non attendance at interest groups without reason and no response to reminders from group leaders or other members.

Significant loss or gain of weight and/or an unkempt appearance.

A change in the behaviour or confidence of a member, where they become quiet and withdrawn, or lash out in anger.

A member showing fear of a particular group or individual.

A member who sends unwanted sexually explicit text messages to a vulnerable member.

Threats of physical harm and bullying, or intentional striking of another member.

Additionally, a member may report they are being abused – i.e. a disclosure.

If you feel a member may be affected please contact Sharon Rupp (07803 694889 secretary@westwoldsu3a.org) or any member of the Committee.

For more information, there is a Safeguarding Policy on the website.

FOR ALL GROUP CONVENORS

Looking for New Members? Why not tell us more about what your group does.

Write a short article or create an advert for a future newsletter.

Speak to the Groups Coordinator or Newsletter Editor to find out more

REGARDING FRONT DESK ROTA VOLUNTEER

My thanks go to Sheila Nash who has taken on the sorting of the rota for the front desk. I have handed over the list of names of members who said they were willing to do this very important role at the General Meetings.

Sheila volunteers to do the role herself most months when she is available, and will contact people by phone or email to get them to sit alongside her or take over when she is not available. This is greatly appreciated as it is one more job that I can delegate. If anyone else is happy to be added to the list, please let Sheila know.

The volunteers to sit with her for the next two meetings are :-

8th August - Gillian Anderton

12th September - Bernadette Heald

10th October- Steve Field

Terry Francis

Membership Secretary and Treasurer

ADVANCE NOTICE OF THE GROUP LEADERS AND VOLUNTEERS THANK YOU EVENT



This will be held on Wednesday 30th October 2024

At Market Rasen New Life Church Main Hall

Group Leaders Meeting starts at 2pm

Followed at 3:30 pm by the arrival of remaining Volunteers, when Afternoon Tea will be served for all.



25TH ANNIVERSARY CELEBRATIONS

- IMPORTANT INFORMATION



Further events are proposed, these are:-

Sold Out

**Murder Mystery with Afternoon Tea. -
19th September 2-4:30pm – Tealby Village
Hall**

See poster on next page.

**Games Afternoon at Market Rasen New Life
Church. Monday 21st October 1-4pm .
A wide variety of board games will be available,
or bring along your favourite.
Refreshments included £2**

**Payment can be in cash or by cheque only.
Cheques to be made payable to 'West Wolds u3a'**

You will need to sign up for these events so do look
out for them or let us know of your interest.
chair@westwoldsu3a.org

Thanks to everyone who has come forward with
ideas and offers of help.

If you've not yet been in touch please contact
chair@westwoldsu3a.org with your suggestions.
Let's make this a year to remember

**Have a look at our Facebook page for
interesting information, share it to all
your friends, to increase our
membership.**



westwoldsu3a

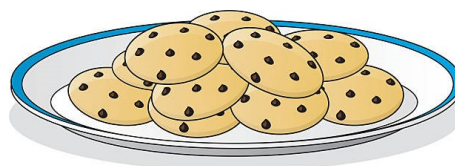


**AT THE MONTHLY
MEETING, TEA & COFFEE IS
SERVED FROM
9.30 - 10.15.**

**PLEASE REMEMBER THAT THE CATERING
STOPS SERVING AT 10:15, PLEASE ENSURE
ALL CUPS ARE RETURNED TO THE
KITCHEN BY THIS TIME.**

THANK YOU FOR YOUR CO-OPERATION.

**IF ANYONE NEEDS HELP CARRYING
THEIR DRINK TO THEIR CHAIR, PLEASE
ASK ONE OF THE CATERING TEAM.**



Greeters Rota

September

Janice Adams
Steve Fields
Gillian Anderton

October

Peter Fox
Eunice Hughes
TBA

**Caroline Dale is asking if anyone would like to
be a greeter, please contact her at the meetings
or on 01673 844142.**

Catering Helpers Rota

September

Serving:: Bess Scott-Gunn
Penny Nott
Kitchen: Norma Willis
Bernadette Heald

October

Serving:: TBA
TBA
Kitchen: TBA
TBA

**Rachel is looking for members who would like
to volunteer to help with catering at future
meetings, please contact her at the meeting.**

Murder Mystery Afternoon

25th Anniversary Event

West Wolds
u3a
learn, laugh, live

Thursday 19th September 2-4.30pm

Tealby Village Hall

Do you like solving puzzles and crosswords?

Pit your wits against the murderer whilst enjoying an Afternoon Tea

Lord Heathcliff is found murdered with a candlestick in the Pool Room of his Manor House during a party - But who dunnit?!

Our u3a Drama Group will play the suspects and you (the party guests) will listen to the clues, question the characters and unmask the killer!

Afternoon Tea will be served during the game, including selection of sandwiches & savouries, scones, cake and unlimited tea/coffee..

Tickets £12, on sale at the June, July and August General Meetings.





RECOMMEND A FRIEND PRIZE DRAW!

It is a proven fact that the way we recruit members most effectively is by **you!**

We have tried Advertising, Facebook campaigns and manning stands at various events, but what brings new members in most effectively are your recommendations.

So, talk to your friends and neighbours, bring them along to a meeting or two, or a Group. If your friend joins up between **June 1st and October 1st** then you will be entered into a draw to win a £20 National Garden Voucher.

The draw will be made at our **October General Meeting.**

Pick up an entry form from the Reception Desk at the August and September meetings. Closing Date 1st October.

***T&C's: you must have renewed your membership by 1st October**



A Festival of Learning and Fun The u3a's First National Gathering

The u3a movement hosted its first-ever national festival this year! Held in the historic city of York from July 18th to 20th, the u3a Festival '24 promised to be a vibrant celebration of learning, activity, and fun.

I spent three days surrounded by fellow u3a members, participating in a smorgasbord of activities throughout the day and well into the evening. The festival offered a chance to:

- * Engage in talks and workshops: Expanding personal knowledge on a vast array of topics, from history and literature to arts and crafts.
- * Participate in sporting events: Keeping the body active and having some friendly competition in a variety of sports.
- * Enjoying musical entertainment: Immersing yourself in live music performances and soaking up the festive atmosphere.
- * Networking and connecting: Mingling with u3a members from across the UK to share experiences, and forge new friendships.



This inaugural event was a unique opportunity to experience the u3a spirit on a national scale. At breakfast the first morning I met Carol from Plymouth and Steve from Edinburgh. We had plenty to talk about as we shared our hopes and expectations for the next few days. We were soon joined by others I've met at recent events.

I'd already offered to run several sessions sharing my love of games to help with Spanish and I had a full group on the first morning. I also met up with several members of the national AI team from West Midlands, Suffolk and the south

On day two I made jewellery and delivered a session on AI enhancing languages. I was asked to run a second Spanish session as the first had been over subscribed. In the afternoon I was able to sit back as I took in a fascinating talk given by Professor Joanne Fletcher on Egyptology. Many of you will know of her from TV and through her books. Saturday evening was more relaxed as a group of AI and computing enthusiasts met for drinks in the bar and had dinner together.

Back home by Saturday afternoon I was looking forward to a brief rest before setting out again for more Spanish at the Yorkshire and Humber Summer School during the following week.

GENERAL MEETING SPEAKER PROGRAMME 2024

8th August - Lincolnshire Lowland Search and Rescue



Lowland Rescue covers everywhere "from hill to high water". We primarily cover the county of Lincolnshire, but we also regularly assist neighbouring teams.

12th September - Nettleham Woodland Trust

Our community group is dedicated to the development and management of the woodlands around Nettleham.



10th October - "You'll Fly Laughing" by Kenneth Moore

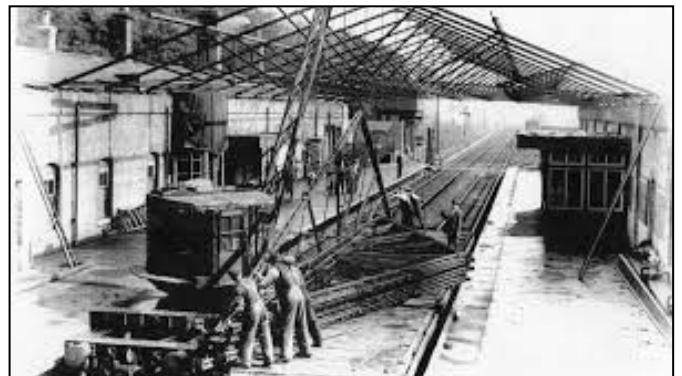


A humorous account of 34+ years as a Royal Air Force Navigator flying Shackletons, Phantom F4s, Tornados and finally AWACS.



14th November - AGM

12th December - The Arrival of the Railway to Market Rasen by Hazel Barnard



THE WEST WOLDS GARDENING GROUP.



We welcome any new members to our group. Below is our programme. For our meeting programme we meet at The New Life Church in Serpentine Street on the third Wednesday of every month from 2 p.m./4 p.m.

Summer garden visits

15th August Garden Visit Baumber Walled Garden

Meeting Programme from September 24 to April 25

Meeting date	Speaker	Topic
18 th September	Andrew Mikolajski	Pin me to the wall
16 th October	Peter Williams	Shady characters and shy maidens
20 th November	Rob Potterton	A labour of love
18 th December	Quiz perhaps!	Christmas celebrations and afternoon tea
15 th January	Alan Mason	More travels
19 th February	Andrew Ward	Gardening in a changing climate
19 th March	Martin Fish	Propagation – plants for free
16 th April	Hannah Sylvester	The medicine chest in your back garden

15th August is another drive yourself there but it is FREE entry and you can purchase a drink and light refreshments if you wish.

If what you have read sounds like something you would like to do too, then please do join us for any events – but let Jane know first; jane.m.guy@gmail.com

Jane Guy

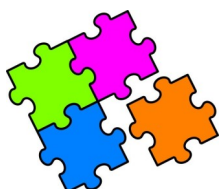
NOTICE OF DEATHS OF MEMBERS

Following the deaths of a few members in recent months, the committee has reviewed how it is best to handle the situation when we receive such news.

It has been agreed we would make announcements of a death in the monthly Newsletter if the family have requested us to do so.

We will not make announcements at the monthly meeting or on the website.

JIGSAW EXCHANGE



Are you a jigsaw fan?
WW u3a member Lyn Henry has offered to set up a Jigsaw exchange/library. She has around 50 jigsaws to choose from.

If you'd like to borrow/swap or donate a jigsaw then please contact her – tel: 01673 843851.

(NB Lyn has the Sky Guard security protocol on her phone. It will ask for your name before she answers. Please mention "u3a member" when you say your name).

BACKGAMMON GROUP – BACK AT THE BISTRO

For our meeting in August we will be at the Bistro, anyone wanting to join the group, please contact Bill Roberts for further details.

We are keeping to 2pm on the first Tuesday of the month.

MAHJONG GROUP



The Mahjong Group meets at the Lammas Leas Community Hall on the 4th Friday of the month.

If any members have a Mah Jong set that is surplus to requirements and destined for a charity shop, would you be willing to donate it to our group? We would be very grateful.

Contact Margaret Allerston on 01673 842247

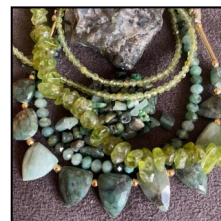
BEADING GROUP



Would you like to join a new group to do beading? Beading involves the working of a variety of stitchwork to produce bracelets, earrings, necklaces or bookmarks etc, following patterns or being creative to produce something unique.

As always, the aim is fun, not work.

Interested? Please contact Ann Hadlow on 07827 292813



GERMAN GROUP

The German Group is taking a break until September, for further information contact Gary Beighton

CROCHET GROUP

Pat Hage is running a new Crochet Group on the 1st and 3rd Mondays of the month at 2pm in Market Rasen. Please contact her on 01673 849447 or by email on phage65@gmail.com

NATIONAL U3A FRIENDS SITE

Look at the u3a Friends site on the National u3a website at

<https://www.u3a.org.uk/get-involved/u3a-friends>

u3a Friends is an exciting new initiative to bring together stories and interests from across the u3a movement; to use our collective voice to change lives and to share exclusive member offers with our exclusive Friends Extra benefits program. All of these come together under the banner of u3a Friends. Signing up to the newsletter means you are up-to-date and in touch with all that's happening across the movement as it happens.

GAMES ON!



The Board Games August meet up will not take place this month due to it being the August Bank Holiday. We will meet again on the 30th September at the Bistro Cafe in Market Rasen at 2pm. If you are interested in playing Chess or Scrabble then please come along and join us.

Many thanks. Pam



Contact Pam Britton for information

CANASTA GROUP

The Canasta group is now in its second year. We meet every other Tuesday at Lammas Leas, Market Rasen, in the common room. From 2pm until 5pm. We are a friendly group and have 18 members at present. Not everyone comes all the time.

If you have never played Canasta before and think you might like to give it a go, come and visit us, you would also be welcome if you have played before!

If you are interested please contact us.
chrispeaone@gmail.com. Or
verabrisbane@gmail.com

DISCUSSION GROUP

The group will not be meeting in August, but will return refreshed in September with a new challenging topic, which has yet to be decided! The date of the next meeting is Wednesday 18th September at 1000, venue as usual. We have a full membership at present, however if anyone, including existing members, would like to form a second group, then please come and discuss it at the next meeting with the Group Leader David Ebbage. Lastly, we have an initial agreement with De Aston School, to organise a joint discussion group composed of our existing group members and an equal number of students from their older pupils. It is hoped to finalise arrangements when the school term recommences.

Please contact the Group Leader, David Ebbage on visits@westwoldsu3a.org or 01673 847750

SOLO GROUP



The solo group met on Friday 19th July, we were a small group of 12 and enjoyed the quiz and refreshments. The next meeting will be on Friday 16th August, and Caroline Foster, a local historian will be giving a talk on the Censuses 1086 - 1939. Look forward to seeing you there at the New Life Church, Market Rasen at 2.00 p.m.
Ginny Beard

CREATIVE WRITING GROUP

Would you like to join a group of like-minded people who will support each other to create short pieces such as poems, comic verse, and stories? As always, the aim is fun and satisfaction, not work. We are not looking to develop serious authors who seek fame and fortune. However we might just aspire to having the groups efforts appearing in this newsletter !

Interested ? Want to know more? Please contact Sue Flower 01673 849188

LOCAL HISTORY GROUP
PROGRAMME

Meetings at Middle Rasen Village Hall

August 13th. No meeting - summer holidays!

September 10th. A tour of "Old Caistor" with Elizabeth Jefferson

October 8th. A talk by Chris Hewis entitled: "The Tale of Tom Otter"

November 12th. A Talk by "The Red Arrows" - Awaiting Confirmation

December 10th. The Christmas Quiz set by Caroline Foster. A light hearted event with prizes for winners and losers.

For information about any of these talks or visits contact Paul Ettridge telephone 07916 910023
Email paulettridge28@gmail.com

TURKISH DANCING GROUP

Please note that this group is taking a break until September, Gillian Anderton will decide when she will recommence.



INDOOR BOWLING GROUP

The Bowls Group have taken a summer break. This is due to many members opting for outdoor bowls over the holiday period. Also many are away on holidays.

We have been very lucky to have Jane Guy and Kate Winterlich. 2 volunteers who opened for us in the afternoon at 2.00

A few of us have joined the main club on a Thursday morning at 10.30 until we can start the u3a group, back again in the Autumn.

BOWLS AVAILABLE AT THE CLUB.
FLAT SHOES NEEDED.
CONTACT CATHY WHELAN
01673 565608

THEATRE GROUP

UPCOMING EVENTS AT
THE BROADBENT
THEATRE.



FILM

**THE ROCKY HORROR
PICTURE SHOW**

07:30pm Friday 25th October
£10

RIVERSIDE THEATRE LOUTH

Tickets still available for
LAST OF THE SUMMER WINE
BY ROY CLARKE
THE STAGE VERSION DEBUTED IN 2003

Based on Clarke's novel The Moonbather.
Saturday 14th September Matinee Performance.

There is a performance in the evening too, but many of us are averse to night driving.
Will reserve seats after the next u3a meeting.

Tickets still available for
FLEETWOOD MAC
STEVIE NICKS & TOM PETTY AND
THE HEARTBREAKERS

Tribute Group
21st September Saturday
£22.50

BILLY JOEL
FRIDAY 20TH DECEMBER

£22.00

If interested please ring Cathy Whelan 01673 565608
Transport by own car/car share.

Several of our group went to the Broadbent Theatre to see DUETS. a very funny play in 4 parts. This play was brilliantly directed by our own Gail Dennis.
It was a real treat. The theatre was packed by a very enthusiastic audience. The play took a hilarious look at modern relationships, beginning with on-line dating through divorce to 2nd & 3rd marriages.
Cathy Whelan



ITALIAN

We meet every fortnight on Thursdays to share a range of activities in a supportive and fun way. We don't take ourselves too seriously. This very popular group has some space if you're quick. Contact details below.

SPANISH: INTERMEDIATES PLUS

This popular and friendly group meets every Tuesday and enjoys finding out about Spain and using the language to engage with others in our own group and beyond. Group full. Waiting List available.



SPANISH FOR YOUR HOLIDAYS BOOKING FROM SEPTEMBER

This group will be starting in October for 6 weeks if there is enough demand. It's designed for anybody who wants to learn a few Spanish basics to take on holiday. It would also provide you with an entry point to this fascinating language. One afternoon per week by arrangement with group members.



WEST WOLDS U3A: MEET OUR LANGUAGE GROUPS

SPANISH BEGINNERS

We use the BBC Talk Spanish materials as a core text with a range of other materials to make our language learning fun and realistic.

This group is taking a break throughout the autumn and will resume in 2025.

FRENCH

Join us on September 19th at 6.00pm in Lammas Leas Community Room to make plans for the autumn.

This group has recently grown to accommodate both experienced and new French speakers. From September there will be two groups covering a wider ability range so you'll fit right in whatever level of French you're at.



GERMAN

The group meets every Tuesday throughout the year and is always looking for new members. If you've never learned German and fancy having a go then contact Gary directly for more details

groupscoordinator@westwoldsu3a.org



FRENCH, ITALIAN AND SPANISH

Contact Sandra for more details

sandrawwu3a@gmail.com





Summer of Learning: U3A Yorkshire and Humber Region Shines

The U3A Yorkshire and Humber Region recently hosted its annual Summer School at the picturesque Hawkhills in the North Riding of Yorkshire, and close to the Howardian Hills.

Just on the outskirts of Easingwold, Hawkhills offers a vibrant and stimulating setting for this event for learners of all ages.

From July 22nd to 25th, Yorkshire and Humber Region play host to members from across the UK. Attendees were immersed in a diverse range of subjects, from the intricacies of the English language to the vastness of cosmology. The opportunity to explore new interests and connect with like-minded individuals created a truly enriching atmosphere.

The beautiful setting provided the perfect backdrop for both academic pursuits and relaxation. With comfortable accommodation, delicious cuisine, and ample opportunities to socialize, attendees were able to fully immerse themselves in the Summer School experience.

Whether you were captivated by the world of philosophy or inspired by the creativity of art, the U3A Summer School offered something for everyone. As the event drew to a close, attendees left with not only newfound knowledge but also lasting friendships and a renewed sense of purpose.



WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS

Date	Place	Distance	Walk Leader	Telephone
August 14th	HEIGHINGTON		SHARON RUPP	07803 694889
August 20th				
August 27th				
Sept 4th				
Sept 11th	HARTSHOLME PATK	3 Miles	TERRY FRANCIS	07840 975547
Sept 17th	BELCHFORD		SHARON RUPP	07803 694889
Sept 24th				
Oct 2nd	BAG ENDERBY	5.25 Miles	YVONNE HEATHERSHAW	07990 643933
Oct 9th				

Please contact the Walk Leader direct to sign up any of these walks or see Ken Howitt at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

If you can offer to fill in any of the blanks and lead a walk, please contact Ken Howitt on 07933 744043 with the details of the walk.

DIGITAL PHOTOGRAPHY GROUP-
PICTURES OF THE MONTH FOR JULY 2024

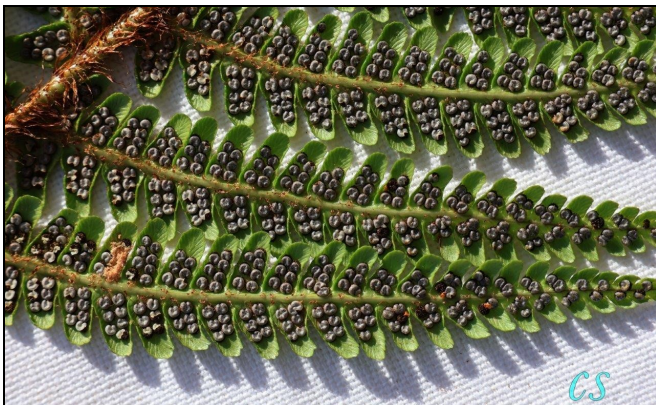
Here are some photos from the Digital Photography Groups challenges for July, based on a fun theme 'Patterns' and a technical theme of 'Get Down Low' plus a favourite of the month. This selection was voted on at our Digital Photography Group meeting.



Get Down Low – Staircase
Taken by Steve McCarthy



Get Down Low – Poppies
Taken by Angela Foster

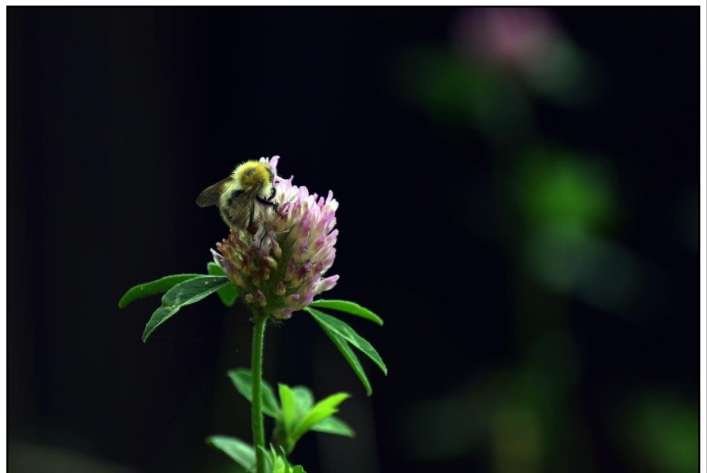


Patterns – Fern
Taken by Chris Slack

Favourite of the Month 1 –
Chirk Viaduct
Taken by Brian Ward



Favourite of the Month 1 –
Bee on Clover
Taken by Liz Argent



For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

GROUPS DISCLAIMER

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to. *The Committee*

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2023/2024

**Interim Chairman
and General Meeting Coordinator**
Steve McCarthy Tel: 07540 302603
chair@westwoldsu3a.org



Speaker Finder
Ginny Beard Tel: 07980 209642
speakerfinder@westwoldsu3a.org



Vice Chair
TBA
vicechair@westwoldsu3a.org

Visits
Dave Ebbage Tel: 01673 847750
visits@westwoldsu3a.org



Business Secretary
Sharon Rupp Tel: 07803 694889
secretary@westwoldsu3a.org



**Committee member
without portfolio**
Nick Wilson Tel: 07938 186626



**Treasurer & Membership Secretary
Newsletter Production Editor
and Technical Support**
Terry Francis Tel: 01673 842088
treasurer@westwoldsu3a.org
membership@westwoldsu3a.org
newsletter@westwoldsu3a.org



Support Roles (Non Committee)
Catering Coordinator
Rachel Telfer Tel: 01673 844244
racheltelfer1@hotmail.co.uk

Greeters Coordinator
Caroline Dale Tel: 01673 844142
ginger.mike29@btinternet.com

**Publicity Officer, Groups'
Coordinator
and Website Support**
Gary Beighton Tel: 01673 849364
publicity@westwoldsu3a.org
groupcoordinator@westwoldsu3a.org



Welfare
Mandy Murphy Tel: 01673 565295
Mandy.murphy1396@gmail.com

Website Administration
Steve McCarthy Tel: 01673 308364
webadmin@westwoldsu3a.org

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, www.westwoldsu3a.org, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts

Receive Updates

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Crochet 14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	10:00 Family History 14:00 Backgammon 14:00 Upholstery 14:30 Spanish Intermediate 14:00 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group 18:00 French Beginners 18:00 French Conversation	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group 14:00 Spanish Conversation & Scrabble
2nd	13:30 Spanish Beginners	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery 14:00 Canasta 14:30 Spanish Intermediate 14:00 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble (*And 5th Friday of the month, if there is one) 14:00 Solo Group 14:00 Spanish Conversation & Scrabble
3rd	14:00 Crochet 14:00 Digital Photography	10:00 Country Walks 14:00 Embroidery 2 14:00 Upholstery 14:30 Spanish Intermediate 14:00 German	10:00 Cycling (Short Rides) 10:00 Discussion Group 14:00 Readers Group – FULL 14:00 Gardening Group	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group 18:00 French Beginners 18:00 French Conversation	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble (*And 5th Friday of the month, if there is one) 14:00 Solo Group 14:00 Spanish Conversation & Scrabble
4th	13:30 Spanish Beginners 14:00 Board & Card Games	10:00 Music Appreciation 10:30 3 Mile Walkers 14:00 Upholstery 14:00 Canasta 14:30 Spanish Intermediate 14:00 German	10:00 Embroidery (*Last Wednesday of month) 10:00 Cycling (Short Rides) 14:00 Rasen Book Group 14:00 Artificial Intelligence	10:00 Cross Stitch – FULL 10:15 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Architecture – every two months 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) (*And 5th Friday of the month, if there is one) 14:00 Mah Jong

INTEREST GROUP CONVENORS

ARCHITECTURE

David Oliver 01673 880188

ARTIFICIAL INTELLIGENCE (AI)

Sandra Dean, 0773 4456213

BACKGAMMON

Bill Roberts 01673 842703

BEADING GROUP

Ann Hadlow 07827 292813

BIBLICAL HEBREW

Alison Atkinson 01673 849979

BOARD & CARD GAMES GROUP

Pam Britton 01673 847750

CANASTA

Vera Brisbane 07870 185247

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROCHET

Pat Hage 01673 849447

CROSS STITCH – FULL

Audrey Storey, 01673 849625

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCOVERY GROUP

Mary Howes 01673 849554

DISCUSSION GROUP

Dave Ebbage 01673 847750

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Janet Wilson 07966 232247

FAMILY HISTORY - BEGINNERS

Janet Wilson 07966 232247

FRENCH BEGINNERS – STARTING FROM SEPTEMBER 19th

Sandra Dean, 0773 4456213

FRENCH CONVERSATION – STARTING FROM SEPTEMBER 19th

Sandra Dean, 0773 4456213

GARDENING

Jane Guy 0797 1277482 / 01673 885415

GERMAN – PAUSED UNTIL SEPTEMBER

Gary Beighton 0758 2227856

INDOOR BOWLS

Cathy Whelan 01673 565608 / 07974 856984

ITALIAN (for beginners) - FULL

Sandra Dean, 0773 4456213

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 01673 601086

LINE DANCING

Margaret White 01673 849274

LOCAL HISTORY

Paul Ettridge 07916 910023

LUNCHEON GROUP

Kay Green Tel: 0790 081 8373

MAH JONG

Margaret Allerston 01673 842247

MUSIC APPRECIATION

Kathryn Wade 01673 849487

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP- FULL

Audrey Storey 01673 849625

RASEN BOOK GROUP – FULL

Kathryn Wade 01673 849487

RECORDER GROUP

Geoff Goddard 07752 945543

SCRABBLE

Audrey Storey 01673 849625

SOLO GROUP

Ginny Beard 07980 209642

SPANISH – BEGINNERS – TAKING A REST – STARTS AGAIN IN JANUARY 2025

Sandra Dean, 0773 4456213

SPANISH CONVERSATION & SCRABBLE FULL

Sandra Dean, 0773 4456213

SPANISH INTERMEDIATE PLUS - FULL

Sandra Dean, 0773 4456213

SPANISH FOR YOUR HOLIDAYS – STARTING FROM SEPTEMBER

Sandra Dean, 0773 4456213

THEATRE VISITS

Cathy Whelan 07974 856984

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS – PAUSED UNTIL SEPTEMBER

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE

RESTORATION – CONTACT GAIL FOR FURTHER INFORMATION

Gail Dennis 01673 843575

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

THE COUNTRY WALKERS

Ken Howitt 07933 744043

THE STROLLERS – NEW CONVENER REQUIRED