

WEST WOLDS

u3a

"Learn , Laugh and Live"

Website: www.westwoldsu3a.org

June 2024 Newsletter

Issue 130

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

CHAIR'S REMARKS

Hello everyone,

As summer starts to kick in we are all getting busier - in the garden, on trips and holidays. Your u3a doesn't stop for a holiday, we keep going with groups, monthly meetings and events, whatever the weather.

We are six months away from our AGM in November but the committee is already thinking about who will make up our numbers for 24/25. We are currently five members short and we would like to hear from you if you are interested in joining the committee next year. If you have a good grounding in common-sense and can get on with people then you are fully qualified. If you think you might be interested but would like to know more then let me know at chair@westwoldsu3a.org or at a general meeting.

Steve McCarthy – Interim Chair

AGM in November

Some members of the Keep Fit , Turkish Dancing and the Line Dancing Groups are intending to put on a short performance of the River (Rase) Dance at the AGM in November.

If anyone is interested in joining in, please contact Gillian Anderton, Dawn Stopper or Margaret White.

MEMBERSHIP RENEWAL FOR 2024-25

We are getting close to that time again when we are going to ask you to renew your membership, which runs from September 1st to August 31st, we hope you continue to support the West Wolds u3a next year with all that we can offer.

From the July meeting you can now start to pay your 2024-2025 membership fees online by BACS, or by presenting a cheque, or cash, or using a contactless card at the Meetings.

For details, you will need to download and fill in a new 2024-25 Membership form, see online on our website, or available to pick up at the meetings, and return it to the Membership Secretary as detailed on the form. We do need you to complete a form so that we can ensure that the data we hold against your name is correct.

The Membership fee for September 2024 to August 2025 has remained the same as last year for Individual and Joint membership, but we have decided that Associate Membership need only be £5 :-

£18 for Individual membership
£34 for Joint Membership
£5 for Associate Membership.

Terry Francis, Treasurer & Membership Secretary

Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.



[westwoldsu3a](https://www.facebook.com/westwoldsu3a)

SECRETARY'S NOTEBOOK - JUNE

U3A INSURANCE - WHAT IS IT GOOD FOR?



The Third Age Trust provides all u3a's with Public Liability Insurance, which covers legal liability for injury to a third party, or the property of a third party, which has arisen as a result of a u3a activity. It should be noted however that there is no cover for PERSONAL INJURY.

Summarised below are details of what the Policy will cover.

Property

Moveable items owned by the u3a are covered. Moveable items could be a laptop, speakers, PA, screen etc. All property must be kept safe whether at a venue or at home. If held at a venue, items must be stored in a lockable cupboard where no one else can use it. In a member's home, the same cover applies providing it has arisen during any u3a activity.

Money

Cash up to 1k is covered during any activity or at a members home, or during transit. Reasonable care must be taken to keep it safe.

Cyber

Data loss - the costs involved dealing with a security breach

Cyber crime - cover for theft of u3a money

Liability - a third party can claim compensation for any loss as a result of a data breach.

There are conditions relating to cyber cover: individuals must have their own passwords with no sharing; back ups must be made and stored separately from the original data; personal and sensitive data must be stored and disposed of securely; there must be a firewall and anti-virus software and both kept up to date.

FAQ's

1. Can a non-member attend an outing.

The underwriter feels if someone wants to take advantage of our trips, they should be a member. However, we say people can come to a taster session so in theory they could go on one outing maximum. Taking numerous non-members to fill a

coach, this is prohibited. A policy has being written stating that a non-member may attend 3 taster sessions, which includes 1 trip only. Carers may attend groups/ meetings free of charge and may attend on a trip but have to pay for their place. If on a trip, they cannot 'split up' and must remain with the person they are accompanying. A carer can be a friend or relative, they don't have to be paid or registered.

2. Can dogs attend a walk.

Only if all the group members and leader agree and the dog is kept on a lead at all times. There should be a Risk Assessment stating if crossing farmland containing livestock, it may be inappropriate to allow dogs.

3. Reporting accidents and incidents

There is a 3 year deadline to bring a claim for injury and 6 years for damage, so every accident or incident should be recorded asap afterwards as if the claim comes in a long time after the event, no-one will recall the circumstances. Group Leaders need to be aware of this. One trustee will be responsible for keeping them and backed up. It is recommended that Group Leaders keep attendance registers and hold on to them or pass to the Groups Coordinator to avoid a fraudulent claim being made.

4. Holidays

No holidays should be organised unless through a Tour Operator with proper liability insurance.

5. Risk Assessments

All activities should have a check-list (or RA) and kept in case of a future claim. For example, a walking leader should advise what the terrain will be like etc, then individuals know what equipment and clothing may be required. Individuals should make their own judgement about their abilities to complete any activity.

Sharon Rupp – Business Secretary

FOR ALL GROUP CONVENORS

Looking for New Members? Why not tell us more about what your group does.

Write a short article or create an advert for a future newsletter.

Speak to the Groups Coordinator or Newsletter Editor to find out more

25TH ANNIVERSARY CELEBRATIONS

- IMPORTANT INFORMATION



Further events are proposed, these are:-

**Murder Mystery with Afternoon Tea. -
19th September 2-4:30pm – Tealby Village Hall
Tickets £12, on sale at the June, July and August
Meetings.**

**Games Afternoon at Market Rasen New Life
Church. Monday 21st October 1-4pm .
A wide variety of board games will be available,
or bring along your favourite.
Refreshments included £2**

**Payment can be in cash or by cheque only.
Cheques to be made payable to 'West Wolds u3a'**

You will need to sign up for these events so do look
out for them or let us know of your interest.
chair@westwoldsu3a.org

Thanks to everyone who has come forward with
ideas and offers of help.

If you've not yet been in touch please contact
chair@westwoldsu3a.org with your suggestions.
Let's make this a year to remember

Indoor Bowls Afternoon

Unfortunately the Bowls Event has had to be
postponed until Autumn. £5. Date to be confirmed

U3A FESTIVAL 2024 AT YORK UNIVERSITY

July 18th to 20th
This national event will include a wide range of
events.
Details on the national website and in TAM

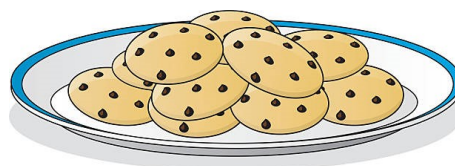


**AT THE MONTHLY
MEETING, TEA & COFFEE IS
SERVED FROM
9.30 - 10.15.**

**PLEASE REMEMBER THAT THE CATERING
STOPS SERVING AT 10:15, PLEASE ENSURE
ALL CUPS ARE RETURNED TO THE
KITCHEN BY THIS TIME.**

THANK YOU FOR YOUR CO-OPERATION.

**IF ANYONE NEEDS HELP CARRYING
THEIR DRINK TO THEIR CHAIR, PLEASE
ASK ONE OF THE CATERING TEAM.**



Greeters Rota

July

Anna Etteridge
Penny Nott
Peter Fox

August

Janice Adams
Beth Scott Gunn
Brian Ward

**Caroline Dale is asking if anyone would like to
be a greeter, please contact her at the meetings
or on 01673 844142.**

Catering Helpers Rota

July

Serving:: Liz Eastburn
Stephanie Fox
Kitchen: Bernadette Heald
Bess Scott Gunn

August

Help needed for serving and kitchen please.

Serving:: TBA
TBA
Kitchen: TBA
TBA

**Rachel is looking for members who would like
to volunteer to help with catering at future
meetings, please contact her at the meeting.**

Murder Mystery Afternoon

25th Anniversary Event

West Wolds
u3a
learn, laugh, live

Thursday 19th September 2-4.30pm

Tealby Village Hall

Do you like solving puzzles and crosswords?

Pit your wits against the murderer whilst enjoying an Afternoon Tea

Lord Heathcliff is found murdered with a candlestick in the Pool Room of his Manor House during a party – But who dunnit?!

Our u3a Drama Group will play the suspects and you (the party guests) will listen to the clues, question the characters and unmask the killer!

Afternoon Tea will be served during the game, including selection of sandwiches & savouries, scones, cake and unlimited tea/coffee..

Tickets £12, on sale at the June, July and August General Meetings.



THE WEST WOLDS GARDENING GROUP.



This is a very friendly group, more of a 'garden community'. In the winter months we meet on the third Wednesday of each month at 2 p.m. at The New Life Church in Serpentine Street. There is a garden talk from one of our guest speakers, a raffle with lots of prizes, plant sales and some give-aways too. Afterwards we enjoy a cuppa and a biscuit or cake, sometimes home-made.

If you have not been to any of our meetings, please do give this a try. You do not have to be a passionate gardener, but a love of plants does help! Maybe you now have a small patio with a pot or two, you are just as welcome.

GARDENING GROUP PROGRAMME

17th June : Afternoon tea At Jane's. Bring a plate of nibbles!

4th July : Garden visit Ludney House Farm, Louth

30th July : Coach Excursion Yeo Tree Farm, Gosberton, S.Lincs - see details on this page.

18th September: Pin me to the wall – Andrew Mikolajski

16th October: Shady characters and shy maidens – Peter Williams

20th November: A labour of love - Rob Potterton

18th December: Christmas celebrations and afternoon tea - Quiz perhaps!

Jane Guy

30TH JULY. – COACH VISIT TO YEO TREE FARM, GOSBERTON, NEAR BOSTON.



£35 to include coach, garden entrance, tea and cake and the driver's tip. Leave at 11 a.m. Return 4 p.m.

This is a lovely country garden of 1½ acres. There are large herbaceous and mixed borders surrounding the well-kept lawns. There is a wildlife pond with two bog gardens, a woodland garden and shaded borders containing many unusual plants. A mulberry tree forms the centre piece of one lawn. There is also a picturesque annual flower meadow, wild flower meadow and large vegetable plot.

For more information please contact Jane Guy on jane.m.guy@gmail.com or telephone 0797 1277482

NATIONAL U3A FRIENDS SITE

Look at the u3a Friends site on the National u3a website at

<https://www.u3a.org.uk/get-involved/u3a-friends>

u3a Friends is an exciting new initiative to bring together stories and interests from across the u3a movement; to use our collective voice to change lives and to share exclusive member offers with our exclusive Friends Extra benefits program. All of these come together under the banner of u3a Friends. Signing up to the newsletter means you are up-to-date and in touch with all that's happening across the movement as it happens.



RECOMMEND A FRIEND PRIZE DRAW!

It is a proven fact that the way we recruit members most effectively is by **you!**

We have tried Advertising, Facebook campaigns and manning stands at various events, but what brings new members in most effectively are your recommendations.

So, talk to your friends and neighbours, bring them along to a meeting or two, or a Group. If your friend joins up between **June 1st and October 1st** then you will be entered into a draw to win a £20 National Garden Voucher.

The draw will be made at our October General Meeting.

Pick up an entry form from the Reception Desk at the June, July, August and September meetings. Closing Date 1st October.

***T&C's: you must have renewed your membership by 1st October**



GENERAL MEETING **SPEAKER PROGRAMME 2024**

11th July "You Must Remember This"

by Bernard Bale - Speaker * broadcaster * actor * author & writer.

Take a step back in time to childhood, going to school, growing up and living through the 1940s, 1950s, 1960s, 70s and stepping into the 80s. Remember the radio, the TV, the music, the fashions, the stars – the way we were. This is a fun look at life as it was and as it is.

8th August - Lincolnshire Lowland Search and Rescue



Lowland Rescue covers everywhere "from hill to high water". We primarily cover the county of Lincolnshire, but we also regularly assist neighbouring teams.

12th September – Nettleham Woodland Trust

Our community group is dedicated to the development and management of the woodlands around Nettleham.



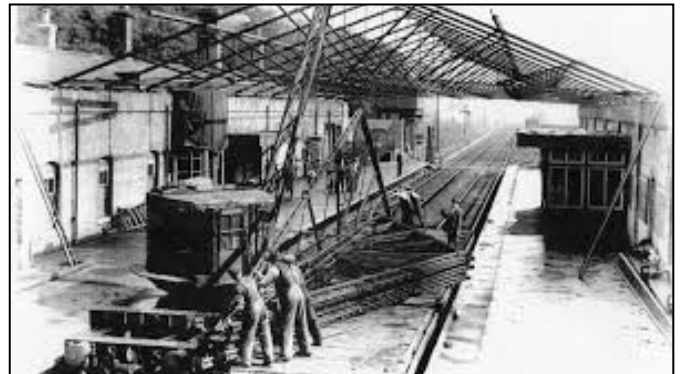
10th October – "You'll Fly Laughing" by Kenneth Moore

A humorous account of 34+ years as a Royal Air Force Navigator flying Shackletons, Phantom F4s, Tornados and finally AWACS.



14th November - AGM

12th December - The Arrival of the Railway to Market Rasen by Hazel Barnard



GAMES ON!



The next meeting of the Board Games Group will take place on Monday 24th June at 2pm. Please note the change of venue which will be at 27, Beechers Way, Market Rasen. Scrabble will be available at this meeting.

We are a friendly group of members who all like to play games, we supply a variety of games for you to play, so if interested then please come along and join us. If you have any new games you would like to introduce, or join in with the existing games please contact Pam.



The **Board and Card Games Group** meet on the last Monday of the month at 2pm,.

Contact Pam Britton for information

u3a Stall at Gardeners Fayre Saturday 1st June

Thanks to all the volunteers manning the stall during the day



DISCUSSION GROUP

TOPIC : " Is our democracy producing Politicians or Statesmen to run our country?"

Venue in my house (Market Rasen), meeting time/date 10:00am on the Third Wednesday. Next meeting Wed. 19th June at 10am. Maximum number is 8.

Please contact the Group Leader, David Ebbage on visits@westwoldsu3a.org or 01673 847750

CROCHET GROUP

Pat Hage is running a new Crochet Group on the 1st and 3rd Mondays of the month at 2pm in Market Rasen. Please contact her on 01673 849447 or by email on phage65@gmail.com

THEATRE GROUP



Show: Gilbert & Sullivan's **HMS Pinafore**

Venue: Louth Riverside Theatre

Date: Saturday 22nd June 07:30

Cost: £15

For further details contact **Cathy Whelan** at the general meeting or by phone on 07974 856984

MAHJONG GROUP



The Mahjong Group meets at the Lammas Leas Community Hall on the 4th Friday of the month.

If any members have a Mah Jong set that is surplus to requirements and destined for a charity shop, would you be willing to donate it to our group? We would be very grateful. Contact Margaret Allerston on 01673 842247

LOCAL HISTORY GROUP PROGRAMME

Meetings at Middle Rasen Village Hall

July 9th. Visit to "Grimsby Town Hall - The Time Trap Museum"

August 13th. No meeting - summer holidays!

September 10th. A tour of "Old Caistor" with Elizabeth

October 8th. A talk by Chris Hewis entitled: "The Tale of Tom Otter"

November 12th. A Talk by "The Red Arrows" - Awaiting Confirmation

December 10th. The Christmas Quiz set by Caroline Foster. A light hearted event with prizes for winners and losers.

For information about any of these talks or visits contact Paul Ettridge telephone 07916 910023
Email pauletttridge28@gmail.com

BACKGAMMON GROUP – RELOCATED

Due to our regular venue at the Bistro being temporarily closed, anyone wanting to join the group, please contact Bill Roberts for further details. We are keeping to 2pm on the first Tuesday of the month.



**HAVE MORE FUN
MEET NEW PEOPLE
GENTLE EXERCISE**

COME AND JOIN OUR
INDOOR BOWLING GROUP

WE MEET ON THURSDAY
FROM 2.15 TILL 4.30

AT DUNHOLME INDOOR BOWLS CENTRE

BOWLS AVAILABLE AT THE CLUB.
FLAT SHOES NEEDED.
CONTACT CATHY WHELAN
01673 565608

THEATRE GROUP

UPCOMING EVENTS AT THE BROADBENT THEATRE.

PLAYS:

DON'T GO INTO THE CELLAR.

Adventures in Steam Punk
Science Fiction.

07:30pm Friday 14th June.
£12. P.P or £11 P.P concessions

FILM

THE ROCKY HORROR PICTURE SHOW

07:30pm Friday 25th October
£10

If interested please ring Cathy Whelan 01673565608
Transport by own car/car share

TURKISH DANCING GROUP

Please note that this group is taking a break until September, Gillian Anderton will decide when she will recommence.

SOLO GROUP



The solo group met on Friday 17th May and again it was a great turnout so thank you to everyone who brought their antiques with them for our mini road show. Andy Smith from Perkins Mawer came to view the items all of which proved to be very interesting, some valuable and sadly some not!

The next meeting will be on Friday 21st June at 2.00 p.m. at the New Life Church and Steve Field will be showing some of his holiday photographs of Florence.

Ginny Beard

LANGUAGE GROUPS LATEST



French

This group now has eight members and will relaunch from September 2024. It's possible that we might be able to start a Beginners Group and a separate one for French conversation for those with more ability in spoken French. **Look out for the dates from September.**

German

This long running group meets every Tuesday throughout the year in Market Rasen. **The group welcomes new members.**

Italian

Now in its second year, this very popular and friendly group goes from strength to strength. The group launched its own monthly newsletter in April with both an English and an Italian version. It's filled with news about what the group gets up to. **This group is full.**

Latin

This is a well-established group that meets regularly; it's for those with some prior knowledge of the language who want to keep up their skills.. Contact Gwen Parsons

Spanish for all levels

We have four well established Spanish groups that cover all abilities from beginners to advanced. Items of interest are shared through the monthly newsletter. Regular contact is made with other Spanish groups across the wider u3a.

Spanish Beginners (Próimos Pasos)

As the Spanish name suggests, this group is designed to look at introductory Spanish in a little more detail than the Spanish for your Holidays group. Meetings take place every fortnight. **The group currently has spaces** as some of our Spanish speakers have joined the Spanish Intermediates.

Spanish Intermediate Plus (¡Hablemos Español!)

Our flagship group is for those who have been studying Spanish for a while and who already know a good range of language through travel and time spent in a Spanish speaking country. **This group is full.**

Spanish Conversation and Scrabble (Vamos a Juntarnos)

Our group for confident Spanish speakers who have been using the language for a while meets to talk and play board games entirely in Spanish. Meetings are either fortnightly or monthly by arrangement. **This group is full, however a waiting list is available.**

Spanish for Your Holidays (Primeros Pasos)

A short group of 8 weeks designed to give you a first taste of useful Spanish phrases for a trip to Spain. **Book your place now!**

Full details can be found on the West Wolds u3a website or on the groups page of this newsletter.



Take a look at the AI article about planning a holiday to see how AI gives its own perspective.

Full details can be found on the West Wolds u3a website or on the groups page in this newsletter.

We look forward to seeing you at one of our groups very soon.

Sandra Dean

Interested in German? Contact groupscoordinator@westwoldsu3a.org

SPANISH FOR YOUR HOLIDAYS

find out how to greet friends, read signs, ask for things, use directions, go shopping, order and pay for food when travelling



Eight
weeks for
one hour
per week

**STARTING IN SEPTEMBER
SUBJECT TO DEMAND**

register your interest
sandrawwu3a@gmail.com

THANK YOU
SO MUCH
YOU ARE VERY MUCH APPRECIATED!

**ADVANCE NOTICE OF THE GROUP LEADERS AND
VOLUNTEERS THANK YOU EVENT**

This will be held on Wednesday 30th October 2024

At Market Rasen New Life Church Main Hall

Group Leaders Meeting starts at 2pm

**Followed at 3pm by the arrival of remaining
Volunteers, when Afternoon Tea will be served for all**



LINCOLNSHIRE AVIATION HERITAGE CENTRE VISIT - EAST KIRKBY

Despite slight rain and an overcast sky, 10 members of West Wolds u3a were able to enjoy a very interesting day at the Lincolnshire Aviation Heritage Centre at East Spilsby, on the 14th May. The site, based on a WWII Lancaster bomber airfield, now houses a vast collection of aviation equipment and documentation. We were able to visit buildings such as the Control Tower, the Radio Room, the Military Transport room (previously the MT Section) and the NAAFI, and embrace the life of the Royal Air Force personnel who occupied the airfield during the war. The main hangar, once used to house the bombers, still functions, not only as a museum of aviation items, but also continues its' manufacturing role, as a Lancaster fuselage is being lovingly rebuilt there, by local enthusiasts.



The purpose of both the personnel and the buildings was to support the Lancaster and Mosquito aircraft that were based there at the time. Whilst the aircraft no longer fly regularly, the highlight of our visit was to see both aircraft start up and taxi out onto the airfield. Regrettably, the Mosquito had an engine problem and was unable to taxi, however some of us stayed on and were able to see the Lancaster perform twice! The Lancaster is an impressive aircraft to watch on startup, as each engine was brought to life, until finally all four were



ready for work. After a short taxi out onto the grass airfield, the aircraft turned and the engines were brought to maximum power to simulate take off. Unlike the whine of modern jet aircraft, the Lancaster creates a crescendo of pulsing sound as the individual engine vibrations interlock and then separate to form low pitched pulses. The sight of multiple formation take-offs must have been awesome for eye and ear!

The group was also fortunate to see a collection of Morgan sport cars that were gathered for the day as part of their annual meet up. The finale for them was to be photographed in front of the Lancaster, marking what must have been a memorable day for their members. All too soon the day came to a close, but not before the delights of the NAAFI were sampled. Gladly, there were no spam fritters or corned beef sandwiches, so we finished the day by sampling a wide range of cakes, savouries and drinks before returning to Market Rasen.



East Spilsby is open throughout the year and offers a wide range of facilities. The highlight for real aviation enthusiasts must be to be on the Lancaster whilst the aircraft is being taxied, and this is available starting at £495 for the whole day visit ; something to save for!

Their website is: <https://www.lincsaviation.co.uk/>

Dave Ebbage

WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS

Date	Place	Distance	Walk Leader	Telephone
June 12th	FISKERTON	5 Miles	YVONNE HEATHERSHAW	07990 643933
June 18th	WHISBY	3+ Miles	IRENE/ROGER DIXON	07716 805107
June 25th	SOUTH ELKINGTON		LESLEY BREWIS	07510 353502
July 3rd	GOLTHO	3 Miles	SHARON RUPP	07803 694889
July 10th	CLEETHORPES	4 Miles	YVONNE HEATHERSHAW	07990 643933
July 16th				
July 23rd				
August 7th				
August 14th	SOUTH ELKINGTON		SHARON RUPP	07803 694889

Please contact the Walk Leader direct to sign up any of these walks or see Ken Howitt at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

If you can offer to fill in any of the blanks and lead a walk, please contact Ken Howitt on 07933 744043 with the details of the walk.

THE NEW STROLLERS

As you may already know we were hoping to relaunch this very popular walking group and we are keenly searching for volunteers to lead walks of about 2 miles distance. Unless other volunteers step up to lead a walk, we will be dropping this group in the future, so, please, help us all out by taking charge of a walk.

If you can offer to lead a walk see me at the u3a general meeting on or leave a message for Ken Howitt on 07933 744043 or email kenhowitt@btinternet.com.

Let's revive what was once a very thriving group!!

Ken Howitt

No Strollers walks for June or July

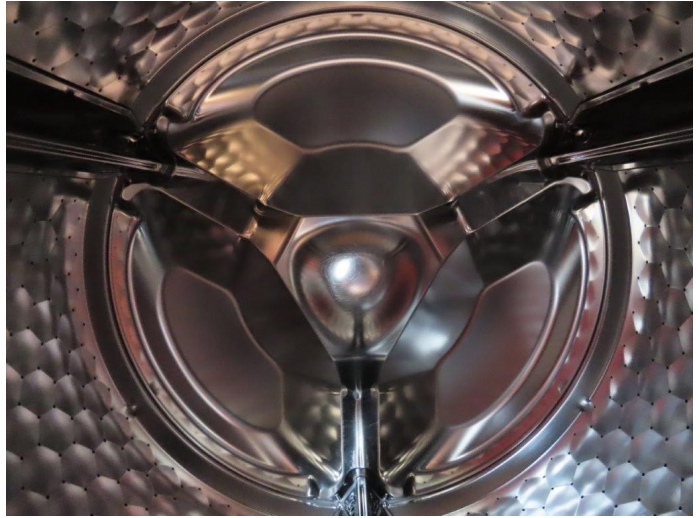
DIGITAL PHOTOGRAPHY GROUP-
PICTURES OF THE MONTH FOR MAY 2024

Here are some photos from the Digital Photography Groups challenges for May, based on a fun theme 'Machinery' and a technical theme of 'Leading Lines' plus a favourite of the month. This selection was voted on at our Digital Photography Group meeting.



Leading Lines – Escalator

Taken by Christine Slack



Machinery – Drum

Taken by Ann Hadlow



Favourite of the Month – Dandelions

Taken by Suzanne Barker



Machinery – Crashed Aircraft Engine

Taken by Pam Britton

For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

GROUPS DISCLAIMER

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to. *The Committee*

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2023/2024

**Interim Chairman
and General Meeting Coordinator**
Steve McCarthy 07540 302603
chair@westwoldsu3a.org



Speaker Finder
Ginny Beard Tel: 07980 209642
speakerfinder@westwoldsu3a.org



Vice Chair
TBA
vicechair@westwoldsu3a.org

Visits
Dave Ebbage Tel: 01673 847750
visits@westwoldsu3a.org



Business Secretary
Sharon Rupp Tel: 07803 694889
secretary@westwoldsu3a.org



Committee member without portfolio
Nick Wilson Tel: 07938 186626

Support Roles (Non Committee)

**Treasurer & Membership Secretary
Newsletter Production Editor
and Technical Support**
Terry Francis Tel: 01673 842088
treasurer@westwoldsu3a.org
membership@westwoldsu3a.org
newsletter@westwoldsu3a.org



Catering Coordinator
Rachel Telfer Tel: 01673 844244
racheltdelfer1@hotmail.co.uk

Greeters Coordinator
Caroline Dale Tel: 01673 844142
ginger.mike29@btinternet.com

**Publicity Officer, Groups'
Coordinator
and Website Support**
Gary Beighton Tel: 01673 849364
publicity@westwoldsu3a.org
groupcoordinator@westwoldsu3a.org



Welfare
Mandy Murphy Tel: 01673 565295
Mandy.murphy1396@gmail.com

Website Administration
Steve McCarthy Tel: 01673 308364
webadmin@westwoldsu3a.org

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, www.westwoldsu3a.org, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts

Receive Updates

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Crochet 14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	10:00 Family History 14:00 Backgammon 14:00 Upholstery 14:30 Spanish Intermediate 14:00 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group 14:00 Spanish Conversation & Scrabble
2nd	13:30 Spanish Beginners – FULL	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery 14:00 Canasta 14:30 Spanish Intermediate 14:00 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)
3rd	14:00 Crochet 14:00 Digital Photography	10:00 Country Walks 14:00 Embroidery 2 14:00 Upholstery 14:30 Spanish Intermediate 14:00 German	10:00 Cycling (Short Rides) 10:00 Discussion Group 14:00 Readers Group – FULL 14:00 Gardening Group	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* (*And 5th Friday of the month, if there is one) 14:00 Solo Group 14:00 Spanish Conversation & Scrabble
4th	13:30 Spanish Beginners – FULL 14:00 Board & Card Games	10:00 Music Appreciation 10:30 3 Mile Walkers 14:00 Upholstery 14:00 Canasta 14:30 Spanish Intermediate 14:00 German	10:00 Embroidery (*Last Wednesday of month) 10:00 Cycling (Short Rides) 14:00 Rasen Book Group 14:00 Artificial Intelligence	10:00 Cross Stitch – FULL 10:15 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Architecture – every two months 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) 14:00 Mah Jong

INTEREST GROUP CONVENORS

ARCHITECTURE

David Oliver 01673 880188

ARTIFICIAL INTELLIGENCE (AI)

Sandra Dean, 0773 4456213

BACKGAMMON

Bill Roberts 01673 842703

BIBLICAL HEBREW

Alison Atkinson 01673 849979

BOARD & CARD GAMES GROUP

Pam Britton 01673 847750

CANASTA

Brian Ward 01472 852273

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROCHET

Pat Hage 01673 849447

CROSS STITCH – FULL

Audrey Storey, 01673 849625

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCOVERY GROUP

Mary Howes 01673 849554

DISCUSSION GROUP

Dave Ebbage 01673 847750

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Jacqueline Reid 01673 849490

FAMILY HISTORY - BEGINNERS

Jacqueline Reid 01673 849490

FRENCH CONVERSATION – STARTING FROM SEPTEMBER

Sandra Dean, 0773 4456213

GARDENING

Jane Guy 0797 1277482 / 01673 885415

GERMAN – SPACES AVAILABLE

Gary Beighton 0758 2227856

INDOOR BOWLS

Cathy Whelan 01673 565608 / 07974 856984

ITALIAN (for beginners) - FULL

Sandra Dean, 0773 4456213

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 01673 601086

LINE DANCING

Margaret White 01673 849274

LOCAL HISTORY

Paul Ettridge 07916 910023

LUNCHEON GROUP

Kay Green Tel: 0790 081 8373

MAH JONG

Margaret Allerston 01673 842247

MUSIC APPRECIATION

Kathryn Wade 01673 849487

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP- FULL

Audrey Storey 01673 849625

RASEN BOOK GROUP – FULL

Kathryn Wade 01673 849487

RECORDER GROUP

Geoff Goddard 07752 945543

SCRABBLE

Audrey Storey 01673 849625

SOLO GROUP

Ginny Beard 07980 209642

SPANISH – BEGINNERS – SPACES AVAILABLE

Sandra Dean, 0773 4456213

SPANISH CONVERSATION & SCRABBLE FULL

Sandra Dean, 0773 4456213

SPANISH INTERMEDIATE PLUS - FULL

Sandra Dean, 0773 4456213

SPANISH FOR YOUR HOLIDAYS – STARTING FROM SEPTEMBER

Sandra Dean, 0773 4456213

THEATRE VISITS

Cathy Whelan 07974 856984

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS – PAUSED UNTIL SEPTEMBER

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE

RESTORATION – CONTACT GAIL FOR FURTHER INFORMATION

Gail Dennis 01673 843575

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

VISITS GROUP

Dave Ebbage 01673 847750

THE COUNTRY WALKERS

Sharon Rupp 07803 694889 (Temporary walks coordinator)

THE STROLLERS – NEW CONVENER REQUIRED