

# WEST WOLDS

## u3a

"Learn, Laugh and Live"

Website: [www.westwoldsu3a.org](http://www.westwoldsu3a.org)

## May 2024 Newsletter

### Issue 129

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

[newsletter@westwoldsu3a.org](mailto:newsletter@westwoldsu3a.org)

### CHAIR'S REMARKS

Hello everyone,

Firstly, I have some very sad news. Over the past month we have lost two valued members. Bryan Storey was a member from the early days, was an important part of the committee for many years and ran the Bridge Group. Also Joe Willisch, who was such a character, and only a matter of days away from his 100th birthday. They will be greatly missed. Our thoughts are with their family and friends at this difficult time.

On a more positive note, I was impressed by this month's speaker, Catherine Ball, who gave a superb talk on training Guide Dogs for the Blind. I'm sure everyone who was in attendance went away feeling uplifted by Caroline's spirit. For those who struggle to get to our monthly general meetings, please give it a try.

I hope to see you at the next General Meeting on 9th May.

*Steve McCarthy – Interim Chair*

### FOR ALL GROUP CONVENORS

Looking for New Members? Why not tell us more about what your group does.

Write a short article or create an advert for a future newsletter.

Speak to the Groups Coordinator or Newsletter Editor to find out more

### SECRETARY'S NOTEBOOK - MAY



### Can Non-Members and Carers come along?

A non-member may attend up to 3 West Wolds u3a events, which can be any combination of the monthly meeting or interest group/activity and could include 1 visit only. After that the person must join or retire from further visits.

Group Leaders: If you have a non-member join your group to 'try before they buy' please let the Secretary know ([secretary@westwoldsu3a.org](mailto:secretary@westwoldsu3a.org) 07803 694889).

### CARERS

Visitors, prospective members and members who require their carers to attend with them to General Meetings or Groups can be assured that their carers will be welcomed and need not be West Wolds u3a members in order to accompany them to meetings.

Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.



[westwoldsu3a](https://www.facebook.com/westwoldsu3a)

## **25<sup>TH</sup> ANNIVERSARY CELEBRATIONS**

### **- IMPORTANT INFORMATION**



A date for a further event has been confirmed and this is:-

**Littlethorpe Manor coach trip**, full day, 30<sup>th</sup> May, £45

**Payment can be in cash or by cheque only.**

You will need to sign up for this event so do look out for tit.

**chair@westwoldsu3a.org**

We've already had many offers of help from members and Convenors and this also includes suggestions for further activities and events during the year. Thanks to everyone who has come forward with ideas and offers of help.

If you've not yet been in touch please contact either **chair@westwoldsu3a.org** with your suggestions.

**Let's make this a year to remember!**

### **Indoor Bowls Afternoon**

**Unfortunately the Bowls Event has had to be postponed until Autumn and refunds will be issued at the May Meeting.**

### **U3A FESTIVAL 2024 AT YORK UNIVERSITY**

July 18th to 20th

This national event will include a wide range of events.

Details on the national website and in TAM



**AT THE MONTHLY MEETING, TEA & COFFEE IS SERVED FROM 9.30 - 10.15.**

**PLEASE REMEMBER THAT THE CATERING STOPS SERVING AT 10:15, PLEASE ENSURE ALL CUPS ARE RETURNED TO THE KITCHEN BY THIS TIME.**

**THANK YOU FOR YOUR CO-OPERATION.**

**IF ANYONE NEEDS HELP CARRYING THEIR DRINK TO THEIR CHAIR, PLEASE ASK ONE OF THE CATERING TEAM.**



### **Greeters Rota**

#### **June**

Marguerite Hopkins

Steve Field

Pam John

#### **July**

Anna Etteridge

Penny Nott

TBA

**Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.**

### **Catering Helpers Rota**

#### **June**

Serving:: Jane Bridger

Christine Kettlewell

Kitchen: Bill Roberts

Kate Roberts

#### **July**

Serving:: Liz Eastburn

TBA

Kitchen: Bernadette Heald

TBA

**Rachel is looking for members who would like to volunteer to help with catering at future meetings, please contact her at the meeting.**

## THE WEST WOLDS GARDENING GROUP.



This is a very friendly group, more of a 'garden community'. In the winter months we meet on the third Wednesday of each month at 2 p.m. at The New Life Church in Serpentine Street. There is a garden talk from one of our guest speakers, a raffle with lots of prizes, plant sales and some give-aways too. Afterwards we enjoy a cuppa and a biscuit or cake, sometimes home-made.

If you have not been to any of our meetings, please do give this a try. You do not have to be a passionate gardener, but a love of plants does help! Maybe you now have a small patio with a pot or two, you are just as welcome.

### GARDENING GROUP PROGRAMME

**30th May:** Coach excursion to Littlethorpe Manor, Ripon. £45.00

**5th June :** Garden visit to Wragby Road, Sudbrooke

**17th June :** Afternoon tea At Jane's. Bring a plate of nibbles!

**4th July :** Garden visit Ludney House Farm, Louth

**30th July :** Coach Excursion Yeo Tree Farm, Gosberton, S.Lincs - see details on this page.

*Jane Guy*

### 30TH JULY. – COACH VISIT TO YEO TREE FARM, GOSBERTON, NEAR BOSTON.

£35 to include coach, garden entrance, tea and cake and the driver's tip. Leave at 11 a.m. Return 4 p.m.

This is a lovely country garden of 1½ acres. There are large herbaceous and mixed borders surrounding the well-kept lawns. There is a wildlife



pond with two bog gardens, a woodland garden and shaded borders containing many unusual plants. A mulberry tree forms the centre piece of one lawn. There is also a picturesque annual flower meadow, wild flower meadow and large vegetable plot.

For more information please contact Jane Guy on [jane.m.guy@gmail.com](mailto:jane.m.guy@gmail.com) or telephone 0797 1277482

### A NEW GENERATION OF THE FAMILY HISTORY GROUP!



After many years as Leader, Jacqueline Reid has decided to cease running this popular Group.

Fortunately, Janet Wilson, who is an experienced Family History researcher has agreed to becoming the Group Leader. We would like to thank Jacqueline for her long lasting support in running this Group, and the depth of Genealogical knowledge she has passed on to the attendees; she will continue to attend the meetings and, we are sure, will be able to make further contributions.

In taking over this Group, Janet will maintain the current programme times, but the venue will change to her home in Market Rasen, 76a Willingham Road, (Tel: 07966 23 22 47). Interest in Family History research has increased dramatically since the invention of the Internet, and to this end Janet hopes to show how the use of computers has accelerated the solving of many of the search activities, however she will also attempt to explore how to overcome "brick walls". If you wish to unravel the tangled webs of family history please contact Janet for more details.

*Dave Ebbage*



## RECOMMEND A FRIEND PRIZE DRAW!

It is a proven fact that the way we recruit members most effectively is by **you!**

We have tried Advertising, Facebook campaigns and manning stands at various events, but what brings new members in most effectively are your recommendations.

So, talk to your friends and neighbours, bring them along to a meeting or two, or a Group. If your friend joins up between **June 1<sup>st</sup> and October 1<sup>st</sup>** then you will be entered into a draw to win a £20 National Garden Voucher.

The draw will be made at our October General Meeting.

Pick up an entry form from the Reception Desk at the June, July, August and September meetings. Closing Date 1<sup>st</sup> October.

**\*T&C's: you must have renewed your membership by 1<sup>st</sup> October**



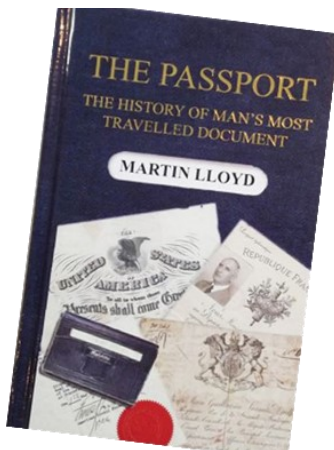


## GENERAL MEETING SPEAKER PROGRAMME 2024



### 13th June - Martin Lloyd - Passport, Assassins, Traitors and Spies

Thrill to a dramatic account of how a group of assassins brought about a change in the passport regulations; how the unmasking of a spy caused a modification in passport design and how, for one man, the passport itself turned into a killer.



### 11th July "You Must Remember This" by Bernard Bale - Speaker \* broadcaster \* actor \* author & writer.

Take a step back in time to childhood, going to school, growing up and living through the 1940s, 1950s, 1960s, 70s and stepping into the 80s. Remember the radio, the TV, the music, the fashions, the stars – the way we were. This is a fun look at life as it was and as it is

### 8th August - Lincolnshire Lowland Search and Rescue



Lowland Rescue covers everywhere "from hill to high water". We primarily cover the county of Lincolnshire, but we also regularly assist neighbouring teams.

### 12th September - Nettleham Woodland Trust

Our community group is dedicated to the development and management of the woodlands around Nettleham.



### 10th October - "You'll Fly Laughing" by Kenneth Moore

A humorous account of 34+ years as a Royal Air Force Navigator flying Shackletons, Phantom F4s, Tornados and finally AWACS



### Guide Dogs for the Blind

Ginny Beard is happy to inform you that after the Guide Dogs for The Blind presentation last month, the speaker Catherine has said they raised £296.40 on the day. Thank you for all your contributions.

## GAMES ON!



Due to the unfortunate road accident which has seriously damaged the Bistro, the Games Group has had to temporarily change its venue. Patricia and Michael Robinson have agreed to host the games at their house at 73, Willingham Road, Market Rasen, on Monday the 20th May at 2pm. Scrabble will be available at this meeting. At this meeting we hope to be able to inform you of our return date for playing at the Bistro.

We are a friendly group of members who all like to play games, we supply a variety of games for you to play, so if interested then please come along and join us. Importantly, the players were able to buy refreshments as they played! If you have any new games you would like to introduce, or join in with the existing games please contact Pam.



The **Board and Card Games Group** meet on the last Monday of the month at 2pm, at the home of Michael and Pat Robinson, Market Rasen for the foreseeable future.

*Contact Pam Britton for information*

## BACKGAMMON GROUP – RELOCATED

Due to our regular venue at the Bistro being temporarily closed, anyone wanting to join the group, please contact Bill Roberts for further details. We are keeping to 2pm on the first Tuesday of the month.

## DISCUSSION GROUP

**TOPIC :** TBA - needs suggestions

Venue in my house (Market Rasen), meeting time/ date 10:00am on the Third Wednesday. Next meeting Wed. 15th May. Maximum number is 8.

Please contact the Group Leader, David Ebbage on [visits@westwoldsu3a.org](mailto:visits@westwoldsu3a.org) or 01673 847750

## CROCHET GROUP

Pat Hage is running a new Crochet Group on the 1st and 3rd Mondays of the month at 2pm in Market Rasen. Please contact her on 01673 849447 or by email on [phage65@gmail.com](mailto:phage65@gmail.com)

## THEATRE GROUP



**Show:** Gilbert & Sullivan's *HMS Pinafore*

**Venue:** Louth Riverside Theatre

**Date:** Saturday 22nd June 07:30

**Cost:** £15

For further details contact **Cathy Whelan** at the general meeting or by phone on 07974 856984

## MAHJONG GROUP



The Mahjong Group meets at the Lammas Leas Community Hall on the 4th Friday of the month.

If any members have a Mah Jong set that is surplus to requirements and destined for a charity shop, would you be willing to donate it to our group? We would be very grateful. Contact Margaret Allerston on 01673 842247

**LOCAL HISTORY GROUP**  
**PROGRAMME**

**Meetings at Middle Rasen Village Hall**

**May 14th.** A talk by Nigel Horner entitled  
"Radicalism, Reform, and Reaction: the strange and  
fantastic story of the Lincoln Asylum 1819 to 1850"

**June 11th.** A talk by Paul Howitt Cohen entitled  
"Lost Country House"

**July 9th.** Visit to "Grimsby Town Hall - The Time  
Trap Museum"

**August 13th.** No meeting - summer holidays!

**September 10th.** A tour of "Old Caistor" with  
Elizabeth

**October 8th.** A talk by Chris Hewis entitled: "The  
Tale of Tom Otter"

**November 12th.** A Talk by "The Red Arrows" -  
Awaiting Confirmation

**December 10th.** The Christmas Quiz set by  
Caroline Foster. A light hearted event with prizes  
for winners and losers.

For information about any of these talks or visits  
contact Paul Ettridge telephone 07916 910023  
Email [pauletttridge28@gmail.com](mailto:pauletttridge28@gmail.com)



**HAVE MORE FUN**  
**MEET NEW PEOPLE**  
**GENTLE EXERCISE**

COME AND JOIN OUR  
**INDOOR BOWLING GROUP**  
WE MEET ON THURSDAY  
FROM 2.15 TILL 4.30  
AT DUNHOLME INDOOR BOWLS CENTRE

BOWLS AVAILABLE AT THE CLUB.  
FLAT SHOES NEEDED.  
CONTACT CATHY WHELAN  
01673 565608

**THEATRE GROUP**

**UPCOMING EVENTS AT THE  
BROADBENT THEATRE.**

**PLAYS:**

**DUETS**

A comedy in 4 acts.

07:30pm Saturday 18th May

£12. P.P or £11 P.P concessions

**DON'T GO INTO THE CELLAR.**

Adventures in Steam Punk

Science Fiction.

07:30pm Friday 14th June.

£12. P.P or £11 P.P concessions

**FILM**

**THE ROCKY HORROR**

**PICTURE SHOW**

07:30pm Friday 25th October

£10

If interested please ring Cathy Whelan 01673565608

Transport by own car/car share

**SOLO GROUP**

The solo group met on Friday 19th April, a great  
turn out again so thank you to you all for your  
continued support. Our guest was Kay Turnbull  
from the local library who gave us a very good  
presentation about the Market Rasen library and  
the many facilities they offer.

The next meeting will be on Friday 17th May at  
2.00 p.m. at the New Life Church, Market Rasen.

*Ginny Beard*



## LANGUAGE GROUPS AT WEST WOLDS U3A



### **French**

This group now has eight members and is ready to relaunch. Could you help to support a language group with others who are keen to see this group start up again? If so, contact the Groups Convenor at a Monthly Meeting.

### **German**

This long running group meets every Tuesday throughout the year in Market Rasen. The group welcomes new members.

### **Italian**

Now in its second year, this very popular and friendly group goes from strength to strength. The group launched its own newsletter last month which you can find on the website. Take a look as it comes with an English version to compliment the Italian one.

### **Latin**

This is a well-established group that meets regularly; it's for those with some prior knowledge of the language who want to keep up their skills.. Contact Gwen Parsons

### **Spanish for all levels**

We have four well established Spanish groups that cover all abilities from beginners to advanced. Items of interest are shared through the monthly newsletter.

### **Spanish Beginners (Próximos Pasos)**

As the Spanish name suggests, this group is designed to look at introductory Spanish in a little more detail than the Spanish for your Holidays group. Meetings take place every fortnight. The group is full so if you no longer wish to attend let me know so that I can offer the place to someone on the waiting list.

### **Spanish Intermediate Plus (¡Hablemos Español!)**

Our flagship group is for those who have been studying Spanish for a while and who already know a good range of language through travel and time spent in a Spanish speaking country. This group is full.

### **Spanish Conversation and Scrabble (Vamos a Juntarnos)**

Our group for confident Spanish speakers who have been using the language for a while meets to talk and play board games entirely in Spanish. Meetings are either fortnightly or monthly by arrangement. This group is full however, a waiting list is available.

### **Spanish for Your Holidays (Primeros Pasos)**

This group is a short activity designed for those who'd like to learn a bit of Holiday Spanish only.

**Spanish for Your Holidays starts in September. Book your place now!**



**Full details can be found on the West Wolds u3a website or on the groups page of this newsletter.**

**Take a look at the AI article about planning a holiday to see how AI gives its own perspective.**

**Full details can be found on the West Wolds u3a website or on the groups page in this newsletter.**

**We look forward to seeing you at one of our groups very soon.**

**Sandra Dean**

**Interested in German? Contact [groupscoordinator@westwoldsu3a.org](mailto:groupscoordinator@westwoldsu3a.org)**



# AI News West Wolds u3a

## Getting to Grips with Copilot



Microsoft Copilot is an AI powered chatbot that you'll find on many devices these days. It's similar to Google Gemini and many others. It has the ability to search and retrieve information, generate text, provide summaries and create information quickly. You can use text to create images in a range of styles. It will also translate languages, and if you're technically minded, it can provide code in programming languages such as Java Script and Python.

Many of us have already "dipped our toes" into the world of AI in different ways and it's fair to say that this world is changing very quickly indeed. You may have come across a range of Apps and devices already and are happy to see where all of this is leading. On the other hand, you may already feel overwhelmed by the speed at which technology is now moving.

Whether you're a beginner or an improver don't forget that we have our own West Wolds AI group and there's also plenty of support from the AI Subject Adviser, Barry Claydon on the u3a website

[https://www.u3a.org.uk/learning/subjects/artificial intelligence](https://www.u3a.org.uk/learning/subjects/artificial%20intelligence)



All images created using Canva AI

### Questions to Ask Copilot

If you've not yet tried Copilot you only need to ask a question or create a statement. Here's just a few to get you started...

What is a chatbot?

Is Copilot like Gemini?

What can Copilot do?

Tell me a joke about a cat.

Teach me a new word.

Give me a list of five letter words starting with p

Tell me an interesting fact

### Using AI Safely

Be mindful of personal information

Understand privacy settings

Don't overshare

Think critically

Report inappropriate content

Be cautious with AI generated images

Don't solely rely on AI

Stay informed

West Wolds u3a AI Group

# Planning a Holiday with Copilot



Whichever chatbot you're familiar with you can use it to plan a trip. I started doing just that last year when I first discovered ChatGPT. Now with Copilot I decided to have another go. It's fair to say that AI has moved on in leaps and bounds since then. The conversational style of the Microsoft version of this AI-powered conversational chat interface known as Copilot can be very intoxicating and it's easy to think it's a sophisticated human. This isn't the case and if you apply your own common sense you won't go wrong. With all things it's sensible to do your own research correctly and check your facts with other sources of information, experts in the field and the Internet.

I asked Copilot how I would plan a holiday. It came back with a comprehensive list of advice that included three suggestions for foreign travel including Greece, North America and Spain with a little bit of additional detail for each location.

The rest of the advice focussed on a set of sensible travel tips that included seeking appropriate information from relevant bodies such as travel operators, Gov.uk and the like. The good thing about Copilot is that it now gives a list of additional sites to acquire useful information—something that Bard, Bing and ChatGPT didn't do in the past.



## Questions to Ask Copilot

If you've not yet tried Copilot you only need to ask a question or create a statement, here's just a few to get you started...

How many days would be sufficient for a trip to Liverpool?.

Tell me a good place to holiday in Norfolk

What should I see when I'm in Barcelona?

Tell me more about...

To test it out further I tried three places that I knew pretty well. You'll find these in the box to the left. In all three cases Copilot gave me a distinct feel for the places and the types of activities I might choose to undertake while spending time there. Once you have a skeleton idea in your mind you can ask Copilot for additional advice.

The important thing to remember in all of this is never to supply personal information just as you wouldn't with any other site on the Internet unless you were happy to do this. Try asking the question "What's my name?" Copilot will give you a sensible answer that may include a response stating that Copilot doesn't have access to this type of information. **Remember that you're the human : you're in charge!**

West Wolds u3a AI Group

# VISIT

## Lincolnshire Aviation Heritage Centre

Tuesday 14<sup>th</sup> May. Meet 1000 East Kirkby.



This is your chance to experience the excitement and atmosphere as the Lancaster and Mosquito aircraft from World War 2 taxi. The thunderous noise, smell and grandeur will assault your senses. The museum, and other displays, offer a window on aviation during the War, and to complete your visit there is the option to sample the modern cuisine of the NAAFI!

You should not miss this- £10/person.

Car sharing may be possible.

Web site: <https://www.lincsaviation.co.uk/>

Contact David Ebbage: [visits@westwoldsu3a.org](mailto:visits@westwoldsu3a.org)

Tel: 01673 847750



## THE STORY BEHIND THE BEEHIVE!

Looking like bees themselves, in their hi-viz jackets, 17 members of West Wolds U3a, landed in Thornes of Wragby on Wednesday 24th April. They were met by Rebecca Coleman, granddaughter of the founder of the company.

On the face of it, the company which is sited in a beautifully landscaped estate, simply sells items of beekeeping equipment, and some honey. In reality, this is far from the truth as the group soon learned.



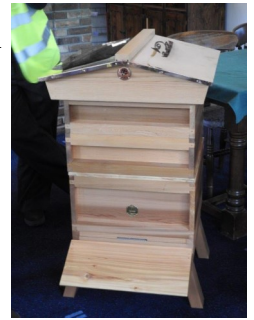
We were given a detailed history of the creation and development of the company, which started locally in 1913, when Edgar Henry Thorne, a local joiner, was asked by the head master of a local Wragby school, to make him a beehive. There followed many more requests for the hives, and in due course a small business was formed, eventually leading to the current organization which has four retail outlets, one in Scotland and three in England. Locally Thornes employ over 100 staff on its 20 acre site. During the recent Covid epidemic the company came near to closure, however Government reassurances to support businesses, encouraged the Directors to soldier on and surprisingly there was a huge surge in demand due to the movement restrictions placed on the population. This resulted in one of the best periods of sales experienced by the company.



Following this introduction, the group moved upstairs to a specialist production unit making protective

clothing for beekeepers, handmade by an enthusiastic team of local ladies who were very keen to show us their skills, including their use of a 50 year old sewing machine previously used by Rebecca's mother.

Moving out to the rear of the main building we began to realize the surprising size of this enterprise. We visited the workshops for metal and woodworking, followed by the assembly areas where all the component parts were brought together.



In another, specially designed processing unit, wax brought in from beekeepers from around the country, and overseas, was melted, purified and eventually

rolled into a continuous sheet only millimetres thick. This formed the basis for the bees to build their honeycombs upon. Finally, we returned to the shop, where all the items we had seen being produced, were on show.



By now we were quite fatigued and thirsty! The last production area was in sight - that of the "Buzz Stop Café"! We were all impressed by the factory areas, however we were overcome by the products flowing from this department! The tea and cakes which followed were of such outstanding quality and quantity, that many of us have decided to use it for West Wolds u3a groups on many future occasions - we will of course make a bee-line for it!

Thanks are due to Rebecca Coleman (Director) and Gill Smith (Managing Director) for allowing the visit and making us so welcome - we will be back!

*Dave Ebbage*



# EXPLORE *The Woods*

## Car Treasure Hunt Exclusive

Thirty brave souls took part in the 25th Anniversary Car Treasure Hunt on 1st May meeting at Willingham Woods for the start of this long-anticipated event.

The forecast for the day was promising and after what had been a very cold and wet spring the day made for a very welcome change.

The day started bright and cheerful and everyone arrived in good time to receive their instructions. With two routes on offer congestion on the roads was avoided and everybody got away within twenty minutes. The routes had been carefully planned so as to ensure a similar duration of time on the road and fairness in the clues offered.

The first cars at the finish arrived just under two hours later at The Kings Head in Tealby. Competitors were able to order a well-earned drink and sit outside in the sun to await the results. Soon after we went inside to enjoy a very welcome lunch together.

The winning team, The Wrong Way, finished in the closest time to the official finish time. Driver, Paul Ettridge said "It was a really fun event, our team enjoyed it." The Francis Formula One Team were awarded the Wooden Spoon.

Well done to everyone who took part in this fun event!



## **WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS**

Date	Place	Distance	Walk Leader	Telephone
May 15th	WICKENBY AIRFIELD	5+ Miles	SUE HANNATH	07774 402947
May 21st	SANDILANDS	3+ Miles	IRENE/ROGER DIXON	07716 805107
May 29th	TWIGMORE WOODS	3 Miles	YVONNE HEATHERSHAW	07990 643933
June 5th	SCOTHERN TO NATURE RESERVE	3.4 Miles	SHARON RUPP	07803 694889
June 12th	CLEETHORPES	4 Miles	YVONNE HEATHERSHAW	07990 643933
June 18th	TBA		IRENE/ROGER DIXON	07716 805107
June 25th				
July 3rd	SIXHILLS	5 Miles	Rachel Telfer	07443 483831
July 10th	FISKERTON	5 Miles	YVONNE HEATHERSHAW	07990 643933

Please contact the Walk Leader direct to sign up any of these walks or see Sharon Rupp at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

If you can offer to fill in any of the blanks and lead a walk, please contact Ken Howitt on 07933 744043 with the details of the walk.

## **THE NEW STROLLERS**

As you may already know we were hoping to relaunch this very popular walking group and we are keenly searching for volunteers to lead walks of about 2 miles distance. Unless other volunteers step up to lead a walk, we will be dropping this group in the future.

So, please, help us all out by taking charge of a walk.

If you can offer to lead a walk see me at the u3a general meeting on or leave a message for Ken Howitt on 07933 744043 or email [kenhowitt@btinternet.com](mailto:kenhowitt@btinternet.com)

Let's revive what was once a very thriving group!!

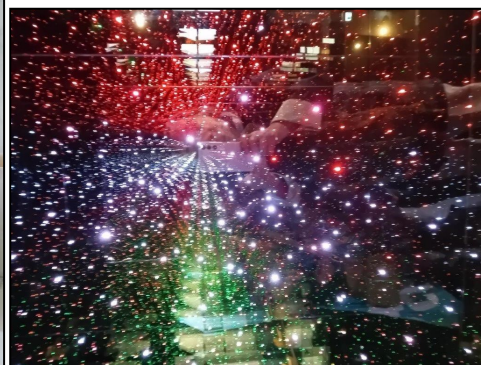
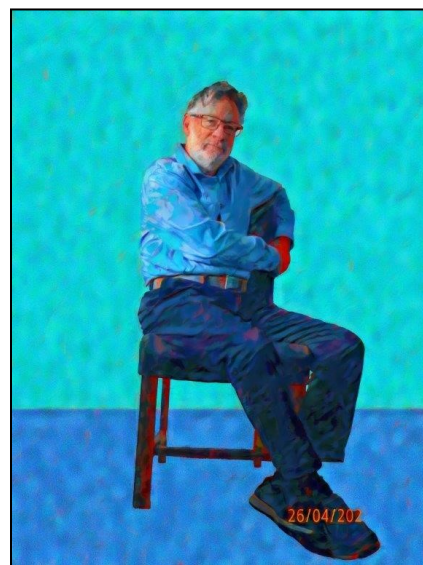
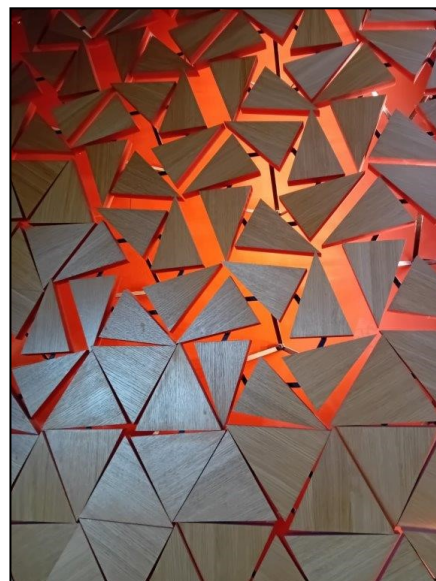
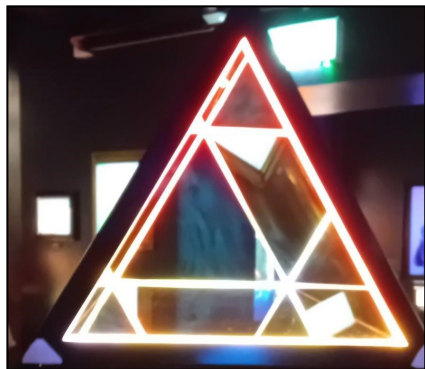
*Ken Howitt*

**No Strollers walks for May or June**



## DIGITAL PHOTOGRAPHY GROUP- PICTURES OF THE MONTH FOR APRIL 2024

Here are some photos from the Digital Photography Groups challenges for April, based on a fun theme 'Angles' and a technical theme of 'Photo in the style of an artist' plus a favourite of the month. Because the Newsletter is going out before the Digital Photography meeting these were selected at random from the ones sent in to me.



For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at [https://westwoldsu3a.org/?page\\_id=8458](https://westwoldsu3a.org/?page_id=8458)



### GROUPS DISCLAIMER

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to. *The Committee*

### CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

## COMMITTEE & MANAGEMENT RESPONSIBILITIES 2023/2024

### **Interim Chairman and General Meeting Coordinator**

Steve McCarthy 07540 302603  
[chair@westwoldsu3a.org](mailto:chair@westwoldsu3a.org)



### **Speaker Finder**

Ginny Beard Tel: 07980 209642  
[speakerfinder@westwoldsu3a.org](mailto:speakerfinder@westwoldsu3a.org)



### **Vice Chair TBA**

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### **Committee member without portfolio**

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### **Support Roles (Non Committee)**

### **Treasurer & Membership Secretary Newsletter Production Editor and Technical Support**

Terry Francis Tel: 01673 842088  
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### **Catering Coordinator**

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### **Greeters Coordinator**

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### **Publicity Officer, Groups' Coordinator**

### **and Website Support**

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### **Welfare**

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### **Website Administration**

Steve McCarthy Tel: 01673 308364  
[webadmin@westwoldsu3a.org](mailto:webadmin@westwoldsu3a.org)

### **How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.**

Opening the West Wolds website homepage, [www.westwoldsu3a.org](http://www.westwoldsu3a.org), look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

### **Sign Up For Updates**

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts

Receive Updates

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

## INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Crochet 14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	10:00 Family History  14:00 Backgammon 14:00 Upholstery <b>PAUSED UNTIL SPRING</b> 14:30 Spanish Intermediate 14:00 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers  14:00 West Wolds Warblers	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit  14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)  14:00 Scrabble 14:00 Discovery Group 14:00 Spanish Conversation & Scrabble
2nd	13:30 Spanish Beginners – <b>FULL</b>	10:00 Local History 10:00 Beginners Family History  14:00 Upholstery <b>PAUSED UNTIL SPRING</b> 14:00 Canasta 14:30 Spanish Intermediate 14:00 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides)  12:00 Luncheon Group  14:00 Poetry	<b>09:45 GENERAL MEETING Festival Hall Market Rasen</b>  14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)
3rd	14:00 Crochet 14:00 Digital Photography	10:00 Country Walks  14:00 Embroidery 2 14:00 Upholstery <b>PAUSED UNTIL SPRING</b> 14:30 Spanish Intermediate 14:00 German	10:00 Cycling (Short Rides) 10:00 Discussion Group  14:00 Readers Group – <b>FULL</b> 14:00 Gardening Group	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit  14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* <b>(*And 5th Friday of the month, if there is one)</b> 14:00 Solo Group 14:00 Spanish Conversation & Scrabble
4th	13:30 Spanish Beginners – <b>FULL</b> 14:00 Board & Card Games	10:00 Music Appreciation 10:30 3 Mile Walkers  14:00 Upholstery <b>PAUSED UNTIL SPRING</b> 14:00 Canasta 14:30 Spanish Intermediate 14:00 German	10:00 Embroidery <b>(*Last Wednesday of month)</b> 10:00 Cycling (Short Rides)  14:00 Rasen Book Group 14:00 Artificial Intelligence	10:00 Cross Stitch – <b>FULL</b> 10:15 Keep Fit* <b>(*And 5th Thursday, if there is one)</b>  14:00 Architecture – every two months 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* <b>(*And 5th Friday of the month, if there is one)</b> 14:00 Mah Jong



## INTEREST GROUP CONVENORS

### **ARCHITECTURE**

*David Oliver 01673 880188*

### **ARTIFICIAL INTELLIGENCE (AI)**

*Sandra Dean, 0773 4456213*

### **BACKGAMMON**

*Bill Roberts 01673 842703*

### **BIBLICAL HEBREW**

*Alison Atkinson 01673 849979*

### **BOARD & CARD GAMES GROUP**

*Pam Britton 01673 847750*

### **CANASTA**

*Brian Ward 01472 852273*

### **CARD MAKING**

*Ginny Beard 01673 844432 / 07980 209642*

### **CROCHET**

*Pat Hage 01673 849447*

### **CROSS STITCH – FULL**

*Audrey Storey, 01673 849625*

### **CYCLING**

*Gordon Jennings 0794 8881121*

### **DIGITAL PHOTOGRAPHY**

*Terry Francis 01673 842088*

### **DISCOVERY GROUP**

*Mary Howes 01673 849554*

### **DISCUSSION GROUP**

*Dave Ebbage 01673 847750*

### **DRAMA**

*Gail Dennis 01673 843575*

### **EMBROIDERY**

*Pat Hage 01673 849447*

### **FAMILY HISTORY**

*Jacqueline Reid 01673 849490*

### **FAMILY HISTORY - BEGINNERS**

*Jacqueline Reid 01673 849490*

### **FRENCH CONVERSATION**

*Sandra Dean, 0773 4456213*

### **GARDENING**

*Jane Guy 0797 1277482 / 01673 885415*

### **GERMAN**

*Gary Beighton 0758 2227856*

### **INDOOR BOWLS**

*Cathy Whelan 01673 565608 / 07974 856984*

### **ITALIAN (for beginners)**

*Sandra Dean, 0773 4456213*

### **KEEP FIT**

*Dawn Stopper 01472 851133*

### **LATIN**

*Gwen Parsons 01673 601086*

### **LINE DANCING**

*Margaret White 01673 849274*

### **LOCAL HISTORY**

*Paul Ettridge 07916 910023*

### **LUNCHEON GROUP**

*Kay Green Tel: 0790 081 8373*

### **MAH JONG**

*Margaret Allerston 01673 842247*

### **MUSIC APPRECIATION**

*Kathryn Wade 01673 849487*

### **PATCHWORK**

*Lyn Henry 01673 843851*

### **POETRY**

*Eva Smith 01673 842218*

### **READERS GROUP- FULL**

*Audrey Storey 01673 849625*

### **RASEN BOOK GROUP – FULL**

*Kathryn Wade 01673 849487*

### **RECORDER GROUP**

*Geoff Goddard 07752 945543*

### **SCRABBLE**

*Audrey Storey 01673 849625*

### **SOLO GROUP**

*Ginny Beard 07980 209642*

### **SPANISH – BEGINNERS – FULL**

*Sandra Dean, 0773 4456213*

### **SPANISH CONVERSATION & SCRABBLE**

*Sandra Dean, 0773 4456213*

### **SPANISH INTERMEDIATE PLUS**

*Sandra Dean, 0773 4456213*

### **THEATRE VISITS**

*Cathy Whelan 07974 856984*

### **TRIBUTE BANDS**

*Phyl Murray 01673 838543*

### **TURKISH DELIGHT DESERT DANCERS –**

*Gillian Anderton 01673 844382*

### **UPHOLSTERY AND FURNITURE**

**RESTORATION – PAUSED UNTIL NEXT  
SPRING**

*Gail Dennis 01673 843575*

### **WEST WOLDS WARBLERS**

*Terry & Julia Francis, 01673 842088*

### **VISITS GROUP**

*Dave Ebbage 01673 847750*

### **THE COUNTRY WALKERS**

*Sharon Rupp 07803 694889 (Temporary walks coordinator)*

**THE STROLLERS – NEW CONVENER  
REQUIRED**