WEST WOLDS u3a

"Learn , Laugh and Live"

Website: www.westwoldsu3a.org

February 2024 Newsletter

Issue 126

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. ***Terry Francis (Editor)***

newsletter@westwoldsu3a.org

CHAIR'S REMARKS

Dear Members,

2024 is turning out to be a year of change for both West Wolds u3a and the national u3a.

At our February monthly meeting the committee propose to change the voting system for the principal officers and to reflect this in our constitution which will need to be changed. The advantages are that the voting system will be more transparent, efficient and effective for both the members and the committee.

As well as the usual administration and management of West Wolds u3a, I have identified 12 SMART (**S**pecific, **M**easurable, **A**ttainable, **R**elevant and **T**ime-Oriented) objectives for the committee to achieve, to keep our organization up-to-date and compliant with legislation and regulations:

- Budget – Produce a 3- year budget projection.
- Constitution – Review & Update.
- Committee Members – Recruit 3 extra volunteers.
- Convenors Thank You Event – Revamp.
- Convenors Induction Process – Develop & Introduce.
- 25th Anniversary Events – Deliver the 10 events.
- Health & Safety – Review & Update.
- Job Descriptions – Review & Update
- Trustee Induction Process- Review & Update
- Membership – Increase by 50 new members
- Publicity & Marketing – Produce a 3-year development plan
- Policies – Review & Update

I am pleased to report the progress of the above, the 25th Anniversary event tickets for March, April and May are selling well, although there are still some tickets available. We have achieved our committee recruitment objective as two members have come forward to join the committee and are very keen to hit the ground running, offering to help and sharing their expertise right away. Another member is going to act as an advisor to the Publicity & Marketing sub committee and has produced a Marketing Strategy for discussion. Within our membership there is a great deal of experience and knowledge should anyone else want to volunteer to help.

At February's committee meeting we will be reviewing the updated policies and job descriptions and getting ready to make a start developing some of the other objectives.

The national u3a is still going through their organizational change and restructuring to get it 'Fit for the Future' before presenting it to the membership in May/June 2024:

> To elect a new u3a Council to improve two- way communications with the 1036 u3as and to meet their needs.
> To improve the workload of the Regional Trustees and help fill vacancies.
> To ensure the organization meets all the legislation, regulations and compliance which is ever changing.

On behalf of our u3a I have attended both face-to-face or online meetings through the East Lincs. Neighbourhood Network (ELNN) during the consultation period where I have expressed my concerns or comments to the new proposals. These can be found in the ELNN minutes. Apart from improving 2- way communications I don't think the changes will affect our u3a greatly. A hard copy can be found on our notice-board. If you wish to discuss any questions or comments then contact John Lewis, East Midlands Regional Trustee email john.lewis@u3a.org.uk mobile/text 07428418777.

With the help of Terry Francis and Gary Beighton, we recently recorded a visit with 2 founder members of our u3a, Diana Williams and Audrey Storey. They kept me entertained with all their memories and changes from 25 years ago. At their first monthly meeting they had 25 people attend, we now have around 80 or above. Monthly meeting door entry fee 25p, now £1 and Speaker's fee £20, now £100 approx. per person. I am going to show the video at our March monthly meeting when Diana and Audrey will be attending to meet friends old and new. There is a 150 people capacity limit at the Festival Hall so to avoid disappointment please make sure that you have booked a place before the deadline of 29th February 2024.

Best wishes

Shirley Fuller Chair

MEET OUR FABULOUS RECEPTION AND GREETERS TEAMS

Last month the new committee was introduced to you. If you missed the article take a look at the January newsletter, pages 2-3. You'll find all our newsletters under the "About Us" tab at the top of the page on the West Wolds u3a website.

This month we're going to spotlight our wonderful Greeters and Reception teams who support us every month with a cheerful smile and lots of help when you first arrive at each meeting.

Reception Desk Team

Sheila, one of our regulars at reception is a member of two local u3a groups. Sheila finds the time every month to support us as an Associate Member. Sheila said that "As part of West Wolds u3a's 'Welcome' team I enjoy meeting our members as they register and pay their entrance fee of £1 which goes towards the cost of room hire and refreshments. It helps me if your membership card is on view as I often know your first name but not your surname."

In line with health and safety regulations we ask everyone if they will be staying for the whole meeting or leaving early so that in the unlikely event of an emergency, such as a fire, we can account for all attendees.

Two members sit at the desk so if you would like to take a turn, give your name to our Chairman, Shirley Fuller.

Looking forward to welcoming you at our next general meeting.

u3a Greeters

Meet our friendly greeters at our next monthly meeting

Our Greeters Team is lead by Caroline who became a Greeter in 2018 and took over the role as Greeter Co-ordinator in 2019. Caroline said that, "This involves preparing a rota of three greeters every monthly meeting taken from a list of kind volunteers and when they can't make it, finding a replacement for the day."

Caroline also makes up the greeters packs which are given out to potential new members when they arrive in the Festival Hall. Caroline has to liaise with the membership secretary, Terry, to ensure that new members and guests are not only given the information they need but are also pointed in the direction of anybody they may need to meet on the day.

One of our newer members, Jan said, "What impressed me so much on the first day was that the hall was so busy and there were such a lot of activities to take part in. Everyone was really helpful and welcoming. It made me feel like this was the right u3a for me!"

Brian, a regular on the team said, "It's good to do things a little differently some months so that we keep the mornings interesting and make it fun. That's why we decided to have an International Greeters session last year and we've got more ideas for our anniversary year also."

If you'd like to find out about joining the Greeters Team and would be willing to add your name to the rota, then Caroline would be happy to do this. Either speak to Caroline at a monthly meeting or give your name to our Chair, Shirley Fuller.
chairman@westwoldsu3a.org

25TH ANNIVERSARY CELEBRATIONS – IMPORTANT INFORMATION

The Anniversary planning committee has met several times since the New Year to further develop plans for the wonderful array of events we'd like to deliver in 2024.

25th Anniversary Monthly Meeting
We've already had plenty of replies for this event. It's worth knowing that there is a legal limit on the numbers that can attend the Festival Hall due to Health and Safety. If you wish to come to this event please book early to avoid disappointment. Reply to Shirley Fuller chairman@westwoldsu3a.org or post by 29th February 2024 at the latest.

Further Events, April to June
Dates for five further events have also been confirmed and these are:-

Thorne Beehives Visit plus refreshments, Wednesday 24th April from 2pm, £5
Anniversary Car Treasure Hunt and Pub Lunch, Wednesday 1st May from 10am followed by lunch at 12 noon, £4 per car plus extra for lunch
Littlethorpe Manor coach trip, full day, 30th May, £45
Baumber Walled Garden Visit plus refreshments, Thursday 27th June 2pm, £12.50
Indoor Bowls Afternoon July 4th, £5

Payment can be in cash or by cheque only.

You will need to sign up for these events so do look out for these or let us know.
chairman@westwoldsu3a.org

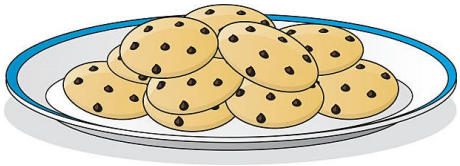
Looking Further Forward
Events for July through to September will be announced later in the New Year.
We've already had many offers of help from members and Convenors and this also includes suggestions for further activities and events during the year. Thanks to everyone who has come forward with ideas and offers of help. If you've not yet been in touch please contact either Shirley chairman@westwoldsu3a.org or Sandra vicechair@westwoldsu3a.org with your suggestions.
Let's make this a year to remember!

AT THE MONTHLY MEETING, TEA & COFFEE IS SERVED FROM 9.30 - 10.15.

PLEASE REMEMBER THAT THE CATERING STOPS SERVING AT 10:15, PLEASE ENSURE ALL CUPS ARE RETURNED TO THE KITCHEN BY THIS TIME.

THANK YOU FOR YOUR CO-OPERATION.

IF ANYONE NEEDS HELP CARRYING THEIR DRINK TO THEIR CHAIR, PLEASE ASK ONE OF THE CATERING TEAM.



Greeters Rota

March
Penny Nott,
Steve Field
Mary Orphanoudakis

April
Brian Ward
Gail Dennis
Gillian Anderton

Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.

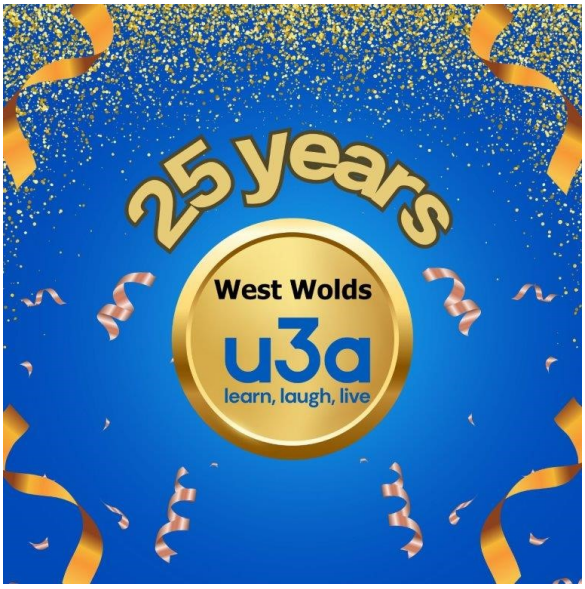
Catering Helpers Rota

March
Serving:: Anita Handford
Norma Willis
Kitchen: Barry Dukes
Yvonne Heathershaw
Christine Pearce and Vera Brisbane

April
Serving:: Anita Handford
Vera Brisbane
Kitchen: TBA
TBA

Rachel Telfer is looking for members who would like to volunteer to help with catering at future meetings, please contact her at the meeting.

Join us for a Celebration



Be Part of Something Special
West Wolds u3a
25th Anniversary Monthly Meeting

14th March 2024
9.45am
Festival Hall, Market Rasen

Highlights will Include

keynote address by John Lewis, East Midlands Regional Trustee
cake and fizz
"Britain's Most Loved Double Act" with Guest speaker, Steve Short

Let's make this anniversary unforgettable together!

Full details in the monthly newsletter, at the Monthly Meeting
and on the website or Facebook page

Dates for your diary

April 24th Visit to Thorne Beehives
May 1st Car Treasure Hunt
May 30th Littlethorpe Manor Coach Trip
June 27th Visit to Baumber
July 4th Indoor Bowls Afternoon

Booking for all events available at each Monthly Meeting
contact chairman@westwoldsu3a.org for online booking

GENERAL MEETING
SPEAKER PROGRAMME 2024

14th March - Steve Short - Comedy Speaker/ Entertainer/Magician

Using photographs and video clips Steve Short will bring to life the story of how these two great comedians met to become Britain's most loved double act. First appearing in 1954 with rather poor reviews they returned two years later and appeared in a series of massively popular television shows over the next twenty years. By 1976 they were awarded OBEs, with their partnership lasting until 1984 when Eric Morecambe sadly died.

This entertaining presentation by Steve includes the story of their unique comedy magic act and will bring back many memories of a much-loved comedy partnership.

11th April - Catherine Ball - Training Guide Dogs for the Blind

Ever wondered how a guide dog knows when its safe to cross the road? Or how they can guide their owner safely down a crowded street and find the door to Marks and Spencer? How long does it take to train a guide dog? What breeds are used and how long do they work?

All these questions and many more can be answered by a Guide Dogs Speaker like me.
My name is Catherine and I have been registered blind since 2002. Since then, I have had four beautiful guide dogs, each with their own very distinct personalities. They have all been brilliant, guiding me safely on our trips out of the house, but they have been very different dogs, with very different strengths. The one thing they have in common though is they allow me to be independent and be myself.

I would love to tell you all about their amazing abilities and their journeys from cute little bundles of fluff to qualified guide dogs and beyond. Please join me and my guide dog Chandler for a talk on all things Guide Dogs.

9th May - Elaine Hagger - Voluntary work at Bletchley Park

Bletchley Park was the top-secret home of the World War II codebreakers. Today, it's an award-winning heritage site, where you can learn about the groundbreaking achievements of people who worked there.

THE WEST WOLDS GARDENING GROUP.

This is a very friendly group, more of a 'garden family' now as I think of them. There is a raffle with lots of prizes, plant sales and some give-aways too.

If you have not been to any of our meetings, please do give this a try. You do not have to be a passionate gardener, but a love of plants does help! Maybe you now have a small patio with a pot or two, you are just as welcome.

We also have arranged our first coach excursion next year to Littlethorpe Manor which is near Ripon, on the 30th May. The price is £45 per person which includes the coach (from Market Rasen), the driver's tip, entrance to this beautiful garden, and tea and cake too. You do not have to be a member of the garden group to attend. Book through Jane.

GARDENING GROUP PROGRAMME

18th February: Snowdrop Visit to Church Farm, West Drayton, Notts

21st February: Echiums – In the Land of the Giants by Linda Heywood

13th March: Willow weaving. £25 which includes materials

20th March: All about Irises by Chris Davey

17th April: All about Peonies by Gail Harland
30th May: Coach excursion to Littlethorpe Manor, Ripon. £45.00

Jane Guy

LOCAL HISTORY GROUP PROGRAMME

Meetings at Middle Rasen Village Hall

February 13th 2024. "A light hearted history of Market Rasen". A talk by Brian Ward.

For information about any of these talks or visits contact **Paul Ettridge telephone 07916 910023 Email paulettridge28@gmail.com**

SOLO GROUP

The solo group met again in January, it was a record turn out for a Beetle Drive which was great fun. Our next meeting will be on Friday 16th February at 2.00 p.m. at the New Life Church.

Any new members interested in joining this group can contact me via the details on the Convenors page.

Thank you.
Ginny Beard

NEW GAMES GROUP

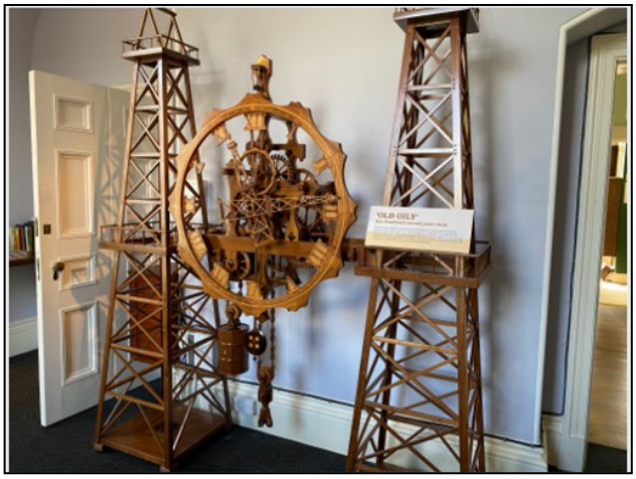
A new **Board and Card Games Group** will be meeting on the last Monday of the month at 2pm, in The Bistro, Market Rasen.

Starting next month on the 26th February.

Contact Pam Britton for information

ADVANCE NOTICE OF FEBRUARY , MARCH & APRIL VISITS

THE TIME KEEPING MUSEUM at Newark: Wednesday 21st February 2024, starting at 1315. The cost will be £12/head with travel by car sharing. There are 9 people interested so please apply early as there are just 12 places.



SECOND CHANCE: an additional visit to Cleethorpes Observatory is possible on Thursday 7th March, if you are interested let the convenor know as soon as possible. NB. The lengthening days will prevent further visits until the Autumn.

The visit to the **LINCOLNSHIRE ROAD TRANSPORT MUSEUM** is on Thursday 18th April starting 10:30, and the cost will be £5.00/ person, please notify the Group Convenor (details below) of your interest.
Go to their website at https://www.lvvs.org.uk/.

This museum is run by the Lincolnshire Vintage Vehicle Society (LVVS).

u3a Contact: David Ebbage on 01673 847750 (davepame@gmail.com).

CROCHET GROUP

Pat Hage is running a new Crochet Group on the 1st and 3rd Mondays of the month at 2pm in Market Rasen. Please contact her on 01673 849447 or by email on phage65@gmail.com

PROPOSED NEW GROUPS

DISCUSSION GROUP:
The topic is "Alternative energy forms and their pros and cons". Venue in my house (Market Rasen), Wednesday 25th February at 10:00. Maximum number is 8.

PROPOSED ADDITIONAL GROUP:
If anyone is interested in a "Map Reading and Sat Nav use for Motoring" Group, I will be happy to organise one on an occasional basis.

Please contact the Convenor, David Ebbage on davepame@gmail.com or 01673 847750

NEW YEAR RESOLUTION
MORE FUN
MEET NEW PEOPLE
GENTLE EXERCISE

COME AND JOIN OUR
INDOOR BOWLING GROUP
WE MEET ON THURSDAY
FROM 2.15 TILL 4.30
AT DUNHOLME INDOOR BOWLS CENTRE

BOWLS AVAILABLE AT THE CLUB.
FLAT SHOES NEEDED.

CONTACT CATHY WHELAN
01673 565608

LANGUAGE GROUPS AT WEST WOLDS U3A

French
This group now has eight members and is ready to relaunch. Look out for the messages about venues and times for this popular group to see if we can get it started again in 2024.

German
This well established group meets every Tuesday throughout the year in Market Rasen. With a varied programme of activities, our German group welcomes new members.

Italian
This very popular group has been running for a full year now and it is always very well attended. Activities are varied and fun and we enjoy everything about Italian culture. Meetings are held fortnightly on Thursdays throughout the year, every first and third of the month

Latin
This is a well-established group that meets regularly; it's for those with some prior knowledge of the language who want to keep up their skills.

Spanish for all levels
We have four well established Spanish groups that cover all abilities from beginners to advanced. Items of interest are shared through the monthly newsletter. Full details for groups can be found on the website and in this newsletter.

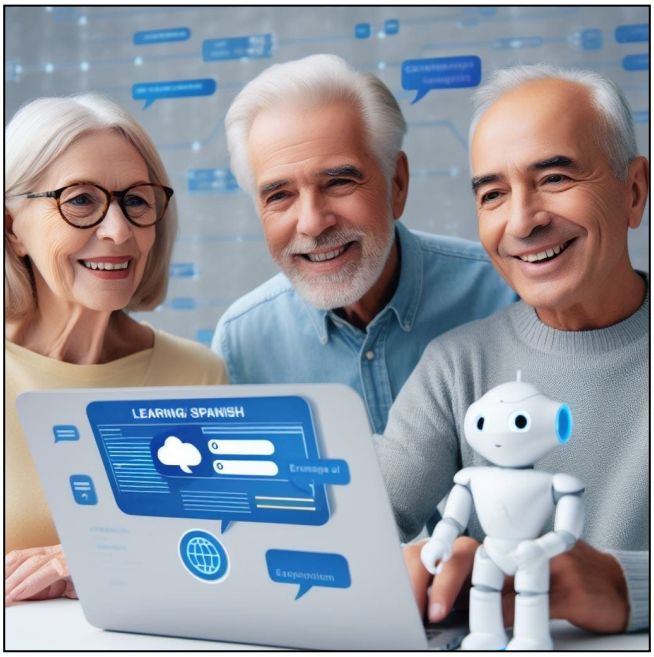
Spanish Beginners (Próximos Pasos)
As the Spanish name suggests, this group is designed to look at basic Spanish in a little more detail than the Spanish for your Holidays group. Próximos Pasos is Spanish for "next steps." Meetings take place every fortnight. We'd like to welcome Lorna, a brand new member to our group.

Spanish Intermediate (¡Hablemos Español!)
This group is for those who have been studying Spanish for a while and who already know a fair bit of vocabulary and can tackle a range of tenses in Spanish such as the present, future and past. Compound verbs and the subjunctive are also used.

Spanish Conversation and Scrabble (Vamos a Juntarnos)
Our group for confident Spanish speakers who have been using the language for a while meets to talk and play board games entirely in Spanish. Meetings are either fortnightly or monthly by arrangement.

Spanish for Your Holidays (Primeros Pasos)
This group is a short activity designed for those who'd like to learn a bit of Holiday Spanish only. Ask for more details.

Full details can be found on the West Wolds u3a website or on the groups page of this newsletter. We look forward to seeing you at one of our groups very soon.



Find out how Artificial Intelligence can boost your language learning – join the new AI group
Interested in French, Italian or Spanish? Contact vicechair@westwoldsu3a.org
Interested in German? Contact groupscoordinator@westwoldsu3a.org

Sandra Dean

FOR ALL GROUP CONVENORS

Looking for New Members? Why not tell us more about what your group does.

Write a short article or create an advert for a future newsletter.

Speak to the Groups Coordinator or Newsletter Editor to find out more

A.I. IN OUR LIVES

Our brand new Artificial Intelligence (AI) group met for the first time on 24th January at the New Life Church in Market Rasen. No doubt you'll have seen the notices for this group if you've been to a monthly meeting recently or read your newsletter and posts from Beacon.

Dave, our Discussion Group leader also introduced a new group this month where the first topic covered was entitled - "AI Friend or Foe." Contact Dave to find out more. visits@westwoldsu3a.org Kathryn who is the Group Leader for one of our Reading Groups also introduced an AI item into the mix recently which led to a discussion about AIs ability to provide an adequate synopsis of Little Women, the book that group members are sharing. I won't tell you what their verdict was, you'll have to ask them yourselves! Both of our book groups are very popular and you may find that they're full. If so speak, to Gary about starting a new group. groupscoordinator@westwoldsu3a

In our Languages groups such as Italian and Spanish, AI is widely used as translators and communication gadgets become evermore sophisticated.

So it's fair to say that at West Wolds u3a we're keeping up with a range of scientific innovations that will impact us all. Why not join one of our groups to find out more about this fascinating subject?

You can contact any of the subject leaders for AI, Digital Photography, Discussions, Italian, Reading and Spanish in the normal ways.

One last thing, you don't have to be interested in AI to join any of our groups, however this article just shows how quickly it's entering all of our lives.

May the force be with you!

WEST WOLDS – ANOTHER FIRST

Our u3a AI group is the first in Lincolnshire, however more are currently being planned. Very soon we'll be joined by a group in Sleaford and there are many u3as who are already developing groups to link AI with Science and Technology or advances in Photography, Art or Computing. Some groups are specifically looking at discussion and ethical issues while others are planning a mix of topics rather like our own group.

FURTHER AI INFORMATION

West Wolds AI Group

4th Wednesday of the Month - 2pm – 4pm (January, March and May in the first instance).

AI Subject Adviser

The u3a now has a national subject adviser, Barry Claydon who has put together a library of articles on various topics and levels. This is available to every u3a member and can be found on the national u3a website. It's regularly updated and crammed with good information.

Interest Groups Online (IGO)

If you can't make a time for our own AI group you can join the AI group online. To do this you need to join IGO as a separate group. The cost is £12 for a full year (renewable every April).

There's a beginners AI group that runs every month. Entitled AI for Everyone, the course covers four topics:-

(Generative AI, Fake News - What Is It?, Bots, Apps and More, Society

AI for Everyone

Come along to the u3a Festival at York University in July (18th - 20th) and meet a range of enthusiasts at the AI Stand. I've already agreed to be there with Barry to demonstrate some of the things that are happening with Language.

CLEETHORPES OBSERVATORY VISIT

On a very cold Tuesday, January 30th, 15 West Wolds members made a visit to the Cleethorpes Astronomical Society (CAS) Observatory. With our torches at the ready we negotiated our way between allotments to the compound where they had their telescope equipment all set up outside, alongside a dome with a much larger 16" reflector telescope.

After an initial chat inside their meeting room, there were a number of amateur Astronomers on hand to show us motor controlled reflector telescopes they had set up outside which were trained on the planet Jupiter and the Pleiades and the Orion Nebula in the constellation of Orion. As the night sky was very clear we had a fantastic view of these items in the dark sky.

Then once we had all had a chance to look through each of the telescopes, we went back into the meeting room to be given a very interesting presentation by Peter Rea, a Fellow of the Royal Astronomical Society (and founder of the Cleethorpes Astronomical Society), of a journey through our Solar System from the Sun out to the outer reaches, describing the relative sizes and distances of each planet from the Earth.

After this we queued up to be treated to a trip inside the Dome to look at the Orion Nebula through the larger 16" telescope.

Then refreshments were available to purchase to warm us up before we had a chance to go back outside to have another look through the smaller telescopes. Thanks go to Dave Ebbage for arranging this, all in all this was a very exciting visit. Dave is hoping to arrange another visit on the 7th March depending on interest from other members.

If anyone is interested in being more involved in Astronomy or Astrophotography, please visit the site of CAS at www.cleethorpesastronomy.org.uk as they have an active programme of related talks and events, their Secretary is Sue Parr.

Terry Francis

WEST WOLDS U3A GARDEN GROUP EXCURSION TO LITTLETHORPE MANOR, NR. RIPON ON THURSDAY, 30TH MAY, 2024

This is perhaps the loveliest garden I have ever visited so I am very pleased to be able to take our Garden Group there at a wonderful time of the year.

The garden is on two levels – an upper level of 4 acres around the house, fairly formal in layout, with 7 acres of parkland below. The design is not an attempt at an historical recreation, but more the creation of a garden sympathetic to the Manor and its surrounds. On the upper level, a series of four gardens with different themes are linked together by repeated use of the same hard landscape materials and key structural planting (Hornbeam, Yew and Box hedging, with Bergenia, Luzula and Hakonechloa groundcover). A path running from the stable block to the drive links the gardens together via the Holly walk, Pergola and Fountain lawn.

The heart of the estate is the walled garden, reflecting Mrs Thackray's desire to relate the four seasons to the cycle of life. In the centre is Ygdrassil, the Norwegian World Tree – the symbolic Tree of Life. The circular features here are repeated as a theme throughout the garden.

The gardens around the house are increasingly formal. The Sunken garden parterre is based upon the White Rose of York emblem, the clipped box and trelliswork combining well with the white rendered Manor house. The main formal axis of the garden, from the terrace down to the classical pavilion, reflects Mr Thackray's ambition to create a 'mini arcadia'. To the front of the house, the new drive introduces a more contemporary feel, but still repeating the same key plants, materials and circular motifs.

Jane Guy

For further information or an excursion Booking Form please contact jane Guy on 0797 1277482 / 01673 885415 or via email jane.m.guy@gmail.com

SUPPLE SENIORS KEEP FIT GROUP

Please note that there will be no Keep Fit sessions during the rest of February, the next meeting will be 7th March.

Dawn Stopper

U3A FESTIVAL 2024 AT YORK UNIVERSITY

July 18th to 20th

This national event will include a wide range of events.

Details on the national website and in TAM

WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS

Date	Place	Distance	Walk Leader	Telephone
Feb 14th	Hemswell		Yvonne Heathershaw	07990 643933
Feb 20th	Willingham Woods	3 Miles	Rachel Telfer	07443 483831
Feb 27th	Brandy Wharf	4 Miles	Lesley Brewis	07510 353502
Mar 6th	TBA			
Mar 13th	TBA			
Mar 19th	Middle Rasen	4 Miles	Rachel Telfer	07443 483831
Mar 26th	Barton Waters Edge	4 to 5 Miles	Merilyn Coombes	07814 470265
Apr 3rd	TBA			
Apr 10th	TBA			

Please contact the Walk Leader direct to sign up any of these walks or see Ken Howitt at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

If you can offer to fill in any of the blanks and lead a walk, please contact Ken Howitt with the details of the walk.

THE NEW STROLLERS

As you may already know we are hoping to relaunch this very popular walking group and we are keenly searching for volunteers to lead walks of about 2 miles distance. You will find below details of any walks we are offering at present. I must stress that these are the ONLY ones on offer at present and, unless other volunteers step up to lead a walk, they may well be the last ones! So, please, help us all out by taking charge of a walk.
If you can offer a walk see me at the u3a general meeting on or leave a message on 01652 678490.

Sign up to lead a walk at the meeting on February 8th

Let`s revive what was once a very thriving group!!
Ken Howitt

No Stroller walks proposed at present in February

DIGITAL PHOTOGRAPHY GROUP-
PICTURES OF THE MONTH FOR JANUARY 2024

Here are the selected photos from the Digital Photography Groups challenges for January, based on a fun theme 'A Fresh Start' and a technical theme of 'a Photo to Capture Simplicity' plus a favourite of the month.
These were voted on by the group at our February meeting to decide which ones we all like the best

'A Fresh Start'

Breakfast

Taken by

Suzanne Barker

'Simplicity'

Illuminated Vase

Taken by

Christine Slack

Favourite of the Month

B&W Tree

Taken by

Terry Francis

For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

GROUPS DISCLAIMER

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to. *The Committee*

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2023/2024

Chair
and General Meeting Coordinator
Shirley Fuller Tel: 01673 885948
chairman@westwoldsu3a.org

Vice Chair
and Safeguarding Officer
Sandra Dean Tel: 07734 456213
vicechair@westwoldsu3a.org

Business Secretary
TBA
secretary@westwoldsu3a.org

Treasurer & Membership Secretary
Newsletter Production Editor
and Technical Support
Terry Francis Tel: 01673 842088
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newsletter@westwoldsu3a.org

Publicity Officer, Groups' Coordinator
and Website Support
Gary Beighton Tel: 01673 849364
publicity@westwoldsu3a.org
groupcoordinator@westwoldsu3a.org

Speaker Finder
Ginny Beard Tel: 07980 209642
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INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	**14:00** Crochet **14:00** Digital Photography **14:00** Turkish Delight Desert Dancers	**10:00** Family History **14:00** Backgammon **14:00** Upholstery PAUSEDUNTIL SPRING **14:00** Spanish Intermediate **14:00** German	**10:00** Country Walks **10:00** Cycling (Short Rides) **10:30** Strollers **14:00** West Wolds Warblers	**10:00** Patchwork **10:00** Italian for Beginners **10:15** Keep Fit **14:00** Indoor Bowls **14:30** Drama **14:30** Recorder Group	**10:00** Latin **10:00** Line Dancing **10:00** Biblical Hebrew **10:00** Cycling (Longer Rides) **14:00** Scrabble **14:00** Discovery Group **14:00** Holiday Spanish
2nd	**13:30** Spanish Beginners— FULL **14:00** Ukulele for Beginners	**10:00** Local History **10:00** Beginners Family History **14:00** Upholstery PAUSEDUNTIL SPRING **14:00** Canasta **14:00** Spanish Intermediate **14:00** German	**10:00** Embroidery **10:00** 4 Mile Walkers **10:00** Cycling (Short Rides) **12:00** Luncheon Group **14:00** Poetry	**09:45** **GENERAL MEETING** **Festival Hall** **Market Rasen** **14:00** Indoor Bowls **14:30** Drama	**10:00** Latin **10:00** Line Dancing **10:00** Biblical Hebrew **10:00** Cycling (Longer Rides) **14:00** Holiday Spanish
3rd	**14:00** Crochet **14:00** Digital Photography	**10:00** Country Walks **14:00** Embroidery 2 **14:00** Upholstery PAUSEDUNTIL SPRING **14:00** Spanish Intermediate **14:00** German	**10:00** Cycling (Short Rides) **14:00** Readers Group— FULL **14:00** Gardening Group	**10:00** Patchwork **10:00** Italian for Beginners **10:15** Keep Fit **14:00** Indoor Bowls **14:00** I.T.Workshop **14:30** Drama **14:30** Recorder Group	**10:00** Latin **10:00** Line Dancing **10:00** Biblical Hebrew **10:00** Cycling (Longer Rides) **14:00** Scrabble* (*And 5th Friday of the month, if there is one) **14:00** Holiday Spanish **14:00** Solo Group
4th	**13:30** Spanish Beginners— FULL **14:00** Ukulele for Beginners **14:00** Board & Card Games	**10:00** Music Appreciation **10:30** 3 Mile Walkers **14:00** Upholstery PAUSEDUNTIL SPRING **14:00** Canasta **14:00** Spanish Intermediate **14:00** German	**10:00** Embroidery (*Last Wednesday of month) **10:00** Cycling (Short Rides) **14:00** Rasen Book Group **14:00** Artificial Intelligence	**10:00** Cross Stitch—FULL **10:15** Keep Fit* (* And 5th Thursday, if there is one) **14:00** Architecture—every two months **14:00** Indoor Bowls **14:30** Drama	**10:00** Latin **10:00** Line Dancing **10:00** Biblical Hebrew **10:00** Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) **14:00** Mah Jong **14:00** Holiday Spanish

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUP CONVENERS

ARCHITECTURE
David Oliver 01673 880188
ARTIFICIAL INTELLIGENCE (AI)
Sandra Dean, 0773 4456213
BACKGAMMON
Bill Roberts 01673 842703
BIBLICAL HEBREW
Alison Atkinson 01673 849979
BOARD & CARD GAMES GROUP
Pam Britton 01673 847750
CANASTA
Brian Ward 01472 852273
CARD MAKING
Ginny Beard 01673 844432 / 07980 209642
CROCHET
Pat Hage 01673 849447
CROSS STITCH – FULL
Audrey Storey, 01673 849625
CYCLING
Gordon Jennings 0794 8881121
DIGITAL PHOTOGRAPHY
Terry Francis 01673 842088
DISCOVERY GROUP
Mary Howes 01673 849554
DISCUSSION GROUP
Dave Ebbage 01673 847750
DRAMA
Gail Dennis 01673 843575
EMBROIDERY
Pat Hage 01673 849447
FAMILY HISTORY
Jacqueline Reid 01673 849490
FAMILY HISTORY – BEGINNERS
Jacqueline Reid 01673 849490
FRENCH CONVERSATION
Sandra Dean, 0773 4456213
GARDENING
Jane Guy 0797 1277482 / 01673 885415
GERMAN
Gary Beighton 0758 2227856
INDOOR BOWLS
Cathy Whelan 01673 565608 / 07974 856984
ITALIAN (for beginners)
Sandra Dean, 0773 4456213
KEEP FIT
Dawn Stopper 01472 851133
LATIN
Gwen Parsons 01673 601086
LINE DANCING
Margaret White 01673 849274
LOCAL HISTORY
Paul Ettridge 07916 910023
LUNCHEON GROUP
Kay Green Tel: 0790 081 8373

MAH JONG
Margaret Allerston 01673 842247
MUSIC APPRECIATION
Barry Dukes 01472 852454
PATCHWORK
Lyn Henry 01673 843851
POETRY
Eva Smith 01673 842218
READERS GROUP– FULL
Audrey Storey 01673 849625
RASEN BOOK GROUP – FULL
Kathryn Wade 01673 849487
RECORDER GROUP
Geoff Goddard 07752 945543
SCRABBLE
Audrey Storey 01673 849625
SCRABBLE 2
Yvonne Heathershaw 01673 308976
SOLO GROUP
Ginny Beard 07980 209642
SPANISH
Sandra Dean, 0773 4456213
SPANISH – BEGINNERS – FULL
Sandra Dean, 0773 4456213
THEATRE VISITS
Cathy Whelan 07974 856984
TRIBUTE BANDS
Phyl Murray 01673 838543
TURKISH DELIGHT DESERT DANCERS –
Gillian Anderton 01673 844382
UPHOLSTERY AND FURNITURE RESTORATION – PAUSED UNTIL NEXT SPRING
Gail Dennis 01673 843575
WEST WOLDS WARBLERS
Terry & Julia Francis, 01673 842088
VISITS GROUP
Dave Ebbage 01673 847750

THE COUNTRY WALKERS
Ken Howitt 01652 678490

THE STROLLERS – NEW CONVENER REQUIRED

Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.

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