WEST WOLDS

u3a

"Learn, Laugh and Live"

Website: www.westwoldsu3a.org

December 2023 Newsletter

Issue 124

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. Terry Francis (Editor)

newsletter@westwoldsu3a.org



Merry Christmas and a Happy New Year From the Committee

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CHAIRMAN'S REMARKS

Following the November AGM, as your newly elected Chairman I would like to thank Gail Dennis, the past Chairman, and all the members of last year's committee, convenors and volunteers for all their hard work and commitment which has contributed to West Wolds u3a continuing to go from strength to strength. I would also like to welcome our new committee member David Ebbage and a thank you to those committee members who are staying on for another year.

There is a lot of work that goes on behind the scenes to keep our u3a efficient and effective. As a result of this, we now have nearly 50 activity groups which cover a wide spectrum of interests and activities. Whilst not resting on our laurels, new groups are being set up, to avoid waiting lists and to keep up with changes in society. Watch this space, an Artificial Intelligence (AI) group is being planned. If you would like to set up a new group please contact the Groups' Co-ordinator for details.

I am very much looking forward to my first year as Chairman as 2024 is our 25th Anniversary year with an exciting list of celebratory events being planned, which will be publicised throughout the year. I do hope all members will support these various events where you will have an opportunity to make new friends and have fun. Best wishes Shirley Fuller, Chairman

MEMBERSHIP RENEWAL FOR 2023-24

The West Wolds u3a Membership runs from September 1st to August 31st.. At present we have 296 members who have already renewed for the 23/24 period.

Please try to get to a general meeting to pick up your new membership cards, at present I still have about 120 cards that have not been claimed. If you can't get to a general meeting, ask your group convenor to pick them up for you from me at the meeting.

If you get this Newsletter and have not renewed your membership, we have taken it that you do not wish to and have removed you from the Membership, this means you should not go to any further groups or General Meetings except to renew. If there is a reason that you have not renewed till now and wish to do so, please contact me and I can reinstate your membership on payment of the subscription fee.

Terry Francis, Membership Secretary and Treasurer

25TH ANNIVERSARY CELEBRATIONS



West Wolds u3a committee, convenors and volunteers got together in November with the Anniversary Event 2024 firmly on the agenda. March 14th will see us celebrating our 25th Anniversary and we plan to do this in style.



Already you'll be aware of posters and articles about this event and group conveners will be talking about this with you over the coming weeks. We want this to be a truly memorable year for our u3a which continues to grow and change to meet the needs of its membership. We now have more groups and with your full support we can continue to offer a varied and interesting programme.

As for the Anniversary events themselves, details will be finalised during the coming days and information about how you can join in with these activities will be released in the New Year.

We're also hoping that many of you will want to join in to help steer the success of this tremendous milestone event. There will be all sorts of things that you can help with. It's important to remind everyone that one of the fundamental guiding principals of the u3a movement is "by the members for the members." With this firmly in mind we now want you to come forward to support us fully in making 2024 a brilliant year of activity. We're happy to discuss ideas you might have and we're also happy to accept general offers of help no matter how small. Everyone has their part to play in this so let's look to 2024 with enthusiasm and excitement.

Both Shirley and I will be pleased to hear from you either by email or in person. Don't be shy! shirley.fuller60@gmail.com smobrien1@gmail.com

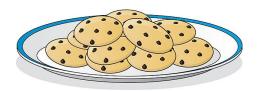


AT THE MONTHLY
MEETING, TEA & COFFEE IS
SERVED FROM
9.30 - 10.15.

PLEASE REMEMBER THAT THE CATERING STOPS SERVING AT 10:15, PLEASE ENSURE ALL CUPS ARE RETURNED TO THE KITCHEN BY THIS TIME.

THANK YOU FOR YOUR CO-OPERATION.

IF ANYONE NEEDS HELP CARRYING THEIR DRINK TO THEIR CHAIR, PLEASE ASK ONE OF THE CATERING TEAM.



Greeters Rota

<u>January</u>

Gillian Anderton Brian Ward Lucie Kew

February

Eunice Hughes Anna Ettridge Pauline Wellings

Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.

Catering Helpers Rota

January

Serving:: Penny Nott

Anita Handford

Kitchen: Bernadette Heald

TBA

February

Serving:: Anita Handford

TBA

Kitchen: TBA

TBA

Rachel Telfer is looking for members who would like to volunteer to help with catering at future meetings, please contact her at the meeting.

BECOMING A NATIONAL SUBJECT ADVISER



I became the National Subject Adviser for Spanish in October 2023 too late to appear in the latest edition of TAMs but for anybody who looks in on the national u3a website you'll find me listed under the subject advisers section of the learning tab.

My New Role

My role as the Spanish Adviser for the national u3a began in the late summer of 2023 when I was invited to apply and fill in some initial paperwork which documented the things I was doing for West Wolds. The u3a as an organisation has over 70 Subject Advisers each linked to a particular subject. You'll find out more about this both on the national website and in TAMs magazine.

As a Spanish Adviser I am able to call upon many of the things I do as a subject convenor for West Wolds. This includes starting and running a group, finding interesting things for the group to do, extending our knowledge and interest in the subject in general.

My u3a Journey

I've been a member of West Wolds U3a since I discovered the Spanish group in 2018. On retirement in 2012 I tried my hand at many things, finally coming across the desire to learn another language five years later. Having read a great deal about the value of maintaining good brain health in later life, language learning seemed to be an excellent opportunity. The group made me very welcome and I soon made very good friends. A year later I became the group convenor when Alison, our convenor at the time, reluctantly had to step down.

Not long after, we were hit by the covid pandemic and we had to look at ways to keep our group going. Our group quickly developed social networking skills in order to stay in touch. We met up when the regulations allowed and it's fair to say our group became very important to us all. We also adapted what we did, in fact we changed to meet the challenges of the time.

Fostering Collaboration and Engagement

As a member of the West Wolds committee since 2022 I'd also come into contact with members of the wider u3a movement. This developed further when I attended summer schools in Yorkshire and Humber region. I've also attended online discussions and seminars to enrich both my own knowledge and understanding of the u3a movement and other fascinating developments. More recently I've been involved in finding out a great deal more about the subject of Artificial Intelligence (AI) and how this can enhance language learning.

Benefits and Thanks to West Wolds

Although subject advisers may be responsible for different subjects there are many common aspects to the role. These might include setting groups up and knowing how to develop ideas. Keeping ideas relevant and incorporating new initiatives can also be an element of all this. All of these things can help other subject leaders.

I'd like to thank everybody both within our local u3a and also those from other u3a regions who enabled me to do this and have so much fun in the process.



Sandra Dean

GENERAL MEETING SPEAKER PROGRAMME 2024

11th January - Dianne Tuckett - The History of the Market Rasen Mail



Dianne will give an interesting talk on the history of the Market Rasen Mail newsletter from it inception to the current day.

8th February - Dawn Blunden - Sophistcake - The story of the Royal Wedding Cake



A recipe for an entertaining talk By Dawn Blunden A cupful of Royalty A sprinkling of celebrities

A pinch of TV & radio A large spoonful of laughter & an ounce or two of talent. Mix together & decorate with a "big" personality.& enjoy an abundance of funny stories & anecdotes.



14th March - Steve Short - Comedy Speaker/ Entertainer/Magician



Using photographs and video clips Steve Short will bring to life the story of how these two great comedians met to become Britain's most loved double act. First appearing in 1954 with rather poor reviews they returned two years later and appeared in a series of massively popular television shows over the next twenty years. By 1976 they were awarded OBEs, with their partnership lasting until 1984 when Eric Morecambe sadly died.

This entertaining presentation by Steve includes the story of their unique comedy magic act and will bring back many memories of a much-loved comedy partnership.

<u>11th April - Catherine Ball - Training Guide Dogs</u> <u>for the Blind</u>

9th May - Elaine Hagger - Voluntary work at Bletchley Park

13th June - Martin Lloyd - Passport, Assassins, Traitors and Spies

U3A FESTIVAL 2024 AT YORK UNIVERSITY

July 18th to 20th

This national event will include a wide range of events.

Details on the national website and in TAM

WEST WOLDS U3A ARCHITECTURE GROUP

West Wolds u3a Architecture Group held its first meeting on Thursday 30 November 2023. The subject of the first meeting was the Architect Leslie William Green the architect of the London underground, a talk presented by Caroline Foster.

Caroline had researched her subject well and had even undertaken visits to the underground stations including Baker Street, where she and Peter had explored the old station entrances and stairways to the platforms below on a guided tour.

When you picture a London Tube station in your mind, you see the iconic red terracotta tiles and the ornate signs engrained in them. This classic architectural design can be attributed to one man, who was tasked in 1903 with designing over fifty ticket halls for various stations on the Bakerloo, Piccadilly and Northern Lines, that man was Leslie Green. He was born in Maida Vale in 1875, the son of architect and Crown Surveyor, Arthur Green. After finishing university, he worked at his father's architecture firm before starting his own in 1897. In 1903, he was appointed as architect for the Underground Electric Railways Company of London to design ticket halls for three lines - the Great Northern, Piccadilly and Brompton Railway, the Baker Street and Waterloo Railway and the Charing Cross, Euston and Hampstead Railway which are now known as the Piccadilly, Bakerloo and Northern lines respectively. He designed each station to be flat roofed, so the building could be extended upwards to allow for residential and commercial usage to create more revenue. Caroline's talk whetted our group's appetite to explore and view more closely the stations he designed, when next any of us visit London and travel on the Tube.

The WW u3a Architecture Group meet every two months on the last Thursday of the month at Steve McCarthy's home at 14:00. We are currently a small group but would welcome anyone sharing our interest in architecture. The next meeting will be on Thursday 25 January 2024 and the subject architectural style will be Early English Gothic. *David Oliver*

CAMELS IN THE CARE HOME

How lovely it was to see all the happy faces at The Poplars Care Home in Market Rasen recently, when a few of our u3a members were asked to provide entertainment there. The staff there are always looking for a leisure activity to give the residents some enjoyment, so some of our Turkish Delight Desert Dancers volunteered to go along and surprise them with our dancing displays. They told us they loved the colourful costumes and watching us perform. There was much tittering and giggling when the Sultan, Mustafa Cupatea (Terry) summoned his Hareem, then more laughing when the camels made their appearance with Abdul, and then even more laughing when the snake emerged waving from its basket.



When we had finished our routine we invited some of them, if they wished, to have a dance with us, and a few of them did, including some of the staff. We were asked for an encore and invited to come again, next year or more often if we could. We enjoyed tea and biscuits with everyone, and it was a pleasure to know that we had been able to give them all such enjoyment.



Salome (AKA Gillian Anderton)

THE WEST WOLDS GARDENING GROUP.



Wreath Making Session in November

This is a very friendly group, more of a 'garden family' now as I think of them. There is a raffle with lots of prizes, plant sales and some give-aways too.

If you have not been to any of our meetings, please do give this a try. You do not have to be a passionate gardener, but a love of plants does help! Maybe you now have a small patio with a pot or two, you are just as welcome.

We also have arranged our first coach excursion next year to Littlethorpe Manor which is near Ripon, on the 30th May. The price is £45 per person which includes the coach (from Market Rasen), the driver's tip, entrance to this beautiful garden, and tea and cake too. You do not have to be a member of the garden group to attend. Book through Jane.

GARDENING GROUP PROGRAMME

20th December: Gardeners' Question Time and Christmas tea.

17th January: Life of a Gardener - Part 2 by Alan Mason

21st February: Echiums – In the Land of the Giants by Linda Heywood

13th March: Willow weaving. £25 which includes materials

20th March: All about Irises by Chris Davey

17th April: All about Peonies by Gail Harland

30th May: Coach excursion to Littlethorpe Manor, Ripon. £45.00

Jane Guy

LOCAL HISTORY GROUP PROGRAMME

Meetings at Middle Rasen Village Hall

January 9th 2024. "The Next Chapter" by Joe Willisch.

February 13th 2024. "A light hearted history of Market Rasen". A talk by Brian Ward.

For information about any of these talks or visits contact **Paul Ettridge telephone 07916 910023 Email paulettridge28@gmail.com**

SOLO GROUP

The solo group met again on Friday 17th November. Unfortunately due to illness our speaker was unable to attend but I'm sure we can look forward to his talk another time. There were 16 members in total including 2 new faces. We had a fun 60's "Name that Tune" quiz which brought back some memories for most of us!!

Our next meeting on Friday 15th December will be as usual at 2.00 p.m. at the New Life Church, Market Rasen and any new members are very welcome. As it will be our Christmas meeting, there will be mince pies, a raffle and a chance to enjoy good company.

Ginny Beard

ADVANCE NOTICE OF FEBRUARY VISIT

In February, we are planning a visit to 'The Museum of Timekeeping' in Newark Upon Trent. If this is of interest to you, please notify the contact below and further details will be supplied, when available.

u3a Contact: David Ebbage on 01673 847750 (davepame@gmail.com).

WEST WOLDS U3A GARDEN GROUP EXCURSION TO LITTLETHORPE MANOR, NR. RIPON ON THURSDAY, 30TH MAY, 2024

This is perhaps the loveliest garden I have ever visited so I am very pleased to be able to take our Garden Group there at a wonderful time of the year.



The garden is on two levels – an upper level of 4 acres around the house, fairly formal in layout, with 7 acres of parkland below. The design is not an attempt at an historical recreation, but more the creation of a garden sympathetic to the Manor and its surrounds. On the upper level, a series of four gardens with different themes are linked together by repeated use of the same hard landscape materials and key structural planting (Hornbeam, Yew and Box hedging, with Bergenia, Luzula and Hakonechloa groundcover). A path running from the stable block to the drive links the gardens together via the Holly walk, Pergola and Fountain lawn.



The heart of the estate is the walled garden, reflecting Mrs Thackray's desire to relate the four seasons to the cycle of life. In the centre is Ygdrassil, the Norwegian World Tree – the symbolic Tree of Life. The circular features here are repeated as a theme throughout the garden.



The Sunken garden parterre is based upon the White Rose of York emblem, the clipped box and trelliswork combining well with the white rendered Manor house. The main formal axis of the garden, from the terrace down to the classical pavilion, reflects Mr Thackray's ambition to create a 'mini arcadia'. To the front of the house, the new drive introduces a more contemporary feel, but still repeating the same key plants, materials and circular motifs.

Jane Guy

National u3a Poetry Competition Open Now



The National u3a poetry competition is now open for entries. They are looking for poems that fit the theme, 'What If'.

Members have until Friday 26 January to enter, which they can do on the u3a website at https://www.u3a.org.uk/learning/poetry-competition

We know there is so much poetry talent across the u3a movement and would love to hear from as many members as possible. u3a

EXCURSION BOOKING FORM

West Wolds

30th May, 2024 to Littlethorpe Manor, Nr. Ripon

Name(s):	No. of places required:
Main contact address:	
	Postcode
Email:Tel:Tel:	Mobile
Special requests (mobility, etc) :	
Next of kinTheir	r mobile
U3a Membership Number	
PICK UP POINT: Lorry car p	oark, behind Tesco, Market Rasen
@ 9.00 a.m. Return 5.30 p.m	•
COST: £45.00 PER PERSON WHICH INCL GARDEN AND TEA AND CAKE. NO REFUN	UDES TRAVEL, DRIVER'S TIP, ENTRANCE TO THE D WITHIN TWO WEEKS OF DEPARTURE.
·	ete this booking form with your payment as soon les to be made payable to West Wolds u3a and lue, Faldingworth, Lincs., LN8 3FF.
To make an online payment (BACS) pay Lle Third Age (Sort code 30-96-09, account No	oyds Bank; a/c The West Wolds University of the o 71220968)
More booking forms and any enquiries pl 0797 1277 482 or jane.m.guy@gmail.com	

Looking for New Members? Convenors, why not tell us more about what your group does.

Write a short article or create an advert for a future newsletter.

Speak to the Groups Coordinator or Newsletter Editor to find out more



Celebrating

25 years of activity, friendship and fun

right here in Market Rasen and the surrounding area







Plans for the year ahead include up to 50 groups meeting regularly plus special events for our Anniversary Year

March - Anniversary Celebration Monthly Meeting

April - Thorne Beehives visit

May - Car Treasure Hunt with pub finish

June - Baumber Walled Garden visit

September - Ten Pin Bowling plus Fish and Chips

October - Murder Mystery Tea

November - Games and refreshments

December - Annual Christmas Lunch

January - Keeping Fit and Active

February - Surprise Mystery Event

Want to find out more? Check out West Wolds u3a website for regular updates and bookings.

Meetings held 2nd Thursday every month in the Festival Hall @ Market Rasen.

LANGUAGE GROUPS LATEST

November and December are always busy times for everyone and all our groups have been meeting regularly to enjoy the season. Finding out about seasonal celebrations in other countries can be entertaining and there's always plenty on offer to take our minds off the gloomy weather at home. Remember to keep in touch with your particular group in case dates and times vary due to the Christmas schedule.



French: Joyeux Noel

Further announcements will be made early in the New Year about restarting this group. I've already got about six people for this group and we will be holding a meeting in the New Year to decide the best way forward. If you'd like to be part of this relaunched group then do get in touch to register your interest. Please note that if you've previously registered your interest you will get an automatic notification in the New Year when further announcements are made.

German: Frohe Weihnachten

The German group meets most weeks on a Tuesday afternoon. Members of the group have been sharing their German texts – mostly concerning recent trips and activities. Our resident German speaker Joe does a great job in finding and correcting our mistakes. We are continuing to follow 'Nico's Weg' - a video story aimed at German learners as well as reading from an amusing 'learners' novel by Angelika Bohn. Of course, we do occasionally have to do a bit of grammar, but nothing too onerous. If you fancy brushing up your German and would like to join us, then please get in touch with Gary Beighton 07582227856.

Italian: Buon Natale

The Italian Group has settled down into its new venue and we're delighted that our host Amanda is such a great baker. We've decided to take it in turn to bake something tasty to share each week. Jan treated us to a fabulous chocolate and orange loaf in November. Needless to say the group is full however it could be possible to start a new group in the future if there was enough interest so do get in touch if this includes you. Contact Sandra Dean for further details on 07734 456213.



Spanish: Feliz Navidad

We now offer a range of Spanish groups covering all levels of ability and points of interest so whether you fancy learning a little Spanish to enhance future travel, or if it's just to keep your mind active, take a look below to see what's on offer at West Wolds.u3a.

Spanish Meal

The Spanish groups have just had a themed Christmas tapas at the Olé Olé in Lincoln on Tuesday December 12th for lunch and a little conversation. Olé Olé always do us proud and they arranged for some of their Spanish

waiting staff to attend to our every need on the day.

Please note, there will be no other Spanish groups this week.



Spanish for Your Holidays (Primeros Pasos) - New The details are as follows: **Group for October 2024**

"Primeros Pasos" is Spanish for "first steps." Our 2023 group has now finished so if you fancy joining a brand new group in 2024 then do consider Spanish for Your Holidays. You've got plenty of time to consider this as the next one will meet in October and November 2024. The group will give you a basic range of words and phrases that even the most reluctant foreign language speaker would find useful. Further details will be announced next summer.

Spanish Beginners (Próximos Pasos)

As the Spanish name suggests, this group is designed to look at basic Spanish in a little more detail than the Spanish for Your Holidays group. Próximos Pasos is Spanish for "next steps." Meetings usually take place in Faldingworth every fortnight. The current group is full however we are always keen to start new groups when we can, so do ask if you're interested.

Contact Sandra Dean for further details on 07734 456213.

Spanish Intermediate (¡Hablemos Español!)

This group is for those who have been studying Spanish for a while and who already know a fair bit of vocabulary and can tackle a range of tenses in Spanish. The group meets every week on a Tuesday afternoon.

Contact Sandra Dean for further details on 07734 456213.

Spanish Conversation and Scrabble (Vamos a Juntarnos)

Our Advanced Group (Vamos a Juntarnos) meets by arrangement for an hour to talk completely in Spanish. We enjoy talking about Spanish culture and life and we also enjoy playing one or two challenging games. To know if this group would be for you please take a look at the details given in the Spanish Intermediate group above.

Contact Sandra Dean for further details on 07734 456213.

SEEING THE STARS IN 2024



A visit has been arranged for the 30th January 2024 to the Cleethorpes and District **Astronomical Society** Observatory, at Beacon Hill in Cleethorpes.

Date/time: Tuesday 30th January 2024. The event will start at 19:30 and the gates will be open from 19:15 and locked at 19:30 promptly. This is an essential security requirement and late arrivals will not be able to attend for any reason.

Refreshment: Individuals to pay for their own drinks at 50p/person (cash please) and includes a tasty biscuit.

Numbers/ Cost: We are limited to 15 attendees so an early booking is recommended. The cost is £2/ person.

Transport: Attendees are to arrange their own transport, preferably sharing cars, as parking is limited.

u3a Contact: David Ebbage on 01673 847750 (davepame@gmail.com).

Directions: Taking Clee Road from Cleethorpes take a left turn up Davenport Drive and then immediately take another left up Normandy Road and an immediate right turn up Montgomery Road. At the top of the hill, just before the road turns sharply left, look out for a small private road on the right between houses numbered 30 and 32 (What 3 Words: ///during.punks.focal). This is easily missed! Follow this road into the allotments. Limited parking is available and you will see the observatory (Beacon Hill), in the middle of the allotments. The entrance is clearly lit on club nights. There will be someone at the gate to let you in but it will be locked at 19.45.

Observatory mobile telephone number: 07704079630 (only available during meeting times).

There will be a presentation and you will be able to look at and through the telescopes/binoculars, and if the weather is suitable, we should be able I go outside to observe. Everyone needs to bring warm clothes and waterproof shoes as it soon gets chilly and the ground/grass can be damp. Astronomers always wear two pairs of socks! With a group of 15 all those who wish should have time to look through the telescopes and binoculars. A torch to aid walking down the short drive would be useful too. One with a red filter would be preferable but not essential.

Dave Ebbage

WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS

Date	Place	Distance	Walk Leader	Telephone
Jan 3rd	Chapel Room, Church St Nettelton	Annual Planning Meeting and	Ken Howitt	
Jan 10th	Market Rasen to Wolds Edge	3.5 to 4 Miles	Rachel Telfer	07443 483831
ТВА				

THE NEW STROLLERS

As you may already know we are hoping to relaunch this very popular walking group and we are keenly searching for volunteers to lead walks of about 2 miles distance. You will find below details of any walks we are offering at present. I must stress that these are the ONLY ones on offer at present and, unless other volunteers step up to lead a walk, they may well be the last ones! So, please, help us all out by taking charge of a walk. If you can offer a walk see me at the u3a general meeting on or leave a message on 01652 678490.

Sign up to lead a walk at the meeting on December 14th

Let`s revive what was once a very thriving group!! *Ken Howitt*

No walks proposed at present in December.



A frosty Nature Walk at Linwood Warren .

Sent in by Mary Orpahoudakis

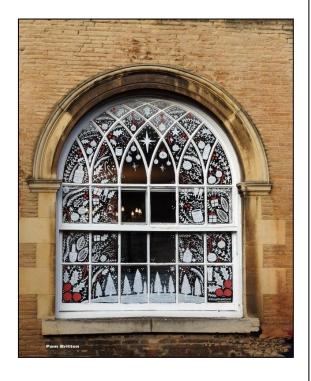
DIGITAL PHOTOGRAPHY GROUP-PICTURES OF THE MONTH FOR NOVEMBER 2023

Here are the chosen photos from the Digital Photography Groups challenges for November, based on the fun theme 'Windows' and a technical theme of 'Architectural' plus a favourite of the month. These are voted on by the group to decide which ones we all liked the best.



Favourite of the Month
Woodland walk
Taken by
Steve McCarthy

'Windows'
Christmas window
Taken by
Pam Britton





'Architecture'
Blackfriars Bridge
Taken by
Mary Orphanoudakis

For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

GROUPS DISCLAIMER

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to. The Committee

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2023/2024

One purpose of the AGM is to vote for the new Committee; but the Roles are not decided upon until the first meeting of the new Committee, in December. We advertise the new allocation of responsibilities on the Website and Newsletter, and below are the details:

Chairman and General Meeting Coordinator Shirley Fuller Tel: 01673 885948 chairman@westwoldsu3a.org

Vice Chairman and safeguarding Officer Sandra Dean Tel: 07734 456213 smobrien1@gmail.com



Newsletter Production Editor and Technical Support Terry Francis Tel: 01673 842088 treasurer@westwoldsu3a.org membership@westwoldsu3a.org newsletter@westwoldsu3a.org

Treasurer & Membership Secretary

Publicity Officer, Groups' Coordinator and Website Support Gary Beighton Tel: 01673 849364 publicity@westwoldsu3a.org

groupcoordinator@westwoldsu3a.org

Speaker Finder Ginny Beard Tel: 07980 209642 speakerfinder@westwoldsu3a.org







Catering Coordinator Rachel Telfer Tel: 01673 844244 racheltelfer1@hotmail.co.uk

Greeters Coordinator Caroline Dale Tel: 01673 844142 ginger.mike29@btinternet.com

Welfare Mandy Murphy Tel: 01673 565295 Mandy.murphy1396@gmail.com

Website Administration Steve McCarthy Tel: 01673 308364 webadmin@westwoldsu3a.org





How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, www.westwoldsu3a.org, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates Enter your email address to get updates from Westwolds U3A and receive notifications of new posts

Email Address

Receive Updates

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

Friday	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group 14:00 Holiday Spanish	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Holiday Spanish	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* (*And 5th Friday of the month, if there is one) 14:00 Holiday Spanish	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) 14:00 Mah Jong 14:00 Holiday Spanish
Thursday	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Cross Stitch—FULL 10:15 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Architecture—every two months 14:00 Indoor Bowls 14:30 Drama
Wednesday	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	 10:00 Cycling (Short Rides) 14:00 Readers Group— FULL 14:00 Gardening Group 	(* <u>Last</u> Wednesday of month) 10:00 Cycling (Short Rides) 14:00 Rasen Book Group
Tuesday	10:00 Family History 14:00 Backgammon 14:00 Upholstery PAUSEDUNTIL SPRING 14:00 Spanish Intermediate 14:00 German	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery PAUSEDUNTIL SPRING 14:00 Canasta 14:00 Spanish Intermediate 14:00 German	10:00 Country Walks 14:00 Embroidery 2 14:00 Upholstery PAUSEDUNTIL SPRING 14:00 Spanish Intermediate 14:00 German	10:00 Music Appreciation 10:30 3 Mile Walkers 14:00 Upholstery PAUSEDUNTIL SPRING 14:00 Canasta 14:00 Spanish Intermediate 14:00 German
Monday	14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	13:30 Spanish for Beginners 14:00 Ukulele for Beginners	14:00 Digital Photography	13:30 Spanish for Beginners 14:00 Ukulele for Beginners
WEEK	1st	2nd	3rd	4th

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

INTEREST GROUP CONVENERS

ARCHITECTURE

David Oliver 01673 880188

BACKGAMMON

Bill Roberts 01673 842703

BIBLICAL HEBREW

Alison Atkinson 01673 849979

CANASTA

Brian Ward 01472 852273

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROSS STITCH-FULL

Audrey Storey, 01673 849625

CROSS STITCH 2/EMBROIDERY

Shirley Fuller 07810 845178

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCOVERY GROUP

Mary Howes 01673 849554

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Jacqueline Reid 01673 849490

FAMILY HISTORY - BEGINNERS

Jacqueline Reid 01673 849490

FRENCH CONVERSATION

Sandra Dean, 01507 313934 / 0773 4456213

GARDENING

Jane Guy 0797 1277482 / 01673 885415

GERMAN

Gary Beighton 0758 2227856

INDOOR BOWLS

Jane Guy 0797 1277482 / 01673 885415

ITALIAN (for beginners)

Sandra Dean, 01507 313934 / 0773 4456213

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 01673 601086

LINE DANCING

Margaret White 01673 849274

LOCAL HISTORY

Paul Ettridge 07916 910023

LUNCHEON GROUP

Kay Green Tel: 0790 081 8373

MAH JONG

Jane Fairclough 0794 756 6606

MUSIC APPRECIATION

Barry Dukes 01472 852454

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP-FULL

Audrey Storey 01673 849625

RASEN BOOK GROUP - FULL

Kathryn Wade 01673 849487

RECORDER GROUP

Geoff Goddard 07752 945543

SCRABBLE

Audrey Storey 01673 849625

SCRABBLE 2

Yvonne Heathershaw 01673 308976

SOLO GROUP

Ginny Beard 07980 209642

SPANISH

Sandra Dean, 01507 313934 / 0773 4456213

START SPANISH

Sandra Dean, 01507 313934 / 0773 4456213

THEATRE VISITS

Jane Lloyd 01673 843078

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS -

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE

RESTORATION - PAUSED UNTIL NEXT

SPRING

Gail Dennis 01673 843575

UKULELE GROUP FOR BEGINNERS

(DAYTIME)

Pat Hage 01673 849447

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

THE COUNTRY WALKERS

Ken Howitt 01652 678490

THE STROLLERS – NEW CONVENER

REQUIRED

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