

WEST WOLDS

u3a

"Learn, Laugh and Live"

Website: www.westwoldsu3a.org

November 2023 Newsletter

Issue 123

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

OUTGOING CHAIRMAN'S REMARKS

I enjoy being a member of our u3a and have made lots of friends over the years. Now I look forward to not having to be at the hall at 8.30am each month and can come in and do what many of the rest of you do and enjoy wandering round seeing what is on offer and not having to do something. From time to time I will volunteer for the refreshment and greeter rotas.

Please do come to the AGM, which will not be long, and stay for the entertainment afterwards.

Hopefully we will have a new committee after the AGM so we can all continue to enjoy all the activities on offer. West Wolds only functions if people volunteer to do various jobs. No volunteers, no u3a. See you at the AGM.

Best wishes

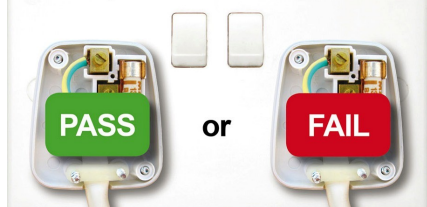
Gail Dennis, Chairman

PORTABLE APPLIANCE TESTING

I have arranged the date of November 15th to run a PAT testing session in the Committee Room at the Festival Hall. All electrical equipment belonging to the West Wolds u3a or used by a group at a hall or venue must be brought along between 9-12am to be tested and certified. Please come as early as possible.

Terry Francis

Would your electrical appliances



MEMBERSHIP RENEWAL FOR 2023-24

The West Wolds u3a Membership runs from September 1st to August 31st. Please remember you now need to pay your 2023-2024 membership fees online by BACS, or by presenting a cheque, cash, or using a contactless card at the Meetings.

If you do not renew by the November meeting, we will take it that you do not wish to and will remove you from the Membership, this means you will not be allowed to go to any further groups or General Meetings.

If you no longer wish to be a member, please let Jane Lloyd or myself know as soon as possible. Group Convenors should now start to check their group members have renewed.

For details, you will need to download and fill in a new 2023-24 Membership form, available online on the 'How to Join' page on the west Wolds website, at <https://westwoldsu3a.org/> or available to pick up at the meetings, and return it to the Membership Secretary.

The Membership fee for September 2023 to August 2024 is :-

£18 for Individual membership

£34 for Joint Membership

£12 for Associate Membership.



Amongst other benefits, this includes our newsletter, the "West Wolds Monthly" as well as being able to 'opt-in' to receive "Third Age Matters", the national magazine which is mailed to members five times a year.

We hope you continue to support the West Wolds u3a next year with all that we can offer.

Terry Francis, Treasurer

AGM NOVEMBER 9TH

Our AGM will be held on 9th November at the Festival Hall at 9.45 for 10.30. We would appreciate it if you could try to attend as we are legally obliged to have a certain percentage in attendance to vote on key items, and it is your chance to ask any questions. If we cannot reach the required number of members present, we would have to reschedule the AGM on another date.

All the relevant documentation has been emailed to all those members who hold an email address; it is on our web site and a limited number of paper copies will be available at the meeting.
We look forward to seeing you there.

Sharon – Secretary

COMMITTEE MEMBERS STANDING FOR ELECTION FOR 2023/24

Ginny Beard
Sandra Dean
Shirley Fuller
Jane Lloyd

Gary Beighton
Dave Ebbage
Terry Francis
Sharon Rupp

Please come to the AGM to vote for your new committee

25TH ANNIVERSARY CELEBRATIONS



Where has the time gone? In March 2024 we celebrate 25 years since the first meeting of West Wolds u3a in 1999.

We have a range of exciting events planned to commemorate this milestone, beginning with the monthly meeting in March which will start the ball rolling. Please come and enjoy cake and fizz as we toast our success, keep your diary clear as we anticipate a high turnout.
See further information on our poster on page 9.

We're planning a range of special events for everyone to be involved in, making 2024 a bumper year to commemorate this fabulous milestone.

We'll be celebrating everything we do well with a few little tweaks and twists along the way.

Already many of you have come up with some fabulous suggestions you might have in your own groups to help celebrate the year. If you're not currently attending a group you won't be forgotten and we're always pleased to receive additional offers of help, volunteers and fresh ideas too.

Look out for further regular updates about the plans we have through this newsletter, direct email, from your group convenors and at future Monthly Meetings.

The Anniversary Team

Thank You Event for all our Volunteers

Every year we hold this event for all our Volunteers who we could not manage without. This could be someone who washed up or served refreshments at the monthly meeting or another u3a event; maybe you were a Greeter this year or helped to set up or pack away at our monthly meeting. Do you assist one of our convenors to run their group, or have you led a walk? You get the idea.

The event is being held at the Market Rasen New Life Church on Friday November 24th at 3pm where refreshments and cakes will be served. It's an opportunity for the Committee to recognise and thank you for all your help (even if you only did it once - it still counts) and give you a preview of the planned celebrations for next year's Silver Anniversary.

We do hope you can make it, and would appreciate an RSVP by 17th November for catering numbers.

Sharon - Secretary. On behalf of the Committee secretary@westwoldsu3a.org 07803 694889

CONVENORS' MEETING

We hope you will join us for the 2023 Convenors' Meeting at the Market Rasen New Life Church, on Friday 24th November at 1.30pm.

This will be a fairly short meeting introducing the new Committee elected at the AGM, a quick overview of tools you may find useful as a Convenor, a preview of our planned Silver Anniversary celebrations and a Q&A session to finish off - a chance for you to ask anything.

Our other Volunteers will then join us for refreshments and a natter.

Sharon - Secretary. On behalf of the Committee secretary@westwoldsu3a.org 07803 694889

SOLO GROUP

The solo group met again on the 20th October for an interesting and information presentation regarding scams and frauds, and it was nice to see some new faces among the group.

Our next meeting on the 17th November will include a talk by an ex-policeman about life as a local bobby. We meet at 2.00 p.m. at the New Life Church in Market Rasen and any new members are very welcome. The charge is £3.00 to cover the cost of refreshments and the hire of the room.

Ginny Beard

THE ARCHITECTURE GROUP

The new Architecture Group held its successful inaugural meeting on Wednesday 25th October 2023 at a member's home in Market Rasen. In future the meetings will be held bi-monthly on Thursday afternoons. The next meeting is due to be held on Thursday 30th November 2023 at 1400 hours, in Market Rasen.

The group has identified a varied list of very interesting discussion topics/styles to be informally presented by themselves i.e.: the architect Lesley William Green, British railway architecture, Art Deco, Modern Architecture, Charles Rennie Macintosh, Early English Gothic and Primitive.

There are some spaces available in the group. If you are interested in joining the group: Sign up at the monthly General Meeting, (second Thursday of the month) or contact David Oliver 01673 880188 or email david.g.oliver@btinternet.com.

Looking for New Members? Convenors, why not tell us more about what your group does.

Write a short article or create an advert for a future newsletter.

Speak to the Groups Coordinator or Newsletter Editor to find out more

GENERAL MEETING
SPEAKER PROGRAMME 2022/23

14TH December — Vince Eager - What Time Is The Midnight Buffet



Vince's presentation reveals almost everything you didn't or wouldn't know about cruising. He goes behind the scenes and reveals often hilarious or worrying facts about cruising, what the passengers get up to, and how the crew get their own back!

2024

11th January - Dianne Tuckett - The History of the Market Rasen Mail



Diane will give an interesting talk on the history of the Market Rasen Mail newsletter from its inception to the current day.

8th February - Dawn Blunden - Sophistcake - The story of the Royal Wedding Cake

14th March - Steve Short - Comedy Speaker/Entertainer/Magician

11th April - Catherine Ball - Training Guide Dogs for the Blind

9th May - Elaine Hagger - Voluntary work at Bletchley Park

13th June - Martin Lloyd - Passport, Assassins, Traitors and Spies

Catering Helpers Rota

December

Serving:: Norma Willis
TBA

Kitchen: Anita Handford
Stephanie Fox

January

Serving:: Penny Nott
Anita Handford

Kitchen: TBA

Rachel Telfer is looking for members who would like to volunteer to help with catering at future meetings, please contact her at the meeting.

Greeters Rota

December

Pam John
Penny Nott
Marguerite Hopkins

January

Gillian Anderton
Brian Ward
Lucie Kew

Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.

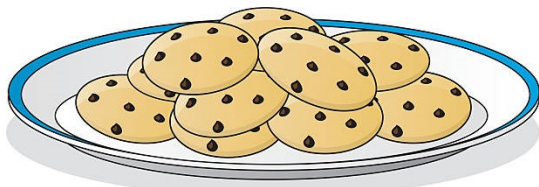
AT THE MONTHLY
MEETING, TEA & COFFEE
IS SERVED FROM
9.30 - 10.15.



PLEASE REMEMBER THAT THE CATERING
STOPS SERVING AT 10:15, PLEASE ENSURE
ALL CUPS ARE RETURNED TO THE
KITCHEN BY THIS TIME.

THANK YOU FOR YOUR CO-OPERATION.

IF ANYONE NEEDS HELP CARRYING THEIR
DRINK TO THEIR CHAIR, PLEASE ASK ONE
OF THE CATERING TEAM.



UPDATE: CHRISTMAS LUNCH THURSDAY 14TH DECEMBER

Tickets for Christmas Lunch at the
Market Rasen Golf Course will be on sale
at the November General Meeting. This
is your last chance to book.

£25 for 2 courses

Payment please by cheque made out to
West Wolds u3a or by cash.

Contact Shirley Fuller



'I got a Sat-Nav for my car, it's one for seniors.
Not only does it tell me how to get to my destination,
it tells me why I wanted to go there.'



Cartoon by Gillian Anderton

THE WEST WOLDS GARDENING GROUP.



This is a very friendly group, more of a 'garden family' now as I think of them. There is a raffle with lots of prizes, plant sales and some give-aways too. Thanks to Shirley Fuller and Val Wright for preparing the refreshments for us.

If you have not been to any of our meetings, please do give this a try. You do not have to be a passionate gardener, but a love of plants does help! Maybe you now have a small patio with a pot or two, you are just as welcome.

On the 22nd November we are making Christmas wreaths. Our tutor will be helping us to be creative and make our own bespoke wreath to adorn our front doors. All materials will be provided and a fun session will be had by all. Please book with Jane if interested. £35.00 per person.

We also have arranged our first coach excursion next year to Littlethorpe Manor which is near Ripon, on the 30th May. The price is £45 per person which includes the coach (from Market Rasen), the driver's tip, entrance to this beautiful garden, and tea and cake too. You do not have to be a member of the garden group to attend. Book through Jane.

GARDENING GROUP PROGRAMME

15th November: Peter Williams "Special Plants for Small Gardens"

22nd November: Wreath Making workshop with Linda Clark. £35 which includes materials

20th December: Gardeners' Question Time and Christmas tea.

17th January: Life of a Gardener - Part 2 by Alan Mason

21st February: Echiums – In the Land of the Giants by Linda Heywood

13th March: Willow weaving. £25 which includes materials

20th March: All about Irises by Chris Davey

17th April: All about Peonies by Gail Harland

30th May: Coach excursion to Littlethorpe Manor, Ripon. £45.00

Jane Guy

GOOD NEWS - NEW SPORTS GROUPS

Whether you have played sports in the past and let it lapse and want to start again, or are a newcomer who wants to try a new hobby, please contact Shirley Fuller, Groups Co-Ordinator with your details via email (groupcoordinator@westwoldsu3a.org) or sign-up sheet at the General Meeting if you would be interested in participating in any of the following sessions:

- ☐ Walking Cricket
- ☐ Walking Football
- ☐ Walking Netball
- ☐ Seated Exercise & Multi Sports

Would you be able to volunteer as a convenor to administer one of the new Sports Groups? A professionally qualified person would supervise all the sports and be responsible for the equipment provided. The Groups Co-ordinator or a committee member would be available to offer you any help to 'kick start the group' and keep it running.

Day/Times to be confirmed once numbers are known. There will be a small charge for each session you attend.

WEST WOLDS U3A GARDEN GROUP
EXCURSION TO LITTLETHORPE MANOR,
NR. RIPON ON THURSDAY, 30TH MAY, 2024

This is perhaps the loveliest garden I have ever visited so I am very pleased to be able to take our Garden Group there at a wonderful time of the year.



The garden is on two levels – an upper level of 4 acres around the house, fairly formal in layout, with 7 acres of parkland below. The design is not an attempt at an historical recreation, but more the creation of a garden sympathetic to the Manor and its surrounds. On the upper level, a series of four gardens with different themes are linked together by repeated use of the same hard landscape materials and key structural planting (Hornbeam, Yew and Box hedging, with *Bergenia*, *Luzula* and *Hakonechloa* groundcover). A path running from the stable block to the drive links the gardens together via the Holly walk, Pergola and Fountain lawn.



The heart of the estate is the walled garden, reflecting Mrs Thackray's desire to relate the four seasons to the cycle of life. In the centre is Ygdrasil, the Norwegian World Tree – the symbolic Tree of Life. The circular features here are repeated as a theme throughout the garden.



The gardens around the house are increasingly formal. The Sunken garden parterre is based upon the White Rose of York emblem, the clipped box and trelliswork combining well with the white rendered Manor house. The main formal axis of the garden, from the terrace down to the classical pavilion, reflects Mr Thackray's ambition to create a 'mini arcadia'. To the front of the house, the new drive introduces a more contemporary feel, but still repeating the same key plants, materials and circular motifs.

Jane Guy

LOCAL HISTORY GROUP
PROGRAMME

Meetings at Middle Rasen Village Hall

November 14th. A talk by Hazel Barnard entitled: "Tales of old Market Rasen".

December 12th. The Christmas Quiz set by Paul Ettridge. A light hearted event with prizes for winners and losers!

January 9th 2024. "The Next Chapter" by Joe Willis .

February 13th 2024. "A light hearted history of Market Rasen". A talk by Brian Ward.

For information about any of these talks or visits contact **Paul Ettridge telephone 01472 398921**
Email paulettridge28@gmail.com



West Wolds

EXCURSION BOOKING FORM

30th May, 2024 to Littlethorpe Manor, Nr. Ripon

Name(s):No. of places required:

Main contact address:

.....Postcode.....

Email:.....Tel:.....Mobile.....

Special requests (mobility, etc) :

Next of kin.....Their mobile.....

U3a Membership Number.....

**PICK UP POINT: Lorry car park, behind Tesco, Market Rasen
@ 9.00 a.m. Return 5.30 p.m.**

COST: £45.00 PER PERSON WHICH INCLUDES TRAVEL, DRIVER'S TIP, ENTRANCE TO THE GARDEN AND TEA AND CAKE. NO REFUND WITHIN TWO WEEKS OF DEPARTURE.

To confirm your reservation please complete this booking form with your payment as soon as possible to secure your place. Cheques to be made payable to West Wolds u3a and posted to: **Mrs Jane Guy, 14 Jubilee Avenue, Faldingworth, Lincs., LN8 3FF.**

To make an online payment (BACS) pay Lloyds Bank; a/c The West Wolds University of the Third Age (Sort code 30-96-09, account No 71220968)

**More booking forms and any enquiries please contact Jane.
0797 1277 482 or jane.m.guy@gmail.com**



Celebrating

25 years of activity,
friendship and fun

right here in Market Rasen and the
surrounding area



Plans for the year ahead include up to 50 groups
meeting regularly plus special events for our
Anniversary Year

March - Anniversary Celebration Monthly Meeting

April - Thorne Beehives visit

May - Car Treasure Hunt with pub finish

June - Baumber Walled Garden visit

September - Ten Pin Bowling plus Fish and Chips

October - Murder Mystery Tea

November - Games and refreshments

December - Annual Christmas Lunch

January - Keeping Fit and Active

February - Surprise Mystery Event

Want to find out more? Check out West Wolds u3a website for regular updates and bookings.

Meetings held 2nd Thursday every month in the Festival Hall @ Market Rasen.

LANGUAGE GROUPS LATEST

Language Groups Latest

Most of our language groups have met in October and are looking forward to a busy November. As I sit here today while Storm Babet does its best to spoil the fun it's worth remembering that groups might need to make slight adjustments to the normal programmes to ensure everyone's safety. This might include meeting times, venues and cancellations due to weather or illness through the winter months. If you're not sure please check with the Group convenor before you travel.

Thanks to Stephanie - Language Books Recycling

The Monthly Meeting in October had an environmental theme and it was very pleasing to see that u3a member Stephanie Hayward had a great plan. Stephanie arrived at the meeting with a bag full of books in various languages. I'm pleased to say that these have already been passed on to the relevant groups so that current members can take advantage of Stephanie's very kind gesture. Thanks Stephanie!



Spanish Meal

The Spanish groups will again be having a themed Christmas tapas when we take to Olé Olé in Lincoln on Tuesday December 12th at 12.30pm for Lunch and a Little Conversation. Olé Olé always do us proud and they will be arranging for some of their Spanish waiting staff to attend to our every need on the day. Let your Group Leader know as soon as possible to book your place. Please note, there will be no other Spanish groups that week.

French

Already several people have spoken to me during September and October about joining this group and I've been able to inform them that it will be starting again in the New Year when it has a new timetabled slot. It's been agreed that we'll probably have a meeting in January to decide on the viability of running a group and seeing what level would suit everyone. You never know, we may need to start more than one group to meet everyone's range of abilities so don't be put off. If you're already a French speaker or an absolute beginner we'll have the group for you. The group convenor will be happy to speak to any interested u3a members.

Contact Sandra Dean for further details on 07734 456213.



German

The German group meets most weeks on a Tuesday afternoon. Members of the group have been sharing their German texts – mostly concerning recent trips and activities. Our resident German speaker Joe does a great job in finding and correcting our mistakes. We are continuing to follow 'Nico's Weg' – a video story aimed at German learners as well as reading from an amusing 'learners' novel by Angelika Bohn. Of course, we do occasionally have to do a bit of grammar, but nothing too onerous. If you fancy brushing up your German and would like to join us, then please get in touch with Gary Beighton 07582227856.

Italian

The first meeting in the autumn took place recently in Middle Rasen at 10am. It was lovely to offer a very warm welcome to three of our newer members Amanda O'Connor, Kate Woodruffe and Jan Hargrave to our group. I'd like to give Amanda a very big thank-you as we were invited to have our meeting at her house. It's fabulous to see new members getting involved right from the start. We also welcomed back a previous member of our group, Jenny, who has returned to our Italian family. This self-support group is for those who are at the start of their Italian journey. Activities are varied and fun and we enjoy everything about Italian culture.



Details will be given in the Italian WhatsApp group or directly from the convenor. Contact Sandra Dean for further details on 07734 456213.

Spanish

We now offer a range of Spanish groups covering all levels of ability and points of interest so whether you fancy learning a little Spanish to enhance future travel, or if it's just to keep your mind active, take a look at this article to see what's on offer at West Wolds u3a.



If you fancy joining a brand new group this autumn then do consider **Spanish for Your Holidays**. Running throughout October and November, this group will give you a basic range of words and phrases that even the most reluctant foreign language speaker would find useful. You'll find further details below.

Contact details can be found following each group and also on the West Wolds u3a website.

Spanish for Your Holidays (Primeros Pasos) – New Group for October 2023

“Primeros Pasos” is Spanish for “first steps.” It will be for an hour each week for eight weeks and will concentrate on practical situations where you can learn a range of words and phrases that you'll encounter in everyday life such as saying hello and goodbye, asking for things such as food and drink, making bookings and finding your way around and asking for directions. Meetings will take place in Ludford (at the top of Willingham Hill). Contact Sandra Dean for further details on 07734 456213.

Spanish Beginners (Próximos Pasos)

As the Spanish name suggests, this group is designed to look at basic Spanish in a little more detail than the Spanish for your Holidays group. Próximos Pasos is Spanish for “next steps.” Meetings usually take place in Faldingworth every fortnight. Contact Sandra Dean for further details on 07734 456213.

Spanish Intermediate (¡Hablemos Español!)

This group is for those who have been studying Spanish for a while and who already know a fair bit of vocabulary and can tackle various tenses in Spanish such as the present, future and past.

Compound verbs and the subjunctive are also used. The group meets every week on a Tuesday afternoon when we get together to take part in a range of activities which include chatting in Spanish, sharing experiences, reading Spanish texts and newspapers.

Contact Sandra Dean for further details on 07734 456213.



Spanish Conversation and Scrabble (Vamos a Juntarnos) – New Group for October 2023

The first fortnightly session of our Advanced Group (Vamos a Juntarnos) met for the first time in October to play Scrabble (in Spanish of course) and to chat for an hour completely in Spanish. We've got four regular members in this group which is enough to play a challenging game on a Friday afternoon. It also gave us opportunities to explore the need to develop one or two additional conversational phrases to help the conversation flow better in future weeks. Unfortunately our next session had to be cancelled on the day due to inclement weather. To know if this group would be for you please take a look at the details given in the Spanish Intermediate group immediately above. Contact Sandra Dean for further details on 07734 456213.

U3A FESTIVAL 2024 AT YORK UNIVERSITY

July 18th to 20th

This national event will include a wide range of events

Details on the national website and in TAMs

WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS

Date	Place	Distance	Walk Leader	Telephone
Nov 21st	Caistor	4 Miles	Jean Potterton	07498 469418
Nov 29th	Linwood Warren Nature Walk	2 Miles	Mary Orphanoudakis	07484 842915
Dec 6th	Doddington	5 Miles	Sharon Rupp	07803 694889
Dec 13th	Xmas Walk at Cleethorpes	3.5 Miles	Yvonne Heathershaw	07990 643933
Jan	TBA			

Please contact the Walk Leader direct to sign up any of these walks or see Ken Howitt at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

THE NEW STROLLERS

As you may already know we are hoping to relaunch this very popular walking group and we are keenly searching for volunteers to lead walks of about 2 miles distance. You will find below details of any walks we are offering at present. I must stress that these are the ONLY ones on offer at present and, unless other volunteers step up to lead a walk, they may well be the last ones! So, please, help us all out by taking charge of a walk. If you can offer a walk see me at the u3a general meeting on or leave a message on 01652 678490.

Sign up to lead a walk at the meeting on November 9h

Let's revive what was once a very thriving group!!
Ken Howitt

No walks proposed at present in November.



DIGITAL PHOTOGRAPHY GROUP-
PICTURES OF THE MONTH FOR OCTOBER 2023

Here are the chosen photos from the Digital Photography Groups challenges for October, based on the fun theme 'Derelict plus a favourite of the month. These are voted on by the group to decide which ones we all like the best. We also had a technical challenge of short '3-10 second video' which can be seen on the website



Favourite of the Month

Silver Birch Trees

Taken by Steve McCarthy



'Derelict 1'

NAS Killingholme

Taken by Brian Ward



'Derelict 2'

Derelict vehicle in Namibia

Taken by Margaret White

For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

GROUPS DISCLAIMER

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to.

The Committee

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2022/2023

Chairman and General Meeting Coordinator

Gail Dennis Tel: 01673 843575

chairman@westwoldsu3a.org

Vice Chairman & Membership Secretary

Jane Lloyd Tel: 01673 843078

membership@westwoldsu3a.org

Treasurer

Terry Francis Tel: 01673 842088

treasurer@westwoldsu3a.org

Business Secretary, Speaker Finder

Sharon Rupp Tel: 07803 694889

secretary@westwoldsu3a.org
speakerfinder@westwoldsu3a.org

Groups' Coordinator

Shirley Fuller Tel: 01673 885948

groupcoordinator@westwoldsu3a.org

Newsletter Production Editor and Technical Support

Terry Francis Tel: 01673 842088

newsletter@westwoldsu3a.org

Publicity Officer and Website Support

Gary Beighton Tel: 01673 849364

publicity@westwoldsu3a.org

Secretary to

East Lincs. Neighbourhood

Shirley Fuller Tel: 01673 885948

eastlincs@westwoldsu3a.org

Safeguarding Officer

Kathryn Wade

kathrynbwade@gmail.com

New Members – Roles TBD

Ginny Beard

Sandra Dean

Support Roles (Non Committee)

Catering Coordinator

Rachel Telfer Tel: 01673 844244

racheltelfer1@hotmail.co.uk

Greeters Coordinator

Caroline Dale Tel: 01673 844142

ginger.mike29@btinternet.com

Welfare

Mandy Murphy Tel: 01673 565295

Mandy.murphy1396@gmail.com

Website Administration

Steve McCarthy Tel: 01673 308364

webadmin@westwoldsu3a.org

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, **www.westwoldsu3a.org**, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts by email.

Email Address

Receive Updates

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	10:00 Family History 14:00 Backgammon 14:00 Upholstery PAUSEDUNTIL SPRING 14:00 Spanish Intermediate 14:30 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group 14:00 Holiday Spanish
2nd	13:30 Spanish for Beginners 14:00 Ukulele for Beginners	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery PAUSEDUNTIL SPRING 14:00 Canasta 14:00 Spanish Intermediate 14:30 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Holiday Spanish
3rd	14:00 Digital Photography	10:00 Country Walks 14:00 Embroidery 2 14:00 Upholstery PAUSEDUNTIL SPRING 14:00 Spanish Intermediate 14:30 German	10:00 Cycling (Short Rides) 14:00 Readers Group – FULL 14:00 Gardening Group	10:00 Patchwork 10:00 Italian for Beginners 10:15 Keep Fit 14:00 Indoor Bowls 14:00 I.T. Workshop 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* (*And 5th Friday of the month, if there is one) 14:00 Holiday Spanish
4th	13:30 Spanish for Beginners 14:00 Ukulele for Beginners	10:00 Music Appreciation 10:30 3 Mile Walkers 14:00 Upholstery PAUSEDUNTIL SPRING 14:00 Canasta 14:00 Spanish Intermediate 14:30 German	10:00 Embroidery (*Last Wednesday of month) 10:00 Cycling (Short Rides) 14:00 Rasen Book Group	10:00 Cross Stitch – FULL 10:15 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) 14:00 Mah Jong 14:00 Holiday Spanish

INTEREST GROUP CONVENERS

ARCHITECTURE

David Oliver 01673 880188

BACKGAMMON

Bill Roberts 01673 842703

BIBLICAL HEBREW

Alison Atkinson 01673 849979

CANASTA

Brian Ward 01472 852273

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROSS STITCH – FULL

Audrey Storey, 01673 849625

CROSS STITCH 2/EMBROIDERY

Shirley Fuller 07810 845178

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCOVERY GROUP

Mary Howes 01673 849554

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Jacqueline Reid 01673 849490

FAMILY HISTORY – BEGINNERS

Jacqueline Reid 01673 849490

FRENCH CONVERSATION

Sandra Dean, 01507 313934 / 0773 4456213

GARDENING

Jane Guy 0797 1277482 / 01673 885415

GERMAN

Gary Beighton 0758 2227856

INDOOR BOWLS

Jane Guy 0797 1277482 / 01673 885415

ITALIAN (for beginners)

Sandra Dean, 01507 313934 / 0773 4456213

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 01673 601086

LINE DANCING

Margaret White 01673 849274

LOCAL HISTORY

Paul Ettridge 01472 398921

LUNCHEON GROUP

Kay Green Tel: 0790 081 8373

MAH JONG

Jane Fairclough 0794 756 6606

MUSIC APPRECIATION

Barry Dukes 01472 852454

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP – FULL

Audrey Storey 01673 849625

RASEN BOOK GROUP – FULL

Kathryn Wade 01673 849487

RECORDER GROUP

Geoff Goddard 07752 945543

SCRABBLE

Audrey Storey 01673 849625

SCRABBLE 2

Yvonne Heathershaw 01673 308976

SOLO GROUP

Ginny Beard 07980 209642

SPANISH

Sandra Dean, 01507 313934 / 0773 4456213

START SPANISH

Sandra Dean, 01507 313934 / 0773 4456213

THEATRE VISITS

Jane Lloyd 01673 843078

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS –

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE

RESTORATION – PAUSED UNTIL NEXT SPRING

Gail Dennis 01673 843575

UKULELE GROUP FOR BEGINNERS

(DAYTIME)

Pat Hage 01673 849447

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

THE COUNTRY WALKERS

Ken Howitt 01652 678490

THE STROLLERS – NEW CONVENER REQUIRED

Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.



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