

WEST WOLDS

u3a

"Learn, Laugh and Live"

Website: www.westwoldsu3a.org

July 2023 Newsletter

Issue 119

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

CHAIRMAN'S REMARKS

A couple of days after our very interesting talk about wedding customs and nursery rhymes my son said he had just seen the derivation of Humpty Dumpty online. An interesting coincidence. We have both been singing nursery rhymes to his daughter.

July and August General Meetings are when you can start to pay your membership ready for the 1st September new membership year. November is our AGM when the committee will need some new members to join it since my 3 years as Chairman will come to an end and I will step down from the committee since I do not feel it is correct for me to remain. I will always be available for advice and general help. I did this last time I was Chairman and alternate between being on the u3a committee and the theatre committee with some overlap each time!

Best wishes

Gail Dennis, Chairman

MEMBERSHIP RENEWAL FOR 2023-24

From the July meeting you can now start to pay your next year's membership fees online by BACS, or by presenting a cheque, or by cash, or using a contactless card at the Meetings.

For details, you will need to download and fill in a new 2023-24 Membership form, see online on our website, or available to pick up at the meetings, and return it to the Membership Secretary.

The Membership fee for September 2023 to August 2024 is :-

£18 for Individual membership

£34 for Joint Membership

£12 for Associate Membership.

We hope you continue to support the West Wolds u3a next year with all that we can offer.

Terry Francis, Treasurer

NEW MEMBERS MEETING 28TH JUNE

We invited all members who had joined since September 2021 to join us for an informal coffee, cake and chat on 28th June at Gail Dennis's house.

Only 10 members attended but the room was full of conversation and many good suggestions were made, so thank you to those who attended.

Sharon Rupp – Secretary

LOCAL HISTORY GROUP PROGRAMME

Meetings at Middle Rasen Village Hall

August 8th. A visit to the Brigg Heritage Centre.

September 12th. A talk by Richard Pullen entitled: "War, what is it good for?"

Everyday Military Creations that we now take for granted.

October 10th. A talk by Michele Beadle entitled: "Amy Johnson" (One of the most influential and inspirational women of the 20th century)

November 14th. A talk by Hazel Barnard entitled: "Tales of old Market Rasen".

December 12th. The Christmas Quiz set by Paul Ettridge. A light hearted event with prizes for winners and losers!

For information about any of these talks or visits contact **Paul Ettridge telephone 01472 398921**
Email paulettridge28@gmail.com

THE WEST WOLDS GARDENING GROUP.



We always welcome new members to the group which meets every third Wednesday at The New Life Church in Market Rasen from September to April when we usually have a guest speaker on a garden topic and of course a cup of tea/coffee and biscuit.

We have plant swaps and enjoy each other's company and garden knowledge. We produce a monthly newsletter on garden matters of interest to our members. To join the group contact Jane Guy on gardening@westwoldsu3a.org or phone on 0797 1277 482.

We also arrange some garden visits in the summer months. Any u3a member, whether they are a member of the garden group or not, is welcome to join us.

I have arranged one final coach excursion for this year, on Wednesday 6th September to Gunby Hall which was requested after we had a speaker at our general meeting back last August, on growing fruits, from Gunby Hall. The cost will be £25 to include coachseat, driver's gratuity and entrance to Gunby Hall Gardens. You can also pay on arrival for a small extra fee if you want to go round the Hall. I am attaching the marketing flyer with more information and a booking form to this Newsletter.

PROGRAMME FROM SEPTEMBER

20th September: TBC

18th October: Containers for all Seasons by Martin Fish.

15th November: Special Plants for Small gardens by Peter Williams

2nd November: Wreath Making workshop with Linda Clark. £35 which includes materials

20th December: Gardeners' Question Time and Christmas tea.

17th January: Life of a Gardener - Part 2 by Alan Mason

21st February: Echiums - In the Land of the Giants by Linda Heywood

13th March: Willow weaving. £25 which includes materials

20th March: All about Irises by Chris Davey

17th April: All about Peonies by Gail Harland

Jane Guy

LANGUAGE GROUPS LATEST

Here's a round-up of all our language groups right now. If you fancy joining any of these groups we're always pleased to welcome new members. Take a look at the Interest Groups Monthly Timetable on page 15 of this newsletter, Group convenor details are given on page 16.

French

The final session this summer will take place on Saturday July 1st. The group is looking to find a new regular timeslot in the autumn as weekends have proved difficult with everyone. This will be in consultation with current group members and Shirley Fuller (Groups Coordinator). The group could really do with some new members and is keen to welcome anybody along who has an interest in progressing their knowledge of French. Why not get in touch? Contact details and times are given on pages 15 and 16 of this newsletter.

German

This group is taking a short summer recess right now and will be back again in September.

Italian

The first meeting in the autumn will be on Thursday 7th September at 10am. The venue will be announced nearer the time as our regular hosts are moving. Details will be given in the Italian WhatsApp group.

Spanish Beginners

The group will meet in Faldingworth on 10th and 24th July. After a short break in August, the group will recommence on 11th September.

Spanish Intermediate (Hablemos Español)

This group will continue to meet regularly during July with a short break in August. Dates, venues and times can be found in the Spanish Newsletter or through the Hablemos Español WhatsApp group.

Can't See the Language for You?

Why not get in touch with Shirley Fuller to consider starting a new group. It's not that difficult and there's plenty of help available within our own u3a and from the national u3a.

Joyeuses fêtes!
Schöne Ferien!
Buone vacanze!
¡Felices vacaciones!

Sandra Dean

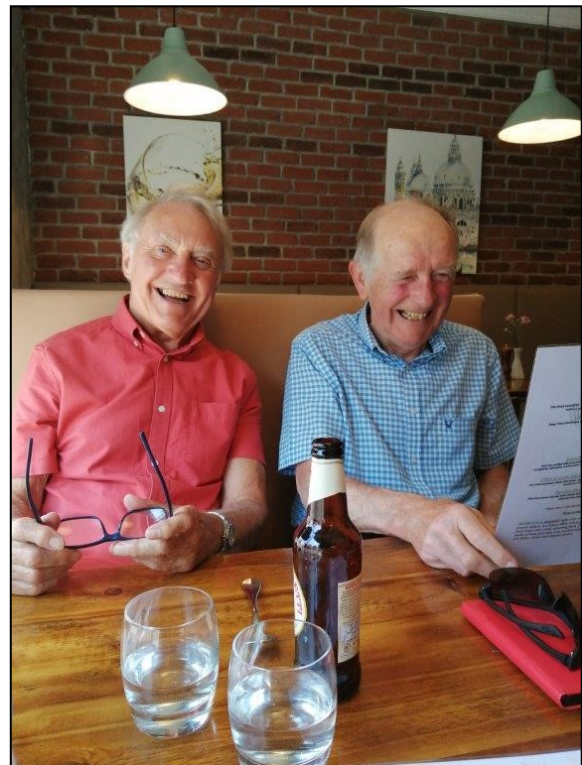
ANYONE FOR A LITTLE ITALIAN?

The Italian group celebrated the advent of the summer recess in style recently with a lunchtime visit to Montebello Ristorante in Louth. We were greeted by our server from Milan in impeccable Italian and we were all keen to try out the words and phrases that can be used in any kind of restaurant situation. This was a great opportunity to practice what we've been learning and also to try out one or two phrases that could be used if needed when travelling in Italy.



We spent a bit of time looking at the menus, some of which gave the dishes in Italian. English translations were provided of course but we wanted a bit of Italian authenticity. Words like

spaghetti and pasta can be recognised by anyone but we were able to translate "torta della nonna" as "grandma's dessert."



The food was delicious and we were all really pleased with the choices we made. The lunchtime menu is reasonably priced and the venue is quiet on days when there's not a market in Louth. After coffee we finished our meal with a complimentary glass of limoncello before emerging back into the sunshine.

This was a great way to end our first spring and summer together since this group reformed after the pandemic. We plan to have a return visit to Montebello in the late autumn when we've learned a bit more Italian when our group resumes in September.

Sandra Dean

SPEAKER FINDER

Sharon Rupp our current Speaker Finder will be handing over the role to Ginny Beard next year. In the meantime, Ginny will be looking after the Speakers at the General Meetings from now on. If you have any suggestions for topics or you know of a good speaker, please let Ginny know.

GENERAL MEETING
SPEAKER PROGRAMME 2022/23

**13th July – Horace Liberty - Understanding
Granny's Photo Album**



A look at the first hundred years of photography through ordinary family photograph albums.

**10th August – Neil Jervis - A Short Submarine
Patrol**



Neil is a retired Royal Navy Commander. His talk covers the life and experiences of a young officer's progress through the submarine service during the Cold War.

**14th September – Stephen Brown - It's 'L' On
Wheels**



Find out how much the Driving Test has changed in the 34 years that Steve has been a driving instructor. Be amazed at the funny things learner drivers ask and feel free to ask driving-related questions at the end.

12th October – Dan Swinton – The Plastic Problem



Plastic is everywhere, useful and convenient. Its also a massive pollution problem. Wildlife becomes ensnared in discarded plastic and microplastics are eaten by ocean creatures. Dan will take us through the most asked questions: how does plastic get into our oceans; how can I use less; what are the alternatives; what happen to my plastics recycling and what's the solution.

WLDC recycling will have a stand at this meeting to answer any questions you might have about your own bin recycling scheme.

Catering Helpers Rota

August

Serving:: Liz Eastburn
Janice Adams
Kitchen: Anita Handford
Christine Kettlewell

September

Serving:: Anita Handford
TBA
Kitchen: Bernadette Heald
Dallas Stubbings

Rachel Telfer is always looking for members who would like to volunteer to help with catering, please contact her at the meetings.

Greeters Rota

August

Alison Laing
Mike Newton
Lucie Kew

September

Eunice Hughes
Pauline Wellings
Val Walsh

Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.

SOLO GROUP VISIT TO THE CHOCOLATE DROP ON FRIDAY 16TH JUNE

There were 14 members and 2 guests and we were invited to paint our design on a chocolate mould after having to wear the obligatory aprons and mesh hat for a short tour into the world of chocolate.



Alan then gave us a talk about cocoa beans, we enjoyed a lovely hot chocolate drink, and gave us some tasty free samples, before we spent some time in the shop and left with our works. I have sent a thank you card from us all.

The next solo meeting will be as usual on Friday 21st July at the New Life Church at 2.00 p.m. and there will be a talk from Michael Smith from the Surgery, which I have called "Caring For You".

Ginny Beard

NOTES FROM THE EDITOR

I am always looking for any u3a news articles and information about group activities to add into the Newsletter each month. Please send them to me at newsletter@westwoldsu3a.org.

For all Group Conveners, I can only keep the information about your groups up to date if you let me know of any changes, please check the Monthly Timetable and Group Information on the last two pages of this Newsletter to ensure it is all correct, and let me know if you are not happy with it.

Terry Francis – Editor

G4 LIVE TOUR 2023

Amick Productions is the production company that is currently in charge of organising G4 and their 2023 Christmas tour. G4 is a classical/cross-over harmony quartet group that rose to fame after winning the first X-factor.



As they have had a lot of bookings from u3a members in the past, they would like to offer any West Wolds u3a members a 10% discount using code U3A2023 should you wish to come to one of their shows.

They will be coming to Grimsby Central Hall on the 29th of December as part of the aforementioned tour, so if any West Wolds members are interested in the offer or would simply like to have some more information please get in contact with them at

Production@amickproductions.co.uk

HEALTH ISSUES

If you have a hearing or sight issue, or any other health issue that you feel we may be able to help you with whilst attending a group or the general meeting, please speak in complete confidence to a committee member.

AN EARLY DATE FOR YOUR DIARY:

West Wolds u3a Christmas Lunch
Market Rasen Golf Club
Thursday 14th December 2023

DIGITAL PHOTOGRAPHY GROUP-
PICTURES OF THE MONTH FOR JUNE 2023

Here are all the chosen photos from the Digital Photography Groups challenges for June, based on the fun theme 'Words & Text' and technical challenge of 'Rule of Thirds' plus the favourite of the month..



Favourite of the Month
Taken by
Dave Ebbage

Rule of Thirds
Taken by
Pam Britton



Word & Text
Taken by
Suzanne Barker

For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

**WEST WOLDS GARDEN GROUP OUTING
TO AUBOURN HALL ON 21ST JUNE, 2023**

We visited Aubourn Hall on the very hot Solstice. This 16th century manor house is set in 12 acres of varied landscape which provided wonderful areas of interest. The Head Gardener, Ant, took us first past the facade and told us that the house has been under the same ownership since it was built; it is still occupied. This was not the first treasure on view though, because as we drew up to park we beheld a Saxon Church built in 1066! It was in perfect condition.



The immediate surrounding of the house was very much in keeping with the building, having clipped box hedging and topiary, but that is where authenticity ended although the selection of flowers reflected the preferences of earlier times. The facade boasted a magnificent wisteria.



We turned left into what was once the straight approach to the main house door and has become the Rose Garden. Its design echoed a Knot Garden, but modern philosophies of gardening began at this point to overcome the traditional neat and clipped

approach of the Tudors. Ant explained that they had only two full time gardeners and that they strove to follow the methods of biodiversity, reducing constant clipping and mowing to twice-yearly activities. The roses all came from the original rose garden and were delicate with densely petalled blooms and powerful unique fragrances. Wonderful!



We continued into the "Rooms" that followed: The Gold Garden which in Spring is full of daffodils and now has flourishing golden crab apple trees. The Triangle Garden with a mature medlar, past the tennis court and unfinished rooms of dahlias to the Prairie Garden. En route Ant expanded on the family policy of gardening with climate and pollinators in mind. The Prairie Garden was humming with bees! Then we passed the croquet lawn and entered the large sloping main lawn which had a generously wide border containing multitudes of ravishing iris and peonies.



A break for tea: home-cooked lovely treats and a selection of herb and fruit teas alongside coffee and tea.

Entering the main driveway again we passed the White Border, then walking through welcome shade to a magical dell, followed by ponds and a labyrinth opening into a delightful woodland walk. All this luxurious visual feast was ringed around with beautiful mature and standard trees and at this point the silvery willows which populate the banks of the Witham came into view.



Our time was up and we turned right past the house-side past a huge jasmine and small entrance through twin trimmed variegated hollies. Lastly, we crossed a lawn to the lakeside where a standard tulip tree was to be seen in full flower; glorious.

Time to leave! Most regrettably....

Afifa Sutherland

GROUP ETIQUETTE - (A GENTLE REMINDER FOR GROUP MEMBERS)
Please keep the following points in mind.

These should not be a chore, just a matter of courtesy and good practice.

1. Let your group covenor know if you are unable to make a meeting, or no longer wish to be part of the group.
2. When accepting a lift in another member's car, please remember to contribute towards the cost of fuel.

3. Where your group convenor group host serves refreshments, please remember to contribute towards the provision of them.
4. Members wishing to join a group should first contact the group convenor. Please do not just turn up. Membership of West Wolds u3a does not grant automatic entry to any group. Prior contact with the group convenor will save any embarrassment on either side.
5. Please do not invite anyone who is not a paid-up member to a group activity.
6. One for the group convenor: Should the time, day, venue or leader change, please advise the Groups' Co-ordinator as soon as possible, so that the newsletter etc can be amended. We have a great team of enthusiastic group leaders who give freely of their time and energy. Please help them by following these guidelines.

No room at the Group ?

Do you wish to join an interest group but have found it full or there is not one that covers your interest? Then why not start a group of your own?

A group convenor does not have to be an 'expert' on the subject, you only have a desire to learn. It can be both fun and rewarding when everyone is learning together. West Wolds u3a offers a Mentoring service to help set up and run a new group. In addition, there is help to call upon at the Resource Centre at National Office, and a network of over 50 national subject advisors willing to advise and support. Where there is an existing group, the leader themselves may be willing to act as 'mentor' for a short while.

Anyone wishing to start an interest group should notify the Groups' Coordinator. A notice can then be circulated via all available communication channels, asking those interested in joining such a group to sign their names on a list. You can then gauge the interest and decide the way forward.

Don't just sit back and leave it to someone else. Have a go. It may seem daunting now, but with our support in a few months you may find you are rather good at it!!

WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS

Date	Place	Distance	Walk Leader	Telephone
July 12th	Willingham Woods	3.5 Miles	Rachel Telfer	07443 483831
July 18th	Walesby	4 Miles	Merilyn Coombes	07814 470265
July 25th	Ranby	3-4 Miles	Yvonne Heathershaw	07990 643933
Aug 2nd	Belchford/Fulletby		Sharon Rupp	07803 694889
Aug 9th				
Aug 15th	Legsby	3-3.5 Miles	Rachel Telfer	07443 483831
Aug 22nd				
Aug 30th	Nature Walk		Mary Orphanoudakis	07484 842915
Sept 6th	Hemswell	4 Miles	Yvonne Heathershaw	07990 643933
Sept 13th	Tealby/Bayons Pk	3.5 Miles	Rachel Telfer	07443 483831

Please contact the Walk Leader direct to sign up any of these walks or see Ken Howitt at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

If you can offer to fill in any of the blanks and lead a walk, please contact Ken Howitt with the details of the walk.

THE NEW STROLLERS

Sign up for the following walks at the meeting on July 13th or contact the leader of the walk :

As you may already know we are hoping to relaunch this very popular walking group and we are keenly searching for volunteers to lead walks of about 2 miles distance. You will find below details of any walks we are offering at present. I must stress that these are the ONLY ones on offer at present and, unless other volunteers step up to lead a walk, they may well be the last ones! So, please, help us all out by taking charge of a walk. If you can offer a walk see me at the u3a meeting on July 13th or leave a message on 01652 678490.

No walks proposed at present in July/August.

Let's revive what was once a very thriving group!!
Ken Howitt

WALESBY TO OTBY 3 MILE WALK

On Tuesday 14th June, a band of 10 walkers started off at Walesby Village Hall and walked about 3.5 Miles to Otby over the Wolds and back. The weather was really good with a clear sunny sky and a stiff breeze to keep us cooler.

At times there were long upward slopes and I am sure that one part was about a 1 in 4 drag up a hill, but it was very enjoyable and the views over the Wolds at the highest point were amazing.



Distant view of Wolds Top on Normanby Hill



Thanks to Mary Orphanoudakis for leading this walk.

Terry Francis

WW u3a GARDEN GROUP EXCURSION TO GUNBY HALL,

ON WEDNESDAY, 6TH SEPTEMBER



Back last August, Trevor Rogers, a professional horticulturist and specialist fruit grower and volunteer gardener at Gunby Hall, was the guest speaker at our general meeting. He was inspiring and passionate about his work at Gunby Hall and a number of our members said they wanted to go there. There are 8 acres of Victorian walled gardens with kitchen garden, wildflower areas and wonderful borders bursting with colourful plants and flowers which is worth a visit in every season.

We have therefore booked a coach to go towards the end of the summer. Gunby Hall is a homely, country house built in 1700 for the Massingberd family who lived there for more than 250 years. It is now run by the National Trust. The estate comprises 1,500 acres of pleasant countryside still representing a lowland farming estate where nature thrives and features lots of permissive paths for relaxing scenic walks.

There is a cosy tea-room located in the former laundry building with seating in the courtyard, serving sandwiches, snacks, hot/cool drinks and sweet treats.

£25 is requested to cover the cost of a coach seat, driver's gratuity and entrance to Gunby Hall gardens. Treat yourself and come and join us for a lovely day out.

For more information contact Jane Guy
jane.m.guy@gmail.com or 0797 1277482
if you would like to make a booking or more information





West Wolds

EXCURSION BOOKING FORM

6th September, 2023 to Gunby Hall

Name(s):No. of places required:

Main contact address:

.....Postcode.....

Email:.....Tel:.....Mobile.....

Special requests (mobility, etc) :

Next of kin.....Their mobile.....

U3a Membership Number.....

**PICK UP POINT: Lorry car park, behind Tesco, Market Rasen
@ 9 a.m. Return 5 p.m.**

**COST: £25.00 PER PERSON WHICH INCLUDES TRAVEL, DRIVER'S TIP AND ENTRANCE TO THE GARDEN.
NO REFUND WITHIN TWO WEEKS OF DEPARTURE.**

To confirm your reservation please complete this booking form with your payment as soon as possible to secure your place. Cheques to be made payable to West Wolds u3a and posted to:

Mrs Jane Guy, 14 Jubilee Avenue, Faldingworth, Lincs., LN8 3FF.

To make an online payment (BACS) pay Lloyds Bank; a/c The West Wolds University of the Third Age (Sort code 30-96-09, account No 71220968)

More booking forms and any enquiries please contact Jane.

01673 885415 or 0797 1277 482

jane.m.guy@gmail.com

SANDILANDS TO HUTTOFT 3 MILE WALK

On 20th June seven hardy souls braved a storm to walk from Sandilands Car Park to Huttoft Beach. When we set off it was raining heavily and quite cool, so we all donned our waterproofs and fought our way along the seafront, skirting piles of sand washed up by the sea.



On the way we were intrigued to see large machinery on the beach and found out it is down to reverse dredging where the piles of sand that are built up on the beach by the sea is being pumped back some distance out to sea via huge pipes. However due to a breakdown of the pumping ship, it had returned to Hull and was not expected back for at least two weeks.



Once at Huttoft we stopped at the lovely new Boatshed café for refreshments.



By the time we set off back along the sea front, the rain had stopped, the sun had come out and we all ended up carrying our waterproof coats and jumpers as it had suddenly got quite hot.

We had originally intended to have a picnic on the beach, but due to the inclement weather everything was damp, so we decided to stop off at the Woodthorpe Garden Centre near Louth for lunch.

Terry Francis

GROUPS DISCLAIMER

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to.

The Committee

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2022/2023

Chairman and General Meeting Coordinator

Gail Dennis Tel: 01673 843575

chairman@westwoldsu3a.org

Vice Chairman & Membership Secretary

Jane Lloyd Tel: 01673 843078

membership@westwoldsu3a.org

Treasurer

Terry Francis Tel: 01673 842088

treasurer@westwoldsu3a.org

Business Secretary, Speaker Finder

Sharon Rupp Tel: 07803 694889

secretary@westwoldsu3a.org
speakerfinder@westwoldsu3a.org

Groups' Coordinator

Shirley Fuller Tel: 01673 885948

groupcoordinator@westwoldsu3a.org

Newsletter Production Editor and Technical Support

Terry Francis Tel: 01673 842088

newsletter@westwoldsu3a.org

Publicity Officer and Website Support

Gary Beighton Tel: 01673 849364

publicity@westwoldsu3a.org

Secretary to

East Lincs. Neighbourhood

Shirley Fuller Tel: 01673 885948

eastlincs@westwoldsu3a.org

Safeguarding Officer

Kathryn Wade

kathrynbwade@gmail.com

New Members – Roles TBD

Ginny Beard

Sandra Dean

Support Roles (Non Committee)

Catering Coordinator

Rachel Telfer Tel: 01673 844244

racheltefler1@hotmail.co.uk

Greeters Coordinator

Caroline Dale Tel: 01673 844142

ginger.mike29@btinternet.com

Welfare

Mandy Murphy Tel: 01673 565295

Mandy.murphy1396@gmail.com

Website Administration

Steve McCarthy Tel: 01673 308364

webadmin@westwoldsu3a.org

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, www.westwoldsu3a.org, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts by email.

Receive Updates

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	10:00 Family History 14:00 Backgammon 14:00 Upholstery 14:30 Spanish Intermediate 14:30 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers 14:00 Canasta	10:00 Patchwork 10:15 Keep Fit 10:00 Italian for Beginners 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group 14:00 Start Spanish- Course Complete
2nd	13:30 Spanish for Beginners 14:00 Recorders 14:00 Ukulele for Beginners	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery 14:30 Spanish Intermediate 14:30 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Start Spanish- Course Complete
3rd	14:00 Digital Photography	10:00 Country Walks 14:00 Embroidery 2 14:00 Upholstery 14:30 Spanish Intermediate 14:30 German	10:00 Telling our Stories 10:00 Cycling (Short Rides) 14:00 Readers Group – FULL 14:00 Gardening Group	10:00 Patchwork 10:15 Keep Fit 10:00 Italian for Beginners 14:00 Indoor Bowls 14:00 I.T. Workshop 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* (*And 5th Friday of the month, if there is one) 14:00 Start Spanish- Course Complete
4th	13:30 Spanish for Beginners 14:00 Ukulele for Beginners	10:00 Music Appreciation 10:30 3 Mile Walkers 14:00 Upholstery 14:30 Spanish Intermediate 14:30 German	10:00 Embroidery (*Last Wednesday of month) 10:00 Cycling (Short Rides) 14:00 Rasen Book Group	10:00 Cross Stitch – FULL 10:15 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) 14:00 Mah Jong 14:00 Start Spanish- Course Complete

INTEREST GROUP CONVENERS

ARCHITECTURE

David Oliver 01673 880188

BACKGAMMON

Bill Roberts 01673 842703

BIBLICAL HEBREW

Alison Atkinson 01673 849979

CANASTA

Brian Ward 01472 852273

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROSS STITCH – FULL

Audrey Storey, 01673 849625

CROSS STITCH 2/EMBROIDERY

Shirley Fuller 07810 845178

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCOVERY GROUP

Mary Howes 01673 849554

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Jacqueline Reid 01673 849490

FAMILY HISTORY – BEGINNERS

Jacqueline Reid 01673 849490

FRENCH CONVERSATION

Sandra Dean, 01507 313934 / 0773 4456213

GARDENING

Jane Guy 0797 1277482 / 01673 885415

GERMAN- SUMMER RECESS – BACK IN SEPTEMBER

Gary Bighton 0758 2227856

INDOOR BOWLS

Jane Guy 0797 1277482 / 01673 885415

ITALIAN (for beginners)

Sandra Dean, 01507 313934 / 0773 4456213

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 01673 601086

LINE DANCING

Margaret White 01673 849274

LOCAL HISTORY

Paul Ettridge 01472 398921

LUNCHEON GROUP

Kay Green Tel: 0790 081 8373

MAH JONG

Jane Fairclough 0794 756 6606

MUSIC APPRECIATION

Barry Dukes 01472 852454

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP- FULL

Audrey Storey 01673 849625

RASEN BOOK GROUP

Kathryn Wade 01673 849487

RECORDER GROUP

Geoff Goddard 07752 945543

SCRABBLE

Audrey Storey 01673 849625

SCRABBLE 2

Yvonne Heathershaw 01673 308976

SOLO GROUP

Ginny Beard 07980 209642

SPANISH

Sandra Dean, 01507 313934 / 0773 4456213

START SPANISH – TO START AGAIN IN SPRING

Sandra Dean, 01507 313934 / 0773 4456213

THEATRE VISITS

Jane Lloyd 01673 843078

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS – SUMMER RECESS – BACK IN SEPTEMBER

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE

RESTORATION – STARTED ON 2ND MAY

Gail Dennis 01673 843575

UKULELE GROUP FOR BEGINNERS (DAYTIME)

Pat Hage 01673 849447

WEST WOLDS WARBLERS – SUMMER RECESS – BACK IN SEPTEMBER

Terry & Julia Francis, 01673 842088

THE COUNTRY WALKERS

Ken Howitt 01652 678490

THE STROLLERS – NEW CONVENER REQUIRED

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