

WEST WOLDS

u3a

"Learn, Laugh and Live"

Website: www.westwoldsu3a.org

June 2023 Newsletter

Issue 118

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

CHAIRMAN'S REMARKS

Thank you to everyone who went to South Ormsby on May 20th to take part in the Wolds Outdoor Festival and advertise u3a. Some different members will have been advertising u3a at the Gardener's Market on Market Rasen Market place on June 3rd. Thank you to the members who volunteered on the stand.



I hope to meet several new members at my house on Wednesday 28th June to further welcome them to our u3a.

We have to keep looking at possibilities for new groups and new people to join the committee in November. Ours is an organisation that only functions well if everyone engages in some way.

Best wishes

Gail Dennis, Chairman

SPEAKER FINDER

Sharon Rupp our current Speaker Finder will be handing over the role to Ginny Beard next year. In the meantime, Ginny will be looking after the Speakers at the General Meetings from now on. If you have any suggestions for topics or you know of a good speaker, please let Ginny know.

LOCAL HISTORY GROUP PROGRAMME

Meetings at Middle Rasen Village Hall

June 13th. A Tour of Grimsby Docks led by Emme Linguard. (Meet at the Docks office at 10.30am)

July 11th. A tour of, and a talk about: "The Graffiti in Lincoln Cathedral". (Meet outside the main entrance – under the Rose Window at 10.30am)

August 8th. A visit to the Brigg Heritage Centre.

September 12th. A talk by Richard Pullen entitled: "War, what is it good for?"
Everyday Military Creations that we now take for granted.

October 10th. A talk by Michele Beadle entitled: "Amy Johnson" (One of the most influential and inspirational women of the 20th century)

November 14th. A talk by Hazel Barnard entitled: "Tales of old Market Rasen".

December 12th. The Christmas Quiz set by Paul Ettridge. A light hearted event with prizes for winners and losers!

For information about any of these talks or visits contact **Paul Ettridge telephone 01472 398921**
Email groupcoordinator@westwoldsu3a.org

THE U3A GARDEN GROUP.



We always welcome new members to the group which meets every third Wednesday at The New Life Church in Market Rasen from September to April when we usually have a guest speaker on a garden topic and of course a cup of tea/coffee and biscuit.

We have plant swaps and enjoy each others company and garden knowledge. We produce a monthly newsletter on garden matters of interest to our members. To join the group contact Jane Guy on gardening@westwoldsu3a.org or phone on 0797 1277 482.

We also arrange some garden visits in the summer months. Any u3a member, whether they are a member of the garden group or not, is welcome to join us. Below is our current summer programme.

Wednesday, 21st June: This is a special open garden visit to Aubourn Hall and Gardens with a garden tour with the Head Gardener followed by tea and cake. Make your own way there. I will give you directions after you have booked but the garden is not far from Pennells Garden Centre in North Hykeham.

£13.50 p.p. but pre-booking is essential. Sign up with Jane. This has to be confirmed by the 16th June so please book soon.

Wednesday, 5th July: You have to make your own way to Scothern for this open garden visit to Overbeck, John & Joyce Good's garden.

£5. To include tea/coffee and cookies. Sign up with Jane by the end of June.

I have arranged one final coach excursion for this year, on Wednesday 6th September to Gunby Hall which was requested after we had a speaker at our general meeting back last August, on growing fruits, from Gunby Hall. The cost will be £25 to include coach seat, driver's gratuity and entrance to Gunby Hall Gardens. You can also pay on arrival for a small extra fee if you want to go round the

Hall. I am attaching the marketing flyer with more information and a booking form to this Newsletter.

Also coming later is a session to make our Christmas wreaths and a willow-making workshop where we will make an obelisk for our gardens next year.

Jane Guy

LANGUAGE GROUPS

Our language groups continue to flourish and as we approach midsummer it's worth noting that some groups choose to take a natural break to reflect that some members may be away. If you're interested in joining one of our groups do be aware that the normal timetable may alter in July and August. Full details of these alterations are given below. If you'd like to join any of these groups please let me know on smobrien1@gmail.com

French

Our French Conversation group meets once a month. The next two sessions will be on 3rd June and 1st July. There will be no session in August. The group is currently considering a different time slot for the autumn. The French Conversation group could do with some extra members.

Italian

The final session for the summer will be on 15th June. This will be a meal out at Montebello in Louth where we can practice our Italian food orders with the staff. Group members need to let me know via our WhatsApp group if they want to join us. There will be no sessions in July and August as many of the group are away. The following session will be 7th September

Spanish Beginners

Sessions are as normal in June and July. There will be no sessions in August. The first session in the Autumn will be on 11th September.

Spanish Intermediates (Hablemos Espanol)

Group sessions will be from 2.30pm for the rest of the summer as some members are also in other groups that meet on Tuesday mornings. This will enable members to attend both morning and afternoon activities.

The final session this summer will be on July 25th. There will be no formal meetings in August. The first full session will be on 5th September.

Sandra Dean

SOLO GROUP

The solo group met again on Friday 19th May at the New Life Church and Maureen Williams kindly demonstrated her cookery skills by showing the group how to make some simple sauces. This was enjoyed by 15 members, including some new faces.

The next meeting will be on Friday 16th June at 10.00 a.m. at the Chocolate Drop, Market Rasen for a tour and a talk about making chocolate including a chance to make a mould, enjoy a coffee and visit the shop.

This visit is instead of the usual afternoon meeting. For more details about this solo group please contact **Ginny Beard** - GinnyB644@sky.com.

NOTES FROM THE EDITOR

I am always looking for any u3a news articles and information about group activities to add into the Newsletter each month. Please send them to me at newsletter@westwoldsu3a.org.

For all Group Conveners, I can only keep the information about your groups up to date if you let me know of any changes, please check the Monthly Timetable and Group Information on the last two pages of this Newsletter to ensure it is all correct, and let me know if you are not happy with it.

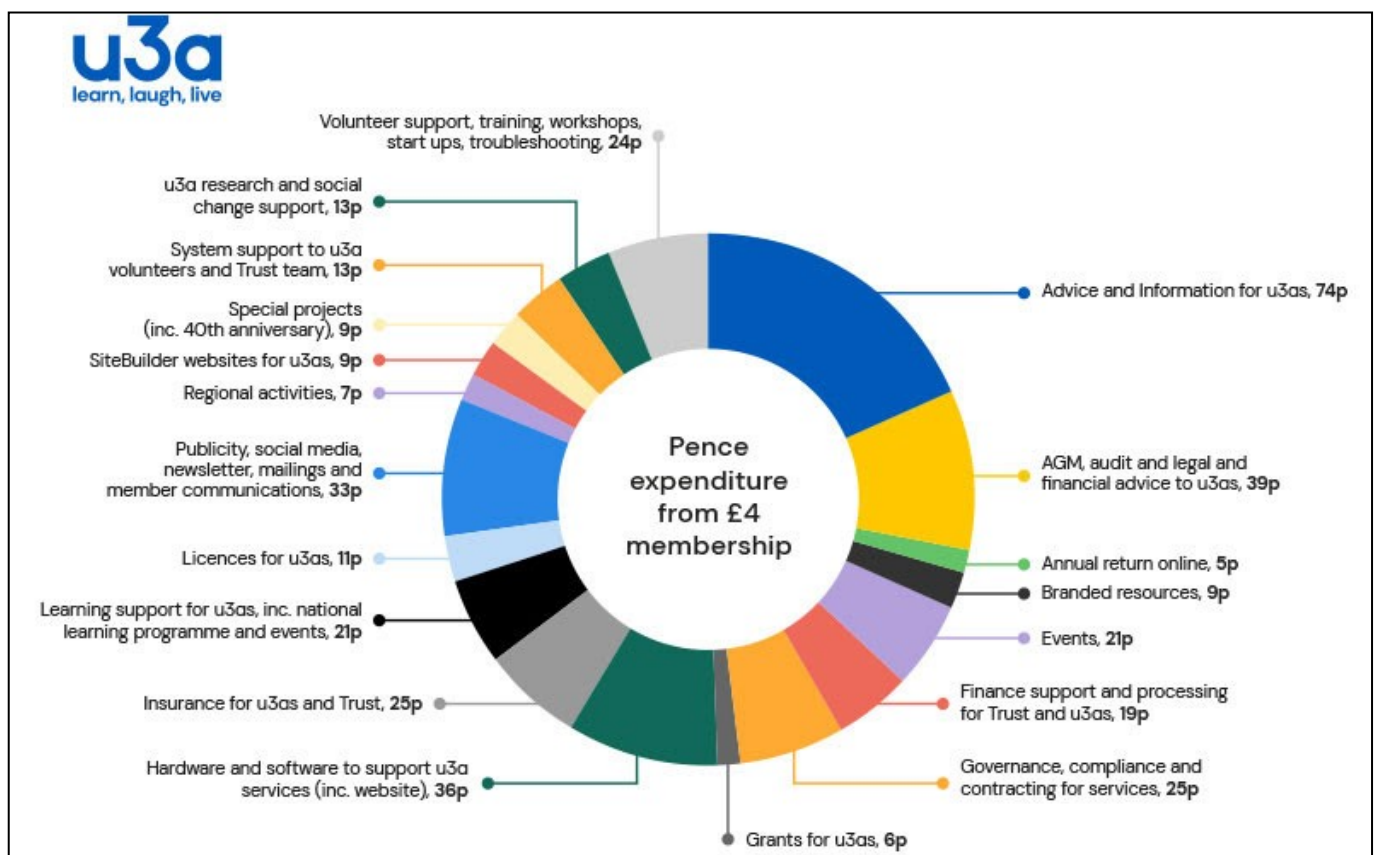
Terry Francis – Editor

CAPITATION FEE

£4.00 of your West Wolds Membership Fee is paid to the National u3a organisation as a Capitation Fee, here is what the National Office say.

Good Value

We are often asked: 'Where does my £4.00 membership fee go?' The above pie chart shows all the services provided and the breakdown of the £4.00 per member Membership Fees.



GENERAL MEETING
SPEAKER PROGRAMME 2022/23

8th June – Chris Hewis - Wedding Customs & Nursery Rhymes



Have you ever considered the origin of some of our ancient customs? This talk tries to explain, in a light-hearted way, how these originated.

13th July – Horace Liberty - Understanding Granny's Photo Album



A look at the first hundred years of photography through ordinary family photograph albums.

10th August – Neil Jervis - A Short Submarine Patrol



Neil is a retired Royal Navy Commander. His talk covers the life and experiences of a young officer's progress through the submarine service during the Cold War.

14th September – Stephen Brown - It's 'L' On Wheels



Find out how much the Driving Test has changed in the 34 years that Steve has been a driving instructor. Be amazed at the funny things learner drivers ask and feel free to ask driving-related questions at the end.

Catering Helpers Rota

July

Serving:: Stephanie Fox
Anita Handford
Kitchen: Bernadette Heald
Pam Britton

August

Serving:: TBA
TBA
Kitchen: Anita Handford
TBA

Rachel Telfer is always looking for members who would like to volunteer to help with catering, as can be seen for August, please contact her at the meetings.

International Greeters Rota

July

Brian Ward
Anna Etteridge
TBA

August

Alison Laing
Mike Newton
TBA

Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.

MAY SPEAKER – EVERYTHING JAPANESE



Last month's speaker for U3A was Jennifer Ichikawa. Jennifer is now living in Cleethorpes, after a very interesting life that included emigrating to New Zealand as a "£25 pom". New Zealand is where she met her Japanese husband. Jennifer explained that her husband's career took them to many places around the world, including Washington, USA, and of course his homeland - Japan.

The talk Jennifer gave, was all about the Kimono, the traditional Japanese garment and national dress of Japan. Kimono is worn by both men and women, but the talk concentrated on those worn by women. We heard about the symbolism of the patterned fabrics, patterns which are seasonal, usually four are needed although careful choice of the fabric pattern can reduce this, which is just as well as these traditional garments can cost thousands of pounds.

We heard about the feudal roots of the kimono and the repression it brought to women, Jennifer told us that many Japanese women hate it. The reasons for this became apparent when Jennifer demonstrated the many layers and complex construction of the garment necessary to wearing it. Wearing a kimono considerably restricts movement, which means when wearing one, for example, driving is impossible.

The whole ensemble has 3 layers the first two being plain white 'body linens' each having a top and skirt, that is meant to flatten the body shape, the second layer being of finer, better-quality fabric. The visible patterned outer layer is then added - all layers are folded left over right, very important! And all the layers are constructed from simple rectangles of fabric. The fold at the back of the neck is extremely significant - it must reveal the nape and back of the neck, and the hair must be pinned up to allow this.

The last layer is the Obi - a wide sash around the middle - this is 4 ½ metres long! At weddings the Obi is bought by the groom. There is a belt that ties on a small bustle at the back to support the Obi.

The final ensemble is full of symbolism, for example, a single lady, will have long sleeves on her kimono, once she is married they are cut short.

There are many other features that have significance, such as "dot" details that denote family and status, and as the movement of the wearer also acquires ceremonial nuances, Jennifer told us that it would be very easy for her to make a faux pas when wearing a formal kimono, so to avoid this, she prefers to wear a simpler, traditional garment, the Yukata, a more casual or informal version of the kimono.

We were shown the footwear, designed to make feet appear small, the specially shaped divided toe socks - Tabi - which are usually white. Zori are the sandals are worn with a kimono for formal occasions. Ingeniously the zori sandal has a hidden "trapdoor" compartment beneath allowing access to replace the toe thong. Geta are raised wooden clogs that are worn with the informal yukata.



Jennifer told us, if you wear Kimono, probably you need a bag. There are rules for bags for formal occasions but you can choose freely for casual scenes, traditional bags are drawstring, a Kinchaku - is a traditional Japanese handbag.

What a wonderful insight into Japanese tradition and culture, very interesting and factual interspersed with personal experiences, Jennifer was thoroughly entertaining, whilst imparting her unique view of modern Japan. Thank you Jennifer!

Jan Reade

DIGITAL PHOTOGRAPHY GROUP-
PICTURES OF THE MONTH FOR MAY 2023

Here are all the chosen photos from the Digital Photography Groups challenges for May, based on the fun theme 'Metallic' and technical challenge of 'Long Shadows' plus the favourite of the month..



Favourite of the Month
Twigmore Woods Lake
Submitted by Mary Orphanoudakis

Long Shadows
How Tall
Submitted by Pam Britton



Metallic
Hinge
Submitted by Suzanne Barker

For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS

Date	Place	Distance	Walk Leader	Telephone
June 14th	Walesby-Otby	3+ Miles	Mary Orphanoudakis	07484 842915
June 20th	Sandilands – Huttoft	3 Miles	Terry & Julia Francis	07840 975547
June 27th	Goltho	3 Miles	Sharon Rupp	07803 694889
July 5th	Belchford	4 Miles	Sharon Rupp	07803 694889
July 12th	Willingham Woods	3.5 Miles	Rachel Telfer	07443 483831
July 18th				
July 25th				
Aug 2nd	South Elkington	4 Miles	Sharon Rupp	07803 694889
Aug 9th				

Please contact the Walk Leader direct to sign up any of these walks or see Ken Howitt at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

If you can offer to fill in any of the blanks and lead a walk, please contact Ken Howitt with the details of the walk.

THE NEW STROLLERS

As you may already know we are hoping to relaunch this very popular walking group and we are keenly searching for volunteers to lead walks of about 2 miles distance. You will find below details of the walks we are offering at present. I must stress that these are the ONLY ones on offer at present and, unless other volunteers step up to lead a walk, they may well be the last ones! So, please, help us all out by taking charge of a walk. If you can offer a walk see me at the U3A meeting on June 8th or leave a message on 01652 678490.

Let's revive what was once a very thriving group!!

Ken Howitt

Sign up for the following walks at the meeting on June 8th or contact the leader of the walk :

WEDNESDAY JUNE 14TH

Willingham Woods. 2 miles approx..

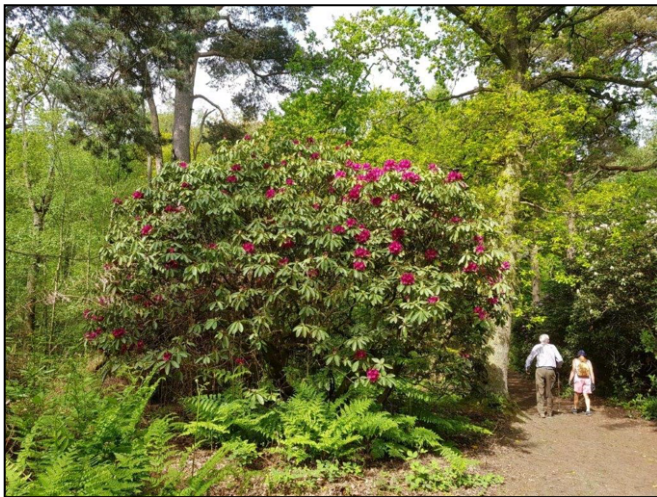
Meet at main car park at Willingham Woods at 10.00am

Walk Leader: Helen Wilson 01673 828315.

TWIGMORE WOODS 3 MILE WALK

On 23rd May an intrepid band of walkers set out on a walk around Twigmore Woods led by Yvonne Heathershaw to see the Rhododendrons in bloom, Here are some of the photos I took on the day.

Terry Francis



WEST WOLDS GET ACTIVE IN THE OUTDOORS

West Wolds u3a took part in the Activity Day at the Wolds Outdoor Festival in May. The event was held at South Ormsby Estate in the Lincolnshire Wolds which just happens to be celebrating the 50th anniversary of its designation as an Area of Outstanding Natural Beauty (AONB) this year.



We started the day early at 8.15am in order to arrive before the crowds and to enable us to set up our stand with a display representing many of our groups. The Gardeners, led by Jane Guy, their convenor, provided a visual display of plants and flowers along with a quiz. The Photography Group, represented by Suzanne Barker, Pam Britton and Dave Ebbage provided a visual display of many images taken by Photography Group members in recent months. Images included the themes set by the group as a monthly challenge.

Suzanne, Pat and Dave were also on hand to take pictures of some of the other groups who were performing in the Marquee, see below. The Turkish Delight Desert Dancers, under the guidance of Gillian Anderton, and Keep Fit Group led by Dawn Stopper, put on displays of their routines. Jane and George Smith (Chansons Francaises) sang a collection of well known French ballads and folk songs.





Later in the day, members of our Spanish group invited members of the public to try their hand at a Spanish Treasure Hunt. Compiled by Sue Roebuck, this activity was something that could be completed by visitors as they wandered around the Estate in the sunshine.

During the afternoon ITV Calendar were on hand to interview some of the groups. Both Suzanne and I were able to chat to Emma Wilkinson from ITV Calendar to tell her how u3a was getting involved in the Festival by encouraging older age groups to get active in a variety of ways.



It's great that groups can work together on combined events such as this to spread the word about the u3a movement. It was a privilege to have the opportunity to talk to so many members of the public and to introduce them to our wonderful

organisation and to share with them the range of activities we are able to take part in.

The Outdoor Festival runs until June 11th and there are plenty of activities to try so why not take a look at the website before this wonderful event comes to a close. You can find out more by picking up a leaflet available at many outlets or by visiting the website <https://woldsoutdoorfestival.com>

Sandra Dean

NETTLEHAM WOODLAND TRUST

Nettleham Woodland Trust was established in 2006 creating an area of community woodland east of Dunholme at the end of Ashing Lane. See their website.

During a short period in July, some activities (a walk in the country, a nature trail and a picnic) are available:

- Saturday 8th July - all day
- Sunday 9th July - all day
- Monday 10th July - school groups only from 0900 to 1500
- Tuesday 11th July - school groups only from 0900 to 1500
- Wednesday 12th July - school groups only from 0900 to 1500
- Thursday 13th July - school groups only from 0900 to 1500
- Friday 14th July - school groups only from 0900 to 1500
- Saturday 15th July - all day
- Sunday 16th July - all day

Toilets will be available in the Ashing Lane carpark from Saturday 8th July to Sunday 16th July only.

For the location What3Words for the Ashing Lane turn off the A46 - [dripping.initiates.glosses](https://www.what3words.com/dripping.initiates.glosses) .and for the LWT car park - [stream.callers.ownership](https://www.what3words.com/stream.callers.ownership)

The area is open access so you can head down there at any time for a general look around, but if you would like a more focused walkabout, colleagues from NWT would be pleased to meet you there, but not before 12th June.

One of our walking group leaders is planning a walk for the group outside of these dates TBA.

WW u3a GARDEN GROUP EXCURSION TO GUNBY HALL,

ON WEDNESDAY, 6TH SEPTEMBER



Back last August, Trevor Rogers, a professional horticulturist and specialist fruit grower and volunteer gardener at Gunby Hall, was the guest speaker at our general meeting. He was inspiring and passionate about his work at Gunby Hall and a number of our members said they wanted to go there. There are 8 acres of Victorian walled gardens with kitchen garden, wildflower areas and wonderful borders bursting with colourful plants and flowers which is worth a visit in every season.

We have therefore booked a coach to go towards the end of the summer. Gunby Hall is a homely, country house built in 1700 for the Massingberd family who lived there for more than 250 years. It is now run by the National Trust. The estate comprises 1,500 acres of pleasant countryside still representing a lowland farming estate where nature thrives and features lots of permissive paths for relaxing scenic walks.

There is a cosy tea-room located in the former laundry building with seating in the courtyard, serving sandwiches, snacks, hot/cool drinks and sweet treats.

£25 is requested to cover the cost of a coach seat, driver's gratuity and entrance to Gunby Hall gardens. Treat yourself and come and join us for a lovely day out.

For more information contact Jane Guy
jane.m.guy@gmail.com or 0797 1277482
if you would like to make a booking or more information





West Wolds

EXCURSION BOOKING FORM

6th September, 2023 to Gunby Hall

Name(s):No. of places required:

Main contact address:

.....Postcode.....

Email:.....Tel:.....Mobile.....

Special requests (mobility, etc) :

Next of kin.....Their mobile.....

U3a Membership Number.....

**PICK UP POINT: Lorry car park, behind Tesco, Market Rasen
@ 9 a.m. Return 5 p.m.**

**COST: £25.00 PER PERSON WHICH INCLUDES TRAVEL, DRIVER'S TIP AND ENTRANCE TO THE GARDEN.
NO REFUND WITHIN TWO WEEKS OF DEPARTURE.**

To confirm your reservation please complete this booking form with your payment as soon as possible to secure your place. Cheques to be made payable to West Wolds u3a and posted to:

Mrs Jane Guy, 14 Jubilee Avenue, Faldingworth, Lincs., LN8 3FF.

To make an online payment (BACS) pay Lloyds Bank; a/c The West Wolds University of the Third Age (Sort code 30-96-09, account No 71220968)

More booking forms and any enquiries please contact Jane.

01673 885415 or 0797 1277 482

jane.m.guy@gmail.com

**U3A GARDEN GROUP EXCURSION TO
COTON MANOR GARDEN AND
COTTESBROOKE HALL GARDEN**

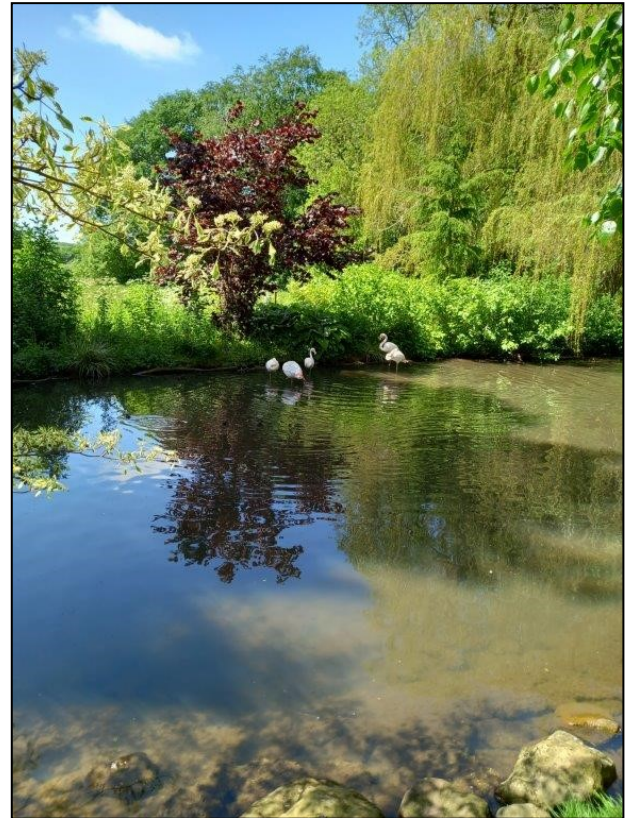
Wednesday, 24 May 2023

What a lovely day we had – thank you Jane once again for your excellent organisation. The weather was perfect enhancing the beautiful gardens. In particular, the wisterias of many colours were in full bloom enticing the photographers like bees to a honeypot.



So many things stood out for me – the alliums and lilies, the roses, the blocks of copper and green beech made into architectural shapes and the lovely old trees (what tales they could tell). The shaded garden with a rill running through it, the terraced beds full of colour and interesting plants, chickens happily looking for tasty morsels, the flamingos in the pool at the bottom of the gardens and so much more.

The wildflower meadow was a delight to wander around, so important nowadays and last, but not least, coffee, tea and luscious cakes. I must not forget the driver. Some of the driving over narrow bridges (made for coaches and horses not our modern ones!) and through narrow gateways would have tested the most experienced of drivers and he did it with panache. I take my hat off to him. All in all a wonderful day.



Shelagh Bridges

AN EARLY DATE FOR YOUR DIARY:

**West Wolds u3a Christmas Lunch
Market Rasen Golf Club
Thursday 14th December 2023**

GROUPS DISCLAIMER

Please be aware that it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to.

The Committee

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2022/2023

Chairman and General Meeting Coordinator

Gail Dennis Tel: 01673 843575

chairman@westwoldsu3a.org

Vice Chairman & Membership Secretary

Jane Lloyd Tel: 01673 843078

membership@westwoldsu3a.org

Treasurer

Terry Francis Tel: 01673 842088

treasurer@westwoldsu3a.org

Business Secretary, Speaker Finder

Sharon Rupp Tel: 07803 694889

secretary@westwoldsu3a.org
speakerfinder@westwoldsu3a.org

Groups' Coordinator

Shirley Fuller Tel: 01673 885948

groupcoordinator@westwoldsu3a.org

Newsletter Production Editor and Technical Support

Terry Francis Tel: 01673 842088

newsletter@westwoldsu3a.org

Publicity Officer and Website Support

Gary Beighton Tel: 01673 849364

publicity@westwoldsu3a.org

Secretary to

East Lincs. Neighbourhood

Shirley Fuller Tel: 01673 885948

eastlincs@westwoldsu3a.org

Safeguarding Officer

Kathryn Wade

kathrynbwade@gmail.com

New Members – Roles TBD

Ginny Beard

Sandra Dean

Support Roles (Non Committee)

Catering Coordinator

Rachel Telfer Tel: 01673 844244

rachetelfer1@hotmail.co.uk

Greeters Coordinator

Caroline Dale Tel: 01673 844142

ginger.mike29@btinternet.com

Welfare

Mandy Murphy Tel: 01673 565295

Mandy.murphy1396@gmail.com

Website Administration

Steve McCarthy Tel: 01673 308364

webadmin@westwoldsu3a.org

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, www.westwoldsu3a.org, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts by email.

Email Address

Receive Updates

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	10:00 Family History 14:00 Backgammon 14:00 Upholstery 14:30 Spanish Intermediate 14:30 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers 14:00 Canasta	10:00 Patchwork 10:15 Keep Fit 10:00 Italian for Beginners 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:30 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group 14:00 Start Spanish- Course Complete
2nd	13:30 Spanish for Beginners 14:00 Recorders 14:00 Ukulele for Beginners	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery 14:30 Spanish Intermediate 14:30 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:30 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Start Spanish- Course Complete
3rd	14:00 Digital Photography	10:00 Country Walks 14:00 Embroidery 2 14:00 Upholstery 14:30 Spanish Intermediate 14:30 German	10:00 Telling our Stories 10:00 Cycling (Short Rides) 14:00 Readers Group – FULL 14:00 Gardening Group	10:00 Patchwork 10:15 Keep Fit 10:00 Italian for Beginners 14:00 Indoor Bowls 14:00 I.T. Workshop 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:30 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* (*And 5th Friday of the month, if there is one) 14:00 Start Spanish- Course Complete
4th	13:30 Spanish for Beginners 14:00 Ukulele for Beginners	10:00 Music Appreciation 10:30 3 Mile Walkers 14:00 Upholstery 14:30 Spanish Intermediate 14:30 German	10:00 Embroidery (*Last Wednesday of month) 10:00 Cycling (Short Rides) 14:00 Rasen Book Group	10:00 Cross Stitch – FULL 10:15 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:30 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) 14:00 Mah Jong 14:00 Start Spanish- Course Complete

INTEREST GROUP CONVENERS

BACKGAMMON

Bill Roberts 01673 842703

BIBLICAL HEBREW

Alison Atkinson 01673 849979

BRIDGE – NEW CONVENER REQUIRED

TBA - New Convener required

CANASTA

Brian Ward 01472 852273

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROSS STITCH – FULL

Audrey Storey, 01673 849625

NEW CROSS STITCH/EMBROIDERY

Shirley Fuller 07810 845178

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCOVERY GROUP

Mary Howes 01673 849554

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Jacqueline Reid 01673 849490

FAMILY HISTORY – BEGINNERS

Jacqueline Reid 01673 849490

FRENCH CONVERSATION

Sandra Dean, 01507 313934 / 0773 4456213

GARDENING

Jane Guy 0797 1277482 / 01673 885415

GERMAN

Gary Bighton 0758 2227856

INDOOR BOWLS

Jane Guy 0797 1277482 / 01673 885415

ITALIAN (for beginners)

Sandra Dean, 01507 313934 / 0773 4456213

I.T. WORKSHOP

Steve McCarthy 01673 308364

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 01673 601086

LINE DANCING

Margaret White 01673 849274

LOCAL HISTORY

Paul Ettridge 01472 398921

LUNCHEON GROUP

Kay Green Tel: 0790 081 8373

MAH JONG

Jane Fairclough 0794 756 6606

MUSIC APPRECIATION

Barry Dukes 01472 852454

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP- FULL

Audrey Storey 01673 849625

RASEN BOOK GROUP

Kathryn Wade 01673 849487

RECORDER GROUP

Geoff Goddard 07752 945543

SCRABBLE

Audrey Storey 01673 849625

SOLO GROUP

Ginny Beard 07980 209642

SPANISH

Sandra Dean, 01507 313934 / 0773 4456213

START SPANISH – TO START AGAIN IN SPRING

Sandra Dean, 01507 313934 / 0773 4456213

TABLE TENNIS – NEW CONVENER REQUIRED

Brian Siddown, 01673 860433

THEATRE VISITS

Jane Lloyd 01673 843078

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE

RESTORATION – STARTED ON 2ND MAY

Gail Dennis 01673 843575

UKULELE GROUP FOR BEGINNERS

(DAYTIME)

Pat Hage 01673 849447

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

THE COUNTRY WALKERS

Ken Howitt 01652 678490

THE STROLLERS – NEW CONVENER REQUIRED

THE 9-MILE HIKERS – NEW CONVENER REQUIRED

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