

WEST WOLDS

u3a

"Learn, Laugh and Live"

Website: www.westwoldsu3a.org

May 2023 Newsletter

Issue 117

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

CHAIRMAN'S REMARKS

Spring has arrived and various groups are enjoying outdoor activities. West Wolds u3a is busy planning two recruitment activities, 20th May at the Wolds Festival and 3rd June at the Gardener's Market. We still need extra volunteers for the 12noon - 1pm session and the 1pm-2pm session on the 3rd June.

We have also been updating the website and using Facebook to promote our u3a. Word of mouth is still very effective in our area so do encourage other people to join us. Do also volunteer for tea duty and Greeter duties at General Meetings. The whole ethos of u3a is that we all contribute to the running of the u3a which includes thinking about being a Committee Member next November.

Best wishes
Gail Dennis, Chairman

LANGUAGE GROUPS

The French Conversation group could do with some extra members. We meet on the first Saturday of each month and have only been meeting since February so it's a good time to join. Sessions run from 3pm in Market Rasen.

Contact Sandra Dean on 07734 456213 or smobrien1@gmail.com for more details.

HEALTH ISSUES

If you have a hearing or sight issue, or any other health issue that you feel we may be able to help you with whilst attending a group or the general meeting, please speak in complete confidence to a committee member.

SURVEY UPDATE

Following the recent Survey, 42 members responded "Yes or Not Sure" to Q13 "Could you help to run a group?"

If you were one of these members, please get in touch as we would like to invite interested parties for an informal chat over coffee to explore things like:

- What subjects you are interested in
- How the Committee can give financial help to set up a group
- The Mentoring scheme
- And answer any questions you may have.

The more groups we have the more choice it gives to our members and adds vibrancy to the organisation.

Helping to run a group is not as daunting as it may seem; the ethos of the u3a is 'by the members, for the members' and groups are often set up with no special knowledge, just an interest shared by all the group members to learn together about the subject. Convenors are the lifeblood of the u3a and we need to replenish those who have served for many years and may wish to 'retire'.

The Committee can supply a mentor who will assist for as long as needed. They would provide practical support and attend the meetings.

By getting in touch, you are not committed to anything, so we look forward to hearing from you. Please email secretary@westwoldsu3a.org.

Sharon Rupp – Secretary

LOCAL HISTORY GROUP PROGRAMME

Meetings at Middle Rasen Village Hall

June 13th. A Tour of Grimsby Docks led by Emme Linguard. (Meet at the Docks office at 10.30am)

July 11th. A tour of, and a talk about: "The Graffiti in Lincoln Cathedral". (Meet outside the main entrance – under the Rose Window at 10.30am)

August 8th. A visit to the Brigg Heritage Centre.

September 12th. A talk by Richard Pullen entitled: "War, what is it good for?"
Everyday Military Creations that we now take for granted.

October 10th. A talk by Michele Beadle entitled: "Amy Johnson" (One of the most influential and inspirational women of the 20th century)

November 14th. A talk by Hazel Barnard entitled: "Tales of old Market Rasen".

December 12th. The Christmas Quiz set by Paul Ettridge. A light hearted event with prizes for winners and losers!

For information about any of these talks or visits contact **Paul Ettridge telephone 01472 398921**
Email groupcoordinator@westwoldsu3a.org

GARDENING GROUP 2022/3 PROGRAMME



10th May: Our own plant fair

24th May: Excursion to Coton Manor Garden and Cottesbrooke Hall Garden

24th June: Open garden visit to Aubourn

Hall and Gardens with a garden tour with the Head Gardener followed by tea and cake. Make your own way there. £13.50 p.p. but pre-booking is essential.

5th July: Open garden visit to Overbeck in Scothern, John & Joyce Good's garden. £5. To include tea/coffee and cookies.

25th July: Coach excursion to Chatsworth House, Bakewell. Welton u3a

6th September Coach excursion to Gunby Hall. Booking forms at the next meeting

1st: October Apple day 11 a.m./4 p.m. at Wragby Town Hall, Wragby. 150 apples on display.

To join the group, or for any other garden enquiry please contact me by phone

Jane Guy: telephone 0797 1277 482,
email gardening@westwoldsu3a.org

'EVERYBODY SHOULD BE DOING SOMETHING'

so says Eric Midwinter the Founder of and former Chair of the Third Age Trust.

The u3a ethos has always been 'By the Members, For the Members' and is not a them-and-us organisation. Older age is a huge resource of experience and knowledge which could be shared to benefit members and the individual themselves.

Your u3a needs volunteers to help run the organisation; it need not be onerous or take up much time. It may be you are worried about the commitment or responsibility expected but there are many small tasks that you could help with from washing up at a general meeting to assisting a committee member with a project, giving them advice for example.

Please talk to us about what you could do to help, and look out for an open morning coming shortly to talk about volunteering.

Sharon Rupp - Secretary

AN EARLY DATE FOR YOUR DIARY:

West Wolds u3a Christmas Lunch
Market Rasen Golf Club
Thursday 14th December 2023

GENERAL MEETING
SPEAKER PROGRAMME 2022/23

11th May – Jennifer Ichikawa - Everything Japanese



The history and culture of Japan plus a beautiful Kimono on display.

8th June – Chris Hewis - Wedding Customs & Nursery Rhymes



Have you ever considered the origin of some of our ancient customs? This talk tries to explain, in a light-hearted way, how these originated.

13th July – Horace Liberty - Understanding Granny's Photo Album



A look at the first hundred years of photography through ordinary family photograph albums.

10th August – Neil Jervis - A Short Submarine Patrol



Neil is a retired Royal Navy Commander. His talk covers the life and experiences of a young officer's progress through the submarine service during the Cold War.

Catering Helpers Rota

June

Serving:: Liz Eastburn
Keith Grayburn
Kitchen: Christine Kettlewell
Bernadette Heald

July

Serving:: Stephanie Fox
Anita Handford
Kitchen: Bernadette Heald
Pam Britton

Rachel Telfer is always looking for members who would like to volunteer to help with catering, please contact her at the meetings.

Greeters Rota

June

Pauline Wellings
Val Walsh
TBA

July

TBA
TBA
TBA

Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.

SOLO GROUP

We met again on Friday 21st April, it was nice to welcome some new faces and we enjoyed a games afternoon as previously arranged. We split in to 2 groups and only had time for Monopoly and Mexican dominoes this time. At the next meeting on the 19th May, Maureen has kindly offered to give us a cookery demonstration in the kitchen so we look forward to learning some new skills.

Plans for other meetings have yet to be organised but we welcome any suggestions and ideas.

Ginny Beard

07980 209642



Could you help to run a Group?

We offer a Mentoring service offering:

Training

Support

Advice

We also offer a start-up Grant for new groups, and will help co-run a new group for as long as required.

It is not as daunting as you might think - come and talk to our Groups Coordinator Shirley Fuller, or any Committee member.

Meet our Wonderful Organisation
on Saturday 20th May
at South Ormsby Estate

Come and join us on the day to see or join in with our activities including: The Turkish Delight Desert Dancers, The Chansons Françaises, The Gardening Group and the Spanish Language Group.

The Turkish Delight Desert Dancers

will be appearing in the Marquee at 11:00am. You are welcome to watch and you may even be invited to join the Dancers and have a go yourself.



Meet us on the Day

Visit our Stand on Saturday and chat to Members about the diverse range of Activities we offer.

Try out our Spanish Treasure Hunt.
New members are always very welcome.

Chansons Françaises

Come along at 11:45 and listen to Jane and George sing and play some traditional French songs and if you feel inclined, why not join in and sing along.

Calling all Gardeners

Spend a little time talking to our Gardening Group members about all things to do with gardening including visits, trips, talks, learning new skills, advice and much more

Right
Members in
February
learning how to
graft Apples and
other fruits at
Smitterby Carr

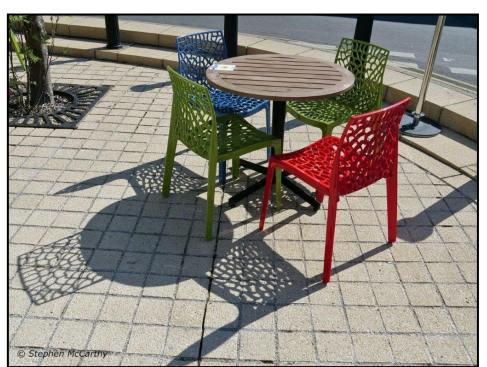
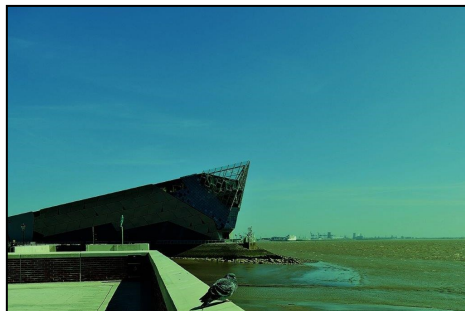


For further information see our website www.westwoldsu3a.org
or find us on Facebook: WestWoldsu3a

DIGITAL PHOTOGRAPHY GROUP-
PICTURES OF THE MONTH FOR APRIL 2023

Because of the Bank Holiday and the Coronation we have been unable to have a Digital Photography meeting before the Newsletter went to press so have not been able to select this month's chosen few pictures.

So here are all the Favourites of the month put forward shown as Thumbnail photos, once we have a meeting on 15th May, we will decide which ones from this set and the other Challenges we have for April, 'Circles' and 'Minimalism/Negative Space' will be our chosen ones and show them on the West Wolds website.



For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

SHARE YOUR FAMILY MEMORIES OF WW2

You are invited to take part in 'Their Finest Hour', a Heritage Lottery-funded nationwide campaign organised by the University of Oxford to collect and preserve the everyday stories and objects of the Second World War.

As these personal stories are fast fading from living memory, it is vital to preserve them and the wartime objects that often accompany them. As well as artefacts from the front, there are the experiences of those at home, including women and children.

How can you help?

- Subscribe to a national email group where u3a members can share views, air your Q&As with 'Their Finest Hour', and generally keep in the loop at <https://forms.office.com/e/ctt2eu6v2c>
- Attend the u3a Online Learning Event, date tbc.
- Share this message in your u3a, on Facebook, and in your newsletters.
- Go to a 'Digital Collection Day' to bring your stories or volunteer at it.
- Run a collection in your activity group over several meetings.
- Go online and upload your war-related stories and materials at <https://theirfinesthour.english.ox.ac.uk/>

'Digital Collection Days' are being run at a host of museums, libraries, services charities, and schools across the country, from Belfast, Cumbria, and Edinburgh down to Essex, London, Oxfordshire, and South Wales. u3a members volunteered at one of the first 'Days' in Oxford:

"It's like 'Flog It!' or 'Antiques Roadshow' without the valuation! There's so much you can do, from meet-and-greet to what I enjoyed the most, showing someone their husband's war record online - he flew Lancasters - helping them understand more about their family story."

Ally Edwards, u3a Evesham and District, 10 March
There are connections between 'Their Finest Hour' and u3a groups, for example, genealogy, local history, creative writing, photography, storytelling, getting our members confident in using technology, and combating loneliness. Find out more on <https://theirfinesthour.english.ox.ac.uk/>

MSE'S ACADEMY OF MONEY

Did you know there is a MSE Academy of Money produced by the Open University and Martin Lewis (of Money Saving Expert)?

Packed with videos, audios, quizzes and activities, the course covers all the key aspects of personal finance in six sessions of study that each take around two hours to complete.

- Subjects are broken down into:
- how to be savvy when spending money



budgeting and the impact of tax on household finances.

- Borrowing money
- simple savings accounts
- investments such as shares, commodities or property
- and the course finishes by getting to grips with the complexities of pensions.

The course can be found at:

<https://www.open.edu/openlearn/>
then enter MSE into the search bar.

NOTES FROM THE EDITOR

I am always looking for any u3a news articles and information about group activities to add into the Newsletter each month. Please send them to me at newsletter@westwoldsu3a.org.

For all Group Conveners, I can only keep the information about your groups up to date if you let me know of any changes, please check the Monthly Timetable and Group Information on the last two pages of this Newsletter to ensure it is all correct, and let me know if you are not happy with it.

Terry Francis – Editor

WALKING GROUPS PROGRAMME FOR NEXT TWO MONTHS

Date	Place	Distance	Walk Leader	Telephone
May 16th	Brandy Wharf	5 Miles	Lesley Brewis	07510 353502
May 23rd	Twigmoor Woods	3 Miles	Yvonne Heathershaw	07990 643933
June 7th	Wragby	4 Miles	Rachel Telfer	07443 483831
June 14th	Walesby-Otby	3+ Miles	Mary Orphanoudakis	07484 842915
June 20th	Sandilands – Huttoft	3 Miles	Terry & Julia Francis	07840 975547
June 27th	Goltho	3 Miles	Sharon Rupp	07803 694889
July 5th	Belchford	4 Miles	Sharon Rupp	07803 694889
July 12th	Willingham Woods	3.5 Miles	Rachel Telfer	07443 483831

Please contact the Walk Leader direct to sign up any of these walks or see Ken Howitt at the General Meeting. Walks can be subject to change so anyone who is not on Ken's mailing list must contact the walk leader to ensure they are booked on the walk before turning up.

Walks can be across uneven terrain, so please ensure you check with the walk leader about the details of the walk.

If you can offer to fill in any of the blanks and lead a walk, please contact Ken Howitt with the details of the walk.

THE NEW STROLLERS

As you may already know we are hoping to relaunch this very popular walking group and we are keenly searching for volunteers to lead walks of about 2 miles distance. You will find below details of the walks we are offering at present. I must stress that these are the ONLY ones on offer at present and, unless other volunteers step up to lead a walk, they may well be the last ones! So, please, help us all out by taking charge of a walk. If you can offer a walk see me at the U3A meeting on May 11th or leave a message on 01652 678490.

Let's revive what was once a very thriving group!!
Ken Howitt

Sign up for the following walks at the meeting on May 11th or contact the leader of the walk :

TUESDAY MAY 16TH

Walk from Festival Hall, Market Rasen on tarmac

paths. Coffee at the Advocate for those who want it. Linear walk. You can turn back when you have had enough.

12.15 for 12.30 at the March Hare (order in advance)
Walk leader: Pat Hage 01673 849447. (Pat hopes to organise a sunny day!)

WEDNESDAY MAY 31ST

Goltho. 2 miles approx.

Meet at the Corn Dolly Café, Wragby, for coffee, 10.00am (cash only!) Parking opposite in market place.

From Wragby take the Bardney Road, turning right at a bend after the Conifer and Maze Centre.

Walk Leader: Sharon Rupp 07803 694889

WEDNESDAY JUNE 14TH

Willingham Woods. 2 miles approx..

Meet at main car park at Willingham Woods at 10.00am

Walk Leader: Helen Wilson 01673 828315.

**WW u3a GARDEN GROUP EXCURSION TO
COTON MANOR GARDEN AND
COTTESBROOKE HALL GARDEN ON
WEDNESDAY, 24TH MAY, 2023**

We are planning to visit two of the most beautiful gardens in our country. We will first visit Coton Manor Garden where we can enjoy our packed lunch or take a homemade lunch in the Stableyard café before making our way to Cottesbrooke Garden in the afternoon. Both are in Northamptonshire.

Coton Manor Garden was originally laid out in the 1920's by the grandparents of the present owner, the garden has been developed and extended by successive generations capitalising on its natural setting, attractive views and abundant water. The 17th century manor house acts as a central focus for the garden, its walls supporting many roses and shrubs, while the surrounding terraces are populated by numerous colourful pots and containers. The extensive nursery has over a thousand varieties of plants, many of which are unusual and are propagated from the garden.

Cottesbrooke House and Garden. These gardens, former winners of the coveted Christies and Historic Houses Association "Garden of the Year Award", are a constant source of innovation and development - from the formal gardens that surround the Hall and to the Wild Garden, which flanks a meandering stream where acers, spring bulbs and gunneras create a romantic and tranquil air.



The charge which includes coach travel, driver's tip and entrance to both gardens is £47.50.

For more information contact Jane Guy

jane.m.guy@gmail.com or 0797 1277482 if you would like to make a booking or more information.





West Wolds

EXCURSION BOOKING FORM

**U3a Garden Group Excursion to Coton Manor Garden and
Cottesbrooke Hall Garden in Northamptonshire
on Wednesday, 24th May, 2023**

Name(s):No. of places required:

Main contact address:

.....Postcode.....

Email:.....Tel:.....Mobile.....

Special requests (mobility, etc) :

Next of kin.....Their mobile.....

U3a Membership Number.....

**PICK UP POINT: Lorry car park, behind Tesco, Market Rasen
@ 9 a.m. Return 5 p.m.**

**COST: £47.50 PER PERSON WHICH INCLUDES TRAVEL, DRIVER'S TIP AND ENTRANCE TO THE GARDEN.
NO REFUND WITHIN TWO WEEKS OF DEPARTURE.**

To confirm your reservation please complete this booking form with your payment as soon as possible to secure your place. Cheques to be made payable to West Wolds u3a and posted to:

Mrs Jane Guy, 14 Jubilee Avenue, Faldingworth, Lincs., LN8 3FF.

To make an online payment (BACS) pay Lloyds Bank; a/c The West Wolds University of the Third Age (Sort code 30-96-09, account No 71220968)

More booking forms and any enquiries please contact Jane.

01673 885415 or 0797 1277 482

jane.m.guy@gmail.com

WW u3a GARDEN GROUP EXCURSION TO GUNBY HALL,

ON WEDNESDAY, 6TH SEPTEMBER



Back last August, Trevor Rogers, a professional horticulturist and specialist fruit grower and volunteer gardener at Gunby Hall, was the guest speaker at our general meeting. He was inspiring and passionate about his work at Gunby Hall and a number of our members said they wanted to go there. There are 8 acres of Victorian walled gardens with kitchen garden, wildflower areas and wonderful borders bursting with colourful plants and flowers which is worth a visit in every season.

We have therefore booked a coach to go towards the end of the summer. Gunby Hall is a homely, country house built in 1700 for the Massingberd family who lived there for more than 250 years. It is now run by the National Trust. The estate comprises 1,500 acres of pleasant countryside still representing a lowland farming estate where nature thrives and features lots of permissive paths for relaxing scenic walks.

There is a cosy tea-room located in the former laundry building with seating in the courtyard, serving sandwiches, snacks, hot/cool drinks and sweet treats.

£25 is requested to cover the cost of a coach seat, driver's gratuity and entrance to Gunby Hall gardens. Treat yourself and come and join us for a lovely day out.

For more information contact Jane Guy
jane.m.guy@gmail.com or 0797 1277482
if you would like to make a booking or more information





West Wolds

EXCURSION BOOKING FORM

6th September, 2023 to Gunby Hall

Name(s):No. of places required:

Main contact address:

.....Postcode.....

Email:.....Tel:.....Mobile.....

Special requests (mobility, etc) :

Next of kin.....Their mobile.....

U3a Membership Number.....

**PICK UP POINT: Lorry car park, behind Tesco, Market Rasen
@ 9 a.m. Return 5 p.m.**

**COST: £25.00 PER PERSON WHICH INCLUDES TRAVEL, DRIVER'S TIP AND ENTRANCE TO THE GARDEN.
NO REFUND WITHIN TWO WEEKS OF DEPARTURE.**

To confirm your reservation please complete this booking form with your payment as soon as possible to secure your place. Cheques to be made payable to West Wolds u3a and posted to:

Mrs Jane Guy, 14 Jubilee Avenue, Faldingworth, Lincs., LN8 3FF.

To make an online payment (BACS) pay Lloyds Bank; a/c The West Wolds University of the Third Age (Sort code 30-96-09, account No 71220968)

More booking forms and any enquiries please contact Jane.

01673 885415 or 0797 1277 482

jane.m.guy@gmail.com

GARDENING GROUP HARLOW CARR VISIT



A coach load from the Gardening Group set off on an April Monday morning to travel to RHS Harlow Carr for a day out. Everyone was in good spirits and it didn't take too long to reach our destination just outside Harrogate. The big decision was whether to have a coffee before looking round the gardens or set off to explore first and risk not being near the café at lunchtime. Sandra and I decided not to take the chance and so joined a short queue to go into the Betty's right by the entrance to the garden.



Suitably refreshed we then entered into the garden and with the map in hand planned our way round. There were quite substantial renovations taking place as the RHS refreshes the site for the coming year but there was still plenty to look at.

Being an RHS garden it is, of course, beautifully maintained and we enjoyed looking at the various plots and picking up ideas for our own gardens. We were also cheered to see that even with a team of full-time professional gardeners some weeds had got missed, showing that they can outwit even the most vigilant of us.



Even though it was officially spring the weather was just that little bit cold which encouraged us to make sure we walked briskly. The time quickly and enjoyably passed until it was time to get back on the coach but not before we had made our selection from the sale items in the plant shop. Not only did we have a wonderful day out but we also came back with some momentos. Thank you Jane for organising this.

*Jane Lloyd
(Photos taken from Internet)*

JOIN US

NEW

Market Rasen Wellbeing Walk

Every Monday at 09.30am (Including Bank Holidays)

Market Rasen Leisure Centre,
Gainsborough Rd, Market Rasen, LN8 3JW

Join our free and friendly short walk
At your own pace and suitable for all abilities
Friendship, fresh air and fitness

Lincolnshire
coop

RAMBLERS
WELLBEING WALKS

GROUPS DISCLAIMER

Please be aware that now groups or activities have recommenced, it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to.

The Committee

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2022/2023

Chairman and General Meeting Coordinator

Gail Dennis Tel: 01673 843575

chairman@westwoldsu3a.org

Vice Chairman & Membership Secretary

Jane Lloyd Tel: 01673 843078

membership@westwoldsu3a.org

Treasurer

Terry Francis Tel: 01673 842088

treasurer@westwoldsu3a.org

Business Secretary, Speaker Finder

Sharon Rupp Tel: 07803 694889

secretary@westwoldsu3a.org
speakerfinder@westwoldsu3a.org

Groups' Coordinator

Shirley Fuller Tel: 01673 885948

groupcoordinator@westwoldsu3a.org

Newsletter Production Editor and Technical Support

Terry Francis Tel: 01673 842088

newsletter@westwoldsu3a.org

Publicity Officer and Website Support

Gary Beighton Tel: 01673 849364

publicity@westwoldsu3a.org

Secretary to

East Lincs. Neighbourhood

Shirley Fuller Tel: 01673 885948

eastlincs@westwoldsu3a.org

Safeguarding Officer

Kathryn Wade

kathrynbwade@gmail.com

New Members – Roles TBD

Ginny Beard

Sandra Dean

Support Roles (Non Committee)

Catering Coordinator

Rachel Telfer Tel: 01673 844244

rachetelfer1@hotmail.co.uk

Greeters Coordinator

Caroline Dale Tel: 01673 844142

ginger.mike29@btinternet.com

Welfare

Mandy Murphy Tel: 01673 565295

Mandy.murphy1396@gmail.com

Website Administration

Steve McCarthy Tel: 01673 308364

webadmin@westwoldsu3a.org

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, www.westwoldsu3a.org, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts by email.

Receive Updates

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group and the information on the last page are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	10:00 Family History 14:00 Backgammon 14:00 Upholstery 14:00 Spanish Intermediate 14:30 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers 14:00 Canasta	10:00 Patchwork 10:15 Keep Fit 10:00 Italian for Beginners 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:30 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group 14:00 Start Spanish- Course Complete
2nd	13:30 Spanish for Beginners 14:00 Recorders	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery 14:00 Spanish Intermediate 14:30 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:30 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Start Spanish- Course Complete
3rd	14:00 Digital Photography	10:00 Country Walks 14:00 Embroidery 2 14:00 Upholstery 14:00 Spanish Intermediate 14:30 German	10:00 Telling our Stories 10:00 Cycling (Short Rides) 14:00 Readers Group – FULL 14:00 Gardening Group	10:00 Patchwork 10:15 Keep Fit 10:00 Italian for Beginners 14:00 Indoor Bowls 14:00 I.T. Workshop 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:30 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* (*And 5th Friday of the month, if there is one) 14:00 Start Spanish- Course Complete
4th	13:30 Spanish for Beginners	10:00 Music Appreciation 10:30 3 Mile Walkers 14:00 Upholstery 14:00 Spanish Intermediate 14:30 German	10:00 Embroidery (*Last Wednesday of month) 10:00 Cycling (Short Rides) 14:00 Rasen Book Group	10:00 Cross Stitch – FULL 10:15 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:30 Line Dancing 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) 14:00 Mah Jong 14:00 Start Spanish- Course Complete

INTEREST GROUP CONVENERS

BACKGAMMON

Bill Roberts 01673 842703

BIBLICAL HEBREW

Alison Atkinson 01673 849979

BRIDGE – NEW CONVENER REQUIRED

TBA - New Convener required

CANASTA

Jan Watkins 01673 308791

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROSS STITCH – FULL

Audrey Storey, 01673 849625

NEW CROSS STITCH/EMBROIDERY

Shirley Fuller 07810 845178

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCOVERY GROUP

Mary Howes 01673 849554

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Jacqueline Reid 01673 849490

FAMILY HISTORY – BEGINNERS

Jacqueline Reid 01673 849490

FRENCH CONVERSATION

Sandra Dean, 01507 313934 / 0773 4456213

GARDENING

Jane Guy 0797 1277482 / 01673 885415

GERMAN

Gary Beighton 0758 2227856

INDOOR BOWLS

Jane Guy 0797 1277482 / 01673 885415

ITALIAN (for beginners)

Sandra Dean, 01507 313934 / 0773 4456213

I.T. WORKSHOP

Steve McCarthy 01673 308364

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 01673 601086

LINE DANCING

Margaret White 01673 849274

LOCAL HISTORY

Paul Ettridge 01472 398921

LUNCHEON GROUP

Kay Green Tel: 0790 081 8373

MAH JONG

Jane Fairclough 0794 756 6606

MUSIC APPRECIATION

Barry Dukes 01472 852454

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP- FULL

Audrey Storey 01673 849625

RASEN BOOK GROUP

Kathryn Wade 01673 849487

RECORDER GROUP

Geoff Goddard 07752 945543

SCRABBLE

Audrey Storey 01673 849625

SOLO GROUP

Ginny Beard 07980 209642

SPANISH

Sandra Dean, 01507 313934 / 0773 4456213

START SPANISH – TO START AGAIN IN SPRING

Sandra Dean, 01507 313934 / 0773 4456213

TABLE TENNIS – NEW CONVENER REQUIRED

Brian Siddown, 01673 860433

THEATRE VISITS

Jane Lloyd 01673 843078

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE

RESTORATION – STARTED ON 2ND MAY

Gail Dennis 01673 843575

THE WEST WOLDS UKULELE GROUP

Tim Hirst, 01673 849571

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

THE COUNTRY WALKERS

Ken Howitt 01652 678490

THE STROLLERS – NEW CONVENER REQUIRED

THE 9-MILE HIKERS – NEW CONVENER REQUIRED

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