

WEST WOLDS

u3a

"Learn, Laugh and Live"

Website: www.westwoldsu3a.org

October 2022 Newsletter

Issue 110

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

CHAIRMAN'S REMARKS

Your committee have been making final preparations for the AGM in November. This means accounts have been prepared and presented to our Independent examiner and are then presented to you, the members. There will be a general report of the year's activities and votes for the next year's committee. Many people have to put in considerable effort to make our u3a function and we need you to be present at AGMs to vote and make the meeting quorate, otherwise we cannot continue.

We have decided to publish the magazine before the Monthly General Meetings instead of afterwards so October's will be coming to you earlier than you have been used to.

I hope to see many of you at the October meeting and if you are wearing your name badges that does help at the registration table to speed the process. It also helps those of us who have a name on the tip of our tongue to remember.

Best wishes

Gail Dennis, Chairman

MEMBERSHIP RENEWAL

The October General Meeting is your last opportunity to renew your membership if you have not already done so. That will mean you cannot attend any further members meetings or any group meetings, or vote at the AGM, unless you have contacted us with a good reason for delaying your renewal. Of course I hope this won't be the case and will see you on Thursday, 13th October with your payment.

The Membership fee is

£18 for Singles,

£34 for Joint and

£12 for Associates (i.e. for those who belong to another u3a group as well).

We do need you to complete the renewal form (available on our website) and pay by BACS online or by setting up a Standing Order if you prefer, or pay by cheque, cash or contactless card at our monthly meetings on the second Thursday in every month. If paying online and you cannot get to a meeting, send your form by post to Jane Guy. It could not be easier. If you would prefer to have a form sent to you by e-mail please write to jane.m.guy@gmail.com. If you are unable to print off the form from the website, you can pick up forms at the General Meeting or we can post one to you.

If you are a UK taxpayer please do complete the tick box for 'Gift Aid'. This is a Government scheme which refunds charities the tax paid for membership and is a simple way of collecting a bit more money. No more work for you to do, but a tick in the box.

For those members who have already renewed their membership, firstly a thank you as it helps a lot to stagger the process, but secondly to say your new badges will be ready for collection at the next monthly meeting. We have changed the badges as notified recently to ensure your name is larger and bolder so it can be better read for those of us who do not yet know you. Please do wear them at every u3a event to save embarrassment for those whose memory is not as it once was. Thank you.

Finally, every year we sadly lose a few members; some move away from the area, others become too frail to make the journey or are not well enough and others have become carers. We wish them all the best. However, for the last few years we have been able to sustain our membership by having more members join us. Do you have a friend, neighbour, or relative who you believe would benefit from our membership who you could bring along? That would be just great. Thank you.

Jane Guy. Telephone 0797 1277 482
or jane.m.guy@gmail.com

SPEAKER PROGRAMME 2022/23

13th October – David Ingleby ‘We Are The Commonwealth War Graves Commission’



The Battlefields of two World Wars are largely gone but the graves, cemeteries and memorials remain moving reminders of the events that took place here. David will give us an introduction to the history and on-going work of the CWGC.

10th November – AGM – See page 3

8th December ‘The Music Makers -Handbell Ringers’



Have you ever seen handbell ringers in action and wondered how they do it? Cat and her group will give us a performance and then invite members up to ‘have a go’. A bit of fun for Christmas.

2023

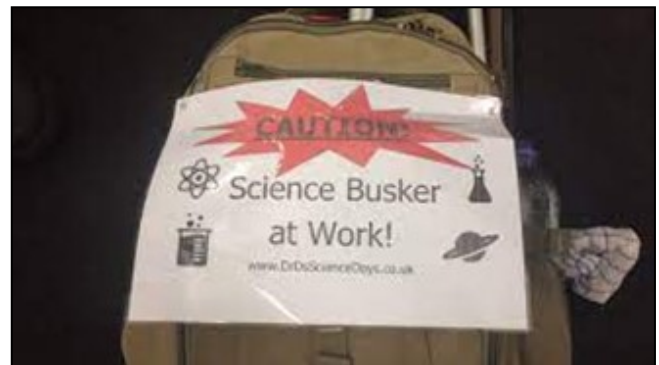
12th January – Karen Crow - Lincoln Town Crier

As the literacy of Britain’s population remained low well into the late 19th century, people came to rely on criers and heralds as a useful way of hearing

about proclamations, edicts, laws and news, as books and newspapers were generally only accessible to a small percentage of the English population. Karen will give us an informative history and bring us up to date with the role today.



16th February – Vicki Dennison ‘Dr D’ BBC Science Busker



Experience the magic of science from Vicki who was a BBC Science presenter. Entertaining scientific demonstrations using fire & marmite!

9th March – Colin Deeley - The Life & Times of Southwell Workhouse



Built in 1824, The Workhouse is the best preserved example of the hundreds of workhouses built across the country. Learn about the role it played and how it evolved through time.

WEST WOLDS U3A AGM

The 24th Annual General Meeting of the West Wolds U3A will be held on Thursday 10th November 2022 at Market Rasen Festival Hall at 10.30am.

Entertainment will be provided afterwards by the West Wolds Warblers. You are invited to join in the singing, with the lyrics onscreen.

Committee Nomination Forms are still available by contacting the Secretary at secretary@westwoldsu3a.org.

The deadline for the Secretary to receive completed forms is Thursday 13th October.

GARDENING GROUP 2022/3 PROGRAMME



2022

19th October: Monthly meeting. Peter Williams
People, Plants, Places.

16th November: Monthly meeting. Geoff Hodges
"Life and Times of a Garden Editor". Geoff is a Garden writer, broadcaster & horticultural consultant.

20th December: Monthly meeting. Janette Merillion, garden designer **"The sensual garden"**.

2023

18th January: TBC

1st February: 10 a.m./1 p.m. Workshop on apple grafting to be held at Snitterby Carr Farm run by Patty Phillips. All materials provided and you get to take your own rootstock home with you too. £25.00. Pre-booking is essential with Jane.

15th February: Alan Mason "Life of a Gardener".

15th March: Monthly meeting. Steffie Shields "Impressions of Lincs" sharing aspects and stories of Lincolnshire gardens both historic or contemporary, and places you might like to visit.

19th April: Monthly meeting. Linda Clark from the Spotted Dog Flower Company will make up a bouquet of flowers and then donate them as one of our raffle prizes.

To join the group, or for any other garden enquiry please contact me by phone

**Jane Guy: telephone 0797 1277 482,
email gardening@westwoldsu3a.org**

LOCAL HISTORY GROUP 2022 PROGRAMME.

November - 8th. "The Effects of the railway coming to Market Rasen" - Hazel Barnard.

December - 13th. Christmas Quiz - Paul Ettridge.

For information about any of these talks or visits contact **Paul Ettridge telephone 01472 398921
Email groupcoordinator@westwoldsu3a.org**



WEST WOLDS u3a
CHRISTMAS LUNCH



An early reminder that the West Wolds u3a Christmas Lunch will be held on
Thursday 8th December 2022 following the December General Meeting.

Venue: The Clubhouse, Market Rasen Golf Club. Timing: Arrival 12.30 p.m. for 1.00 p.m. lunch.

If you wish to arrive any earlier, the bar area will be open.

Shirley Fuller and Angela Murtagh will be selling lunch tickets at both our October
and November General Meetings.

Payment: By cheque to West Wolds u3a. Please see below for the menu and pricing.

STARTERS:

HOMEMADE CHEFS' CHOICE SOUP (GF & VG AVAILABLE)

CHICKEN LIVER & BRANDY PATE SERVED WITH SALAD (GF AVAILABLE)

INDIAN SELECTION PLATTER WITH SALAD & RAITA DIP (GF & VG)

**LEMON & PEPPER HADDOCK GOJONS WITH LEMON TARTARE SAUCE ALL SERVED WITH
A SELECTION OF FRESHLY BAKED BREAD (GF & V AVAILABLE)**

MAINS:

TRADITIONAL ROAST TURKEY DINNER (GF AVAILABLE)

GAMMON STEAK WITH CIDER & GRAIN MUSTARD SAUCE (GF AVAILABLE)

CREAMY FISH PIE WITH A HERBY SHORTCRUST PASTRY LID (GF AVAILABLE)

KALE ROULADE FILLED WITH SWEET POTATO AND SUN-DRIED TOMATO (GF & V)

ALL SERVED WITH TRADITIONAL CHRISTMAS VEGETABLES & POTATOES

DESSERTS:

**A SELECTION OF HOT & COLD FESTIVE DESSERTS FROM OUR TOWER OF TREATS
FOLLOWED BY FRESHLY BREWED COFFEE & MINCE PIE**

£25.00 PER PERSON (3 COURSES) OR £22.00 PER PERSON (2 COURSES)

Please make known any dietary requirements when purchasing your ticket.



AUTUMN QUIZ ANSWERS

1. The fall
2. John Keats
3. Mexico
4. Peter Phillips (grandson of Queen Elizabeth II)
5. 1605
6. James I
7. Keratin
8. World Conker Championships
9. March
10. United States
11. Chlorophyll
12. October (October 1)
13. Labour Day (first Monday in September)
14. Rugby union
15. Seasonal affective disorder
16. Munich
17. Halloween

KEEP FIT GROUP BREAK

Please note that Dawn Stoppers Keep Fit Group will take a break for 5 weeks from Thursday 27th October starting again on Thursday 1st December.



PORTABLE APPLIANCE TESTING

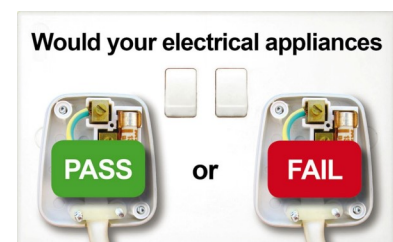


If any Conveners or members have electrical equipment that they need to use in any hired venue such as the Festival Hall or New Life church or any other halls for their group activities, these need to be PAT tested every year i.e. electrically safety tested.

We have set up a date of the 16th November in the Committee Room at the Festival Hall between 09:00 and 12:00., but please try to come as early as possible, because if the Testing finishes early the engineer doing it will be able to get away.

If you are unable to get to the Hall on this date, please arrange to get your equipment to me beforehand, contact me on 01673 842088, or email treasurer@westwoldsu3a.org

Terry Francis, Treasurer



GARDENING GROUP VISIT TO RENISHAW HALL



Thirty eight of our members, mostly from the garden and history groups, and one guest from East Lindsey u3a, started their excursion yesterday in brilliant sunshine by coach from Market Rasen. Having spent nearly a couple of years being restrained from travelling together and socialising there was much chatter on the coach amid the pleasure of seeing one another again, and for some, the age appropriate music the driver was playing on the intercom meant they were enjoying the music too.

The journey was uneventful, although some of us could not understand why we went south to Lincoln before turning off the A46 towards Retford and onto Sheffield, and took us about 90 minutes. On arrival we were taken into our own private dining room for a welcome tea or coffee and biscuit and of course more animated chatter. We then were split into two groups and taken into the Hall by two experienced and entertaining guides who told us

the history of the Hall and the Sitwell family. The Hall has been well maintained, although until more recently that was not always the case. The Hall is full of very interesting furnishings and pictures of the family but is also still the family home.



Alexandra Sitwell



We then went back to our private dining room for lunch which was delicious, although because the kitchen was short-staffed some had to wait a long time for theirs. By this time the clouds had come over and we did have some rain, but it did not deter our hardy gardeners who visited the Italianate garden with the wonderful topiary and views. The garden was still full of colour and interest and some of our very experienced gardeners were able to help the rest of us with plant identities.



We aimed to arrive back in Market Rasen for 5 p.m. and were exactly on time. The driver did us proud and we enjoyed the smooth drive. From the comments received from those on the excursion a great day was had by all.

The next excursion is likely to be in April, avoiding school holidays, and will go to Harrogate. We will drop any members who would prefer to spend the day shopping but the rest of us will go on to RHS Harlow Carr to spend the day in the garden and

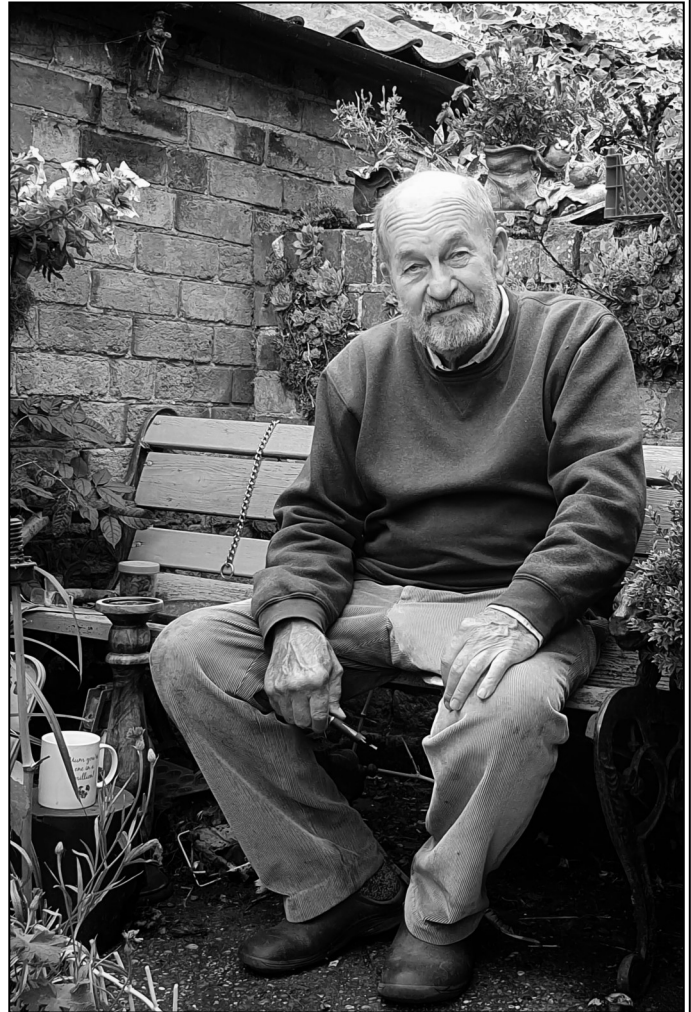
maybe lunch in Betty's which is on site now. Our garden group has purchased associate group membership of the RHS which entitles us to take a full coach of passengers to any of their gardens with free entrance, saving around £9 per person. I do hope you will be able to join us on that trip too.

Jane Guy, Garden Group Convenor

DIGITAL PHOTOGRAPHY GROUP-
PICTURES OF THE MONTH FOR SEPTEMBER



Favourite Photo of the Month
Taken by Suzanne Barker



Photograph a Friend
Taken by Suzanne Barker

Brayford Pool at Night
Night Photography
Taken by Pam Britton



For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at https://westwoldsu3a.org/?page_id=8458

Catering Helpers Rota

November

Serving:: Liz Eastburn
Anita Handford
Kitchen: Stephanie Fox
Bernadette Heald

December

Serving:: Suzanne Barker
Marion Blackstock
Kitchen: Anita Handford
Christine Kettlewell

Rachel Telfer is always looking for members who would like to volunteer to help with catering, please contact her at the meetings.

Greeters Rota

November

Pauline Wellings
Val Walsh
Brian Ward

December

TBA
TBA
TBA

Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.

MEMBERSHIP UPDATE - DO YOU READ THE THIRD AGE MATTERS MAGAZINE?

Those eagle eyes among you will be well aware that times are getting tougher, and of course our u3a is no exception. Your committee have spent some considerable time thinking how we might save money rather than put up the fees, and one of our largest expenses is the cost of our National magazine which is £3.35 per annum per household to cover the postage on five issues. This is called Third Age Matters (TAM).

We are aware that these are not widely read by our members, though there are some who enjoy receiving and reading them. Other local u3a's charge their members extra to receive TAM. We don't want to go down that road at this time but instead we have decided to ask you to let me know

if you want to continue to receive this.

If you are still taking TAM and don't want to keep it after you have read it, why not bring it to the monthly meeting to recycle for another member to take it away and benefit too?

Jane Guy, Membership Secretary

HEALTH ISSUES

If you have a hearing or sight issue, or any other health issue that you feel we may be able to help you with whilst attending a group or the general meeting, please speak in complete confidence to a committee member.

YOUR COMMITTEE IS LOOKING FOR ASSISTANTS!

To ensure the efficient operation of your u3a, the Committee would like to invite members to assist with small tasks.

There will be no requirement to join the Committee but it would be helpful if interested members could attend the monthly Committee meetings on some occasions.

If you can spare an hour a month to help, or to find out more information please get in touch with Sharon: secretary@westwoldsu3a.org.

GROUPS DISCLAIMER

Please be aware that now groups or activities have recommenced, it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to.

The Committee

CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2021/2022

Chairman and General Meeting Coordinator

Gail Dennis Tel: 01673 843575
chairman@westwoldsu3a.org

Vice Chairman

Jane Lloyd Tel: 01673 843078
vicechairman@westwoldsu3a.org

Treasurer

Terry Francis Tel: 01673 842088
treasurer@westwoldsu3a.org

Business Secretary, Speaker Finder

Sharon Rupp Tel: 07803 694889
secretary@westwoldsu3a.org
speakerfinder@westwoldsu3a.org

Membership Secretary and Safeguarding Officer

Jane Guy Tel: 01673 885415
membership@westwoldsu3a.org

Groups' Coordinator

Paul Ettridge Tel: 01472 398921
groupcoordinator@westwoldsu3a.org

Newsletter Production Editor and Technical Support

Terry Francis Tel: 01673 842088
newsletter@westwoldsu3a.org

Publicity Officer

Gary Beighton Tel: 01673 849364
publicity@westwoldsu3a.org

Secretary to

East Lincs. Neighbourhood
Shirley Fuller Tel: 01673 885948
eastlincs@westwoldsu3a.org

Support Roles (Non Committee)

Catering Coordinator

Rachel Telfer Tel: 01673 844244
rachetelfer1@hotmail.co.uk

Greeters Coordinator

Caroline Dale Tel: 01673 844142
ginger.mike29@btinternet.com

Welfare

Mandy Murphy Tel: 01673 565295
Mandy.murphy1396@gmail.com

Website Administration

Steve McCarthy Tel: 01673 308364
webadmin@westwoldsu3a.org

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, www.westwoldsu3a.org, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts by email.

Join 93 other subscribers.

Recent Posts

Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Digital Photography 14:00 Turkish Delight Desert Dancers	10:00 Family History 14:00 Backgammon 14:00 Upholstery 14:30 Spanish 14:30 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers 14:00 Canasta	10:00 Beginners Italian 10:00 Patchwork 10:00 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group 14:00 Start Spanish
2nd	14:00 Recorders	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery 14:30 Spanish 14:30 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Start Spanish
3rd	14:00 Digital Photography	10:00 Country Walks 14:00 Embroidery 2 14:00 Upholstery 14:30 Spanish 14:30 German	10:00 Telling our Stories 10:00 Cycling (Short Rides) 14:00 Readers Group – FULL 14:00 Gardening Group	10:00 Italian – Not currently meeting 10:00 Keep Fit 10:00 Patchwork 14:00 Indoor Bowls 14:00 I.T. Workshop 14:00 Discussion Group 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* (*And 5th Friday of the month, if there is one) 14:00 Start Spanish
4th		10:00 Music Appreciation 10:30 3 Mile Walkers 14:00 Upholstery 14:30 Spanish 14:30 German	10:00 Embroidery (*Last Wednesday of month) 10:00 Cycling (Short Rides) 14:00 Rasen Book Group	10:00 Cross Stitch – FULL 10:00 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) 14:00 Mah Jong 14:00 Start Spanish

INTEREST GROUP CONVENERS

BACKGAMMON

Bill Roberts 01673 842703

BIBLICAL HEBREW

Alison Atkinson 01673 849979

BRIDGE – NEW CONVENER REQUIRED

TBA - New Convener required

CANASTA

Jan Watkins 01673 308791

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROSS STITCH – FULL

Audrey Storey, 01673 849625

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Terry Francis 01673 842088

DISCOVERY GROUP

Mary Howes 01673 849554

DISCUSSION GROUP

Angela Wilson angewilson55@gmail.com

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Jacqueline Reid 01673 849490

FAMILY HISTORY – BEGINNERS

Jacqueline Reid 01673 849490

GARDENING

Jane Guy 0797 1277482 / 01673 885415

GERMAN

Gary Beighton 0758 2227856

INDOOR BOWLS

Jane Guy 0797 1277482 / 01673 885415

ITALIAN (for beginners)

Patricia Spolton, 01673 828568

I.T. WORKSHOP

Steve McCarthy 01673 308364

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 07749 044413

LINE DANCING – Due to restart in October

Margaret White 01673 849274

LOCAL HISTORY

Paul Ettridge 01472 398921

LUNCHEON GROUP

Caroline Dale 01673 844142

MAH JONG

Jacqueline Reid 01673 849490

MUSIC APPRECIATION

Barry Dukes 01472 852454

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP – FULL

Audrey Storey 01673 849625

RASEN BOOK GROUP

Kathryn Wade 01673 849487

RECORDER GROUP

Geoff Goddard 01673 842287

SCRABBLE

Audrey Storey 01673 849625

SPANISH

Sandra Dean, 01507 313934 / 0773 4456213

TABLE TENNIS – NEW CONVENER REQUIRED

Brian Siddown, 01673 860433

THEATRE VISITS

Jane Lloyd 01673 843078

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE

RESTORATION – SUSPENDED UNTIL SPRING

Gail Dennis 01673 843575

THE WEST WOLDS UKULELE GROUP

Tim Hirst, 01673 849571

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

THE 3-MILERS

Ken Howitt 01652 678490

THE 4-MILERS

Ken Howitt 01652 678490

THE COUNTRY WALKERS

Ken Howitt 01652 678490

THE STROLLERS – NEW CONVENER REQUIRED

THE 9-MILE HIKERS – NEW CONVENER REQUIRED

Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.



westwoldsu3a