

# WEST WOLDS

## u3a

"Learn, Laugh and Live"

Website: [www.westwoldsu3a.org](http://www.westwoldsu3a.org)

## September 2022 Newsletter

### Issue 109

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

[newsletter@westwoldsu3a.org](mailto:newsletter@westwoldsu3a.org)

### CHAIRMAN'S REMARKS

First of all a big thank you to the two people who volunteered to help set up the equipment for the general meetings. This will help our Treasurer in particular at the beginning and end of meetings when he is also busy with collecting money for memberships at this time of year alongside our Membership Secretary.

It is lovely to see new members joining us each month. I do hope you feel welcome and that you have found groups you wish to join. If you have an idea for a group do let our Groups Convener know and we can try to start a new group but someone has to run it since that is the ethos of u3a, by the members for the members.

Best wishes

*Gail Dennis, Chairman*

### MEMBERSHIP FEES

Now is the time to renew your annual membership! The sooner the better please as it is a laborious task to process applications and it is much easier if it is condensed rather than spread out over several months.

The fee is

**£18 for Singles,**

**£34 for Joint and**

**£12 for Associates (i.e. for those who belong to another u3a group as well).**

We do need you to complete the renewal form (available on our website) and pay by BACS online or by setting up a Standing Order if you prefer, or pay by cheque, cash or contactless card at our monthly meetings on the second Thursday in every month. If paying online and you cannot get to a meeting, send your form by post to Jane Guy. It could not be easier. If you would prefer to have a

form sent to you by e-mail please write to [jane.m.guy@gmail.com](mailto:jane.m.guy@gmail.com)

If you are a UK taxpayer please do complete the tick box for 'Gift Aid'. This is a Government scheme which refunds charities the tax paid for membership and is a simple way of collecting a bit more money. No more work for you to do, but a tick in the box.

For those members who have already renewed their membership, firstly a thank you as it helps a lot to stagger the process, but secondly to say your new badges will be ready for collection at the next monthly meeting. We have changed the badges as notified recently to ensure your name is larger and bolder so can be better read for those of us who do not yet know you. Please do wear them at every u3a event to save embarrassment for those whose memory is not as it once was. Thank you.

Finally, every year we sadly lose a few members; some move away from the area, others become too frail to make the journey or are not well enough and others have become carers. We wish them all the best. However, for the last few years we have been able to sustain our membership by having more members join us. Do you have a friend, neighbour, or relative who you believe would benefit from our membership who you could bring along? That would be just great. Thank you.

Jane Guy. Telephone 0797 1277 482  
or [jane.m.guy@gmail.com](mailto:jane.m.guy@gmail.com)

## SPEAKER PROGRAMME 2022

### 13<sup>th</sup> October – David Ingleby ‘We Are The Commonwealth War Graves Commission’

The Battlefields of two World Wars are largely gone but the graves, cemeteries and memorials remain moving reminders of the events that took place here. David will give us an introduction to the history and on-going work of the CWGC.



### 10<sup>th</sup> November – AGM – See page 3

### 8<sup>th</sup> December ‘The Music Makers -Handbell Ringers’

Have you ever seen handbell ringers in action and wondered how they do it? Cat and her group will give us a performance and then invite members up to ‘have a go’. A bit of fun for Christmas.



## GARDENING GROUP 2022/3 PROGRAMME



21st September: Monthly meeting. Don Whitton “**Late Herbaceous Perennials**”.

29th September: Coach excursion to Renishaw Hall, Derbyshire. NEW. Booking essential.

19<sup>th</sup> October: Monthly meeting. Peter Williams  
**People, Plants, Places.**

16th November: Monthly meeting. Geoff Hodges  
**“Life and Times of a Garden Editor”**. Geoff Is a Garden writer, broadcaster & horticultural consultant.

20<sup>th</sup> December: Monthly meeting. Janette Merillion, garden designer “**The sensual garden**”.

### 2023

18th January: TBC

1st February: 10 a.m./1 p.m. Workshop on apple grafting to be held at Snitterby Carr Farm run by Patty Phillips. All materials provided and you get to take your own rootstock home with you too. £25.00. Pre-booking is essential with Jane.

15th February: Alan Mason “**Life of a Gardener**”.

15th March: Monthly meeting. Steffie Shields “**Impressions of Lincs**” sharing aspects and stories of Lincolnshire gardens both historic or contemporary, and places you might like to visit.

19th April: Monthly meeting. Linda Clark from the Spotted Dog Flower Company will make up a bouquet of flowers and then donate them as one of our raffle prizes.

To join the group, or for any other garden enquiry please contact me by phone

**Jane Guy: telephone 0797 1277 482,  
email [gardening@westwoldsu3a.org](mailto:gardening@westwoldsu3a.org)**

## WEST WOLDS U3A AGM

The 24th Annual General Meeting of the West Wolds U3A will be held on Thursday 10th November 2022 at Market Rasen Festival Hall at 10.30am.

Entertainment will be provided afterwards by the West Wolds Warblers. You are invited to join in the singing, with the lyrics onscreen.

Members are invited to submit proposed and seconded motions for the Agenda by 30th September to the Secretary by email to: [secretary@westwoldsu3a.org](mailto:secretary@westwoldsu3a.org)

Committee Nomination Forms will be available at the September General Meeting and should be submitted by Thursday 13th October to the Secretary.

### U3A GARDEN GROUP EXCURSION TO RENISHAW HALL, DERBYS.



#### ON THURSDAY, 29TH SEPTEMBER, 2022.

This excursion arranged for both the Garden Group and the History Group members still has availability, there is lots of interest for both groups, but it is open to all West Wolds members. We have booked a guided tour of the Hall for the whole group. Most people enjoy visiting gardens too and this is a very grand garden with lots of clipped hedges and garden rooms as well as some parkland areas for those who would like to walk and explore.

Situated just ten miles outside Sheffield City Centre, Renishaw Hall and Gardens have been owned by the Sitwell family since 1625. It is still a very much-loved family home, but has a long and interesting history. As typical of many country houses it grew in the 17th century, had later Georgian additions, and some uncertain years in the 1900's when many country estates were being sold, but Renishaw was saved by Sir Reresby (7th Bt) and Lady Sitwell in 1965. It is now the home of their daughter Alexandra Hayward and her family.

The stunning Italianate gardens were laid out in the late 19th Century by Sir George Sitwell 4th Baronet. He was the brilliantly eccentric great-grandfather of the current owner Alexandra Sitwell.

The Stables Courtyard is home to the Café and Rex Whistler function room at Renishaw, along with a Farm Shop selling local produce and small selection of retail shops.

There is a Museum within the Stables, exhibiting memorabilia and history from the family, which includes a 20-minute video on the Sitwells.

You can take a packed lunch and eat in the gardens or visit the Café where you can purchase lunch. The charge which includes coach travel, driver's tip, entrance to the garden and guided tour of the Hall is £35.

For more information contact Jane on [jane.m.guy@gmail.com](mailto:jane.m.guy@gmail.com) or telephone 0797 1277482

### LOCAL HISTORY GROUP 2022 PROGRAMME.

October - 11<sup>th</sup>. "The Louth Industrial Trail" - Stuart Sizer.

November - 8<sup>th</sup>. "The Effects of the railway coming to Market Rasen" - Hazel Barnard.

December - 13<sup>th</sup>. Christmas Quiz - Paul Ettridge.

For information about any of these talks or visits contact **Paul Ettridge telephone 01472 398921**  
**Email [groupcoordinator@westwoldsu3a.org](mailto:groupcoordinator@westwoldsu3a.org)**



## LINCOLN UNIVERSITY PROJECT

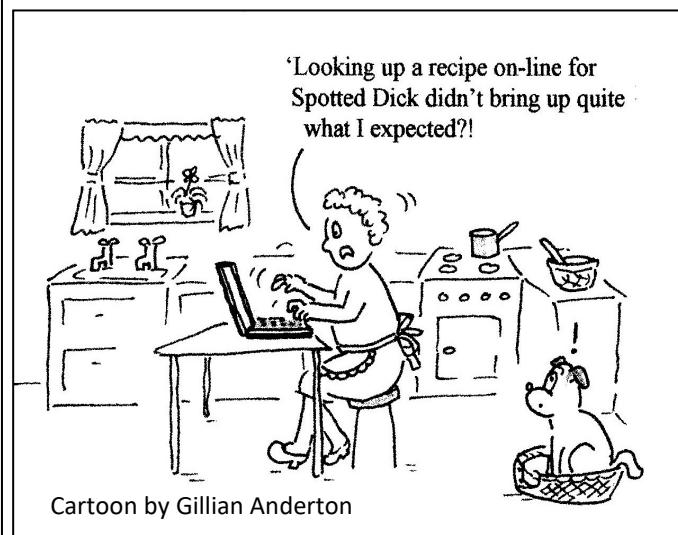
Lincoln University has been awarded some funding for two pieces of work from the National Institute for Health and Care Research, and there are some opportunities available as part of the ageing and physical activity project which may be of interest.

- Would you like to be part of a new network? We are looking for people who are interested in ageing and physical activity whether that be as a participant, a provider or aspiring provider, service manager, commissioner or policy-maker, just about anyone! We hope that this group will be more than just an email forum, and would like to meet (most likely online) and work together to support the project aim by helping to explore some of the obstacles, challenges and opportunities that are experienced by older people in accessing physical activity in Lincolnshire.
- Are you passionate about ageing and physical activity? We are looking for people who might like to be more involved in the project in an advisory capacity. An involvement rate is payable for any time undertaken in this role, and depending on numbers interested this may be between 5-8 hours in total over the next 5-6 months.

**If any or all of these opportunities sound of interest to you please let Dr Jo Blackwell know at your earliest convenience.**

**Dr. Joanna Blackwell** | Research Associate

School of Health & Social Care & Lincoln International Institute for Rural Health. University of Lincoln. Brayford Pool, Lincoln, Lincolnshire, LN6 7TS. email:



## AUTUMN QUIZ

1. What is Autumn known as in North America?
2. Which English Romantic poet composed "To Autumn" after a walk near Winchester one autumnal evening?
3. Pumpkin fragments dated between 7,000 and 5,500 BC have been found in which country: China, Egypt, Germany or Mexico?
4. Who did Autumn Kelly marry in May 2008?
5. Bonfire Night takes place every November but in which year did Guy Fawkes try to blow up Parliament?
6. And which king did Mr Fawkes try to blow up?
7. What are hedgehogs' spines or quills made from?
8. With around 400 players participating, what are the WCC, which are held annually on the second Sunday in October in Northamptonshire?
9. In Australia, Autumn begins in which month?
10. In 2009, Autumn was the 81st most popular name for girls born in which country?
11. Name the pigment which trees stop producing, thus causing leaves to lose their green colour?
12. Pheasant shooting season starts at the beginning of which month?
13. Which federal holiday in the United States is often said to mark the end of summer and the start of autumn?
14. In Britain, the autumn internationals or November internationals take part in which sport?
15. SAD is sometimes known as Autumnal depression, what do the initials in SAD stand for?
16. The Oktoberfest is held annually in which German city?
17. Which celebration is influenced by the Celtic autumn festival, Samhain?

*From the internet*



**DIGITAL PHOTOGRAPHY GROUP-**  
**PICTURES OF THE MONTH FOR AUGUST**



Best Phot of the month by Suzanne Barker



Signage by Margaret White



Action Shot by Pam Britton



Signage by Suzanne Barker



Steampunk Festival  
By Steve McCarthy

For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at [https://westwoldsu3a.org/?page\\_id=8458](https://westwoldsu3a.org/?page_id=8458)



## WALKING GROUP

The last walk for August was on 16th at Tetney Lock and lead by Jean and Pat, stalwarts of the Walking group. Fortunately the morning was cooler than it had been on previous days with a pleasant breeze.

We were presented with a Banksy-esque mural once setting off, followed by a field of Llamas.



After 3 1/2 miles a refreshing drink and chin wag rounded off a lovely morning.



The going was easy and flat except for one scramble up the bank but we could hardly see the sea through the mist.

### Catering Helpers Rota

#### October

Serving:: Bess Scott-Gunn  
Bernadette Heald  
Kitchen: Yvonne Heathershaw  
Meryllyn Combes

#### November

Serving:: Liz Eastburn  
TBA  
Kitchen: TBA  
TBA

**Rachel Telfer is always looking for members who would like to volunteer to help with catering, please contact her at the meetings.**

### Greeters Rota

#### October

Eunice Hughes  
Gillian Anderton  
TBA

#### November

Pauline Wellings  
Val Walsh  
TBA

**Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.**

### MEMBERSHIP UPDATE - DO YOU READ THE THIRD AGE MATTERS MAGAZINE?

Those eagle eyes among you will be well aware that times are getting tougher, and of course our u3a is no exception. Your committee have spent some considerable time thinking how we might save money rather than put up the fees, and one of our largest expenses is the cost of our National magazine which is £3.35 per annum per household to cover the postage on five issues. This is called Third Age Matters (TAM).

We are aware that these are not widely read by our members, though there are some who enjoy receiving and reading them. Other local u3a's charge their members extra to receive TAM. We don't want to go down that road at this time but instead we have decided to ask you to let me know

if you want to continue to receive this. Therefore will you please let me know by the **end of August** if you want to continue to receive the magazine. **If I don't hear from you, I will assume you do not want TAM.**

If you are still taking TAM and don't want to keep it after you have read it, why not bring it to the monthly meeting to recycle for another member to take it away and benefit too?  
*Jane Guy, Membership Secretary*

### HEALTH ISSUES

If you have a hearing or sight issue, or any other health issue that you feel we may be able to help you with whilst attending a group or the general meeting, please speak in complete confidence to a committee member.

### YOUR COMMITTEE IS LOOKING FOR ASSISTANTS!

To ensure the efficient operation of your u3a, the Committee would like to invite members to assist with small tasks.

There will be no requirement to join the Committee but it would be helpful if interested members could attend the monthly Committee meetings on some occasions.

If you can spare an hour a month to help, or to find out more information please get in touch with Sharon: [secretary@westwoldsu3a.org](mailto:secretary@westwoldsu3a.org).



## GROUPS DISCLAIMER

Please be aware that now groups or activities have recommenced, it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to.

*The Committee*

## CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

## COMMITTEE & MANAGEMENT RESPONSIBILITIES 2021/2022

### **Chairman and General Meeting Coordinator**

Gail Dennis Tel: 01673 843575  
[chairman@westwoldsu3a.org](mailto:chairman@westwoldsu3a.org)

### **Vice Chairman**

Jane Lloyd Tel: 01673 843078  
[vicechairman@westwoldsu3a.org](mailto:vicechairman@westwoldsu3a.org)

### **Treasurer**

Terry Francis Tel: 01673 842088  
[treasurer@westwoldsu3a.org](mailto:treasurer@westwoldsu3a.org)

### **Business Secretary, Speaker Finder**

Sharon Rupp Tel: 07803 694889  
[secretary@westwoldsu3a.org](mailto:secretary@westwoldsu3a.org)  
[speakerfinder@westwoldsu3a.org](mailto:speakerfinder@westwoldsu3a.org)

### **Membership Secretary and Safeguarding Officer**

Jane Guy Tel: 01673 885415  
[membership@westwoldsu3a.org](mailto:membership@westwoldsu3a.org)

### **Groups' Coordinator**

Paul Ettridge Tel: 01472 398921  
[groupcoordinator@westwoldsu3a.org](mailto:groupcoordinator@westwoldsu3a.org)

### **Newsletter Production Editor and Technical Support**

Terry Francis Tel: 01673 842088  
[newsletter@westwoldsu3a.org](mailto:newsletter@westwoldsu3a.org)

### **Publicity Officer**

Gary Beighton Tel: 01673 849364  
[publicity@westwoldsu3a.org](mailto:publicity@westwoldsu3a.org)

### **Secretary to**

**East Lincs. Neighbourhood**  
Shirley Fuller Tel: 01673 885948  
[eastlincs@westwoldsu3a.org](mailto:eastlincs@westwoldsu3a.org)

### Support Roles (Non Committee)

#### **Catering Coordinator**

Rachel Telfer Tel: 01673 844244  
[rachetelfer1@hotmail.co.uk](mailto:rachetelfer1@hotmail.co.uk)

#### **Greeters Coordinator**

Caroline Dale Tel: 01673 844142  
[ginger.mike29@btinternet.com](mailto:ginger.mike29@btinternet.com)

#### **Welfare**

Mandy Murphy Tel: 01673 565295  
[Mandy.murphy1396@gmail.com](mailto:Mandy.murphy1396@gmail.com)

#### **Website Administration**

Steve McCarthy Tel: 01673 308364  
[webadmin@westwoldsu3a.org](mailto:webadmin@westwoldsu3a.org)

## How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, [www.westwoldsu3a.org](http://www.westwoldsu3a.org), look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

#### Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts by email.

Join 93 other subscribers.

Recent Posts



Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group are correct and let me know if any changes are needed. *Terry Francis (Editor)*

**INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)**

| WEEK | Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|------|--|--|---|---|---|
| 1st  | 14:00 Digital Photography<br>14:00 Turkish Delight<br>Desert Dancers | 10:00 Family History<br>14:00 Backgammon<br>14:00 Upholstery<br>14:30 Spanish<br>14:30 German              | 10:00 Country Walks<br>10:00 Cycling (Short Rides)<br>10:30 Strollers<br>14:00 West Wolds Warblers<br>14:00 Canasta       | 10:00 Beginners Italian<br>10:00 Patchwork<br>10:00 Keep Fit<br>14:00 Indoor Bowls<br>14:30 Drama<br>14:30 Recorder Group   | 10:00 Latin<br>10:00<br>10:00 Biblical Hebrew<br>10:00 Cycling (Longer Rides)<br>14:00 Scrabble<br>14:00 Discovery Group<br>14:30 Start Spanish                                   |
| 2nd  | 14:00 Recorders  | 10:00 Local History<br>10:00 Beginners Family History<br>14:00 Upholstery<br>14:30 Spanish<br>14:30 German | 10:00 Embroidery<br>10:00 4 Mile Walkers<br>10:00 Cycling (Short Rides)<br>12:00 Luncheon Group<br>14:00 Poetry           | 09:45<br><b>GENERAL MEETING</b><br><b>Festival Hall</b><br><b>Market Rasen</b><br>14:00 Indoor Bowls<br>14:30 Drama   | 10:00 Latin<br>10:00<br>10:00 Biblical Hebrew<br>10:00 Cycling (Longer Rides)<br>14:30 Start Spanish  |
| 3rd  | 14:00 Digital Photography  | 10:00 Country Walks<br>14:00 Embroidery 2<br>14:00 Upholstery<br>14:30 Spanish<br>14:30 German             | 10:00 Telling our Stories<br>10:00 Cycling (Short Rides)<br>14:00 Readers Group –<br><b>FULL</b><br>14:00 Gardening Group | 10:00 Italian – <b>Not currently meeting</b><br>10:00 Keep Fit<br>10:00 Patchwork<br>14:00 Indoor Bowls<br>14:00 I.T. Workshop<br>14:00 Discussion Group<br>14:30 Drama<br>14:30 Recorder Group | 10:00 Latin<br>10:00<br>10:00 Biblical Hebrew<br>10:00 Cycling (Longer Rides)<br>14:00 Scrabble*<br><b>(*And 5th Friday of the month, if there is one)</b><br>14:30 Start Spanish |
| 4th  |  | 10:00 Music Appreciation<br>10:30 3 Mile Walkers<br>14:00 Upholstery<br>14:30 Spanish<br>14:30 German      | 10:00 Embroidery<br><b>(*Last Wednesday of month)</b><br>10:00 Cycling (Short Rides)<br>14:00 Rasen Book Group            | 10:00 Cross Stitch – <b>FULL</b><br>10:00 Keep Fit*<br><b>(* And 5th Thursday, if there is one)</b><br>14:00 Indoor Bowls<br>14:30 Drama  | 10:00 Latin<br>10:00<br>10:00 Biblical Hebrew<br>10:00 Cycling (Longer Rides)*<br><b>(*And 5th Friday of the month, if there is one)</b><br>14:00 Mah Jong<br>14:30 Start Spanish |

## INTEREST GROUP CONVENERS

### **BACKGAMMON**

*Bill Roberts 01673 842703*

### **BIBLICAL HEBREW**

*Alison Atkinson 01673 849979*

### **BRIDGE – NEW CONVENER REQUIRED**

*TBA - New Convener required*

### **CANASTA**

*Jan Watkins 01673 308791*

### **CARD MAKING**

*Ginny Beard 01673 844432 / 07980 209642*

### **CROSS STITCH – FULL**

*Audrey Storey, 01673 849625*

### **CYCLING**

*Gordon Jennings 0794 8881121*

### **DIGITAL PHOTOGRAPHY**

*Terry Francis 01673 842088*

### **DISCOVERY GROUP**

*Mary Howes 01673 849554*

### **DISCUSSION GROUP**

*Angela Wilson angewilson55@gmail.com*

### **DRAMA**

*Gail Dennis 01673 843575*

### **EMBROIDERY**

*Pat Hage 01673 849447*

### **FAMILY HISTORY**

*Jacqueline Reid 01673 849490*

### **FAMILY HISTORY – BEGINNERS**

*Jacqueline Reid 01673 849490*

### **GARDENING**

*Jane Guy 0797 1277482 / 01673 885415*

### **GERMAN**

*Gary Beighton 0758 2227856*

### **INDOOR BOWLS**

*Jane Guy 0797 1277482 / 01673 885415*

### **ITALIAN (for beginners)**

*Patricia Spolton, 01673 828568*

### **I.T. WORKSHOP**

*Steve McCarthy 01673 308364*

### **KEEP FIT**

*Dawn Stopper 01472 851133*

### **LATIN**

*Gwen Parsons 07749 044413*

### **LINE DANCING – Due to restart in October**

*Margaret White 01673 849274*

### **LOCAL HISTORY**

*Paul Ettridge 01472 398921*

### **LUNCHEON GROUP**

*Caroline Dale 01673 844142*

### **MAH JONG**

*Jacqueline Reid 01673 849490*

### **MUSIC APPRECIATION**

*Barry Dukes 01472 852454*

### **PATCHWORK**

*Lyn Henry 01673 843851*

### **POETRY**

*Eva Smith 01673 842218*

### **READERS GROUP – FULL**

*Audrey Storey 01673 849625*

### **RASEN BOOK GROUP**

*Kathryn Wade 01673 849487*

### **RECORDER GROUP**

*Geoff Goddard 01673 842287*

### **SCRABBLE**

*Audrey Storey 01673 849625*

### **SPANISH**

*Sandra Dean, 01507 313934 / 0773 4456213*

### **TABLE TENNIS – NEW CONVENER REQUIRED**

*Brian Siddown, 01673 860433*

### **THEATRE VISITS**

*Jane Lloyd 01673 843078*

### **TRIBUTE BANDS**

*Phyl Murray 01673 838543*

### **TURKISH DELIGHT DESERT DANCERS**

*Gillian Anderton 01673 844382*

### **UPHOLSTERY AND FURNITURE**

### **RESTORATION**

*Gail Dennis 01673 843575*

### **THE WEST WOLDS UKULELE GROUP**

*Tim Hirst, 01673 849571*

### **WEST WOLDS WARBLERS**

*Terry & Julia Francis, 01673 842088*

### **THE 3-MILERS**

*Ken Howitt 01652 678490*

### **THE 4-MILERS**

*Ken Howitt 01652 678490*

### **THE COUNTRY WALKERS**

*Ken Howitt 01652 678490*

### **THE STROLLERS – NEW CONVENER REQUIRED**

### **THE 9-MILE HIKERS – NEW CONVENER REQUIRED**

Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.



westwoldsu3a