

# WEST WOLDS

## u3a

"Learn, Laugh and Live"

Website: [www.westwoldsu3a.org](http://www.westwoldsu3a.org)

## August 2022 Newsletter

### Issue 108

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

[newsletter@westwoldsu3a.org](mailto:newsletter@westwoldsu3a.org)

### CHAIRMAN'S REMARKS

Sometimes it is an advantage to be small but not when it comes to putting out heavy equipment. For the last many months we have been fortunate that Keith has been able to help each month with the set up for monthly meetings but he can no longer do this. However willing some of us are to do our bit there are certain things we physically cannot do and why should it always be the same few anyway. I have been stage manager for the Lincoln Mystery Plays and all involved help with carrying props in and out of the Cathedral each night and there is a wonderful sense of community and joint responsibility. They know I am facilitating them having fun and being able to perform and help accordingly.

Our publicity stall on the market a few weeks ago encouraged a few more people to think about joining u3a so thank you again to the people who manned the stall. We will look out for the visitors this month and see if they have come because of the stall. It is pleasing to see that new people keep coming each month and I am sure they get a warm welcome from us all. September is the start of our new membership year so Terry and Jane will be very busy collecting membership money and information. Please remember to collect your membership card at subsequent monthly meetings. Jane was left with a huge number this year despite our best efforts to give them out. Group conveners usually take for their group if they know people do not attend monthly meetings.

Best wishes  
*Gail Dennis, Chairman*

### MEMBERSHIP FEES

Now is the time to renew your annual membership! The sooner the better please as it is a laborious task to process applications and it is much easier if it is condensed rather than spread out over

several months.

The fee is  
**£18 for Singles,**  
**£34 for Joint and**  
**£12 for Associates (i.e. for those who belong to another u3a group as well).**

We do need you to complete the renewal form (available on our website) and pay by BACS online or by setting up a Standing Order if you prefer, or pay by cheque, cash or contactless card at our monthly meetings on the second Thursday in every month. If paying online and you cannot get to a meeting send your form by post to Jane Guy. It could not be easier. If you would prefer to have a form sent to you by e-mail please write to [jane.m.guy@gmail.com](mailto:jane.m.guy@gmail.com)

If you are a UK taxpayer please do complete the tick box for 'Gift Aid'. This is a Government scheme which refunds charities the tax paid for membership and is a simple way of collecting a bit more money. No more work for you to do, but a tick in the box.

For those members who have already renewed their membership, firstly a thank you as it helps a lot to stagger the process but secondly to say your new badges will be ready for collection at the next monthly meeting. We have changed the badges as notified recently to ensure your name is larger and bolder so can be better read for those of us who do not yet know you. Please do wear them at every u3a event to save embarrassment for those whose memory is not as it once was. Thank you.

Finally, every year we sadly lose a few members; some move away from the area, others become too frail to make the journey or are not well enough and others have become carers. We wish them all the best. However, for the last few years we have been able to sustain our membership by having more members join us. Do you have a friend, neighbour,

or relative who you believe would benefit from our membership who you could bring along? That would be just great. Thank you.

Jane Guy. Telephone 0797 1277 482  
or [jane.m.guy@gmail.com](mailto:jane.m.guy@gmail.com)

## A BIG Thank You



To [Keith Grayburn](#) for all his help setting up the Hall at General Meetings, packing equipment away and being a stalwart with the Tea Pot at the refreshments table every month. You will be sorely missed Keith.

And [Nadia Dawson](#) who writes the Speaker Reviews every month and posts them on our website. Nadia often goes the extra mile by researching the subject a little more deeply and delivers a polished article.



### **From the Committee**

Following our valued member Keith Grayburn leaving us, we need a willing volunteer to help set up the equipment at the General Meeting every month. This takes no more than 30 minutes and it's even quicker to help pack it away at the end. This could be shared amongst a few members to share the 'load'.

### Please will you help?

There are not enough existing members who set up the PA, to manage without help which could result in no PA being available for the Speakers. Please see any Committee member.

Thank You.



to make a table covering - wool provided. Please see Sharon for more information or email [secretary@westwoldsu3a.org](mailto:secretary@westwoldsu3a.org).

## WINTER WARMTH PACK



Following the talk by Age UK Lindsey at our General Meeting on Thursday June 9<sup>th</sup>, members are invited to submit applications for a Winter Warmth Pack. It includes useful items for those in need. Please let Sharon have your details by email to: [secretary@westwoldsu3a.org](mailto:secretary@westwoldsu3a.org) or let any committee member know.



## SPEAKER PROGRAMME 2022

8<sup>th</sup> September – Jeff Jacklin – ‘Life in the NHS - It Only Hurts When I Laugh’



Experiences of a Hospital Doctor with some background history of the NHS and comedy video sketches from Tony Hancock and Ronnie Barker.

13<sup>th</sup> October – David Ingleby ‘We Are The Commonwealth War Graves Commission’

The Battlefields of two World Wars are largely gone but the graves, cemeteries and memorials remain moving reminders of the events that took place here. David will give us an introduction to the history and on-going work of the CWGC.



10<sup>th</sup> November – AGM – TBA

8<sup>th</sup> December ‘The Music Makers -Handbell Ringers’

Have you ever seen handbell ringers in action and wondered how they do it? Cat and her group will give us a performance and then invite members up to ‘have a go’. A bit of fun for Christmas.



## GARDENING GROUP 2022/3 PROGRAMME



21st September: Monthly meeting. Don Whitton “**Late Herbaceous Perennials**”.

29th September: Coach excursion to Renishaw Hall, Derbyshire. NEW. Booking essential.

19<sup>th</sup> October: Monthly meeting. Peter Williams  
**People, Plants, Places.**

16th November: Monthly meeting. Geoff Hodges  
**“Life and Times of a Garden Editor”**. Geoff Is a Garden writer, broadcaster & horticultural consultant.

20<sup>th</sup> December: Monthly meeting. Janette Merillion, garden designer **“The sensual garden”**.

### 2023

18th January: TBC

1st February: 10 a.m./1 p.m. Workshop on apple grafting to be held at Snitterby Carr Farm run by Patty Phillips. All materials provided and you get to take your own rootstock home with you too. £25.00. Pre-booking is essential with Jane.

15th February: Alan Mason “**Life of a Gardener**”.

15th March: Monthly meeting. Steffie Shields “**Impressions of Lincs**” sharing aspects and stories of Lincolnshire gardens both historic or contemporary, and places you might like to visit.

19th April: Monthly meeting. Linda Clark from the Spotted Dog Flower Company will make up a bouquet of flowers and then donate them as one of our raffle prizes.

To join the group, or for any other garden enquiry please contact me by phone  
**Jane Guy: telephone 0797 1277 482,**  
**email [gardening@westwoldsu3a.org](mailto:gardening@westwoldsu3a.org)**

**U3A GARDEN GROUP EXCURSION TO  
RENISHAW HALL, DERBYS.  
ON THURSDAY, 29TH SEPTEMBER, 2022.**



We have arranged an excursion for both the Garden Group and the History Group members as there is lots of interest for both groups, although it is open to all West Wolds members. We have booked a guided tour of the Hall for the whole group. Most people enjoy visiting gardens too and this is a very grand garden with lots of clipped hedges and garden rooms as well as some parkland areas for those who would like to walk and explore.

Situated just ten miles outside Sheffield City Centre, Renishaw Hall and Gardens have been owned by the Sitwell family since 1625. It is still a very much-loved family home, but has a long and interesting history. As typical of many country houses it grew in the 17th century, had later Georgian additions, and some uncertain years in the 1900's when many country estates were being sold, but Renishaw was saved by Sir Resesby (7th Bt) and Lady Sitwell in 1965. It is now the home of their daughter Alexandra Hayward and her family.

The stunning Italianate gardens were laid out in the late 19th Century by Sir George Sitwell 4th Baronet. He was the brilliantly eccentric great-grandfather of the current owner Alexandra Sitwell. The Stables Courtyard is home to the Café and Rex Whistler function room at Renishaw, along with a Farm Shop selling local produce and small selection of retail shops.

There is a Museum within the Stables, exhibiting memorabilia and history from the family, which includes a 20-minute video on the Sitwells.

You can take a packed lunch and eat in the gardens or visit the Café where you can purchase lunch. The charge which includes coach travel, driver's tip, entrance to the garden and guided tour of the Hall is £35.

For more information contact Jane on [jane.m.guy@gmail.com](mailto:jane.m.guy@gmail.com) or telephone 0797 1277482

**LOCAL HISTORY GROUP  
2022 PROGRAMME.**

September - 13<sup>th</sup>. "Discovering Cleethorpes" A guided walk around Cleethorpes by Emma Lingard

October - 11<sup>th</sup>. "The Louth Industrial Trail" - Stuart Sizer.

November - 8<sup>th</sup>. "The Effects of the railway coming to Market Rasen" - Hazel Barnard.

December - 13<sup>th</sup>. Christmas Quiz - Paul Ettridge.

For information about any of these talks or visits contact **Paul Ettridge telephone 01472 398921**  
**Email [groupcoordinator@westwoldsu3a.org](mailto:groupcoordinator@westwoldsu3a.org)**

**WEST WOLDS MARKET STALL**

On the 16th July members of the Committee and other volunteers ran a Stall at the Pop-up market in Market Rasen Town Square to advertise the West Wolds u3a, it was a busy day as there was the 40s weekend at the Golf Club and a Race Day at the Racecourse, so some interest was generated although a lot of the people coming in weren't local to the area.



**DIGITAL PHOTOGRAPHY GROUP-  
PICTURES OF THE MONTH FOR JUNE**



**My Favourite of the Month**

**Tealby by Steve McCarthy**



**Reflections**

**By Margaret White**



**White on White**

**By Margaret White**

**For more photos taken by the West Wolds u3a Digital Photography Group look at our Challenges page on the website at [https://westwoldsu3a.org/?page\\_id=8458](https://westwoldsu3a.org/?page_id=8458)**

# Start Spanish

¡Hola! For Beginners:

Would you like to learn a new language? Have you recently started Spanish, or are you looking for a refresher of the basics? If so, we've got an upcoming Start Spanish Group which could be for you. It's 7 weeks long, and you'll get a refresher of the basics in a comfortable, supportive atmosphere.



You'll cover essential grammar, vocabulary, and phrases, with a focus on conversation and building your confidence in everyday situations.

There are 6 places available, and it kicks off on Friday October 14th and will run until the end of November. Weekly sessions will take place in Faldingworth allowing for a comfortable learning environment and adequate free parking. Each session will last for an hour from 2pm.

Just imagine, you could learn enough to make travel to a Spanish speaking country that little bit more fun. You'll need a copy of BBC Talk Spanish 1 which we'll use as an introductory reader/course text. I can give you more details of suppliers when you join.

**For more information contact Sandra Dean**

**Tel:- 07734456213**

**[Smobrien1@gmail.com](mailto:Smobrien1@gmail.com)**



### Catering Helpers Rota

#### September

Serving:: Bess Scott-Gunn  
Anita Handford  
Kitchen: Marilyn Combes  
Bill Roberts

#### October

Serving:: Bess Scott-Gunn  
TBA  
Kitchen: Yvonne Heathershaw  
TBA

**Rachel Telfer is always looking for members who would like to volunteer to help with catering, please contact her at the meetings.**

### Greeters Rota

#### September

Kate Roberts  
Pam John  
TBA

#### October

Eunice Hughes  
Gillian Anderton  
TBA

**Caroline Dale is asking if anyone would like to be a greeter, please contact her at the meetings or on 01673 844142.**

### MEMBERSHIP UPDATE - DO YOU READ THE THIRD AGE MATTERS MAGAZINE?

Those eagle eyes among you will be well aware that times are getting tougher, and of course our u3a is no exception. Your committee have spent some considerable time thinking how we might save money rather than put up the fees, and one of our largest expenses is the cost of our National magazine which is £3.35 per annum per household to cover the postage on five issues. This is called Third Age Matters (TAM).

We are aware that these are not widely read by our members, though there are some who enjoy receiving and reading them. Other local u3a's charge their members extra to receive TAM. We don't want to go down that road at this time but instead we have decided to ask you to let me know

if you want to continue to receive this. Therefore will you please let me know by the **end of August** if you want to continue to receive the magazine.

**If I don't hear from you, I will assume you do not want TAM.**

If you are still taking TAM and don't want to keep it after you have read it, why not bring it to the monthly meeting to recycle for another member to take it away and benefit too?

*Jane Guy, Membership Secretary*

### HEALTH ISSUES

If you have a hearing or sight issue, or any other health issue that you feel we may be able to help you with whilst attending a group or the general meeting, please speak in complete confidence to a committee member.

### YOUR COMMITTEE IS LOOKING FOR ASSISTANTS!

To ensure the efficient operation of your u3, the Committee would like to invite members to assist with small tasks.

There will be no requirement to join the Committee but it would be helpful if interested members could attend the monthly Committee meetings on some occasions.

If you can spare an hour a month to help, or to find out more information please get in touch with Sharon: [secretary@westwoldsu3a.org](mailto:secretary@westwoldsu3a.org).

## GROUPS DISCLAIMER

Please be aware that now groups or activities have recommenced, it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to.

*The Committee*

## CHANGES OF CIRCUMSTANCE

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

## COMMITTEE & MANAGEMENT RESPONSIBILITIES 2021/2022

### **Chairman and General Meeting Coordinator**

Gail Dennis Tel: 01673 843575  
[chairman@westwoldsu3a.org](mailto:chairman@westwoldsu3a.org)

### **Vice Chairman**

Jane Lloyd Tel: 01673 843078  
[vicechairman@westwoldsu3a.org](mailto:vicechairman@westwoldsu3a.org)

### **Treasurer**

Terry Francis Tel: 01673 842088  
[treasurer@westwoldsu3a.org](mailto:treasurer@westwoldsu3a.org)

### **Business Secretary, Speaker Finder**

Sharon Rupp Tel: 07803 694889  
[secretary@westwoldsu3a.org](mailto:secretary@westwoldsu3a.org)  
[speakerfinder@westwoldsu3a.org](mailto:speakerfinder@westwoldsu3a.org)

### **Membership Secretary and Safeguarding Officer**

Jane Guy Tel: 01673 885415  
[membership@westwoldsu3a.org](mailto:membership@westwoldsu3a.org)

### **Groups' Coordinator**

Paul Ettridge Tel: 01472 398921  
[groupcoordinator@westwoldsu3a.org](mailto:groupcoordinator@westwoldsu3a.org)

### **Newsletter Production Editor and Technical Support**

Terry Francis Tel: 01673 842088  
[newsletter@westwoldsu3a.org](mailto:newsletter@westwoldsu3a.org)

### **Publicity Officer**

Gary Beighton Tel: 01673 849364  
[publicity@westwoldsu3a.org](mailto:publicity@westwoldsu3a.org)

### **Secretary to**

**East Lincs. Neighbourhood**  
Shirley Fuller Tel: 01673 885948  
[eastlincs@westwoldsu3a.org](mailto:eastlincs@westwoldsu3a.org)

### Support Roles (Non Committee)

#### **Catering Coordinator**

Rachel Telfer Tel: 01673 844244  
[rachetelfer1@hotmail.co.uk](mailto:rachetelfer1@hotmail.co.uk)

#### **Greeters Coordinator**

Caroline Dale Tel: 01673 844142  
[ginger.mike29@btinternet.com](mailto:ginger.mike29@btinternet.com)

#### **Welfare**

Mandy Murphy Tel: 01673 565295  
[Mandy.murphy1396@gmail.com](mailto:Mandy.murphy1396@gmail.com)

#### **Website Administration**

Steve McCarthy Tel: 01673 308364  
[webadmin@westwoldsu3a.org](mailto:webadmin@westwoldsu3a.org)

## How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, [www.westwoldsu3a.org](http://www.westwoldsu3a.org), look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

#### Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts by email.

Join 93 other subscribers.

Recent Posts



Here is the Interest Groups Monthly Timetable, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group are correct and let me know if any changes are needed. *Terry Francis (Editor)*

**INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)**

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Bridge 14:00 Digital Photography 14:00 Turkish Delight Desert Dancers 14:30 Table Tennis	10:00 Family History 14:00 Backgammon 14:00 Upholstery 14:30 Spanish 14:30 German – <b>Suspended until September</b>	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers 14:00 Canasta	10:00 Beginners Italian 10:00 Patchwork 10:00 Keep Fit 14:00 Indoor Bowls 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group
2nd	14:00 Bridge 14:00 Recorders 14:30 Table Tennis	10:00 Local History 10:00 Beginners Family History 14:00 Upholstery 14:30 Spanish 14:30 German – <b>Suspended until September</b>	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	<b>09:45 GENERAL MEETING Festival Hall Market Rasen</b> 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)
3rd	14:00 Bridge 14:00 Digital Photography 14:30 Table Tennis	10:00 Country Walks 10:30 Strollers 14:00 Embroidery 2 14:00 Upholstery 14:30 Spanish 14:30 German – <b>Suspended until September</b>	10:00 Telling our Stories 10:00 Cycling (Short Rides) 14:00 Readers Group 1 14:00 Gardening Group	10:00 Italian 10:00 Keep Fit 10:00 Patchwork 14:00 Indoor Bowls 14:00 I.T. Workshop 14:00 Discussion Group 14:30 Drama 14:30 Recorder Group	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* <b>(*And 5th Friday of the month, if there is one)</b>
4th	14:00 Bridge 14:30 Table Tennis	10:30 3 Mile Walkers 14:00 Upholstery 14:30 Spanish 14:30 German – <b>Suspended until September</b>	10:00 Embroidery <b>(*Last Wednesday of month)</b> 10:00 Cycling (Short Rides) 14:00 Rasen Book Group	10:00 Cross Stitch 10:00 Keep Fit* <b>(* And 5th Thursday, if there is one)</b> 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* <b>(*And 5th Friday of the month, if there is one)</b> 14:00 Mah Jong

## INTEREST GROUP CONVENERS

### **BACKGAMMON**

*Bill Roberts 01673 842703*

### **BIBLICAL HEBREW**

*Alison Atkinson 01673 849979*

### **BRIDGE – NEW CONVENER REQUIRED**

*TBA - New Convener required*

### **CANASTA**

*Jan Watkins 01673 308791*

### **CARD MAKING**

*Ginny Beard 01673 844432 / 07980 209642*

### **CROSS STITCH**

*Audrey Storey, 01673 849625*

### **CYCLING**

*Gordon Jennings 0794 8881121*

### **DIGITAL PHOTOGRAPHY**

*Terry Francis 01673 842088*

### **DISCOVERY GROUP**

*Mary Howes 01673 849554*

### **DISCUSSION GROUP**

*Angela Wilson angewilson55@gmail.com*

### **DRAMA**

*Gail Dennis 01673 843575*

### **EMBROIDERY**

*Pat Hage 01673 849447*

### **FAMILY HISTORY**

*Jacqueline Reid 01673 849490*

### **FAMILY HISTORY - BEGINNERS**

*Jacqueline Reid 01673 849490*

### **GARDENING**

*Jane Guy 0797 1277482 / 01673 885415*

### **GERMAN – SUSPENDED UNTIL SEPTEMBER**

*Gary Beighton 0758 2227856*

### **INDOOR BOWLS**

*Jane Guy 0797 1277482 / 01673 885415*

### **ITALIAN (for beginners)**

*Patricia Spolton, 01673 828568*

### **I.T. WORKSHOP**

*Steve McCarthy 01673 308364*

### **KEEP FIT**

*Dawn Stopper 01472 851133*

### **LATIN**

*Gwen Parsons 07749 044413*

### **LINE DANCING**

*Margaret White 01673 849274*

### **LOCAL HISTORY**

*Paul Ettridge 01472 398921*

### **LUNCHEON GROUP**

*Caroline Dale 01673 844142*

### **MAH JONG**

*Jacqueline Reid 01673 849490*

### **MUSIC APPRECIATION**

*Barry Dukes 01472 852454*

### **PATCHWORK**

*Lyn Henry 01673 843851*

### **POETRY**

*Eva Smith 01673 842218*

### **READERS GROUP**

*Audrey Storey 01673 849625*

### **RASEN BOOK GROUP**

*Kathryn Wade 01673 849487*

### **RECORDER GROUP**

*Geoff Goddard 01673 842287*

### **SCRABBLE**

*Audrey Storey 01673 849625*

### **SPANISH**

*Sandra Dean, 01507 313934 / 0773 4456213*

### **TABLE TENNIS – NOT CURRENTLY MEETING**

*Brian Siddown, 01673 860433*

### **THEATRE VISITS**

*Jane Lloyd 01673 843078*

### **TRIBUTE BANDS**

*Phyl Murray 01673 838543*

### **TURKISH DELIGHT DESERT DANCERS**

*Gillian Anderton 01673 844382*

### **UPHOLSTERY AND FURNITURE**

### **RESTORATION**

*Gail Dennis 01673 843575*

### **THE WEST WOLDS UKULELE GROUP**

*Tim Hirst, 01673 849571*

### **WEST WOLDS WARBLERS**

*Terry & Julia Francis, 01673 842088*

### **THE 3-MILERS**

*Ken Howitt 01652 678490*

### **THE 4-MILERS**

*Ken Howitt 01652 678490*

### **THE COUNTRY WALKERS**

*Ken Howitt 01652 678490*

### **THE STROLLERS – NEW CONVENER REQUIRED**

### **THE 9-MILE HIKERS – NEW CONVENER REQUIRED**

Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.



westwoldsu3a