

WEST WOLDS

u3a

"Learn, Laugh and Live"

Website: www.westwoldsu3a.org

March 2022 Newsletter

Issue 103

Thanks for all contributions, these are very well received, I will endeavour to get them in if possible. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

CHAIRMAN'S REMARKS

It has been good to hear about various groups which have been meeting again and members who have a busy calendar again. Please let our Groups Co-Ordinator know of any changes your groups have made to days and times and places of meeting so our lists are accurate for new members to look at in our magazine and on our website. We continue to have new people join us each month which is very pleasing.

I would like to pick up on an article in our national magazine which talked about the central premise of u3a being for the members by the members and the importance of reminding people of this. There are only groups because someone is willing to run a particular group. Several of our conveners actually run more than one group so there are a lot of you who could perhaps run a new group who do not at the moment. Do not be afraid of suggesting a new topic and you do not need to be an expert to run a group, harness the expertise within the group and learn from each other and have fun doing it.

Best wishes

Gail Dennis, Chairman

U3A 40TH ANNIVERSARY LUNCH - THURSDAY 14TH APRIL 2022

A reminder that tickets at £21.50 per person for a three course 40th celebratory meal at Market Rasen Golf Club are still on sale and menu options available until 31st March 2022 direct from Shirley Fuller 07810845178.

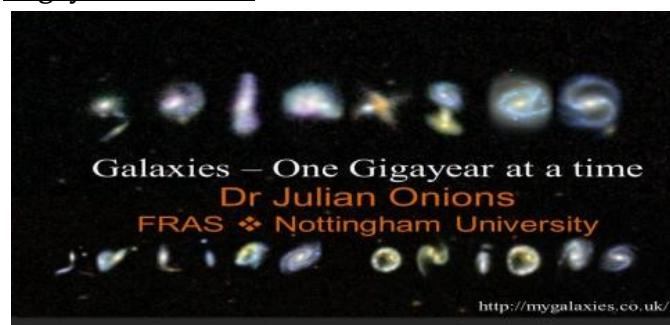
Have a look at our Facebook page for interesting information, share it to all your friends, to increase our membership.



[westwoldsu3a](https://www.facebook.com/westwoldsu3a)

SPEAKER PROGRAMME 2022

14th April - Dr Julian Onions 'Galaxies-One Gigayear at a time'



What are galaxies, how are they classified, how are they formed, what do we understand about their lives, and how many pretty pictures can Julian fit in one talk.

12th May – Martyn Fuller 'Recycling Facts & Fictions- How Your Bin Can Save The World'



Veolia are innovators committed to focusing on carbon reduction by preventing pollution, preserving natural resources, protecting biodiversity, combating climate change and raising environmental awareness.

9th June 'Age UK - Get Involved!'



Age UK Lindsey is an independent local charity, working to promote and improve the well-being of older people in East Lindsey, West Lindsey and North Lincolnshire. Katie and Lin will talk us through their initiatives and projects.

GARDENING GROUP PROGRAMME



22nd March : Monthly Meeting. Andrew Ward from Norwell Nursery. "Spring Perennials".

Please note this is a Tuesday

17th April : Visit to Ashfield House, Branston. Open under National Garden Scheme

20th April : Monthly Meeting. Mark Schofield, the Conservation Officer from Lincolnshire Wild Life Trust – "Gardening for Wild Life".

1st May: Visit to Dunholme Lodge, Dunholme. Open under National Garden Scheme.

25th May: Basic pruning workshop at The Fern Nursery in Binbrook. £3 p.p.

29th May: Coach excursion to Helmingham Hall Gardens and Plant & Artisan Market.

21st June: Visit to Overbeck, Scothern. Private garden of John & Joyce Good (**NEW**)

24th/27th June: A four-day holiday to The Lakes, visiting gardens and staying in the Riverside Hotel in Kendal.

19th October: Monthly meeting. Peter Williams People, Plants, Places.

20th December: Monthly meeting. Janette Merillion, garden designer "The sensual garden".

The holiday in June is for four days to the Lake District and again there are still some seats available on the coach. If you would like more information, please contact Jane as below.

To join the group, or for any other garden enquiry please contact me by phone

**Jane Guy: telephone 0797 1277 482,
email gardening@westwoldsu3a.org**

CHANGES TO OUR GENERAL MEETINGS FROM APRIL 2022

Due to increasing costs, particularly for the hire of the Festival Hall for our monthly meetings, it has been necessary for the committee to consider how best to meet a potential shortfall in our funds. It has therefore been decided to increase our door fee to £1 from our 11th April meeting onwards.

We hope that you will continue to support the monthly meetings where you can find out 'what's on', have a cuppa and a chat and hear a different subject speaker each month.

The Committee

LOCAL HISTORY GROUP 2022 PROGRAMME.

April - 12th. "Lincolnshire Dialects" - June Barton (Queen of the Salt Marshes).

May - 10th. "The Falklands and Operation Blackleg" - David Oliver.

June - 14th. "Railways of East Lincolnshire" - Mike Fowler.

July - 12th. Visit to Lincoln Cathedral, guided by David Oliver.

August - 9th. Visit to the Joe Nickerson's Gallery at Rothwell - Paddy Schilling.

September - 13th. **Visit - Awaiting confirmation from Guide.**

October - 11th. "The Louth Industrial Trail" - Stuart Sizer.

November - 8th. **Awaiting confirmation from Speaker.**

December - 13th. Christmas Quiz - Paul Ettridge.

For information about any of these talks or visits contact **Paul Ettridge telephone 01472 398921
Email groupcoordinator@westwoldsu3a.org**

THEATRE GROUP



If you like going to the theatre the following trip is being proposed, at Louth Riverhead Theatre.

Thursday 21st April – HOWERD'S END

The next visit we have planned is to see Howerd's End at the Louth Riverhead Theatre on the 21st April. This gives us an insight into a part of Frankie Howerd's life that he tried to keep hidden. The play takes us into the heart of the relationship he had with Dennis Heymer from the 1950's until Frankie's death in 1992. Full of laughs, including some of Frankie Howerd's stand up material, we come to understand something of what makes life worthwhile and also learn about how to let go.

Our trip will take place on the 21st April and if you would like to attend the performance, which begins at 7.30pm, please contact Jane Lloyd on 01673843078 or janez.lloyd@hotmail.co.uk. Tickets cost £14 each and cheques should be made payable to West Wolds u3a. This will be a popular production so please book your place by the 18th March.

LEARN HOW TO PLAY GOLF CROQUET



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Would you like to learn how to play Golf Croquet and participate in Woodhall Spa u3a's proposed 40th Anniversary Celebration Golf Croquet tournament in September 2022? Neighbouring u3as are being invited to send teams of players both experienced or non-experienced. Qualified coaches will give introduction training prior to the tournament and teams will be mixed ability to make the competition fair. Depending on numbers the tournament will be a one-day/two-day event at the weekend.

All equipment will be provided with players wearing smart casual clothes and flat shoes. There may be a small cost of £8 per person per session.

If you are interested in taking part, please contact **Shirley Fuller 07810845178** or Shirley.fuller60@gmail.com

HEALTH ISSUES

If you have a hearing or sight issue, or any other health issue that you feel we may be able to help you with whilst attending a group or the general meeting, please speak in complete confidence to a committee member.

Catering Helpers Rota

April

Serving:: Liz Eastburn
Penny Nott
Kitchen: Kate Roberts
Bill Roberts

May

Serving:: Keith Grayburn
TBA
Kitchen: Linda Grayburn
Anita Handford

Greeters Rota

April

Brian Ward
Pam John
Dallas Stubbings

May

Mary Orphanoudakis
Gillian Anderton
Kate Roberts

NETWORK LINKS

As members of West Wolds u3a we all know about our local organisation but with our busy lives, are we always aware of the supporting u3a regional and national networks. I have recently taken over from Sharon Rupp as the East Lincs.

Neighbourhood Network Secretary. This network consists of Alford, Boston, Horncastle, Louth, Skegness, Spilsby, West Wolds and Woodhall Spa u3as and meets every 4 months. The Regional Trustee is Jean Hogg.

Both regional and national networks through their meetings allow members to swap ideas, undertake joint working, offer mutual aid, build up new relationships, learn new things and help keep u3a running as an organisation. There are opportunities for members to volunteer as National or Regional Representatives/Trustees and share their knowledge and expertise. Vacancies are advertised on the national website and in newsletters.

I attended an online 'Zoom' national u3a network meeting on 16h February 2022 with 140 participants from the length and breadth of the UK. There were 3 presentations reflecting the 40th Anniversary of the national u3a. Allan Walmsley, Regional Trustee West Midlands talked about the Development of a Future 5-year Strategy for the u3a following the consultation with over 1000 plus u3as. As an organisation is it still relevant after 40 years? The overall aim of the strategy is to enable the u3a movement to evolve in line with a rapidly changing society. April 2022 will see more strategy details being communicated.

Liz Thackray, Chair of the Third Age Trust entitled her presentation 'Ask not what the Trust can do for you, but ask what you can do for the Trust'. Liz gave a breakdown of the u3a organisation, both paid staff and volunteers and how all the parts interlinked together. The organisation's governance and structure were also being reviewed as part of the future strategy development.

Stuart Murray presented case studies of various

projects he had been involved with in Wales and Chester. He emphasised the benefits of networking with other organisations and people. How the original projects had developed wider objectives and new opportunities to build on which hadn't been thought of in the beginning.

Following the presentations participants were then divided up into smaller groups into Breakout Rooms where 4 thought-provoking questions were discussed. If you want further details, sign up to receive the Network Electronic Newsletter link on the national u3a website.

Shirley Fuller

LINCOLNSHIRE POLICE CYBER TEAM

The Cyber Team from Lincolnshire Police will be visiting on 4th April at the New Life Church to deliver a Cyber Security Workshop from 9.15 for 9.30 start, ending at 12pm, where a Cyber Security Professional will assist you in setting up crucial security on your devices, including Two-Factor Authentication, Secure Passwords, Cloud Back-Up & Email Address Security.

All those who registered an interest have been contacted to get definite numbers for the event. If you are one of these members, and have not yet confirmed please do so ASAP, as numbers are limited and your place will be passed to someone else.

Email: secretary@westwoldsu3a.org or call Sharon 07803 694889

WALKING GROUPS

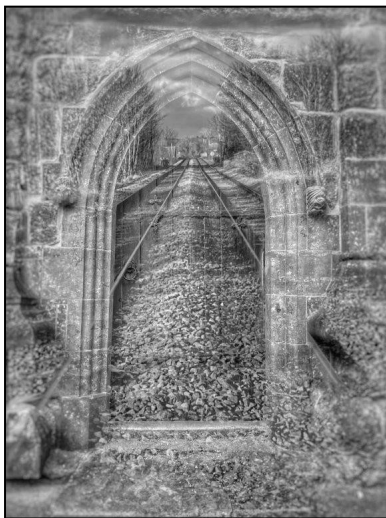


NEXT MONTH'S WALKS

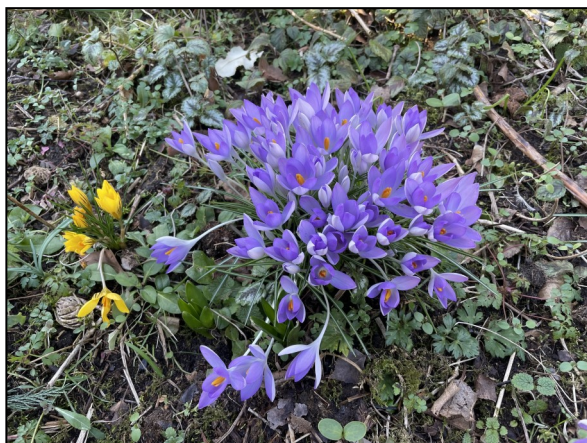
- April 6th: Middle Rasen – 4 miles
Leader – Rachel Telfer
- April 13th: Fotherby-Utterby – 6 Miles
Sue Hannath
- April 19th: TBA
- April 26th: Nettleham – 3 Miles
Leader – Sharon Rupp

DIGITAL PHOTOGRAPHY GROUP- FEBRUARY PICTURES OF THE MONTH

Multiple exposure – Angela Wilson



Best Photo – Mary Orphanoudakis



ONE MAN WENT TO MOW



Having just sold a 40 year old mower on ebay, I found the original Hayter booklet that came with it. On the back was this rhyme, which is a warning to all of us as we start the new mowing season.

Afore you go – out to mow
Here's an ode – ought to know
T'was a lad, called Bowers
'Bragged knew all 'bout mowers

Such a bright Lad
Thought, Mum & Dad
Cut grass, not flower
With new rotary mower

"Now hold on, Lad
Afore you go mad"
Said Dad, with a need
"There's instruction t' read"

This peeved lad off
Who said with a scoff
"Ain't much I dunno
'bout right way t' mow'

And with action, smart
Pulled up the zip start
And cut off his bleeding big toe.

Contributed by Terry Francis

GROUPS DISCLAIMER

Please be aware that now groups or activities have recommenced, it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to.

The Committee

Changes of Circumstance

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2021/2022

Chairman, Safeguarding Officer And General Meeting Coordinator

Gail Dennis Tel: 01673 843575
chairman@westwoldsu3a.org

Vice Chairman

Jane Lloyd Tel: 01673 843078
vicechairman@westwoldsu3a.org

Treasurer

Terry Francis Tel: 01673 842088
treasurer@westwoldsu3a.org

Business Secretary, Speaker Finder

Sharon Rupp Tel: 07803 694889
secretary@westwoldsu3a.org
speakerfinder@westwoldsu3a.org

Membership Secretary

Jane Guy Tel: 01673 885415
membership@westwoldsu3a.org

Groups' Coordinator

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groupcoordinator@westwoldsu3a.org

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newsletter@westwoldsu3a.org

Publicity Officer

Gary Beighton Tel: 01673 849364
publicity@westwoldsu3a.org

Secretary to

East Lincs. Neighbourhood
Shirley Fuller Tel: 01673 885948
eastlincs@westwoldsu3a.org

Support Roles (Non Committee)

Catering Coordinator

Rachel Telfer Tel: 01673 844244
rachetelfer1@hotmail.co.uk

Greeters Coordinator

Caroline Dale Tel: 01673 844142
ginger.mike29@btinternet.com

Welfare

Mandy Murphy Tel: 01673 565295
Mandy.murphy1396@gmail.com

Website Administration

Steve McCarthy Tel: 01673 308364
webadmin@westwoldsu3a.org

How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, www.westwoldsu3a.org, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

Back copies of all Newsletters can be seen on the website.

Sign Up For Updates

Enter your email address to get updates from Westwolds U3A and receive notifications of new posts by email.

Join 93 other subscribers.

Recent Posts

Here is the Interest Groups Monthly Timetable as shown before the Lockdowns, please contact the relevant Group Convener shown overleaf to ascertain if the group is running, and times and where they meet.

Conveners, please check the days and times for your group are correct and let me know if any changes are needed. *Terry Francis (Editor)*

INTEREST GROUPS MONTHLY TIMETABLE (excludes short run groups)

WEEK	Monday	Tuesday	Wednesday	Thursday	Friday
1st	14:00 Bridge 14:00 Digital Photography 14:00 Turkish Delight Desert Dancers 14:30 Table Tennis	10:00 Family History 14:00 Backgammon 14:30 Spanish 14:30 German	10:00 Country Walks 10:00 Cycling (Short Rides) 10:30 Strollers 14:00 West Wolds Warblers 14:00 Canasta	10:00 Beginners Italian 10:00 Patchwork * 10:00 Keep Fit 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble 14:00 Discovery Group
2nd	14:00 Bridge 14:00 Recorders 14:30 Table Tennis	10:00 Local History 10:00 Beginners Family History 14:30 Spanish 14:30 German	10:00 Embroidery 10:00 4 Mile Walkers 10:00 Cycling (Short Rides) 12:00 Luncheon Group 14:00 Poetry	09:45 GENERAL MEETING Festival Hall Market Rasen 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)
3rd	14:00 Bridge 14:00 Digital Photography 14:30 Table Tennis	10:00 Country Walks 10:30 Strollers 14:00 Embroidery 2 14:30 Spanish 14:30 German	10:00 Telling our Stories 10:00 Cycling (Short Rides) 14:00 Readers Group 1 14:00 Gardening Group	10:00 Italian 10:00 Keep Fit 10:00 Patchwork * 14:00 Indoor Bowls 14:00 I.T. Workshop 14:30 Drama	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides) 14:00 Scrabble* (*And 5th Friday of the month, if there is one)
4th	14:00 Bridge 14:30 Table Tennis	10:30 3 Mile Walkers 14:30 Spanish 14:30 German	10:00 Embroidery (*Last Wednesday of month) 10:00 Cycling (Short Rides) 14:00 Rasen Book Group	10:00 Cross Stitch 10:00 Keep Fit* (* And 5th Thursday, if there is one) 14:00 Indoor Bowls 14:30 Drama	10:00 Latin 10:00 10:00 Biblical Hebrew 10:00 Cycling (Longer Rides)* (*And 5th Friday of the month, if there is one) 14:00 Mah Jong

INTEREST GROUP CONVENERS

BACKGAMMON

Bill Roberts 01673 842703

BIBLICAL HEBREW

Alison Atkinson 01673 849979

BRIDGE – New Convener required

TBA - New Convener required

CANASTA

Jan Watkins 01673 308791

CARD MAKING

Ginny Beard 01673 844432 / 07980 209642

CROSS STITCH

Audrey Storey, 01673 849625

CYCLING

Gordon Jennings 0794 8881121

DIGITAL PHOTOGRAPHY

Pat Hage 01673 849447

DISCOVERY GROUP

Mary Howes 01673 849554

DISCUSSION GROUP – Suspended

Angela Wilson angewilson55@gmail.com

DRAMA

Gail Dennis 01673 843575

EMBROIDERY

Pat Hage 01673 849447

FAMILY HISTORY

Jacqueline Reid 01673 849490

FAMILY HISTORY - BEGINNERS

Jacqueline Reid 01673 849490

GARDENING

Jane Guy 0797 1277482 / 01673 885415

GERMAN

Gary Beighton 0758 2227856

INDOOR BOWLS

Jane Guy 0797 1277482 / 01673 885415

ITALIAN (for beginners)

Patricia Spolton, 01673 828568

I.T. WORKSHOP

Steve McCarthy 01673 308364

KEEP FIT

Dawn Stopper 01472 851133

LATIN

Gwen Parsons 07749 044413

LINE DANCING – NOT CURRENTLY MEETING

Margaret White 01673 849274

LOCAL HISTORY

Paul Ettridge 01472 398921

LUNCHEON GROUP

Caroline Dale 01673 844142

MAH JONG

Jacqueline Reid 01673 849490

PATCHWORK

Lyn Henry 01673 843851

POETRY

Eva Smith 01673 842218

READERS GROUP

Audrey Storey 01673 849625

RASEN BOOK GROUP

Kathryn Wade 01673 849487

RECORDER GROUP

Geoff Goddard 01673 842287

SCRABBLE

Audrey Storey 01673 849625

SPANISH

Sandra Dean, 01507 313934 / 0773 4456213

TABLE TENNIS – NOT CURRENTLY MEETING

Brian Siddown, 01673 860433

THEATRE VISITS

Jane Lloyd 01673 843078

TRIBUTE BANDS

Phyl Murray 01673 838543

TURKISH DELIGHT DESERT DANCERS

Gillian Anderton 01673 844382

UPHOLSTERY AND FURNITURE

RESTORATION – CLOSED DOWN TIL SPRING

Gail Dennis 01673 843575

THE WEST WOLDS UKULELE GROUP

Tim Hirst, 01673 849571

WEST WOLDS WARBLERS

Terry & Julia Francis, 01673 842088

THE 3-MILERS

Ken Howitt 01652 678490

THE 4-MILERS

Ken Howitt 01652 678490

THE COUNTRY WALKERS

Ken Howitt 01652 678490

THE STROLLERS – New Convener required

TBA – New Convener required

THE 9-MILE HIKERS – New Convener required

TBA – New convener required