

WEST WOLDS

u3a

"Learn , Laugh and Live"

Website: www.westwoldsu3a.org

CHAIRMAN'S REMARKS

Some of us have started to meet up again and how lovely that has been, to have people in my garden and then indoors. As far as u3a is concerned we have had a convenors' meeting, sitting in groups of six, seeing friends again and talking about how they and you, the members of their groups, feel about being together again. Some people are keen to meet and some are still very hesitant. Some groups have been able to meet online but many activities are not really something you can do via a screen.

The u3a stall on the Market Place in Market Rasen on July 3rd was to publicise the organisation so newly retired and new people to the area could see what we have to offer. We saw many of our existing members out and about at the market which was lovely. We also had several members who helped on the stall and a couple from Louth u3a who came across to help in a spirit of neighbourhood co-operation. There were many people new to the area who learnt about our u3a and several longer term residents who heard about us for the first time. So thank you to all who helped make it such a successful publicity event.

Some members will meet up for a chat and a drink in the Festival Hall on Thursday July 8th so I will have seen you by then.

I hope that if restrictions are lifted on July 19th that you will find more of our groups are able to restart. We can all judge for ourselves which precautions we still take which make us feel as comfortable as possible.

Please note that the 50p entry fee for the monthly meeting will resume from the August 12th General Meeting.

Best wishes
Gail Dennis, Chairman

July 2021 Newsletter

Issue 95

Thanks for all contributions, these are very well received, I will endeavour to get them in within the limited space available. *Terry Francis (Editor)*

newsletter@westwoldsu3a.org

GOLD STAR AWARDS



Our grateful thanks go to the following members who volunteered their time to help us participate at the Gardeners' Market on Saturday July 3rd:

For making Bunting:

Pat Hage
Rachel Telfer (and manning the stall)
Yvonne Heathershaw

For manning the stall:

Gillian Anderton
Gary Beighton
Steve McCarthy
Jane Lloyd
Sue Roebuck
Paul Hilley
Caroline Dale
Ruth Andrews
Paul Ettridge
Vicky & David Clark from Louth u3a

For setting up and manning the stall:

Terry Francis
Julia Francis
Gail Dennis
Sharon Rupp

MEMBERSHIP RENEWAL 2021/22 REMINDER

As explained in the last Newsletter, West Wolds u3a's membership year runs from 1st September to 31st August, so it's that time of the year again when we start to think about Membership Renewal for the next year. In September the new 2021/2022 Membership year starts and we are beginning to collect the fees which we have managed to keep at £17 for Individual Membership, £31.50 for Dual Membership and £11 for Associate Membership. To this end we have modified the Membership Renewal form which can be downloaded from the West Wolds website to allow you to select how you wish to pay. For those of you that use online banking and are able to pay by setting up an online payment (BACS), sometimes called Faster Payments, you can pay into the Lloyds account using the account number and Sort Code shown on the form.

Alternatively you can set up a Standing Order with your bank to pay the same amount into our Lloyds account every year but if we have to change the Membership Fee then you will have to change your Standing Order. The Standing Order Mandate is at the bottom of the third page of the form, you will need to cut this off and send it to your bank. You do not need to fill this in if paying online by BACs.

We are still able to accept cheques if you do not have online banking capabilities, and will accept cash at the General Meetings, although this is much harder to deal with now that the Lloyds branch in Market Rasen has closed for good.

If you are unable to download the membership renewal form and print it out to fill it in, we will have some copies of the forms available at the meetings when we start again in July/August, or alternatively, if you can't get to a meeting especially as we are having to limit the numbers, contact me, I can send you a form in the post. All payments by cheque or online banking etc. will require you to add your Membership number so that we can refer the payment back to you, we are including your membership number on all emails sent from the Beacon system, please take note of this for the future.

If you are a tax payer, please also fill in the Gift Aid section and return with the form to Jane Guy.

Terry Francis, Treasurer

treasure@westwoldsu3a.org

PROPOSED SPEAKER PROGRAMME 2021/22

12th August - Nigel MacKnight 'Being an Author'

Nigel takes us through his interesting life as an author on everything that moves - cars, boats, planes etc. including experiences with the Red Arrows, and brings us up-to-date on his 20 year project to build and pilot the boat to beat **Donald Campbell's Water Speed Record**.

9th September - John Nowell 'A Day Above Lincolnshire'

John spent 19 years in the RAF and a further 25 flying in the Middle East. He and a friend entered the 'Dawn To Dusk' flying competition and flew 8 hours in a Cessna 150 all over Lincolnshire taking photographs between dawn and dusk to form a new book, 'A Day Above Lincolnshire'. They won an award from the patron of the competition, HRH The Prince Phillip who they were invited down to the Palace to meet.

14th October - Staying Safe Online - Lincs Police Cybercrime Unit

Cyber crime is an 'umbrella' term for lots of different types of crimes which either take place online or where technology is a means and/or target for the attack. It is one of the fastest growing criminal activities across the world, and can affect both individuals and businesses. PC Harry Lancaster will show us how to spot it and how to keep safe.

11th November - AGM

Performances by two of our Groups: The Turkish Delight Desert Dancers combining dance with some fun appearances from Abdul the Slave with his camels, and the Sultan; and depending on Covid rules at the time, hopefully The West Wolds Warblers will sing along to a selection of songs from the 40's, 50's, 60's and 70's and invite you to join in.

9th December - Mark Walsh 'Here's a Funny Thing'

A return visit from Mark Walsh and his ukulele giving a talk on the history of Music Hall and Variety. Music Hall started in London in the late 1830's and evolved into Variety in the 1920's. Variety continued as a main form of entertainment until the early 1960's. Mark is very proud to have been one of the 'Chairman' at the World Famous City Varieties Music Hall in Leeds, home of 'The Good Old Days'.

Sharon Rupp – Speaker Finder

KEEP FIT CLASSES



ARE RE-STARTING ON
THURSDAY JULY 15TH at 10.15am
AT THE FESTIVAL HALL
£1.50 PER SESSION

COVID 19 REQUIREMENTS:

PLEASE WEAR A MASK TO ENTER/LEAVE

BRING YOUR OWN DRINK

MAINTAIN 2M DISTANCE

VOLUNTEERS NEEDED TO SANITISE TOUCH
POINTS AFTER THE CLASS

LOOKING FORWARD TO SEEING YOU AGAIN!

ALL ACTIVITIES ARE AT YOUR OWN RISK

GARDEN GROUP TO RE-START



For obvious reasons the garden group has not met since before lockdown, but we are now planning to change that. Sadly, Mary Howes who has run the group successfully for a few years now, has decided to step down to follow other pursuits and I have agreed to be the new convenor. Mary will be a hard act to follow and I would like to take this opportunity to thank Mary for all the work she put into running the group and wish her well. Fortunately Mary remains a member of u3a and will continue to be involved.

Jane Lloyd, one of our main committee members is helping me to get started. It is not yet possible to organise our Autumn/winter programme when we meet in Holy Rood Church as the main room is not big enough to allow safe social distancing, although that might change when Covid restrictions are lifted. Nevertheless a list of potential speakers is being drawn up and already contact with some has been established and provisional dates agreed. If you know of any good speakers who we might invite to one of our future meetings please let Jane know.

What we can do now is arrange some garden visits but they **must** be pre-booked as numbers will be limited. Further details will be provided when your booking is confirmed. These are as follows:-

Tuesdays, 13th, 20th and 27th July at 2/4 p.m.
Meeting at a member's garden in Middle Rasen.
Entrance will include refreshments @ £1.50 p.p. and there will be an opportunity to buy some plants too. Please share a car if you can. On Tuesdays the u3a furniture restoration group meet in the garage here and because social distancing is still vital we would appreciate it if garden visitors stick to the garden!

Tuesday 3rd August. Wold Haven in Claxby 2/4 p.m. Price £3.50 Lifts are available.

Friday 10th September. Mere House in Sturton-by-Stow 2/4 pm. Price £6.00 which includes tea and cake. Lifts are available.

Tuesday, 21st September. A coach excursion to the new RHS garden called Bridgewater which is near Salford. Coach departing from Tesco, in the bay by the petrol station in Market Rasen. Tickets are £40 which includes entrance fees, a garden guide and driver's tip.

I have also arranged a wreath-making workshop for the group in November and a snowdrop visit next February to Brightwater Garden in Saxby.

To make a booking for any of the above or to join the gardening group please e-mail Jane on membership@westwoldsu3a.org or phone on 0797 1277 482.

Jane Guy

WEST WOLDS FACEBOOK PAGE

In order to promote the West Wolds u3a we have developed a brand new Facebook page. It is our intention to make this a fresh and attractive social media location that will attract potential new members, and also publicise forthcoming events for all.

It will duplicate some of the details contained on the website but can also serve as an automated reminder for upcoming events.

We hope it will appeal to new and existing members alike, and that it might reach new people from the surrounding area who have not heard about us.

To visit our Facebook site, enter this URL into your browser

<https://www.facebook.com/WestWoldsu3a>

Whilst visiting the page please take the opportunity to "like" the page as this will spread the link to your own Facebook friends thereby spreading the word.

If you wish to make a comment on our Facebook page feel free to comment on any post or send an email to webadmin@westwoldsu3a.org

Gary Beighton (Publicity Officer)

THE U3A STALL AT THE GARDENERS' MARKET 3RD JULY

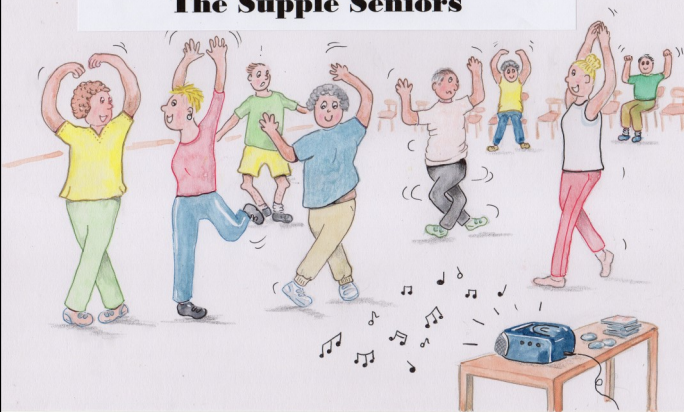


GARDENING GROUP



KEEP FIT GROUP

The Supple Seniors



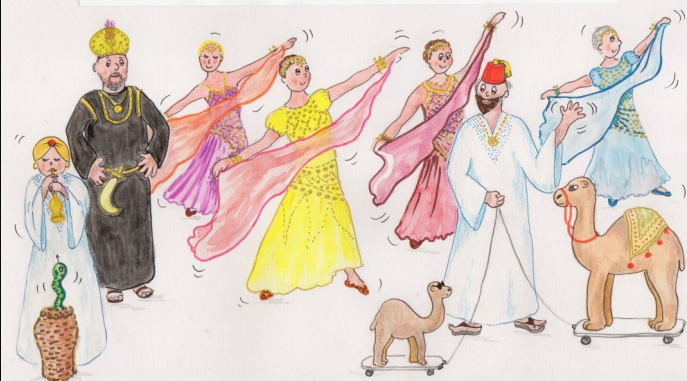
CYCLING GROUP



SINGING GROUP



TURKISH DELIGHT DESERT DANCING GROUP



UKULELE GROUP



WALKING GROUP



Cartoons Created by
Gillian Anderton
to promote the u3a groups
at the Gardeners' Market
on Sat 3rd July

GROUPS DISCLAIMER

Please be aware that when groups or activities recommence, it is your responsibility to take care of your own health and safety when participating in any u3a activities, and ensure that any current Government guidelines around Covid are adhered to.

The Committee

‘Old age is the time of life when
actions creak louder than words.’



Cartoon Created by Gillian Anderton

...and your joints are more accurate
meteorologists than the national
weather forecast.’

COULD COVID HEAL OUR SICK SOCIETY?

The purpose of human life is to serve; to show compassion and the will to help others. Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.

In everyone's life at some time our inner fire goes out. It then bursts into flame again by an encounter with another human being. We should all be thankful for those people who rekindle the inner spirit.

The design of human life is to show compassion and the will to help others. Wherever you turn you will find someone who needs you. Remember, you do not live in this world on your own. Happiness is

the only thing that multiplies when you show it unprincipled.

You must give some time to your fellow humans.

Even if it is only a little thing, just do something for others. Something, for which you get no pay or reward but only the privilege of doing it.

We all know how important love is; yet how oft is it enacted on or exhibited? What so many sick people in this world suffer from, loneliness, boredom and fear. None of it can be cured with a pill.

Joe Willisch

Changes of Circumstance

If you have any changes of circumstance, e.g. change of address, telephone or email, or a death of a member, please let the Groups Co-ordinator and Membership Secretary know by phone or email.

COMMITTEE & MANAGEMENT RESPONSIBILITIES 2021

Chairman, Safeguarding Officer And General Meeting Coordinator

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chairman@westwoldsu3a.org

Vice Chairman

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How to Subscribe on the West Wolds website to receive updates and notice of New Posts by email.

Opening the West Wolds website homepage, **www.westwoldsu3a.org**, look for the area shown on the right.. Enter your email address and click on the 'Receive Updates' button. You will receive an email from Wordpress, which refers you to opening your account. Make sure you click the link shown.

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